

Sunday, February 22, 2009

Carrollton Runners Club

Race Off :7:37 am

www.CarrolltonRunners.com

@McInnish Park, Carrollton TX

5K MALE

		Name	(Age)	Time	Pace	Place in	
						OA	GD
OVERALL	-	ANTTI-PEKKA NIINISTO	Finland (18)	16:53.03	5:26.1	1	1
MASTERS	-	MARK OLATEJU	Garland (47)	19:42.03	6:20.4	3	3
SENIORS	-	JOHN BALL	(56)	20:42.96	6:39.8	5	5
M01-09	1	GARRETT WHITE	Plano (5)	35:55.39	11:33.6	24	19
M25-29	1	ANDREW WEBER	Carrollton (29)	18:53.17	6:04.7	2	2
	2	PHILIP CAPUTO	Plano (26)	22:28.93	7:13.9	10	9
M35-39	1	NATHAN BRUSER	Coppell (37)	20:16.82	6:31.4	4	4
M40-44	1	JEFF BREESE	(44)	21:04.48	6:46.8	7	7
	2	JAMES MURTAUGH	(43)	22:11.51	7:08.4	9	8
M50-54	1	HARRI NIINISTO	Finland (52)	20:54.12	6:43.6	6	6
	2	WALLY GRUENES	(50)	26:10.04	8:25.3	16	14
	3	FRANK CRIM	(51)	26:43.90	8:36.0	17	15
	4	RICHARD WEBER	(52)	29:09.70	9:22.9	19	16
M55-59	1	GLENN DUMAS	Farmers Branch (59)	24:31.60	7:53.5	13	11
	2	KEN ASHBY	Dallas (56)	24:58.35	8:02.2	15	13
M60-64	1	JOHN NANCE	Rowlett (60)	22:45.84	7:19.4	11	10
	2	SCOTT MCKISSICK	Irving (60)	24:36.12	7:55.1	14	12
	3	MIKE KOSKAN	Plano (63)	31:26.00	10:07.0	21	18
M75-79	1	DEWEY FAMBRY	The Colony (76)	29:57.12	9:38.4	20	17

5K FEMALE

		Name	(Age)	Time	Pace	Place in	
						OA	GD
OVERALL	-	YOLANDA HOPPING	(46)	21:09.48	6:48.5	8	1
MASTERS	-	VIRPI PIHLAJA- NIINISTO	Finland (47)	24:05.81	7:45.1	12	2
F40-44	1	JODEE FORD	Highland Village (40)	28:32.53	9:11.0	18	3
	2	DARLENE SISUNG	(40)	36:20.84	11:41.7	25	6
F50-54	1	PATRICIA WEBER	(50)	32:00.39	10:18.0	22	4
	2	KAROL CURRAN	(52)	32:20.78	10:24.4	23	5



Timing provided by:

DELTAVIEWTIMING.COM

1M MALE

		Name	(Age)	Time	Pace	Place in	
OVERALL	-					OA	GD
OVERALL	-	RYAN FLORES	(16)	05:49.23	5:49.0	1	1
M01-09	1	JACOB DINSMORE	(8)	08:05.23	8:05.0	6	4
	2	IVAN DELGADO	(6)	08:48.31	8:48.0	7	5
	3	DEREK WHITE	Plano (3)	22:29.76	22:29.0	10	6
M10-14	1	ARI DINSMORE	(12)	07:29.75	7:29.0	2	2
M50-54	1	DANNY GILBREATH	(54)	07:35.93	7:35.0	3	3

1M FEMALE

		Name	(Age)	Time	Pace	Place in	
OVERALL	-					OA	GD
OVERALL	-	ASHLEY DELGADO	(17)	07:38.65	7:38.0	4	1
F01-09	1	SAMANTHA FLORES	(6)	10:03.07	10:03.0	8	3
	2	ERICA WHITE	Plano (3)	20:23.12	20:23.0	9	4
F15-19	1	COLLEEN WEBER	(15)	07:51.51	7:51.0	5	2



Dist	OA	Bib	First Name	Last Name	GD	M/F	Age	AgeGrp	AG	FinishTime+	Pace	5KEq
1M	1	36	Ryan	Flores	1	M	16	M15-19	OA	05:49.23	5:49.0	19.89
1M	2	5021	Ari	Dinsmore	2	M	12	M10-14	1st	07:29.75	7:29.0	25.59
1M	3	5015	Danny	Gilbreath	3	M	54	M50-54	1st	07:35.93	7:35.0	25.94
1M	4	5014	Ashley	Delgado	1	F	17	F15-19	OA	07:38.65	7:38.0	26.11
1M	5	21	Colleen	Weber	2	F	15	F15-19	1st	07:51.51	7:51.0	26.85
1M	6	5020	Jacob	Dinsmore	4	M	8	M01-09	1st	08:05.23	8:05.0	27.65
1M	7	5013	Ivan	Delgado	5	M	6	M01-09	2nd	08:48.31	8:48.0	30.10
1M	8	34	Samantha	Flores	3	F	6	F01-09	1st	10:03.07	10:03.0	34.37
1M	9	5009	Erica	White	4	F	3	F01-09	2nd	20:23.12	20:23.0	69.71
1M	10	5011	Derek	White	6	M	3	M01-09	3rd	22:29.76	22:29.0	76.90
5K	1	5006	Antti-Pekka	Niinisto	1	M	18	M15-19	OA	16:53.03	5:26.1	16.88
5K	2	8	Andrew	Weber	2	M	29	M25-29	1st	18:53.17	6:04.7	18.88
5K	3	19	Mark	Olateju	3	M	47	M45-49	MS	19:42.03	6:20.4	19.69
5K	4	71	Nathan	Bruser	4	M	37	M35-39	1st	20:16.82	6:31.4	20.26
5K	5	5017	John	Ball	5	M	56	M55-59	SR	20:42.96	6:39.8	20.69
5K	6	5008	Harri	Niinisto	6	M	52	M50-54	1st	20:54.12	6:43.6	20.89
5K	7	16	Jeff	Breese	7	M	44	M40-44	1st	21:04.48	6:46.8	21.06
5K	8	5022	Yolanda	Hopping	1	F	46	F45-49	OA	21:09.48	6:48.5	21.14
5K	9	5019	James	Murtaugh	8	M	43	M40-44	2nd	22:11.51	7:08.4	22.18
5K	10	6	Philip	Caputo	9	M	26	M25-29	2nd	22:28.93	7:13.9	22.46
5K	11	25	John	Nance	10	M	60	M60-64	1st	22:45.84	7:19.4	22.74
5K	12	5007	Virpi	Pihlaja- Niinisto	2	F	47	F45-49	MS	24:05.81	7:45.1	24.08
5K	13	9	Glenn	Dumas	11	M	59	M55-59	1st	24:31.60	7:53.5	24.51
5K	14	48	Scott	McKissick	12	M	60	M60-64	2nd	24:36.12	7:55.1	24.59
5K	15	5	Ken	Ashby	13	M	56	M55-59	2nd	24:58.35	8:02.2	24.96
5K	16	13	Wally	Gruenes	14	M	50	M50-54	2nd	26:10.04	8:25.3	26.16
5K	17	5012	Frank	Crim	15	M	51	M50-54	3rd	26:43.90	8:36.0	26.71
5K	18	69	Jodee	Ford	3	F	40	F40-44	1st	28:32.53	9:11.0	28.52
5K	19	17	Richard	Weber	16	M	52	M50-54	4th	29:09.70	9:22.9	29.14
5K	20	32	Dewey	Fambry	17	M	76	M75-79	1st	29:57.12	9:38.4	29.94
5K	21	4	Mike	Koskan	18	M	63	M60-64	3rd	31:26.00	10:07.0	31.42
5K	22	20	Patricia	Weber	4	F	50	F50-54	1st	32:00.39	10:18.0	31.99
5K	23	5016	Karol	Curran	5	F	52	F50-54	2nd	32:20.78	10:24.4	32.32
5K	24	5010	Garrett	White	19	M	5	M01-09	1st	35:55.39	11:33.6	35.91
5K	25	5018	Darlene	Sisung	6	F	40	F40-44	2nd	36:20.84	11:41.7	36.32

