


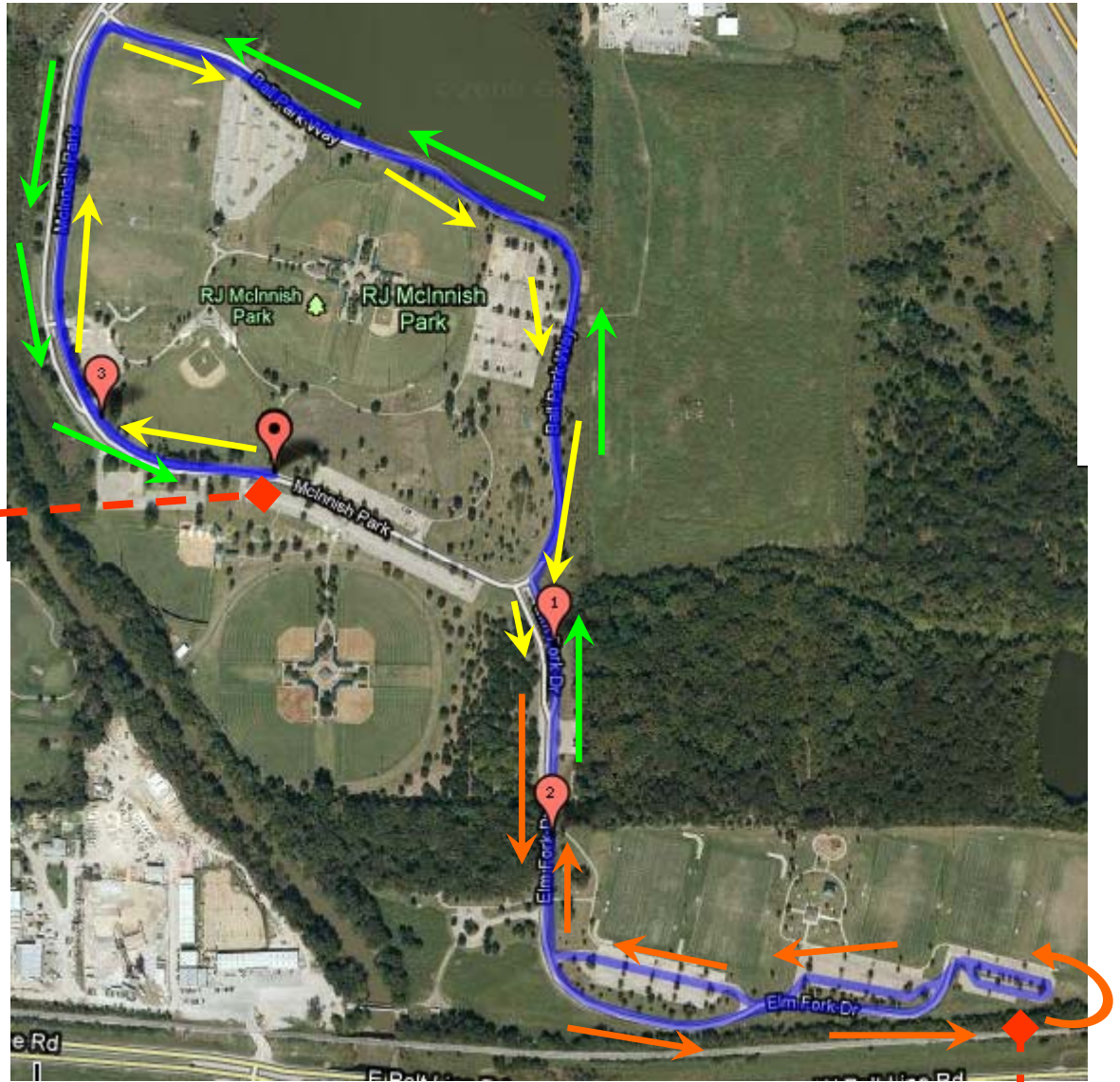


# Carrollton Runners 5K Course 2010

-  Mile 1 - Start heading West then North on McInnish Dr. Make a Right on Ballpark Way and follow loop until Elm Fork Rd.
-  Mile 2 - Continue South on Elm Fork Road up to last parking lot. Make a U-turn around furthest curb. Return trip will go thru the parking lots.
-  Mile 3 - Continue North on Elm Fork, and follow Mile 1 but in reverse direction (counter clockwise).

Mile Finish  
5K Start  
5K Finish

Registration  
Parking



At fork, just before  
Mile Marker 1, stay on  
East side of median.

Halfway (2.5K)



Tangents allowed around the course, but stay on the road.  
Watch out for cars and other runners. Stay on right of  
approaching runners

