

Sunday, January 25, 2009

# Carrollton Runners Club

Cloudy 42F  
Race Off :7:36 am

www.CarrolltonRunners.com

@McInnish Park, Carrollton TX

<b>5K MALE</b>						Place in	
		Name	(Age)	Time	Pace	OA	GD
OVERALL	-	<b>ANDREW WEBER</b>	(29)	<b>18:40.56</b>	6:00.5	1	1
MASTERS	-	<b>DOUG WATERS</b>	(44)	<b>20:25.64</b>	6:34.3	2	2
SENIORS	-	<b>JOHN NANCE</b>	(60)	<b>22:39.09</b>	7:17.4	5	5
M25-29	1	<b>PHILIP CAPUTO</b>	(26)	<b>21:32.71</b>	6:55.9	4	4
M30-34	1	<b>WAN LEE</b>	(34)	<b>34:06.48</b>	10:58.5	17	12
M45-49	1	<b>GABRIEL SAPIEN</b>	(48)	<b>20:54.54</b>	6:43.6	3	3
M50-54	1	<b>WALLY GRUENES</b>	(51)	<b>24:41.95</b>	7:56.7	8	8
	2	<b>TONY FLORES</b>	(50)	<b>25:10.06</b>	8:06.0	9	9
M55-59	1	<b>KEN ASHBY</b>	(56)	<b>24:31.96</b>	7:53.5	7	7
	2	<b>GLENN DUMAS</b>	(59)	<b>25:12.75</b>	8:06.7	10	10
M60-64	1	<b>SCOTT MCKISSICK</b>	(60)	<b>23:56.84</b>	7:42.2	6	6
	2	<b>MIKE KOSKAN</b>	(63)	<b>31:24.84</b>	10:06.4	13	11

<b>5K FEMALE</b>						Place in	
		Name	(Age)	Time	Pace	OA	GD
OVERALL	-	<b>CRISTEN COFFEE</b>	(28)	<b>28:16.34</b>	9:05.9	11	1
F25-29	1	<b>TARA MAPES</b>	(28)	<b>28:51.90</b>	9:17.2	12	2
	2	<b>LAUREN MARQUEZ</b>	(25)	<b>32:04.64</b>	10:19.3	14	3
F30-34	1	<b>TERESA CHEN</b>	(32)	<b>32:18.39</b>	10:23.8	15	4
	2	<b>FRANKIE LEE</b>	(31)	<b>34:05.71</b>	10:58.2	16	5
	3	<b>JILL MYERS</b>	(33)	<b>34:50.53</b>	11:12.7	18	6



Timing provided by: **DELTAVIEWTIMING.COM**

# 1M MALE

		Name	(Age)	Time	Pace	Place in	
OVERALL	-					OA	GD
OVERALL	-	<b>CHRISTOPHER ROBERTS</b>	(12)	<b>09:11.62</b>	9:11.0	2	1
M25-29	1	<b>MICHAEL TOLE</b>	(29)	<b>12:17.92</b>	12:17.0	7	3
M40-44	1	<b>STEPHEN ROBERTS</b>	(40)	<b>11:38.17</b>	11:38.0	4	2

# 1M FEMALE

		Name	(Age)	Time	Pace	Place in	
OVERALL	-					OA	GD
OVERALL	-	<b>KIM ANDRES</b>	(55)	<b>07:28.20</b>	7:28.0	1	1
F01-09	1	<b>SAMANTHA FLORES</b>	(7)	<b>10:25.28</b>	10:25.0	3	2
F25-29	1	<b>COURTNEY PRICE</b>	(27)	<b>11:38.59</b>	11:38.0	5	3
	2	<b>MELISSA TOLE</b>	(29)	<b>12:16.96</b>	12:16.0	6	4

Dist	OA	Bib	First Name	Last Name	GD	M/F	Age	AgeGrp	AG	FinishTime+	Pace	5KEq
1M	1	11	Kim	Andres	1	F	55	F55-59	OA	07:28.20	7:28.0	25.54
1M	2	96	Christopher	Roberts	1	M	12	M10-14	OA	09:11.62	9:11.0	31.41
1M	3	34	Samantha	Flores	2	F	7	F01-09	1st	10:25.28	10:25.0	35.63
1M	4	68	Stephen	Roberts	2	M	40	M40-44	1st	11:38.17	11:38.0	39.79
1M	5	27	Courtney	Price	3	F	27	F25-29	1st	11:38.59	11:38.0	39.79
1M	6	84	Melissa	Tole	4	F	29	F25-29	2nd	12:16.96	12:16.0	41.95
1M	7	79	Michael	Tole	3	M	29	M25-29	1st	12:17.92	12:17.0	42.01
5K	1	8	Andrew	Weber	1	M	29	M25-29	OA	18:40.56	6:00.5	18.66
5K	2	12	Doug	Waters	2	M	44	M40-44	MS	20:25.64	6:34.3	20.41
5K	3	15	Gabriel	Sapien	3	M	48	M45-49	1st	20:54.54	6:43.6	20.89
5K	4	6	Philip	Caputo	4	M	26	M25-29	1st	21:32.71	6:55.9	21.53
5K	5	25	John	Nance	5	M	60	M60-64	SR	22:39.09	7:17.4	22.64
5K	6	48	Scott	McKissick	6	M	60	M60-64	1st	23:56.84	7:42.2	23.93
5K	7	5	Ken	Ashby	7	M	56	M55-59	1st	24:31.96	7:53.5	24.51
5K	8	13	Wally	Gruenes	8	M	51	M50-54	1st	24:41.95	7:56.7	24.68
5K	9	33	Tony	Flores	9	M	50	M50-54	2nd	25:10.06	8:06.0	25.16
5K	10	9	Glenn	Dumas	10	M	59	M55-59	2nd	25:12.75	8:06.7	25.19
5K	11	4001	Cristen	Coffee	1	F	28	F25-29	OA	28:16.34	9:05.9	28.26
5K	12	4002	Tara	Mapes	2	F	28	F25-29	1st	28:51.90	9:17.2	28.84
5K	13	4	Mike	Koskan	11	M	63	M60-64	2nd	31:24.84	10:06.4	31.39
5K	14	4003	Lauren	Marquez	3	F	25	F25-29	2nd	32:04.64	10:19.3	32.06
5K	15	4006	Teresa	Chen	4	F	32	F30-34	1st	32:18.39	10:23.8	32.29
5K	16	4007	Frankie	Lee	5	F	31	F30-34	2nd	34:05.71	10:58.2	34.07
5K	17	4008	Wan	Lee	12	M	34	M30-34	1st	34:06.48	10:58.5	34.09
5K	18	4005	Jill	Myers	6	F	33	F30-34	3rd	34:50.53	11:12.7	34.82

