

Mile Overall		5K Overall		5K Masters		5K Seniors	
Albert Marban	5:23.06	Albert Marban	18:45.81	Ian Maung	21:14.10	Julio Lopez	22:10.77
Kim Andres	7:25.22	Yanira Lopez	26:19.61	Suzanne Visanko	27:37.38	Carol Creech	37:44.73

5K MALE

		31 Runners --- Average Time of 26:40				Avg. Age Grade: 55.4%		Place in			
		Name	City	(Age)	Split	Chip Time	FN*	Pace	Age Grade	OA	GD
OVERALL	1	Albert Marban	Farmers Branch	(18)	-1	18:45.81	M ✓	6:02.4	71.1%	1	1
MASTERS	1	Ian Maung	Coppell	(44)	+0	21:14.10	✓	6:50.1	66.3%	3	3
SENIORS	1	Julio Lopez	Farmers Branch	(56)	-15	22:10.77	M	7:08.3	69.9%	5	5
M20-24	1	Ray Liberatore	Dallas	(23)	+2	20:31.76	M	6:36.5	62.8%	2	2
	2	Charlie Kaye	Plano	(23)	-20	21:20.31	M	6:52.1	60.5%	4	4
	3	Daniel Prado	Plano	(24)	-37	22:57.05	M ✓	7:23.2	56.2%	9	9
	4	Evan Samuels	Plano	(22)	-2	25:14.30	M ✓	8:07.4	51.1%	17	16
M25-29	1	Isaias Rubio	Plano	(26)	-13	22:44.43	✓	7:19.2	56.7%	7	7
	2	Blake Bueltel	The Colony	(25)	-28	25:27.90	M	8:11.8	50.7%	18	17
	3	Ed Dawood		(29)	-51	28:13.41		9:05.1	45.7%	31	26
	4	Tinashe Chapuredima	Plano	(27)	+0	29:58.68	M	9:38.9	43.0%	33	27
M30-34	1	Kyle Mckinnon	Lewisville	(30)	+5	21:36.07		6:57.2	59.9%	12	12
	2	Alexander Adams	Carrollton	(33)		53:30.20		17:13.3	24.4%	58	31
M35-39	1	Enrique Hernandez	Carrollton	(36)	-54	22:35.79		7:16.4	58.7%	8	8
	2	Michael Rumery	Plano	(38)	-42	25:57.55	M	8:21.3	51.8%	20	19
	3	Rolando Hernandez	Carrollton	(37)	-57	26:49.40	M	8:38.0	49.8%	28	23
	4	Gerardo Gomez		(39)	-25	27:25.97		8:49.8	49.4%	26	22
M40-44	1	Tal Fisher	Dallas	(40)	+1	22:30.71	M ✓	7:14.8	60.6%	6	6
	2	Victor Rojas		(43)	-7	23:29.32	M	7:33.6	59.4%	11	11
	3	Nathan Bruser	Coppell	(40)	-18	23:30.31		7:33.9	58.1%	14	14
	4	Keith Kupiec	Carrollton	(43)	+4	24:28.88	✓	7:52.8	57.0%	13	13
	5	Dierk Hohman	Coppell	(41)	-23	24:58.74	✓	8:02.4	55.1%	16	15
M45-49	1	Glenn Meador	Coppell	(47)	+16	27:49.60	✓	8:57.4	51.8%	29	24
M50-54	1	Dennis Chupp	McKinney	(54)	+12	36:55.58		11:53.1	41.3%	44	29
M55-59	1	David Mask	Lewisville	(59)	-4	22:51.68		7:21.5	69.6%	10	10
	2	James Johnson	Dallas	(58)	+16	25:47.23	✓	8:18.0	61.1%	19	18
	3	Ken Ashby	Dallas	(59)	-20	26:34.75	M	8:33.3	59.8%	22	20
	4	Jim Sawyer		(56)	-19	28:18.12	M	9:06.6	54.8%	30	25
	5	Mike Catt	The Colony	(57)	-2	29:57.53	M	9:38.6	52.2%	34	28
M60-64	1	Scott Mckissick	Irving	(63)	-49	26:10.97	M	8:25.6	62.9%	24	21
M80-99	1	Robert Cunningham	Grand Prairie	(80)	+41	46:45.93		15:03.1	44.9%	54	30

FN*: Broke Age-Group Record **GD** Place among Females
 Ran Mile before 5K # Races PR @ Carrollton Runners (2003 & later)

Positive Split
 Negative Split

5K FEMALE

29 Runners --- Average Time of **37:33**

Avg. Age Grade: **43.8%**

Place in
OA GD

		Name	City	(Age)	Split	Chip Time	FN*	Pace	Age Grade	OA	GD
OVERALL	1	Yanira Lopez	Farmers Branch	(48)	-27	26:19.61	ML ✓	8:28.4	62.7%	21	1
MASTERS	1	Suzanne Visanko	Flower Mound	(42)	-13	27:37.38		8:53.5	56.3%	27	4
SENIORS	1	Carol Creech	Plano	(60)	+24	37:44.73		12:08.9	51.2%	46	16
F20-24	1	Kelsey Inman		(22)		30:27.23		9:48.1	48.6%	36	7
	2	Carli Motsenbocker		(22)	-12	30:28.39		9:48.5	48.6%	39	10
	3	English Minter		(24)		30:31.37		9:49.5	48.5%	37	8
	4	Lindsay Calverts		(22)		47:21.45		15:14.6	31.3%	51	21
	5	Julie Sutton		(22)		47:29.63		15:17.2	31.2%	52	22
	6	Rachel Bouw		(22)		47:47.01		15:22.8	31.0%	53	23
	7	Katherine Coles		(21)		50:29.97		16:15.3	29.3%	56	25
F25-29	1	Morgan Blaik	Dallas	(26)	-18	30:31.63		9:49.5	48.5%	38	9
F30-34	1	Dee Mays	Crowley	(32)	+63	34:19.42		11:02.9	43.2%	42	13
	2	Maleka Jiwani	Carrollton	(30)	+160	42:44.08		13:45.3	34.6%	49	19
	3	Elizabeth Adams	Carrollton	(30)		53:28.56		17:12.7	27.7%	57	26
	4	Kimber Harlan		(30)		53:33.30		17:14.3	27.6%	59	27
F35-39	1	Claudia Gallego		(36)	-65	26:45.78		8:36.9	56.1%	23	2
	2	Eeva Toivainen	Flower Mound	(38)	-58	26:53.64	✓	8:39.4	56.3%	25	3
	3	Jennie Evans	Frisco	(35)	-10	38:47.43		12:29.1	38.6%	47	17
	4	Evelyn Bruser	Coppell	(39)	+122	42:26.86		13:39.8	35.9%	50	20
F40-44	1	Kavita Maung	Coppell	(41)	+58	29:18.27		9:25.9	52.7%	32	5
	2	Scymentress Williams	Arlington	(40)	+15	30:11.91	✓	9:43.2	50.8%	35	6
	3	Laurie Anne Hohman	Coppell	(40)	+69	30:43.65	✓	9:53.4	49.9%	40	11
	4	Rachel Meador	Coppell	(43)	-63	33:04.37		10:38.7	47.4%	41	12
F45-49	1	Susan Schafer	Richardson	(46)	+12	37:30.84	✓	12:04.5	43.0%	45	15
	2	Janice Grimmatt	Carrollton	(49)		50:29.15		16:15.0	33.1%	55	24
F50-54	1	Anna Franklin	Fort Worth	(50)	+82	34:38.84		11:09.1	48.8%	43	14
F60-64	1	Joan Harlan		(63)		53:34.28		17:14.6	37.7%	60	28
F65-69	1	Ruth Olinger	The Colony	(69)	+31	39:56.65		12:51.4	55.5%	48	18
FStroller	1	Blake Bruser	Coppell	(2)	-18	23:30.36		7:34.0		15	0

FN*: Broke Age-Group Record GD Place among Females
 ML Ran Mile before 5K ✓ # Races PR @ Carrollton Runners (2003 & later)

▲ Positive Split
 ▼ Negative Split

Timing provided by:
 **DeltaViewTiming.com**

1M MALE

		19 Runners --- Average Time of 7:19			Avg. Age Grade: 57.2%			Place in		
	Name	City	(Age)	Split	Chip Time	FN*	Pace	Age Grade	OA	GD
OVERALL	1 Albert Marban	Farmers Branch	(18)		5:23.06	✓	5:23.1	71.3%	1	1
M20-24	1 Ray Liberatore	Dallas	(23)		5:32.46	✓	5:32.5	67.0%	2	2
	2 Charlie Kaye	Plano	(23)		6:11.69		6:11.7	59.9%	4	4
	3 Daniel Prado	Plano	(24)		6:57.47		6:57.5	53.3%	10	10
	4 Evan Samuels	Plano	(22)		7:23.69		7:23.7	50.2%	11	11
M25-29	1 Blake Bueltel	The Colony	(25)		6:06.99		6:07.0	60.7%	3	3
	2 Tinashe Chapuredima	Plano	(27)		8:18.92		8:18.9	44.6%	18	16
M35-39	1 Michael Rumery	Plano	(38)		6:14.73	✓	6:14.7	61.9%	5	5
	2 Rolando Hernandez	Carrollton	(37)		6:33.30		6:33.3	58.6%	8	8
M40-44	1 Victor Rojas		(43)		6:37.69	✓	6:37.7	60.6%	9	9
	2 Tal Fisher	Dallas	(40)		7:28.68		7:28.7	52.5%	14	13
	3 Rob Guarnieri	Carrollton	(41)		8:39.91		8:39.9	45.6%	20	18
M45-49	1 Ruben Saguil	Carrollton	(46)		6:22.48		6:22.5	64.5%	6	6
M55-59	1 Julio Lopez	Farmers Branch	(56)		6:27.44		6:27.4	69.0%	7	7
	2 Ken Ashby	Dallas	(59)		7:51.88		7:51.9	58.1%	15	14
	3 Jim Sawyer		(56)		8:03.86		8:03.9	55.3%	17	15
	4 Mike Catt	The Colony	(57)		8:28.84		8:28.8	53.0%	19	17
M60-64	1 Scott Mckissick	Irving	(63)		7:24.54		7:24.5	63.9%	12	12
	2 Roger Carlson	Carrollton	(64)		12:47.32		12:47.3	37.4%	22	19

1M FEMALE

		6 Runners --- Average Time of 11:29			Avg. Age Grade: 45.9%			Place in		
	Name	City	(Age)	Split	Chip Time	FN*	Pace	Age Grade	OA	GD
OVERALL	1 Kim Andres	Irving	(58)		7:25.22		7:25.2	74.7%	13	1
F30-34	1 Ebonie Williams		(33)		13:28.94		13:28.9	31.4%	23	4
F40-44	1 Muh-ing Lee	Carrollton	(40)		13:36.83		13:36.8	32.5%	24	5
F45-49	1 Yanira Lopez	Farmers Branch	(48)		8:00.96		8:01.0	60.6%	16	2
F50-54	1 Donna Carlson	Carrollton	(51)		12:34.64	✓	12:34.6	40.1%	21	3
	2 Tina Hager	Carrollton	(50)		13:48.16		13:48.2	36.1%	25	6

FN*: Broke Age-Group Record **GD** Place among Females
 Ran Mile before 5K ✓ # Races PR @ Carrollton Runners (2003 & later)

▲ Positive Split
△ Negative Split

1M	Bib Name	GD	AgeGrp	AG	Start	1stH	2ndH	Δ	FinishTime+	FN*	Pace	5KEq	Clock Time	AgeGD
1	6560 Albert Marban (M18)	1	M15-19	OA	---				5:23.06	✓ 1	5:23.1	18.42	5:23.06	71.3%
2	6724 Ray Liberatore (M23)	2	M20-24	1st	---				5:32.46	✓ 1	5:32.5	18.93	5:32.46	67.0%
3	7086 Blake Bueltel (M25)	3	M25-29	1st	---				6:06.99		6:07.0	20.87	6:06.99	60.7%
4	6684 Charlie Kaye (M23)	4	M20-24	2nd	---				6:11.69	✗	6:11.7	21.15	6:11.69	59.9%
5	7038 Michael Rumery (M38)	5	M35-39	1st	---				6:14.73	✓ 5	6:14.7	21.32	6:14.73	61.9%
6	7003 Ruben Saguil (M46)	6	M45-49	1st	---				6:22.48		6:22.5	21.78	6:22.48	64.5%
7	7193 Julio Lopez (M56)	7	M55-59	1st	---				6:27.44		6:27.4	22.07	6:27.44	69.0%
8	7074 Rolando Hernandez (M37)	8	M35-39	2nd	---				6:33.30		6:33.3	22.41	6:33.30	58.6%
9	6520 Victor Rojas (M43)	9	M40-44	1st	---				6:37.69	✓ 1	6:37.7	22.64	6:37.69	60.6%
10	6722 Daniel Prado (M24)	10	M20-24	3rd	---				6:57.47	✗	6:57.5	23.78	6:57.47	53.3%
11	6727 Evan Samuels (M22)	11	M20-24	4th	---				7:23.69	✗	7:23.7	25.26	7:23.69	50.2%
12	7048 Scott Mckissick (M63)	12	M60-64	1st	---				7:24.54		7:24.5	25.32	7:24.54	63.9%
13	7040 Kim Andres (F58)	1	F55-59	OA	---				7:25.22		7:25.2	25.37	7:25.22	74.7%
14	6511 Tal Fisher (M40)	13	M40-44	2nd	---				7:28.68	✗	7:28.7	25.54	7:28.68	52.5%
15	6775 Ken Ashby (M59)	14	M55-59	2nd	---				7:51.88		7:51.9	26.86	7:51.88	58.1%
16	7198 Yanira Lopez (F48)	2	F45-49	1st	---				8:00.96		8:01.0	27.37	8:00.96	60.6%
17	6784 Jim Sawyer (M56)	15	M55-59	3rd	---				8:03.86	✗	8:03.9	27.54	8:03.86	55.3%
18	6729 Tinashe Chapuredima (M27)	16	M25-29	2nd	---				8:18.92	✗	8:18.9	28.40	8:18.92	44.6%
19	6611 Mike Catt (M57)	17	M55-59	4th	---				8:28.84		8:28.8	28.97	8:28.84	53.0%
20	6771 Rob Guarneri (M41)	18	M40-44	3rd	---				8:39.91	✗	8:39.9	29.59	8:39.91	45.6%
21	6508 Donna Carlson (F51)	3	F50-54	1st	---				12:34.64	✓ 1	12:34.6	42.99	12:34.64	40.1%
22	6636 Roger Carlson (M64)	19	M60-64	2nd	---				12:47.32	✗	12:47.3	43.73	12:47.32	37.4%
23	6525 Ebonie Williams (F33)	4	F30-34	1st	---				13:28.94	✗	13:28.9	46.07	13:28.94	31.4%
24	6691 Muh-ing Lee (F40)	5	F40-44	1st	---				13:36.83	✗	13:36.8	46.53	13:36.83	32.5%
25	7161 Tina Hager (F50)	6	F50-54	2nd	---				13:48.16		13:48.2	47.21	13:48.16	36.1%

Average Finish Time: 08:18 Average Age Grade: 54.5%

5K	Bib Name	GD	AgeGrp	AG	Start	1stH	2ndH	Δ	FinishTime+	FN*	Pace	5KEq	Clock Time	AgeGD		
1	6560 Albert Marban (M18)	1	M15-19	OA	0.2	1	9:23	1	9:22	-1	18:45.81	♫✓ 3	6:02.4	18.75	18:46.01	71.1%
2	6724 Ray Liberatore (M23)	2	M20-24	1st	18.1	2	10:15	2	10:17	+2	20:31.76	♫	6:36.5	20.52	20:49.90	62.8%
3	7167 Ian Maung (M44)	3	M40-44	MS	1.0	3	10:37	4	10:37	+0	21:14.10	✓ 2	6:50.1	21.23	21:15.07	66.3%
4	6684 Charlie Kaye (M23)	4	M20-24	2nd	6.1	5	10:50	3	10:30	-20	21:20.31	♫	6:52.1	21.33	21:26.42	60.5%
5	7193 Julio Lopez (M56)	5	M55-59	SR	2.4	6	11:13	7	10:58	-15	22:10.77	♫	7:08.3	22.17	22:13.20	69.9%
6	6511 Tal Fisher (M40)	6	M40-44	1st	3.9	7	11:15	10	11:16	+1	22:30.71	♫✓ 1	7:14.8	22.50	22:34.66	60.6%
7	6728 Isaias Rubio (M26)	7	M25-29	1st	0.8	9	11:29	9	11:16	-13	22:44.43	✓ 1	7:19.2	22.73	22:45.21	56.7%
8	7075 Enrique Hernandez (M36)	8	M35-39	1st	11.3	10	11:45	6	10:51	-54	22:35.79		7:16.4	22.58	22:47.13	58.7%
9	6722 Daniel Prado (M24)	9	M20-24	3rd	1.2	11	11:47	8	11:10	-37	22:57.05	♫✓ 1	7:23.2	22.95	22:58.25	56.2%
10	7008 David Mask (M59)	10	M55-59	1st	8.2	8	11:28	11	11:24	-4	22:51.68		7:21.5	22.85	22:59.90	69.6%
11	6520 Victor Rojas (M43)	11	M40-44	2nd	5.6	12	11:48	14	11:41	-7	23:29.32	♫	7:33.6	23.48	23:34.97	59.4%
12	6760 Kyle Mckinnon (M30)	12	M30-34	1st	149.8	4	10:45	5	10:51	+5	21:36.07	✗	6:57.2	21.60	24:05.91	59.9%
13	7147 Keith Kupiec (M43)	13	M40-44	4th	---	15	12:13	15	12:16	+4	24:28.88	✓ 14	7:52.8	24.47	24:28.88	57.0%
14	7097 Nathan Bruser (M40)	14	M40-44	3rd	73.5	13	11:54	12	11:36	-18	23:30.31		7:33.9	23.50	24:43.76	58.1%
15	7316 Blake Bruser (F2)	0	FStrolle	1st	73.4	14	11:54	13	11:36	-18	23:30.36		7:34.0	23.50	24:43.80	
16	6782 Dierk Hohman (M41)	15	M40-44	5th	1.4	17	12:41	16	12:18	-23	24:58.74	✓ 2	8:02.4	24.97	25:00.13	55.1%
17	6727 Evan Samuels (M22)	16	M20-24	4th	2.3	16	12:38	18	12:36	-2	25:14.30	♫✓ 1	8:07.4	25.23	25:16.64	51.1%
18	7086 Blake Bueltel (M25)	17	M25-29	2nd	14.1	19	12:58	17	12:30	-28	25:27.90	♫	8:11.8	25.45	25:42.05	50.7%
19	7191 James Johnson (M58)	18	M55-59	2nd	---	18	12:46	25	13:01	+16	25:47.23	✓ 7	8:18.0	25.78	25:47.23	61.1%
20	7038 Michael Rumery (M38)	19	M35-39	2nd	27.2	20	13:20	19	12:38	-42	25:57.55	♫	8:21.3	25.95	26:24.70	51.8%
21	7198 Yanira Lopez (F48)	1	F45-49	OA	9.9	21	13:24	22	12:56	-27	26:19.61	♫✓ 17	8:28.4	26.32	26:29.51	62.7%

FN*: Broke Age-Group Record GD Place among Females Positive Split Negative Split
 ♫ Ran Mile before 5K ✓ # Races PR @ Carrollton Runners (2003 & later) Timing provided by: DeltaViewTiming.com

22	6775	Ken Ashby (M59)	20	M55-59	3rd	6.9	22	13:27	26	13:07	-20	26:34.75	ℓ	8:33.3	26.57	26:41.62	59.8%		
23	6774	Claudia Gallego (F36)	2	F35-39	1st	3.3	28	13:55	21	12:50	-65	26:45.78	⊗	8:36.9	26.75	26:49.05	56.1%		
24	7048	Scott Mckissick (M63)	21	M60-64	1st	45.2	23	13:30	20	12:41	-49	26:10.97	ℓ	8:25.6	26.17	26:56.13	62.9%		
25	6753	Eeva Toiviainen (F38)	3	F35-39	2nd	4.2	29	13:56	24	12:58	-58	26:53.64	✓ 1	8:39.4	26.88	26:57.82	56.3%		
26	6773	Gerardo Gomez (M39)	22	M35-39	4th	3.2	27	13:55	27	13:31	-25	27:25.97	⊗	8:49.8	27.42	27:29.16	49.4%		
27	6571	Suzanne Visanko (F42)	4	F40-44	MS	4.1	26	13:55	29	13:42	-13	27:37.38	⊗	8:53.5	27.62	27:41.51	56.3%		
28	7074	Rolando Hernandez (M37)	23	M35-39	3rd	65.6	25	13:53	23	12:56	-57	26:49.40	ℓ	8:38.0	26.82	27:55.01	49.8%		
29	7164	Glenn Meador (M47)	24	M45-49	1st	14.1	24	13:47	31	14:03	+16	27:49.60	✓ 2	8:57.4	27.82	28:03.75	51.8%		
30	6784	Jim Sawyer (M56)	25	M55-59	4th	---	31	14:19	30	13:59	-19	28:18.12	ℓ	9:06.6	28.30	28:18.12	54.8%		
31	6737	Ed Dawood (M29)	26	M25-29	3rd	41.0	32	14:32	28	13:41	-51	28:13.41	⊗	9:05.1	28.22	28:54.36	45.7%		
32	7169	Kavita Maung (F41)	5	F40-44	1st	0.6	30	14:10	35	15:08	+58	29:18.27	⊗	9:25.9	29.30	29:18.83	52.7%		
33	6729	Tinashe Chapuredima (M27)	27	M25-29	4th	3.5	35	15:00	33	14:59	+0	29:58.68	ℓ	9:38.9	29.97	30:02.17	43.0%		
34	6611	Mike Catt (M57)	28	M55-59	5th	8.2	36	15:00	32	14:58	-2	29:57.53	ℓ	9:38.6	29.95	30:05.69	52.2%		
35	7769	Scymentress Williams (F40)	6	F40-44	2nd	8.6	34	14:58	37	15:14	+15	30:11.91	✓ 4	9:43.2	30.18	30:20.54	50.8%		
36	6778	Kelsey Inman (F22)	7	F20-24	1st	13.3						30:27.23	⊗	9:48.1	30.45	30:40.52	48.6%		
37	6786	English Minter (F24)	8	F20-24	3rd	9.3						30:31.37	⊗	9:49.5	30.52	30:40.64	48.5%		
38	6770	Morgan Blaik (F26)	9	F25-29	1st	10.0	38	15:25	34	15:07	-18	30:31.63	⊗	9:49.5	30.52	30:41.61	48.5%		
39	6780	Carli Motsenbocker (F22)	10	F20-24	2nd	13.7	37	15:20	36	15:08	-12	30:28.39	⊗	9:48.5	30.47	30:42.04	48.6%		
40	6783	Laurie Anne Hohman (F40)	11	F40-44	3rd	1.5	33	14:47	38	15:56	+69	30:43.65	✓ 2	9:53.4	30.72	30:45.17	49.9%		
41	7168	Rachel Meador (F43)	12	F40-44	4th	12.8	41	17:04	39	16:01	-63	33:04.37		10:38.7	33.07	33:17.21	47.4%		
42	6763	Dee Mays (F32)	13	F30-34	1st	4.6	39	16:38	40	17:41	+63	34:19.42	⊗	11:02.9	34.32	34:24.00	43.2%		
43	6742	Anna Franklin (F50)	14	F50-54	1st	4.6	40	16:39	41	18:00	+82	34:38.84	⊗	11:09.1	34.63	34:43.43	48.8%		
44	6779	Dennis Chupp (M54)	29	M50-54	1st	---	42	18:22	42	18:34	+12	36:55.58		11:53.1	36.92	36:55.58	41.3%		
45	7065	Susan Schafer (F46)	15	F45-49	1st	12.1	43	18:39	43	18:52	+12	37:30.84	✓ 1	12:04.5	37.50	37:42.97	43.0%		
46	7024	Carol Creech (F60)	16	F60-64	SR	2.0	44	18:40	44	19:05	+24	37:44.73		12:08.9	37.73	37:46.75	51.2%		
47	6592	Jennie Evans (F35)	17	F35-39	3rd	2.7	45	19:29	45	19:19	-10	38:47.43	⊗	12:29.1	38.78	38:50.16	38.6%		
48	7149	Ruth Olinger (F69)	18	F65-69	1st	2.8	46	19:43	46	20:14	+31	39:56.65		12:51.4	39.93	39:59.43	55.5%		
49	6515	Maleka Jiwani (F30)	19	F30-34	2nd	8.0	47	20:02	48	22:42	+160	42:44.08	⊗	13:45.3	42.73	42:52.06	34.6%		
50	7315	Evelyn Bruser (F39)	20	F35-39	4th	44.1	48	20:12	47	22:14	+122	42:26.86		13:39.8	42.43	43:11.01	35.9%		
51	6777	Lindsay Calverts (F22)	21	F20-24	4th	16.1						47:21.45	⊗	15:14.6	47.35	47:37.51	31.3%		
52	6787	Julie Sutton (F22)	22	F20-24	5th	15.1						47:29.63	⊗	15:17.2	47.48	47:44.75	31.2%		
53	6781	Rachel Bouw (F22)	23	F20-24	6th	15.5						47:47.01	⊗	15:22.8	47.78	48:02.53	31.0%		
54	7030	Robert Cunningham (M80)	30	M80-99	1st	173.4	49	23:02	49	23:44	+41	46:45.93		15:03.1	46.75	49:39.33	44.9%		
55	6507	Janice Grimmett (F49)	24	F45-49	2nd	7.4						50:29.15	⊗	16:15.0	50.48	50:36.52	33.1%		
56	6785	Katherine Coles (F21)	25	F20-24	7th	7.3						50:29.97	⊗	16:15.3	50.48	50:37.32	29.3%		
57	6624	Elizabeth Adams (F30)	26	F30-34	3rd	10.2						53:28.56	⊗	17:12.7	53.47	53:38.71	27.7%		
58	6776	Alexander Adams (M33)	31	M30-34	2nd	9.8						53:30.20	⊗	17:13.3	53.50	53:39.97	24.4%		
59	6630	Kimber Harlan (F30)	27	F30-34	4th	7.5						53:33.30	⊗	17:14.3	53.55	53:40.79	27.6%		
60	6632	Joan Harlan (F63)	28	F60-64	1st	8.1						53:34.28	⊗	17:14.6	53.57	53:42.35	37.7%		
												18 Positive Split	31 Negative Split	Average Finish Time:		31:55	Average Age Grade:		49.9%

FN*: Broke Age-Group Record

GD Place among Females

Positive Split

Timing provided by:

ℓ Ran Mile before 5K ✓ # Races PR @ Carrollton Runners (2003 & later)

Negative Split

 DeltaViewTiming.com

Sorted Age Grades

1M

	OA Name	Finish Time	AgeGrade
1	13 Kim Andres	F58 7:25.22	74.7%
2	1 Albert Marban	M18 5:23.06	71.3%
3	7 Julio Lopez	M56 6:27.44	69.0%
4	2 Ray Liberatore	M23 5:32.46	67.0%
5	6 Ruben Saguil	M46 6:22.48	64.5%
6	12 Scott Mckissick	M63 7:24.54	63.9%
7	5 Michael Rumery	M38 6:14.73	61.9%
8	3 Blake Bueltel	M25 6:06.99	60.7%
9	16 Yanira Lopez	F48 8:00.96	60.6%
10	9 Victor Rojas	M43 6:37.69	60.6%
11	4 Charlie Kaye	M23 6:11.69	59.9%
12	8 Rolando Hernandez	M37 6:33.30	58.6%
13	15 Ken Ashby	M59 7:51.88	58.1%
14	17 Jim Sawyer	M56 8:03.86	55.3%
15	10 Daniel Prado	M24 6:57.47	53.3%
16	19 Mike Catt	M57 8:28.84	53.0%
17	14 Tal Fisher	M40 7:28.68	52.5%
18	11 Evan Samuels	M22 7:23.69	50.2%

5K

	OA Name	Finish Time	AgeGrade
1	1 Albert Marban	M18 18:45.81	71.1%
2	5 Julio Lopez	M56 22:10.77	69.9%
3	10 David Mask	M59 22:51.68	69.6%
4	3 Ian Maung	M44 21:14.10	66.3%
5	24 Scott Mckissick	M63 26:10.97	62.9%
6	2 Ray Liberatore	M23 20:31.76	62.8%
7	21 Yanira Lopez	F48 26:19.61	62.7%
8	19 James Johnson	M58 25:47.23	61.1%
9	6 Tal Fisher	M40 22:30.71	60.6%
10	4 Charlie Kaye	M23 21:20.31	60.5%
11	12 Kyle Mckinnon	M30 21:36.07	59.9%
12	22 Ken Ashby	M59 26:34.75	59.8%
13	11 Victor Rojas	M43 23:29.32	59.4%
14	8 Enrique Hernandez	M36 22:35.79	58.7%
15	14 Nathan Bruser	M40 23:30.31	58.1%
16	13 Keith Kupiec	M43 24:28.88	57.0%
17	7 Isaias Rubio	M26 22:44.43	56.7%
18	25 Eeva Toiviainen	F38 26:53.64	56.3%
19	27 Suzanne Visanko	F42 27:37.38	56.3%
20	9 Daniel Prado	M24 22:57.05	56.2%
21	23 Claudia Gallego	F36 26:45.78	56.1%
22	48 Ruth Olinger	F69 39:56.65	55.5%
23	16 Dierk Hohman	M41 24:58.74	55.1%
24	30 Jim Sawyer	M56 28:18.12	54.8%
25	32 Kavita Maung	F41 29:18.27	52.7%
26	34 Mike Catt	M57 29:57.53	52.2%
27	20 Michael Rumery	M38 25:57.55	51.8%
28	29 Glenn Meador	M47 27:49.60	51.8%
29	46 Carol Creech	F60 37:44.73	51.2%
30	17 Evan Samuels	M22 25:14.30	51.1%
31	35 Scymentress Willia	F40 30:11.91	50.8%
32	18 Blake Bueltel	M25 25:27.90	50.7%

100% World Record Level for Gender/Age

90% World Class Level

80% National Class Level

70% Regional Class Level

65% Boston-Qualifier Approximate Level

60% Local Class Level

50% Average Class Level