

Sunday, September 25, 2011

Carrollton Runners Mile + 5K

75F Clear 38%H 10mphSW

www.CarrolltonRunners.com

@McInnish Park, Carrollton TX

Mile Off :7:32 am

5K Off :7:50 am

Mile Overall		5K Overall		5K Masters		5K Seniors	
Kim Mang	5:10.83	Kim Mang	18:45.18	Bryan Girouard	19:55.62	Julio Lopez	22:25.30
Madeline Pearson	7:45.91	Laura Nelson	19:41.22	Robin Pearson	23:55.09	Ruth Olinger	38:36.56

5K MALE

		24 Runners --- Average Time of 26:46		Avg. Age Grade: 59.0%		Place in				
Name		City	(Age)	Split	Chip Time	FN*	Pace	Age Grade	OA	GD
OVERALL	1 Kim Mang	Carrollton	(42)	-25	18:45.18	ML ✓	6:02.2	73.9%	1	1
MASTERS	1 Bryan Girouard		(41)	-5	19:55.62	✓	6:24.8	69.0%	4	3
SENIORS	1 Julio Lopez	Farmers Branch	(55)	+8	22:25.30	ML	7:13.0	68.5%	7	6
M10-14	1 Jonah Barth	Highland Village	(10)	-35	23:31.51	✓	7:34.3	67.1%	9	8
M20-24	1 Ray Liberatore	Dallas	(23)	+10	20:18.42	ML ✓	6:32.2	63.5%	5	4
M25-29	1 Blake Bueltel	The Colony	(25)	-104	25:28.75	ML	8:12.1	50.6%	16	13
M30-34	1 Kris Nance	Plano	(34)	-15	18:58.47		6:06.4	69.1%	2	2
M35-39	1 Michael Rumery	Plano	(38)	-30	25:10.28	ML ✓	8:06.1	53.4%	14	12
M40-44	1 Victor Rojas	Mexico City	(43)	+0	23:19.24	ML	7:30.4	59.9%	8	7
	2 Duane Thomason	Plano	(44)	+40	25:58.81	ML	8:21.7	54.2%	19	15
	3 Keith Kupiec	Carrollton	(43)	+61	27:00.35	✓	8:41.5	51.7%	21	17
M45-49	1 Glenn Meador	Coppell	(47)	+102	28:55.85	✓	9:18.7	49.8%	26	19
	2 Edgar Hernandez		(46)	+110	39:41.47		12:46.5	36.0%	37	23
M50-54	1 Dennis Maietta	Grapevine	(50)	+57	21:19.68		6:51.9	69.1%	6	5
	2 David Short	Frisco	(50)	-98	23:37.38	ML	7:36.2	62.4%	10	9
	3 Miguel Matos	Eules	(54)	+43	30:49.05		9:55.2	49.4%	28	20
M55-59	1 David Mask	Lewisville	(59)	-5	23:34.81		7:35.4	67.4%	11	10
	2 Ken Ashby	Dallas	(58)	-35	27:15.15	ML	8:46.3	57.8%	22	18
	3 Mike Catt		(57)	+71	32:50.96	ML	10:34.4	47.6%	31	21
M60-64	1 John Nance	Rowlett	(63)	+11	26:42.87		8:35.9	61.7%	20	16
M65-69	1 Thomas Conway		(66)	-25	24:33.82	ML	7:54.4	68.9%	13	11
	2 Bill Shirley	Dallas	(68)	-37	26:07.51	ML	8:24.5	66.0%	17	14
M80-99	1 Charles Key	Dallas	(80)	+80	37:15.86		11:59.7	56.4%	35	22
	2 Robert Cunningham	Grand Prairie	(80)	+6	48:42.26		15:40.6	43.2%	39	24

FN*: Broke Age-Group Record **GD** Place among Females
 ML Ran Mile before 5K ✓ # Races PR @ Carrollton Runners (2003 & later)

Positive Split
 Negative Split

Timing provided by:
 **DeltaViewTiming.com**

5K FEMALE

15 Runners --- Average Time of **30:03**Avg. Age Grade: **55.2%**

Place in

	Name	City	(Age)	Split	Chip Time	FN*	Pace	Age Grade	OA	GD
OVERALL	1 Laura Nelson	Grapevine	(45)	+2	19:41.22		6:20.2	81.1%	3	1
MASTERS	1 Robin Pearson	Grapevine	(45)	+37	23:55.09		7:41.9	66.8%	12	2
SENIORS	1 Ruth Olinger	The Colony	(68)	+17	38:36.56		12:25.6	56.5%	36	14
F30-34	1 Anna-riikka Courtois	Carrollton	(34)	+82	30:28.68		9:48.6	48.9%	27	8
F35-39	1 Tytti Lauhava-kaariainen	Flower Mound	(35)	+22	25:25.20 M		8:10.9	58.8%	15	3
	2 Eeva Toiviainen	Flower Mound	(38)	+29	27:25.86 M		8:49.8	55.2%	23	5
	3 Evelyn Bruser	Coppell	(39)	+91	39:12.94		12:37.3	38.9%	38	15
F40-44	1 Katariina Keranen	Flower Mound	(41)	+19	26:07.94		8:24.7	59.1%	18	4
	2 Kay Scott	Bedford	(41)	-33	29:45.72		9:34.8	51.9%	32	11
	3 Scymentress Williams	Arlington	(40)	+2	31:10.76	✓	10:02.1	49.2%	29	9
	4 Rachel Meador	Coppell	(43)	+19	32:39.65	✓	10:30.8	48.0%	30	10
F45-49	1 Yanira Lopez	Farmers Branch	(48)	-11	27:37.84 M		8:53.6	59.7%	24	6
	2 Chiffon Okuda	Lewisville	(48)	+6	35:10.70		11:19.4	46.9%	34	13
	3 Christine Mayhan	Coppell	(49)	-1	35:11.93		11:19.8	47.5%	33	12
F50-54	1 Sandra Secrest	Aubrey	(50)	-38	28:09.99		9:04.0	60.1%	25	7

FN*: Broke Age-Group Record **GD** Place among Females Positive Split

Timing provided by:

 Ran Mile before 5K ✓ # Races PR @ Carrollton Runners (2003 & later) Negative Split**DeltaViewTiming.com**

1M MALE

		18 Runners --- Average Time of 8:27			Avg. Age Grade: 57.0%			Place in		
	Name	City	(Age)	Split	Chip Time	FN*	Pace	Age Grade	OA	GD
OVERALL	1 Kim Mang	Carrollton	(42)		5:10.83	<input checked="" type="checkbox"/>	5:10.8	76.9%	1	1
M01-09	1 Nathan Eppelman	Coppell	(5)		10:13.14	<input checked="" type="checkbox"/>	10:13.1	55.6%	19	15
	2 Nicholas Eppelman	Coppell	(5)		15:40.97		15:41.0	36.2%	24	17
M20-24	1 Ray Liberatore	Dallas	(23)		5:43.56		5:43.6	64.8%	2	2
M25-29	1 Blake Bueltel	The Colony	(25)		5:52.45		5:52.5	63.2%	3	3
M35-39	1 Rolando Hernandez	Carrollton	(37)		6:20.77	<input checked="" type="checkbox"/>	6:20.8	60.5%	5	5
	2 Michael Rumery	Plano	(38)		6:26.22		6:26.2	60.1%	6	6
M40-44	1 Victor Rojas	Mexico City	(43)		6:44.50		6:44.5	59.6%	8	8
	2 Duane Thomason	Plano	(44)		7:51.81	<input checked="" type="checkbox"/>	7:51.8	51.5%	13	11
M45-49	1 Ruben Saguil	Carrollton	(46)		6:06.96	<input checked="" type="checkbox"/>	6:07.0	67.2%	4	4
	2 Scott Eppelman	Coppell	(45)		10:13.48	<input checked="" type="checkbox"/>	10:13.5	39.9%	20	16
	3 Aaron Willms	Carrollton	(47)		20:30.10		20:30.1	20.2%	27	18
M50-54	1 David Short	Frisco	(50)		7:52.27		7:52.3	53.9%	14	12
M55-59	1 Julio Lopez	Farmers Branch	(55)		6:38.29		6:38.3	66.6%	7	7
	2 Ken Ashby	Dallas	(58)		7:54.87		7:54.9	57.3%	15	13
	3 Mike Catt		(57)		8:46.71		8:46.7	51.2%	16	14
M65-69	1 Bill Shirley	Dallas	(68)		6:53.20		6:53.2	72.0%	9	9
	2 Thomas Conway		(66)		6:56.88		6:56.9	70.1%	10	10

1M FEMALE

		9 Runners --- Average Time of 12:03			Avg. Age Grade: 43.6%			Place in		
	Name	City	(Age)	Split	Chip Time	FN*	Pace	Age Grade	OA	GD
OVERALL	1 Madeline Pearson	Grapevine	(8)		7:45.91	<input checked="" type="checkbox"/>	7:45.9	66.1%	11	1
F01-09	1 Emma Velarde		(6)		10:11.13		10:11.1	54.3%	17	3
F35-39	1 Eeva Toiviainen	Flower Mound	(38)		10:12.99		10:13.0	42.6%	18	4
	2 Tytti Lauhava-kaarainen	Flower Mound	(35)		10:24.17		10:24.2	41.0%	21	5
	3 Anna Velarde		(37)		13:02.30		13:02.3	33.1%	23	7
F45-49	1 Yanira Lopez	Farmers Branch	(48)		7:49.68	<input checked="" type="checkbox"/>	7:49.7	62.1%	12	2
	2 Kelly Eppelman		(48)		15:42.56		15:42.6	30.9%	25	8
	3 Lydia Willms	Carrollton	(48)		20:29.76		20:29.8	23.7%	26	9
F50-54	1 Donna Carlson	Carrollton	(50)		12:51.11		12:51.1	38.8%	22	6

FN*: Broke Age-Group Record **GD** Place among Females
 Ran Mile before 5K # Races PR @ Carrollton Runners (2003 & later)

Positive Split
 Negative Split

1M	Bib Name	GD	AgeGrp	AG	Start	1stH	2ndH	Δ	FinishTime+	FN*	Pace	5KEq	Clock Time	AgeGD
1	7069 Kim Mang (M42)	1	M40-44	OA	---				5:10.83	☑ 2	5:10.8	17.68	5:10.83	76.9%
2	6724 Ray Liberatore (M23)	2	M20-24	1st	---				5:43.56	✗	5:43.6	19.56	5:43.56	64.8%
3	7086 Blake Bueltel (M25)	3	M25-29	1st	---				5:52.45	✗	5:52.5	20.07	5:52.45	63.2%
4	7003 Ruben Saguil (M46)	4	M45-49	1st	---				6:06.96	✓ 12	6:07.0	20.87	6:06.96	67.2%
5	7074 Rolando Hernandez (M37)	5	M35-39	1st	---				6:20.77	✓ 2	6:20.8	21.67	6:20.77	60.5%
6	7038 Michael Rumery (M38)	6	M35-39	2nd	---				6:26.22		6:26.2	22.01	6:26.22	60.1%
7	7193 Julio Lopez (M55)	7	M55-59	1st	---				6:38.29		6:38.3	22.69	6:38.29	66.6%
8	7068 Victor Rojas (M43)	8	M40-44	1st	---				6:44.50	✗	6:44.5	23.04	6:44.50	59.6%
9	7043 Bill Shirley (M68)	9	M65-69	1st	---				6:53.20		6:53.2	23.55	6:53.20	72.0%
10	6770 Thomas Conway (M66)	10	M65-69	2nd	---				6:56.88	✗	6:56.9	23.72	6:56.88	70.1%
11	6609 Madeline Pearson (F8)	1	F01-09	OA	---				7:45.91	☑ 4	7:45.9	26.51	7:45.91	66.1%
12	7198 Yanira Lopez (F48)	2	F45-49	1st	---				7:49.68	✓ 16	7:49.7	26.74	7:49.68	62.1%
13	7066 Duane Thomason (M44)	11	M40-44	2nd	---				7:51.81	✓ 2	7:51.8	26.86	7:51.81	51.5%
14	7061 David Short (M50)	12	M50-54	1st	---				7:52.27		7:52.3	26.91	7:52.27	53.9%
15	7005 Ken Ashby (M58)	13	M55-59	2nd	---				7:54.87		7:54.9	27.03	7:54.87	57.3%
16	6772 Mike Catt (M57)	14	M55-59	3rd	---				8:46.71		8:46.7	29.99	8:46.71	51.2%
17	6582 Emma Velarde (F6)	3	F01-09	1st	---				10:11.13	✗	10:11.1	34.84	10:11.13	54.3%
18	6753 Eeva Toiviainen (F38)	4	F35-39	1st	---				10:12.99	✗	10:13.0	34.90	10:12.99	42.6%
19	6637 Nathan Eppelman (M5)	15	M01-09	1st	---				10:13.14	✓ 4	10:13.1	34.95	10:13.14	55.6%
20	6634 Scott Eppelman (M45)	16	M45-49	2nd	---				10:13.48	✓ 3	10:13.5	34.95	10:13.48	39.9%
21	6643 Tytti Lauhava-kaariainen (F3)	5	F35-39	2nd	---				10:24.17	✗	10:24.2	35.58	10:24.17	41.0%
22	6508 Donna Carlson (F50)	6	F50-54	1st	---				12:51.11	✗	12:51.1	43.96	12:51.11	38.8%
23	6530 Anna Velarde (F37)	7	F35-39	3rd	---				13:02.30	✗	13:02.3	44.59	13:02.30	33.1%
24	6638 Nicholas Eppelman (M5)	17	M01-09	2nd	---				15:40.97		15:41.0	53.60	15:40.97	36.2%
25	6774 Kelly Eppelman (F48)	8	F45-49	2nd	---				15:42.56	✗	15:42.6	53.71	15:42.56	30.9%
26	6521 Lydia Willms (F48)	9	F45-49	3rd	---				20:29.76	✗	20:29.8	70.08	20:29.76	23.7%
27	6538 Aaron Willms (M47)	18	M45-49	3rd	---				20:30.10	✗	20:30.1	70.13	20:30.10	20.2%
Average Finish Time:									09:38	Average Age Grade:			52.6%	

5K	Bib Name	GD	AgeGrp	AG	Start	1stH	2ndH	Δ	FinishTime+	FN*	Pace	5KEq	Clock Time	AgeGD		
1	7069 Kim Mang (M42)	1	M40-44	OA	0.2	1	9:35	1	9:10	-25	18:45.18	ℓ ✓ 2	6:02.2	18.75	18:45.43	73.9%
2	7276 Kris Nance (M34)	2	M30-34	1st	---	2	9:37	2	9:22	-15	18:58.47		6:06.4	18.97	18:58.47	69.1%
3	7274 Laura Nelson (F45)	1	F45-49	OA	---	3	9:50	3	9:52	+2	19:41.22		6:20.2	19.68	19:41.22	81.1%
4	6771 Bryan Girouard (M41)	3	M40-44	MS	0.6	4	10:00	4	9:55	-5	19:55.62	✓ 1	6:24.8	19.92	19:56.24	69.0%
5	6724 Ray Liberatore (M23)	4	M20-24	1st	0.4	5	10:04	5	10:14	+10	20:18.42	ℓ ✓ 1	6:32.2	20.30	20:18.82	63.5%
6	7273 Dennis Maietta (M50)	5	M50-54	1st	1.4	6	10:11	7	11:08	+57	21:19.68		6:51.9	21.32	21:21.08	69.1%
7	7193 Julio Lopez (M55)	6	M55-59	SR	2.4	7	11:09	8	11:17	+8	22:25.30	ℓ	7:13.0	22.42	22:27.71	68.5%
8	7068 Victor Rojas (M43)	7	M40-44	1st	3.2	9	11:40	10	11:40	+0	23:19.24	ℓ	7:30.4	23.32	23:22.41	59.9%
9	6627 Jonah Barth (M10)	8	M10-14	1st	1.9	11	12:03	9	11:28	-35	23:31.51	✓ 1	7:34.3	23.52	23:33.42	67.1%
10	7061 David Short (M50)	9	M50-54	2nd	15.4	14	12:37	6	11:00	-98	23:37.38	ℓ	7:36.2	23.62	23:52.73	62.4%
11	7008 David Mask (M59)	10	M55-59	1st	21.4	10	11:50	11	11:45	-5	23:34.81		7:35.4	23.57	23:56.19	67.4%
12	6607 Robin Pearson (F45)	2	F45-49	MS	2.0	8	11:39	14	12:16	+37	23:55.09		7:41.9	23.92	23:57.05	66.8%
13	6770 Thomas Conway (M66)	11	M65-69	1st	1.3	12	12:30	13	12:04	-25	24:33.82	ℓ ✗	7:54.4	24.55	24:35.10	68.9%
14	7038 Michael Rumery (M38)	12	M35-39	1st	16.4	16	12:50	15	12:20	-30	25:10.28	ℓ ✓ 5	8:06.1	25.17	25:26.66	53.4%
15	6643 Tytti Lauhava-kaariainen (F3)	3	F35-39	1st	2.7	13	12:31	17	12:54	+22	25:25.20	ℓ ✗	8:10.9	25.42	25:27.91	58.8%
16	7086 Blake Bueltel (M25)	13	M25-29	1st	26.1	22	13:36	12	11:52	-104	25:28.75	ℓ	8:12.1	25.47	25:54.84	50.6%
17	7043 Bill Shirley (M68)	14	M65-69	2nd	0.9	20	13:22	16	12:45	-37	26:07.51	ℓ	8:24.5	26.12	26:08.38	66.0%
18	6568 Katariina Keranen (F41)	4	F40-44	1st	2.0	17	12:55	18	13:13	+19	26:07.94	✗	8:24.7	26.12	26:09.95	59.1%
19	7066 Duane Thomason (M44)	15	M40-44	2nd	13.4	15	12:40	19	13:19	+40	25:58.81	ℓ	8:21.7	25.97	26:12.21	54.2%

20	7089	John Nance (M63)	16	M60-64	1st	0.9	19	13:16	21	13:27	+11	26:42.87		8:35.9	26.70	26:43.74	61.7%
21	7147	Keith Kupiec (M43)	17	M40-44	3rd	3.9	18	13:00	25	14:00	+61	27:00.35	✓ 13	8:41.5	27.00	27:04.24	51.7%
22	7005	Ken Ashby (M58)	18	M55-59	2nd	1.1	25	13:55	20	13:20	-35	27:15.15	ℓ	8:46.3	27.25	27:16.27	57.8%
23	6753	Eeva Toiviainen (F38)	5	F35-39	2nd	---	21	13:28	24	13:58	+29	27:25.86	ℓ	8:49.8	27.42	27:25.86	55.2%
24	7198	Yanira Lopez (F48)	6	F45-49	1st	2.8	24	13:54	22	13:44	-11	27:37.84	ℓ	8:53.6	27.62	27:40.60	59.7%
25	6692	Sandra Secrest (F50)	7	F50-54	1st	7.7	26	14:24	23	13:46	-38	28:09.99	⊗	9:04.0	28.15	28:17.74	60.1%
26	7164	Glenn Meador (M47)	19	M45-49	1st	6.1	23	13:37	27	15:19	+102	28:55.85	✓ 1	9:18.7	28.92	29:01.98	49.8%
27	6583	Anna-riikka Courtois (F34)	8	F30-34	1st	2.3	27	14:33	30	15:55	+82	30:28.68	⊗	9:48.6	30.47	30:30.98	48.9%
28	6548	Miguel Matos (M54)	20	M50-54	3rd	2.4	28	15:03	29	15:46	+43	30:49.05		9:55.2	30.82	30:51.50	49.4%
29	7769	Scymentress Williams (F40)	9	F40-44	3rd	9.1	30	15:34	28	15:37	+2	31:10.76	✓ 3	10:02.1	31.17	31:19.86	49.2%
30	7168	Rachel Meador (F43)	10	F40-44	4th	6.2	32	16:10	31	16:29	+19	32:39.65	✓ 1	10:30.8	32.65	32:45.82	48.0%
31	6772	Mike Catt (M57)	21	M55-59	3rd	3.9	31	15:50	32	17:01	+71	32:50.96	ℓ	10:34.4	32.83	32:54.81	47.6%
32	7041	Kay Scott (F41)	11	F40-44	2nd	301.2	29	15:09	26	14:36	-33	29:45.72		9:34.8	29.75	34:46.90	51.9%
33	7100	Christine Mayhan (F49)	12	F45-49	3rd	---	34	17:36	33	17:36	-1	35:11.93		11:19.8	35.18	35:11.93	47.5%
34	7047	Chiffon Okuda (F48)	13	F45-49	2nd	3.5	33	17:32	34	17:38	+6	35:10.70		11:19.4	35.17	35:14.22	46.9%
35	7131	Charles Key (M80)	22	M80-99	1st	1.1	35	17:58	35	19:18	+80	37:15.86	⊗	11:59.7	37.25	37:16.97	56.4%
36	7149	Ruth Olinger (F68)	14	F65-69	SR	1.8	38	19:10	36	19:27	+17	38:36.56		12:25.6	38.60	38:38.39	56.5%
37	6773	Edgar Hernandez (M46)	23	M45-49	2nd	5.8	37	18:56	38	20:46	+110	39:41.47		12:46.5	39.68	39:47.30	36.0%
38	7315	Evelyn Bruser (F39)	15	F35-39	3rd	66.8	36	18:51	37	20:22	+91	39:12.94		12:37.3	39.20	40:19.77	38.9%
39	7030	Robert Cunningham (M80)	24	M80-99	2nd	5.2	39	24:18	39	24:24	+6	48:42.26		15:40.6	48.70	48:47.48	43.2%
												24 Positive Split	15 Negative Split	Average Finish Time: 28:01		Average Age Grade: 57.6%	

FN*: Broke Age-Group Record

GD Place among Females

Positive Split

Timing provided by:

ℓ Ran Mile before 5K ✓ # Races PR @ Carrollton Runners (2003 & later)

Negative Split



DeltaViewTiming.com

Sorted Age Grades

Friday, September 30, 2011

1M

	OA Name	Finish Time	AgeGrade
1	1 Kim Mang	M42 5:10.83	76.9%
2	9 Bill Shirley	M68 6:53.20	72.0%
3	10 Thomas Conway	M66 6:56.88	70.1%
4	4 Ruben Saguil	M46 6:06.96	67.2%
5	7 Julio Lopez	M55 6:38.29	66.6%
6	11 Madeline Pearson	F8 7:45.91	66.1%
7	2 Ray Liberatore	M23 5:43.56	64.8%
8	3 Blake Bueltel	M25 5:52.45	63.2%
9	12 Yanira Lopez	F48 7:49.68	62.1%
10	5 Rolando Hernandez	M37 6:20.77	60.5%
11	6 Michael Rumery	M38 6:26.22	60.1%
12	8 Victor Rojas	M43 6:44.50	59.6%
13	15 Ken Ashby	M58 7:54.87	57.3%
14	19 Nathan Eppelman	M5 10:13.14	55.6%
15	17 Emma Velarde	F6 10:11.13	54.3%
16	14 David Short	M50 7:52.27	53.9%
17	13 Duane Thomason	M44 7:51.81	51.5%
18	16 Mike Catt	M57 8:46.71	51.2%

5K

	OA Name	Finish Time	AgeGrade
1	3 Laura Nelson	F45 19:41.22	81.1%
2	1 Kim Mang	M42 18:45.18	73.9%
3	6 Dennis Maietta	M50 21:19.68	69.1%
4	2 Kris Nance	M34 18:58.47	69.1%
5	4 Bryan Girouard	M41 19:55.62	69.0%
6	13 Thomas Conway	M66 24:33.82	68.9%
7	7 Julio Lopez	M55 22:25.30	68.5%
8	11 David Mask	M59 23:34.81	67.4%
9	9 Jonah Barth	M10 23:31.51	67.1%
10	12 Robin Pearson	F45 23:55.09	66.8%
11	17 Bill Shirley	M68 26:07.51	66.0%
12	5 Ray Liberatore	M23 20:18.42	63.5%
13	10 David Short	M50 23:37.38	62.4%
14	20 John Nance	M63 26:42.87	61.7%
15	25 Sandra Secrest	F50 28:09.99	60.1%
16	8 Victor Rojas	M43 23:19.24	59.9%
17	24 Yanira Lopez	F48 27:37.84	59.7%
18	18 Katariina Keranen	F41 26:07.94	59.1%
19	15 Tytti Lauhava-kaarja	F35 25:25.20	58.8%
20	22 Ken Ashby	M58 27:15.15	57.8%
21	36 Ruth Olinger	F68 38:36.56	56.5%
22	35 Charles Key	M80 37:15.86	56.4%
23	23 Eeva Toiviainen	F38 27:25.86	55.2%
24	19 Duane Thomason	M44 25:58.81	54.2%
25	14 Michael Rumery	M38 25:10.28	53.4%
26	32 Kay Scott	F41 29:45.72	51.9%
27	21 Keith Kupiec	M43 27:00.35	51.7%
28	16 Blake Bueltel	M25 25:28.75	50.6%

100% World Record Level for Gender/Age
90% World Class Level
80% National Class Level
70% Regional Class Level

65% Boston-Qualifier Approximate Level
60% Local Class Level
50% Average Class Level