

Sunday, March 27, 2011

# Carrollton Runners Club Mile + 5K

50F 76%<sup>H</sup> Cloudy

www.CarrolltonRunners.com

@McInnish Park, Carrollton TX

Wind 8 ENE

Mile Off :7:38 am

5K Off :7:51 am

Mile Overall		5K Overall		5K Masters		5K Seniors	
Kenny Hallman	6:39.61	Kris Nance	18:46.89	Brad Pearson	19:08.56	John Nance	23:00.62
Annabelle Everitt	6:22.00	Laura Nelson	20:14.97	Robin Pearson	22:53.63	Ruth Olinger	38:41.32

## 5K MALE

16 Runners --- Average Time of 24:59

	Name	City	(Age)	Split	Chip Time	FN*	Pace	Place in OA	GD
OVERALL	1 Kris Nance	Plano	(34)	+0	18:46.89	✓	6:02.7	1	1
MASTERS	1 Brad Pearson	Grapevine	(47)	+5	19:08.56	✓	6:09.7	2	2
SENIORS	1 John Nance	Rowlett	(62)	+4	23:00.62		7:24.4	9	6
M35-39	1 Nathan Bruser	Coppell	(39)	+10	22:24.39	ML	7:12.7	12	9
	2 Sean Meehan	Dallas	(39)	+15	22:58.00	ML	7:23.5	8	5
M40-44	1 Froylan Franco	McKinney	(42)	-14	19:52.76		6:23.9	3	3
M45-49	1 Kenny Hallman	Arlington	(49)	+21	25:12.44	ML	8:06.8	15	11
M50-54	1 Dennis Maietta	Grapevine	(50)	-5	19:57.90	✓	6:25.6	4	4
	2 Patrick Wheeler		(53)	+33	23:20.58	ML	7:30.8	10	7
	3 David Short	Frisco	(50)	-33	23:39.48	ML✓	7:36.9	14	10
M55-59	1 David Mask	Lewisville	(58)	-8	23:27.71		7:33.1	11	8
	2 Teddy Viator	Dallas	(59)	-30	25:33.73	ML✓	8:13.7	16	12
	3 James Johnson	Dallas	(58)	-12	27:02.42		8:42.2	18	13
	4 Ruben Reyes	Carrollton	(55)	+37	28:53.73	ML	9:18.0	21	15
M60-64	1 Glenn Dumas	Farmers Branch	(61)	-52	27:43.62	ML	8:55.5	20	14
M75-79	1 Robert Cunningham	Grand Prairie	(79)	+85	48:33.43		15:37.7	26	16

## 5K FEMALE

10 Runners --- Average Time of 28:41

	Name	City	(Age)	Split	Chip Time	FN*	Pace	Place in OA	GD
OVERALL	1 Laura Nelson	Grapevine	(45)	-5	20:14.97		6:31.1	5	1
MASTERS	1 Robin Pearson	Grapevine	(45)	-9	22:53.63	ML✓	7:22.1	7	3
SENIORS	1 Ruth Olinger	The Colony	(68)	+62	38:41.32		12:27.2	24	9
F20-24	1 Annabelle Everitt	Arlington	(21)	+41	22:11.87	ML	7:08.7	6	2
F25-29	1 Sarah Bohlman		(29)	-7	26:46.97	✓	8:37.2	17	5
F35-39	1 Evelyn Bruser	Coppell	(39)	+82	39:06.97	✓	12:35.4	25	10
F45-49	1 Yanira Lopez	Farmers Branch	(48)	+3	27:23.59	ML	8:49.0	19	6
	2 Christine Mayhan	Coppell	(48)	+88	33:30.83		10:47.2	22	7
	3 Chiffon Okuda	Lewisville	(47)	+90	33:34.62		10:48.4	23	8
FStroller	1 Blake Bruser	Coppell	(1)	+11	22:24.43	ML✓	7:12.7	13	4

FN\*:  Broke Age-Group Record

**GD** Place among Females

▲ Positive Split

Timing provided by:

ML Ran Mile before 5K ✓ # Races PR @ Carrollton Runners (2003 & later)

▲ Negative Split

 **DeltaViewTiming.com**

# 1M MALE

10 Runners --- Average Time of **8:18**

	Name	City	(Age)	Split	Chip Time	FN*	Pace	Place in OA	GD
OVERALL	1 <b>Kenny Hallman</b>	Arlington	(49)		<b>6:39.61</b>	✓	6:39.6	2	1
M01-09	1 <b>Jordan Pearson</b>	Grapevine	(6)		<b>9:38.67</b>		9:38.7	12	9
M35-39	1 <b>Sean Meehan</b>	Dallas	(39)		<b>9:09.28</b>		9:09.3	11	8
	2 <b>Nathan Bruser</b>	Coppell	(39)		<b>9:46.35</b>		9:46.4	15	10
M45-49	1 <b>Ruben Saguil</b>	Carrollton	(46)		<b>6:52.00</b>		6:52.0	3	2
M50-54	1 <b>David Short</b>	Frisco	(50)		<b>7:42.72</b>	✓	7:42.7	4	3
	2 <b>Patrick Wheeler</b>		(53)		<b>8:57.92</b>		8:57.9	10	7
M55-59	1 <b>Ruben Reyes</b>	Carrollton	(55)		<b>8:05.98</b>		8:06.0	7	5
	2 <b>Teddy Viator</b>	Dallas	(59)		<b>8:23.07</b>		8:23.1	8	6
M60-64	1 <b>Glenn Dumas</b>	Farmers Branch	(61)		<b>7:42.92</b>		7:42.9	5	4

# 1M FEMALE

5 Runners --- Average Time of **8:29**

	Name	City	(Age)	Split	Chip Time	FN*	Pace	Place in OA	GD
OVERALL	1 <b>Annabelle Everitt</b>	Arlington	(21)		<b>6:22.00</b>	☐	6:22.0	1	1
F01-09	1 <b>Madeline Pearson</b>	Grapevine	(7)		<b>8:38.77</b>	✓	8:38.8	9	3
F45-49	1 <b>Yanira Lopez</b>	Farmers Branch	(48)		<b>7:58.15</b>		7:58.2	6	2
	2 <b>Robin Pearson</b>	Grapevine	(45)		<b>9:42.05</b>		9:42.1	13	4
FStroller	1 <b>Blake Bruser</b>	Coppell	(1)		<b>9:46.35</b>		9:46.4	14	5

1M	Bib Name	GD	AgeGrp	AG	Start	1stH	2ndH	Δ	FinishTime+	FN*	Pace	5KEq	Clock Time	AgeGD
1	6793	Annabelle Everitt (F21)	1	F20-24	OA	---			6:22.00	☐ x	6:22.0	21.78	6:22.00	65.9%
2	6101	Kenny Hallman (M49)	1	M45-49	OA	---			6:39.61	✓ 4	6:39.6	22.75	6:39.61	63.2%
3	7003	Ruben Saguil (M46)	2	M45-49	1st	---			6:52.00		6:52.0	23.49	6:52.00	59.8%
4	6527	David Short (M50)	3	M50-54	1st	---			7:42.72	✓ 1	7:42.7	26.34	7:42.72	55.0%
5	7014	Glenn Dumas (M61)	4	M60-64	1st	---			7:42.92		7:42.9	26.34	7:42.92	60.3%
6	7198	Yanira Lopez (F48)	2	F45-49	1st	---			7:58.15		7:58.2	27.25	7:58.15	61.0%
7	6798	Ruben Reyes (M55)	5	M55-59	1st	---			8:05.98		8:06.0	27.65	8:05.98	54.6%
8	6745	Teddy Viator (M59)	6	M55-59	2nd	---			8:23.07	x	8:23.1	28.68	8:23.07	54.5%
9	6609	Madeline Pearson (F7)	3	F01-09	1st	---			8:38.77	✓ 3	8:38.8	29.54	8:38.77	61.5%
10	6794	Patrick Wheeler (M53)	7	M50-54	2nd	---			8:57.92	x	8:57.9	30.62	8:57.92	48.5%
11	6102	Sean Meehan (M39)	8	M35-39	1st	---			9:09.28	x	9:09.3	31.30	9:09.28	42.6%
12	6607	Jordan Pearson (M6)	9	M01-09	1st	---			9:38.67	x	9:38.7	32.96	9:38.67	55.8%
13	6610	Robin Pearson (F45)	4	F45-49	2nd	---			9:42.05	x	9:42.1	33.18	9:42.05	48.3%
14	7316	Blake Bruser (F1)	5	FStroller	1st	---			9:46.35		9:46.4	33.41	9:46.35	
15	7097	Nathan Bruser (M39)	10	M35-39	2nd	---			9:46.35		9:46.4	33.41	9:46.35	39.9%

Average Finish Time: **08:21**      Average Age Grade: **55.1%**

5K	Bib Name	GD	AgeGrp	AG	Start	1stH	2ndH	Δ	FinishTime+	FN*	Pace	5KEq	Clock Time	AgeGD	
1	6524	Kris Nance (M34)	1	M30-34	OA	---	1 9:24	1 9:23	+0	18:46.89	✓ 4	6:02.7	18.77	18:46.89	69.8%
2	6606	Brad Pearson (M47)	2	M45-49	MS	1.7	2 9:32	2 9:37	+5	19:08.56	✓ 3	6:09.7	19.13	19:10.30	75.2%
3	6100	Froylan Franco (M42)	3	M40-44	1st	3.2	4 10:04	3 9:49	-14	19:52.76		6:23.9	19.87	19:56.00	69.7%
4	7273	Dennis Maietta (M50)	4	M50-54	1st	2.1	3 10:02	4 9:56	-5	19:57.90	✓ 9	6:25.6	19.95	19:59.98	73.9%
5	7274	Laura Nelson (F45)	1	F45-49	OA	1.8	5 10:10	5 10:05	-5	20:14.97		6:31.1	20.23	20:16.80	78.9%
6	6793	Annabelle Everitt (F21)	2	F20-24	1st	2.3	6 10:45	9 11:26	+41	22:11.87	ℓ x	7:08.7	22.18	22:14.12	66.7%
7	6610	Robin Pearson (F45)	3	F45-49	MS	3.4	12 11:32	8 11:22	-9	22:53.63	ℓ ✓ 4	7:22.1	22.88	22:57.00	69.8%
8	6102	Sean Meehan (M39)	5	M35-39	1st	---	9 11:22	12 11:36	+15	22:58.00	ℓ	7:23.5	22.97	22:58.00	59.0%
9	7089	John Nance (M62)	6	M60-64	SR	---	11 11:28	10 11:33	+4	23:00.62		7:24.4	23.00	23:00.62	70.9%
10	6794	Patrick Wheeler (M53)	7	M50-54	2nd	2.3	10 11:24	14 11:57	+33	23:20.58	ℓ	7:30.8	23.33	23:22.88	64.7%
11	7008	David Mask (M58)	8	M55-59	1st	12.8	13 11:48	13 11:40	-8	23:27.71		7:33.1	23.45	23:40.51	67.2%
12	7097	Nathan Bruser (M39)	9	M35-39	2nd	83.7	8 11:07	6 11:17	+10	22:24.39	ℓ	7:12.7	22.40	23:48.04	60.5%
13	7316	Blake Bruser (F1)	4	FStroller	1st	83.6	7 11:07	7 11:18	+11	22:24.43	ℓ ✓ 5	7:12.7	22.40	23:48.08	
14	6527	David Short (M50)	10	M50-54	3rd	56.0	14 12:06	11 11:33	-33	23:39.48	ℓ ✓ 4	7:36.9	23.65	24:35.48	62.3%
15	6101	Kenny Hallman (M49)	11	M45-49	1st	2.7	15 12:26	16 12:47	+21	25:12.44	ℓ	8:06.8	25.20	25:15.10	58.0%
16	6745	Teddy Viator (M59)	12	M55-59	2nd	---	16 13:02	15 12:32	-30	25:33.73	ℓ ✓ 1	8:13.7	25.55	25:33.73	62.2%
17	6734	Sarah Bohlman (F29)	5	F25-29	1st	7.5	17 13:27	17 13:20	-7	26:46.97	✓ 1	8:37.2	26.77	26:54.45	55.3%
18	7191	James Johnson (M58)	13	M55-59	3rd	---	18 13:37	18 13:25	-12	27:02.42		8:42.2	27.03	27:02.42	58.3%
19	7198	Yanira Lopez (F48)	6	F45-49	1st	5.0	19 13:40	20 13:43	+3	27:23.59	ℓ	8:49.0	27.38	27:28.56	60.3%
20	7014	Glenn Dumas (M61)	14	M60-64	1st	21.9	21 14:18	19 13:26	-52	27:43.62	ℓ	8:55.5	27.72	28:05.50	58.4%
21	6798	Ruben Reyes (M55)	15	M55-59	4th	5.9	20 14:09	21 14:45	+37	28:53.73	ℓ	9:18.0	28.88	28:59.58	53.2%
22	7100	Christine Mayhan (F48)	7	F45-49	2nd	4.2	22 16:01	22 17:29	+88	33:30.83	x	10:47.2	33.50	33:35.02	49.3%
23	6603	Chiffon Okuda (F47)	8	F45-49	3rd	4.0	23 16:02	23 17:32	+90	33:34.62	x	10:48.4	33.57	33:38.62	48.6%
24	149	Ruth Olinger (F68)	9	F65-69	SR	2.5	24 18:50	24 19:52	+62	38:41.32		12:27.2	38.68	38:43.87	56.4%
25	7315	Evelyn Bruser (F39)	10	F35-39	1st	40.7	25 18:52	25 20:15	+82	39:06.97	✓ 5	12:35.4	39.10	39:47.63	39.0%
26	7030	Robert Cunningham (M79)	16	M75-79	1st	5.4	26 23:34	26 24:59	+85	48:33.43		15:37.7	48.55	48:38.85	42.3%

Average Finish Time: **26:23**      Average Age Grade: **61.2%**