

Sunday, July 31, 2011

Carrollton Runners Mile + 5K

85F Clear 61%H 7mph SSW

www.CarrolltonRunners.com

@McInnish Park, Carrollton TX

Mile Off :7:32 am

5K Off :7:48 am

Mile Overall		5K Overall		5K Masters		5K Seniors	
Kim Mang	5:22.05	Kim Mang	19:05.55	Dennis Maietta	21:22.45	John Ball	22:05.16
Kim Andres	7:08.81	Laura Nelson	20:50.23	Kay Scott	29:30.89	Ruth Olinger	40:28.25

5K MALE

32 Runners --- Average Time of **27:22** Avg. Age Grade: **56.1%** Place in

	Name	City	(Age)	Split	Chip Time	FN*	Pace	Age Grade	OA	GD
OVERALL	1 Kim Mang	Carrollton	(41)	+3	19:05.55	ML	6:08.7	72.0%	1	1
MASTERS	1 Dennis Maietta	Grapevine	(50)	+15	21:22.45		6:52.8	69.0%	4	3
SENIORS	1 John Ball		(58)	+16	22:05.16		7:06.5	71.4%	5	4
M10-14	1 Austin Foster		(14)	+140	23:22.47		7:31.4	60.7%	10	9
M15-19	1 Adam Bonilla	Lewisville	(16)	+112	22:32.10		7:15.2	60.8%	6	5
M20-24	1 Sam Aronowitz		(21)	+205	25:45.74		8:17.5	50.3%	24	18
	2 John Veloria	Richardson	(21)	+42	26:29.58	✓	8:31.6	48.9%	26	20
	3 Neeraj Bhatia	Carrollton	(20)	+184	39:00.45		12:33.3	33.4%	43	30
M30-34	1 Kris Nance	Plano	(34)	-2	19:05.76		6:08.8	68.7%	2	2
	2 Joshua Thompson		(31)	+32	26:03.54		8:23.3	49.7%	25	19
	3 Dusty Powell	Haslet	(33)	+125	36:39.22		11:47.9	35.6%	42	29
M35-39	1 Enrique Hernandez	Carrollton	(36)	+54	23:22.90	ML	7:31.5	56.7%	11	10
	2 Michael Rumery	Plano	(38)	+139	31:27.87	ML	10:07.6	42.7%	37	26
	3 Dean Baranowski		(36)	+112	34:50.50	ML	11:12.9	38.1%	40	28
M40-44	1 Ian Maung	Coppell	(44)	-13	22:40.64		7:18.0	62.0%	8	7
	2 Nathan Bruser	Coppell	(40)	+23	22:44.33	ML	7:19.1	60.0%	17	14
	3 Victor Rojas	Mexico City	(43)	+52	22:53.33		7:22.0	61.0%	7	6
	4 Terry Mullis		(44)	+18	25:08.40		8:05.5	56.0%	21	17
	5 Keith Kupiec	Carrollton	(43)		49:52.38	ML	16:03.2	28.0%	49	32
M45-49	1 Doug Waters	Carrollton	(46)	+5	23:14.63		7:28.9	61.5%	9	8
	2 M Maimonides		(48)	+77	23:37.86		7:36.4	61.4%	13	12
	3 Jeff Breese	Frisco	(46)	+12	23:55.71	ML	7:42.1	59.7%	15	13
M50-54	1 Miguel Matos	Eules	(54)	+29	33:27.51		10:46.2	45.5%	38	27
M55-59	1 David Mask	Lewisville	(59)	+53	24:24.21		7:51.3	65.2%	19	16
	2 Teddy Viator	Dallas	(59)	-97	26:35.63	ML	8:33.6	59.8%	28	22
	3 Ken Ashby	Dallas	(58)	-8	27:36.92	ML	8:53.3	57.1%	31	23
	4 Ruben Reyes	Carrollton	(55)	+18	28:29.43	ML	9:10.2	53.9%	32	24
M60-64	1 John Nance	Rowlett	(63)	+72	24:18.60		7:49.5	67.8%	18	15
	2 Scott Mckissick	Irving	(62)	-4	26:19.02	ML	8:28.2	62.0%	27	21
M65-69	1 Bill Shirley	Dallas	(68)	-173	30:50.42	ML	9:55.6	55.9%	35	25
M70-74	1 Wally Capps	Farmers Branch	(70)	+17	23:23.57	ML	7:31.8	75.3%	12	11
M75-79	1 Robert Cunningham	Grand Prairie	(79)	-14	44:44.76		14:24.1	45.9%	47	31

FN*: Broke Age-Group Record GD Place among Females
 ML Ran Mile before 5K ✓ # Races PR @ Carrollton Runners (2003 & later)

▲ Positive Split
 ▼ Negative Split

Timing provided by:
 DeltaViewTiming.com

5K FEMALE

19 Runners --- Average Time of **32:25** Avg. Age Grade: **50.4%** Place in

	Name	City	(Age)	Split	Chip Time	FN*	Pace	Age Grade	OA	GD
OVERALL	1 Laura Nelson	Grapevine	(45)	+9	20:50.23		6:42.4	76.7%	3	1
MASTERS	1 Kay Scott	Bedford	(41)	+8	29:30.89 \mathcal{M}		9:30.0	52.3%	33	8
SENIORS	1 Ruth Olinger	The Colony	(68)	+96	40:28.25		13:01.6	53.9%	45	13
F15-19	1 Cynthia Mullis		(19)	+47	23:40.29		7:37.1	62.8%	14	2
	2 Heather Mullis		(16)	+18	25:07.92		8:05.4	60.9%	20	3
F20-24	1 Eliza Tellez		(22)	-1	24:29.59		7:53.0	60.4%	23	5
	2 Alejandra Tellez		(24)	+395	43:39.99		14:03.3	33.9%	48	15
F25-29	1 Sarah Bohlman		(29)	+45	26:49.30		8:38.0	55.2%	29	6
	2 Brandy Dahir		(25)	+94	27:22.00		8:48.5	54.1%	30	7
F30-34	1 Candace Amanchuku		(30)	+166	42:24.16		13:38.9	34.9%	46	14
F35-39	1 Erin Spillman	North Richland Hills	(35)	-68	24:38.11		7:55.8	60.7%	22	4
	2 Shelley Sisk	Irving	(35)	+74	31:29.48		10:08.2	47.5%	36	10
	3 Sandra Castro	Irving	(35)	+211	36:18.32		11:41.1	41.2%	41	11
	4 Sara Viquez	Dallas	(38)	+176	39:01.02		12:33.5	38.8%	44	12
	5 Evelyn Bruser	Coppell	(39)	+268	42:57.64		13:49.7	35.5%	51	17
F40-44	1 Cathy Kupiec	Carrollton	(43)		49:51.92		16:03.0	31.4%	50	16
F50-54	1 Robin Phelps	Carrollton	(50)	+6	29:34.38 \mathcal{M}		9:31.1	57.2%	34	9
FStroller	1 Blake Bruser	Coppell	(2)	+23	22:44.17 \mathcal{M}		7:19.1		16	0
	2 Piper Baranowski		(3)	+112	34:50.25 \mathcal{M}		11:12.8		39	0

1M MALE

		17 Runners --- Average Time of 7:50			Avg. Age Grade: 57.2%			Place in		
Name		City	(Age)	Split	Chip Time	FN*	Pace	Age Grade	OA	GD
OVERALL	1	Kim Mang	Carrollton	(41)	5:22.05	<input type="checkbox"/>	5:22.1	73.7%	1	1
M35-39	1	Enrique Hernandez	Carrollton	(36)	6:15.15	<input checked="" type="checkbox"/>	6:15.2	61.0%	2	2
	2	Michael Rumery	Plano	(38)	6:35.35	<input checked="" type="checkbox"/>	6:35.4	58.7%	5	5
	3	Rolando Hernandez	Carrollton	(37)	6:51.63		6:51.6	56.0%	7	7
	4	Dean Baranowski		(36)	11:25.16		11:25.2	33.4%	20	16
M40-44	1	Keith Kupiec	Carrollton	(43)	7:14.79		7:14.8	55.4%	11	10
	2	Craig Trotter	Dallas	(41)	12:25.33		12:25.3	31.8%	21	17
	3	Nathan Bruser	Coppell	(40)	12:50.33		12:50.3	30.6%	22	18
M45-49	1	Jeff Breese	Frisco	(46)	6:17.39		6:17.4	65.3%	3	3
	2	Ruben Saguil	Carrollton	(46)	6:31.57	<input checked="" type="checkbox"/>	6:31.6	63.0%	4	4
M50-54	1	Kenny Hallman		(50)	6:45.20		6:45.2	62.8%	6	6
M55-59	1	Teddy Viator	Dallas	(59)	7:19.32	<input checked="" type="checkbox"/>	7:19.3	62.5%	12	11
	2	Ruben Reyes	Carrollton	(55)	7:52.35	<input checked="" type="checkbox"/>	7:52.4	56.1%	14	13
	3	Ken Ashby	Dallas	(58)	7:56.06		7:56.1	57.1%	15	14
M60-64	1	Scott Mckissick	Irving	(62)	7:32.28		7:32.3	62.3%	13	12
M65-69	1	Bill Shirley	Dallas	(68)	6:52.24	<input checked="" type="checkbox"/>	6:52.2	72.2%	8	8
M70-74	1	Wally Capps	Farmers Branch	(70)	7:06.12	<input checked="" type="checkbox"/>	7:06.1	71.4%	9	9

1M FEMALE

		6 Runners --- Average Time of 10:43			Avg. Age Grade: 53.0%			Place in		
Name		City	(Age)	Split	Chip Time	FN*	Pace	Age Grade	OA	GD
OVERALL	1	Kim Andres	Irving	(58)	7:08.81		7:08.8	77.6%	10	1
F40-44	1	Kay Scott	Bedford	(41)	9:37.25		9:37.3	46.5%	17	2
F45-49	1	Tina Hager	Carrollton	(49)	13:36.65		13:36.7	36.1%	24	4
F50-54	1	Robin Phelps	Carrollton	(50)	9:38.07		9:38.1	51.7%	18	3
FStroller	1	Piper Baranowski		(3)	11:25.03		11:25.0		19	0
	2	Blake Bruser	Coppell	(2)	12:50.52		12:50.5		23	0

FN*: Broke Age-Group Record Place among Females
 Ran Mile before 5K # Races PR @ Carrollton Runners (2003 & later)

Positive Split
 Negative Split



Timing provided by:

DeltaViewTiming.com

1M	Bib Name	GD	AgeGrp	AG	Start	1stH	2ndH	Δ	FinishTime+	FN*	Pace	5KEq	Clock Time	AgeGD
1	6677 Kim Mang (M41)	1	M40-44	OA	---				5:22.05	☐ x	5:22.1	18.36	5:22.05	73.7%
2	6583 Enrique Hernandez (M36)	2	M35-39	1st	---				6:15.15	✓ 1	6:15.2	21.38	6:15.15	61.0%
3	7216 Jeff Breese (M46)	3	M45-49	1st	---				6:17.39		6:17.4	21.50	6:17.39	65.3%
4	7003 Ruben Saguil (M46)	4	M45-49	2nd	---				6:31.57	✓ 10	6:31.6	22.29	6:31.57	63.0%
5	7038 Michael Rumery (M38)	5	M35-39	2nd	---				6:35.35	✓ 2	6:35.4	22.52	6:35.35	58.7%
6	7231 Kenny Hallman (M50)	6	M50-54	1st	---				6:45.20		6:45.2	23.09	6:45.20	62.8%
7	6764 Rolando Hernandez (M37)	7	M35-39	3rd	---				6:51.63	x	6:51.6	23.43	6:51.63	56.0%
8	6547 Bill Shirley (M68)	8	M65-69	1st	---				6:52.24	☑ 2	6:52.2	23.49	6:52.24	72.2%
9	1916 Wally Capps (M70)	9	M70-74	1st	---				7:06.12	☑ 1	7:06.1	24.29	7:06.12	71.4%
10	7040 Kim Andres (F58)	1	F55-59	OA	---				7:08.81		7:08.8	24.40	7:08.81	77.6%
11	7147 Keith Kupiec (M43)	10	M40-44	1st	---				7:14.79	x	7:14.8	24.75	7:14.79	55.4%
12	7051 Teddy Viator (M59)	11	M55-59	1st	---				7:19.32	✓ 2	7:19.3	25.03	7:19.32	62.5%
13	7048 Scott Mckissick (M62)	12	M60-64	1st	---				7:32.28		7:32.3	25.77	7:32.28	62.3%
14	7283 Ruben Reyes (M55)	13	M55-59	2nd	---				7:52.35	✓ 7	7:52.4	26.91	7:52.35	56.1%
15	7005 Ken Ashby (M58)	14	M55-59	3rd	---				7:56.06		7:56.1	27.14	7:56.06	57.1%
17	7041 Kay Scott (F41)	2	F40-44	1st	---				9:37.25	x	9:37.3	32.90	9:37.25	46.5%
18	6761 Robin Phelps (F50)	3	F50-54	1st	---				9:38.07	x	9:38.1	32.96	9:38.07	51.7%
19	6773 Piper Baranowski (F3)	0	FStroller	1st	---				11:25.03	x	11:25.0	39.06	11:25.03	
20	6772 Dean Baranowski (M36)	16	M35-39	4th	---				11:25.16	x	11:25.2	39.06	11:25.16	33.4%
21	6699 Craig Trotter (M41)	17	M40-44	2nd	---				12:25.33	x	12:25.3	42.48	12:25.33	31.8%
22	7097 Nathan Bruser (M40)	18	M40-44	3rd	---				12:50.33		12:50.3	43.90	12:50.33	30.6%
23	7316 Blake Bruser (F2)	0	FStroller	2nd	---				12:50.52		12:50.5	43.90	12:50.52	
24	6763 Tina Hager (F49)	4	F45-49	1st	---				13:36.65	x	13:36.7	46.53	13:36.65	36.1%
									Average Finish Time:	08:35	Average Age Grade:		56.4%	

5K	Bib Name	GD	AgeGrp	AG	Start	1stH	2ndH	Δ	FinishTime+	FN*	Pace	5KEq	Clock Time	AgeGD		
1	6677 Kim Mang (M41)	1	M40-44	OA	---	1	9:31	2	9:34	+3	19:05.55	ℓ x	6:08.7	19.08	19:05.55	72.0%
2	7276 Kris Nance (M34)	2	M30-34	1st	---	2	9:34	1	9:32	-2	19:05.76		6:08.8	19.08	19:05.76	68.7%
3	7274 Laura Nelson (F45)	1	F45-49	OA	---	4	10:21	3	10:29	+9	20:50.23		6:42.4	20.83	20:50.23	76.7%
4	7273 Dennis Maietta (M50)	3	M50-54	MS	1.1	6	10:34	4	10:49	+15	21:22.45		6:52.8	21.37	21:23.51	69.0%
5	7230 John Ball (M58)	4	M55-59	SR	---	7	10:55	5	11:10	+16	22:05.16		7:06.5	22.08	22:05.16	71.4%
6	6762 Adam Bonilla (M16)	5	M15-19	1st	---	3	10:20	15	12:12	+112	22:32.10	x	7:15.2	22.53	22:32.10	60.8%
7	6657 Victor Rojas (M43)	6	M40-44	1st	0.3	8	11:01	12	11:52	+52	22:53.33	x	7:22.0	22.88	22:53.59	61.0%
8	7167 Ian Maung (M44)	7	M40-44	2nd	16.7	15	11:27	6	11:14	-13	22:40.64		7:18.0	22.67	22:57.35	62.0%
9	7012 Doug Waters (M46)	8	M45-49	1st	2.7	18	11:35	9	11:40	+5	23:14.63		7:28.9	23.23	23:17.28	61.5%
10	6775 Austin Foster (M14)	9	M10-14	1st	---	5	10:31	24	12:51	+140	23:22.47	x	7:31.4	23.37	23:22.47	60.7%
11	6583 Enrique Hernandez (M36)	10	M35-39	1st	0.2	13	11:15	14	12:08	+54	23:22.90	ℓ	7:31.5	23.37	23:23.14	56.7%
12	1916 Wally Capps (M70)	11	M70-74	1st	---	16	11:33	11	11:50	+17	23:23.57	ℓ ☑ 1	7:31.8	23.38	23:23.57	75.3%
13	6557 M Maimonides (M48)	12	M45-49	2nd	1.6	11	11:11	18	12:27	+77	23:37.86		7:36.4	23.62	23:39.46	61.4%
14	6769 Cynthia Mullis (F19)	2	F15-19	1st	1.4	14	11:27	16	12:14	+47	23:40.29	x	7:37.1	23.67	23:41.66	62.8%
15	7216 Jeff Breese (M46)	13	M45-49	3rd	1.3	20	11:52	13	12:04	+12	23:55.71	ℓ	7:42.1	23.92	23:56.98	59.7%
16	7316 Blake Bruser (F2)	0	FStroller	1st	81.4	10	11:11	7	11:34	+23	22:44.17	ℓ	7:19.1	22.73	24:05.58	
17	7097 Nathan Bruser (M40)	14	M40-44	3rd	81.3	12	11:11	8	11:34	+23	22:44.33	ℓ	7:19.1	22.73	24:05.58	60.0%
18	7089 John Nance (M63)	15	M60-64	1st	---	17	11:33	23	12:45	+72	24:18.60		7:49.5	24.30	24:18.60	67.8%
19	7008 David Mask (M59)	16	M55-59	1st	2.8	19	11:46	20	12:39	+53	24:24.21		7:51.3	24.40	24:27.03	65.2%
20	6770 Heather Mullis (F16)	3	F15-19	2nd	1.6	22	12:25	21	12:43	+18	25:07.92	x	8:05.4	25.12	25:09.48	60.9%
21	6768 Terry Mullis (M44)	17	M40-44	4th	1.6	23	12:25	22	12:43	+18	25:08.40	x	8:05.5	25.13	25:10.02	56.0%
22	6503 Erin Spillman (F35)	4	F35-39	1st	36.0	25	12:53	10	11:45	-68	24:38.11	x	7:55.8	24.63	25:14.15	60.7%
23	6777 Eliza Tellez (F22)	5	F20-24	1st	74.1	21	12:15	17	12:14	-1	24:29.59	x	7:53.0	24.48	25:43.68	60.4%

24	6771	Sam Aronowitz (M21)	18	M20-24	1st	0.7	9	11:10	33	14:35	+205	25:45.74	⌘	8:17.5	25.75	25:46.47	50.3%
25	6767	Joshua Thompson (M31)	19	M30-34	2nd	1.8	24	12:46	26	13:18	+32	26:03.54	⌘	8:23.3	26.05	26:05.38	49.7%
26	6517	John Veloria (M21)	20	M20-24	2nd	1.7	26	12:54	27	13:36	+42	26:29.58	✓	8:31.6	26.48	26:31.30	48.9%
27	7048	Scott Mckissick (M62)	21	M60-64	2nd	18.7	29	13:12	25	13:07	-4	26:19.02	⌘	8:28.2	26.32	26:37.68	62.0%
28	7051	Teddy Viator (M59)	22	M55-59	2nd	4.8	32	14:06	19	12:29	-97	26:35.63	⌘	8:33.6	26.58	26:40.48	59.8%
29	7029	Sarah Bohlman (F29)	6	F25-29	1st	3.3	28	13:02	29	13:47	+45	26:49.30		8:38.0	26.82	26:52.63	55.2%
30	6776	Brandy Dahir (F25)	7	F25-29	2nd	2.0	27	12:54	32	14:28	+94	27:22.00		8:48.5	27.37	27:24.04	54.1%
31	7005	Ken Ashby (M58)	23	M55-59	3rd	---	30	13:53	28	13:44	-8	27:36.92	⌘	8:53.3	27.60	27:36.92	57.1%
32	7283	Ruben Reyes (M55)	24	M55-59	4th	1.1	31	14:06	31	14:24	+18	28:29.43	⌘	9:10.2	28.48	28:30.56	53.9%
33	7041	Kay Scott (F41)	8	F40-44	MS	15.4	34	14:42	34	14:49	+8	29:30.89	⌘	9:30.0	29.50	29:46.32	52.3%
34	6761	Robin Phelps (F50)	9	F50-54	1st	12.4	35	14:44	35	14:50	+6	29:34.38	⌘	9:31.1	29.57	29:46.81	57.2%
35	6547	Bill Shirley (M68)	25	M65-69	1st	0.5	41	16:52	30	13:59	-173	30:50.42	⌘	9:55.6	30.83	30:50.88	55.9%
36	6765	Shelley Sisk (F35)	10	F35-39	2nd	5.0	36	15:08	36	16:22	+74	31:29.48	⌘	10:08.2	31.48	31:34.50	47.5%
37	7038	Michael Rumery (M38)	26	M35-39	2nd	15.9	33	14:35	37	16:53	+139	31:27.87	⌘	10:07.6	31.45	31:43.77	42.7%
38	6774	Miguel Matos (M54)	27	M50-54	1st	0.9	40	16:29	38	16:58	+29	33:27.51		10:46.2	33.45	33:28.40	45.5%
39	6773	Piper Baranowski (F3)	0	FStroller	2nd	8.6	38	16:29	39	18:21	+112	34:50.25	⌘	11:12.8	34.83	34:58.88	
40	6772	Dean Baranowski (M36)	28	M35-39	3rd	8.4	39	16:29	40	18:21	+112	34:50.50	⌘	11:12.9	34.83	34:58.92	38.1%
41	6741	Sandra Castro (F35)	11	F35-39	3rd	3.7	37	16:24	42	19:55	+211	36:18.32	⌘	11:41.1	36.30	36:22.04	41.2%
42	6540	Dusty Powell (M33)	29	M30-34	3rd	68.5	42	17:17	41	19:22	+125	36:39.22	⌘	11:47.9	36.65	37:47.76	35.6%
43	6528	Neeraj Bhatia (M20)	30	M20-24	3rd	1.0	43	17:58	45	21:02	+184	39:00.45	⌘	12:33.3	39.00	39:01.42	33.4%
44	6529	Sara Viquez (F38)	12	F35-39	4th	5.6	44	18:03	43	20:58	+176	39:01.02	⌘	12:33.5	39.02	39:06.61	38.8%
45	7149	Ruth Olinger (F68)	13	F65-69	SR	---	47	19:26	44	21:02	+96	40:28.25		13:01.6	40.47	40:28.25	53.9%
46	6703	Candace Amanchuku (F30)	14	F30-34	1st	6.7	48	19:49	47	22:35	+166	42:24.16	⌘	13:38.9	42.40	42:30.82	34.9%
47	7030	Robert Cunningham (M79)	31	M75-79	1st	2.8	49	22:29	46	22:15	-14	44:44.76		14:24.1	44.73	44:47.59	45.9%
48	6510	Alejandra Tellez (F24)	15	F20-24	2nd	125.3	45	18:32	49	25:08	+395	43:39.99		14:03.3	43.65	45:45.24	33.9%
49	7147	Keith Kupiec (M43)	32	M40-44	5th	7.5						49:52.38	⌘	16:03.2	49.87	49:59.88	28.0%
50	6669	Cathy Kupiec (F43)	16	F40-44	1st	8.8						49:51.92	⌘	16:03.0	49.85	50:00.69	31.4%
51	7315	Evelyn Bruser (F39)	17	F35-39	5th	445.3	46	19:15	48	23:43	+268	42:57.64		13:49.7	42.95	50:22.93	35.5%
												40 Positive Split	9 Negative Split	Average Finish Time: 29:14		Average Age Grade: 54.2%	

FN*: Broke Age-Group Record

GD Place among Females

Positive Split

Timing provided by:

⌘ Ran Mile before 5K ✓ # Races PR @ Carrollton Runners (2003 & later)

Negative Split



DeltaViewTiming.com

Sorted Age Grades

Sunday, July 31, 2011

1M					5K				
OA Name	Finish Time	AgeGD			OA Name	Finish Time	AgeGD		
10 Kim Andres	F 7:08.81	77.6%	1		3 Laura Nelson	F 20:50.23	76.7%	1	
1 Kim Mang	5:22.05	73.7%	2		12 Wally Capps	23:23.57	75.3%	2	
8 Bill Shirley	6:52.24	72.2%	3		1 Kim Mang	19:05.55	72.0%	3	
9 Wally Capps	7:06.12	71.4%	4		5 John Ball	22:05.16	71.4%	4	
3 Jeff Breese	6:17.39	65.3%	5		4 Dennis Maietta	21:22.45	69.0%	5	
4 Ruben Saguil	6:31.57	63.0%	6		2 Kris Nance	19:05.76	68.7%	6	
6 Kenny Hallman	6:45.20	62.8%	7		18 John Nance	24:18.60	67.8%	7	
12 Teddy Viator	7:19.32	62.5%	8		19 David Mask	24:24.21	65.2%	8	
13 Scott Mckissick	7:32.28	62.3%	9		14 Cynthia Mullis	F 23:40.29	62.8%	9	
2 Enrique Hernandez	6:15.15	61.0%	10		8 Ian Maung	22:40.64	62.0%	10	
5 Michael Rumery	6:35.35	58.7%	11		27 Scott Mckissick	26:19.02	62.0%	11	
15 Ken Ashby	7:56.06	57.1%	12		9 Doug Waters	23:14.63	61.5%	12	
14 Ruben Reyes	7:52.35	56.1%	13		13 M Maimonides	23:37.86	61.4%	13	
7 Rolando Hernandez	6:51.63	56.0%	14		7 Victor Rojas	22:53.33	61.0%	14	
11 Keith Kupiec	7:14.79	55.4%	15		20 Heather Mullis	F 25:07.92	60.9%	15	
18 Robin Phelps	F 9:38.07	51.7%	16		6 Adam Bonilla	22:32.10	60.8%	16	
					10 Austin Foster	23:22.47	60.7%	17	
					22 Erin Spillman	F 24:38.11	60.7%	18	
					23 Eliza Tellez	F 24:29.59	60.4%	19	
					17 Nathan Bruser	22:44.33	60.0%	20	
					28 Teddy Viator	26:35.63	59.8%	21	
					15 Jeff Breese	23:55.71	59.7%	22	
					34 Robin Phelps	F 29:34.38	57.2%	23	
					31 Ken Ashby	27:36.92	57.1%	24	
					11 Enrique Hernandez	23:22.90	56.7%	25	
					21 Terry Mullis	25:08.40	56.0%	26	
					35 Bill Shirley	30:50.42	55.9%	27	
					29 Sarah Bohlman	F 26:49.30	55.2%	28	
					30 Brandy Dahir	F 27:22.00	54.1%	29	
					32 Ruben Reyes	28:29.43	53.9%	30	
					45 Ruth Olinger	F 40:28.25	53.9%	31	
					33 Kay Scott	F 29:30.89	52.3%	32	
					24 Sam Aronowitz	25:45.74	50.3%	33	

100% World Record Level for Gender/Age

90% World Class Level

80% National Class Level

70% Regional Class Level

65% Boston-Qualifier Approximate Level

60% Local Class Level

50% Average Class Level