

<b>5K</b>		<b>MALE</b>						Place in	
		Name	(Age)	Time	Pace	OA	GD		
OVERALL	-	<b>DANIEL LUDWIG</b>	Dallas (19)	<b>16:48.24</b>	5:24.5	1	1		
MASTERS	-	<b>BILL SHAW</b>	(66)	<b>20:35.37</b>	6:37.6	4	4		
M01-14	1	<b>CHRIS DEGRENDELE</b>	The Colony (11)	<b>26:31.84</b>	8:32.4	19	17		
M15-19	1	<b>TYLER JACOBS</b>	The Colony (17)	<b>18:05.61</b>	5:49.4	2	2		
M20-24	1	<b>MATTHEW LAYTHE</b>	(24)	<b>24:51.50</b>	8:00.1	13	12		
	2	<b>SAM VERNON</b>	Carrollton (20)	<b>34:43.04</b>	11:10.5	41	27		
M25-29	1	<b>CHRISTIAN BOWEN</b>	The Colony (25)	<b>19:48.60</b>	6:22.6	3	3		
	2	<b>KRISTOPHER KHASTEHDEL</b>	The Colony (28)	<b>23:20.36</b>	7:30.7	11	11		
	3	<b>CHARLES CASTEEL</b>	The Colony (29)	<b>28:05.79</b>	9:02.6	22	18		
	4	<b>MARK DODGE</b>	Lewisville (28)	<b>30:43.62</b>	9:53.4	28	22		
	5	<b>MATTHEW ROLL</b>	Little Elm (26)	<b>41:15.11</b>	13:16.7	51	31		
M30-34	1	<b>SHAWN MCCAWLEY</b>	(33)	<b>21:30.52</b>	6:55.4	7	7		
	2	<b>VINCE JOHNSON</b>	(30)	<b>22:12.57</b>	7:08.9	8	8		
	3	<b>CHRIS RUST</b>	Aubrey (32)	<b>25:19.05</b>	8:08.9	17	15		
	4	<b>GREGORY TOVAR</b>	Plano (34)	<b>28:47.21</b>	9:15.9	24	20		
	5	<b>COREY SANDERS</b>	(31)	<b>32:11.42</b>	10:21.7	36	25		
	6	<b>DOUG SAMPLE</b>	(31)	<b>37:14.84</b>	11:59.3	46	29		
M35-39	1	<b>STEVE QUICK</b>	The Colony (38)	<b>25:50.03</b>	8:18.9	18	16		
	2	<b>PAUL GALAT</b>	The Colony (38)	<b>28:09.11</b>	9:03.7	23	19		
	3	<b>DARRELL CHIAVETTA</b>	Mckinney (38)	<b>31:26.33</b>	10:07.2	33	24		
M40-44	1	<b>SCOTT HOURAN</b>	The Colony (40)	<b>21:08.59</b>	6:48.3	6	6		
	2	<b>STEVEN FRANKS</b>	(40)	<b>22:42.83</b>	7:18.7	9	9		
	3	<b>BRUCE BACON</b>	Frisco (43)	<b>45:37.69</b>	14:41.2	58	32		
M45-49	1	<b>JAMIE HUNSICKER</b>	The Colony (45)	<b>23:09.00</b>	7:27.1	10	10		
	2	<b>TIM BLANCHARD</b>	(45)	<b>33:25.90</b>	10:45.6	37	26		
	3	<b>TIM WILSON</b>	(48)	<b>36:06.11</b>	11:37.2	45	28		
M50-54	1	<b>DAVID MALDONADO</b>	Plano (51)	<b>25:17.28</b>	8:08.4	16	14		
	2	<b>RANDY WALKER</b>	The Colony (53)	<b>30:13.32</b>	9:43.7	26	21		
	3	<b>ANDREW PERKINS</b>	Carrollton (53)	<b>31:01.74</b>	9:59.2	30	23		
	4	<b>SPALDIO PYRON</b>	(54)	<b>38:28.62</b>	12:23.1	49	30		
M55-59	1	<b>STEVE MCCAWLEY</b>	(56)	<b>53:10.20</b>	17:06.8	60	33		
M60-64	1	<b>STEVE CONLY</b>	(61)	<b>20:45.52</b>	6:40.9	5	5		
M65-69	1	<b>GARY WELCH</b>	(65)	<b>24:56.32</b>	8:01.6	15	13		



# 5K FEMALE

		Name	(Age)	Time	Pace	Place in	
						OA	GD
OVERALL	-	<b>JACKIE RUST</b>	Aubrey (28)	<b>24:43.58</b>	7:57.5	12	1
MASTERS	-	<b>CARI OWENS</b>	Mckinney (40)	<b>24:52.78</b>	8:00.5	14	2
F01-14	1	<b>REBECCA GALAT</b>	The Colony (14)	<b>26:46.65</b>	8:37.1	20	3
	2	<b>EMILY CHIAVETTA</b>	Mckinney (13)	<b>31:21.86</b>	10:05.7	32	9
	3	<b>DOMINIQUE DE LOS SANTOS</b>	(8)	<b>36:04.23</b>	11:36.6	44	17
	4	<b>TATUM BACON</b>	Frisco (6)	<b>45:33.09</b>	14:39.7	56	25
	5	<b>CALLAWAY BACON</b>	Frisco (8)	<b>45:36.68</b>	14:40.9	57	26
F20-24	1	<b>COURTNEY DODGE</b>	Lewisville (23)	<b>30:46.44</b>	9:54.3	27	6
	2	<b>BRIDGET MCCAWLEY</b>	The Colony (24)	<b>31:07.31</b>	10:01.0	31	8
F25-29	1	<b>JANA ANGELLEY</b>	Little Elm (28)	<b>37:25.14</b>	12:02.6	47	18
	2	<b>MEGAN LITTLE</b>	Irving (27)	<b>39:46.24</b>	12:48.1	50	20
	3	<b>AMBER ROLL</b>	Little Elm (25)	<b>41:16.56</b>	13:17.1	52	21
F30-34	1	<b>DENISE AUGURT</b>	(32)	<b>30:51.91</b>	9:56.1	29	7
	2	<b>STEFANI MULLIGAN</b>	(30)	<b>31:53.93</b>	10:16.0	35	11
	3	<b>LINZY MCCAWLEY</b>	(33)	<b>33:38.71</b>	10:49.8	38	12
	4	<b>MICHELLE BACON</b>	Frisco (31)	<b>41:55.80</b>	13:29.8	53	22
	5	<b>ERIN METABARGEN</b>	(31)	<b>53:04.78</b>	17:05.1	62	29
F35-39	1	<b>JANE HOURAN</b>	The Colony (39)	<b>26:55.64</b>	8:40.0	21	4
	2	<b>KAREN LOVE</b>	Prosper (35)	<b>31:25.65</b>	10:06.9	34	10
	3	<b>AISHA STONE</b>	(35)	<b>33:59.92</b>	10:56.6	40	14
	4	<b>JAMIE LITTLE</b>	Irving (35)	<b>35:28.98</b>	11:25.3	42	15
	5	<b>HILA CARTWRIGHT</b>	Prosper (39)	<b>38:12.80</b>	12:18.0	48	19
	6	<b>MERARI BAEZA</b>	(35)	<b>42:55.45</b>	13:49.0	55	24
F40-44	1	<b>LAUREN SOUTHARD</b>	(44)	<b>29:59.26</b>	9:39.1	25	5
F50-54	1	<b>PATRICIA ZUCZEK</b>	Lewisville (52)	<b>33:45.28</b>	10:51.9	39	13
	2	<b>MARY GARCIA</b>	Lewisville (54)	<b>42:22.60</b>	13:38.4	54	23
F55-59	1	<b>TRUDY VERNON</b>	Carrollton (59)	<b>52:26.19</b>	16:52.7	59	27
	2	<b>CINDY MCCAWLEY</b>	(56)	<b>53:04.43</b>	17:05.0	61	28
F65-69	1	<b>SUSAN LEBLANC</b>	The Colony (68)	<b>35:38.77</b>	11:28.4	43	16



# 10K MALE

		Name	(Age)	Time	Pace	Place in	
						OA	GD
OVERALL	-	<b>KENNY STICE</b>	(16)	<b>38:04.96</b>	6:07.7	1	1
MASTERS	-	<b>MAC WILLAMSON</b>	(44)	<b>39:37.37</b>	6:22.6	3	3
M01-14	1	<b>TYLER PRIMEAUX</b>	The Colony (11)	<b>54:01.98</b>	8:41.7	24	21
	2	<b>JOHN CANAVAN</b>	(8)	<b>58:46.31</b>	9:27.5	44	35
M15-19	1	<b>ANDREW LUDWIG</b>	The Colony (17)	<b>1:04:37.18</b>	10:24.0	58	43
M20-24	1	<b>ZAK MARTINEZ</b>	(22)	<b>1:01:50.31</b>	9:57.1	54	40
M25-29	1	<b>DUSTY MILLS</b>	Dallas (27)	<b>57:15.70</b>	9:12.9	40	32
M30-34	1	<b>MARK MILLER</b>	Carrollton (31)	<b>38:28.93</b>	6:11.6	2	2
	2	<b>JASON BOGARDUS</b>	Plano (31)	<b>40:10.20</b>	6:27.9	4	4
	3	<b>MICHAEL HUNDT</b>	(34)	<b>41:20.27</b>	6:39.2	6	6
	4	<b>DUSTIN ALLEN</b>	Flower Mound (32)	<b>47:37.69</b>	7:39.9	12	12
	5	<b>JOSH DEEN</b>	The Colony (31)	<b>48:23.05</b>	7:47.2	14	14
	6	<b>PETE ADAUTO</b>	(34)	<b>56:27.71</b>	9:05.2	36	28
	7	<b>AARON HOLMAN</b>	The Colony (30)	<b>1:00:11.37</b>	9:41.2	49	37
	8	<b>TRAVIS STRATEGIER</b>	Flower Mound (30)	<b>1:06:12.70</b>	10:39.3	62	46
M35-39	1	<b>CAREY COX</b>	Eules (36)	<b>46:28.82</b>	7:28.8	11	11
	2	<b>BILL KAPPLER</b>	Flower Mound (37)	<b>48:57.97</b>	7:52.8	18	18
	3	<b>JAMES WEHRI</b>	Plano (35)	<b>55:22.41</b>	8:54.7	28	24
	4	<b>WESLEY KIRK</b>	(37)	<b>1:03:21.13</b>	10:11.7	56	41
	5	<b>TOM ANDERSON</b>	Fort Worth (38)	<b>1:06:07.12</b>	10:38.4	61	45
M40-44	1	<b>KRIS HORNER</b>	(40)	<b>43:06.24</b>	6:56.2	7	7
	2	<b>RON BOUCHARD</b>	The Colony (43)	<b>43:38.00</b>	7:01.3	8	8
	3	<b>MATT CANAVAN</b>	(40)	<b>58:56.89</b>	9:29.2	47	36
	4	<b>WAYNE SMITH</b>	Carrollton (44)	<b>1:01:28.57</b>	9:53.6	52	38
	5	<b>STEVE JONES</b>	Carrollton (43)	<b>1:01:29.75</b>	9:53.8	53	39
	6	<b>BRIAN BACON</b>	Lewisville (43)	<b>1:03:30.48</b>	10:13.2	57	42
	7	<b>MIKE LUDWIG</b>	The Colony (43)	<b>1:16:57.99</b>	12:23.2	71	48
M45-49	1	<b>STEVE DARBY</b>	(48)	<b>40:53.56</b>	6:34.9	5	5
	2	<b>GREG TONIAN</b>	The Colony (49)	<b>44:02.29</b>	7:05.2	9	9
	3	<b>MICHAEL AHEARN</b>	(48)	<b>48:22.80</b>	7:47.2	15	15
	4	<b>STEVE FRIEDENTHAL</b>	The Colony (47)	<b>55:29.08</b>	8:55.8	30	25
	5	<b>TIMM KRALOVETZ</b>	Plano (46)	<b>56:11.28</b>	9:02.6	35	27
	6	<b>RICHARD DONALDSON</b>	The Colony (46)	<b>56:30.17</b>	9:05.6	37	29
	7	<b>DAVID BULKELEY</b>	The Colony (46)	<b>56:44.22</b>	9:07.9	38	30
	8	<b>ALVARO MAGALHAES</b>	The Colony (49)	<b>57:56.09</b>	9:19.4	41	33
M50-54	1	<b>JOEY CHRISTIAN</b>	(50)	<b>54:30.30</b>	8:46.3	26	22
	2	<b>PAUL WOODBERRY</b>	(51)	<b>1:17:24.33</b>	12:27.4	73	49
	3	<b>EUGENE CONE</b>	The Colony (52)	<b>1:18:00.59</b>	12:33.3	74	50



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M50-54	4	<b>DAN LEUNG</b>	The Colony (52)	<b>1:19:45.62</b>	12:50.2	76	51
M55-59	1	<b>SAMAD AHMADIAN</b>	(57)	<b>48:16.13</b>	7:46.1	13	13
	2	<b>KENNY GARDNER</b>	(57)	<b>48:28.56</b>	7:48.1	16	16
	3	<b>MIKE PICARD</b>	Plano (56)	<b>49:20.84</b>	7:56.5	19	19
	4	<b>MIKE SCHAEFER</b>	Dallas (55)	<b>49:25.94</b>	7:57.3	20	20
	5	<b>DAN OGLE</b>	(58)	<b>55:16.41</b>	8:53.7	27	23
	6	<b>MIKE CATT</b>	(55)	<b>56:54.91</b>	9:09.6	39	31
M60-64	1	<b>DANIEL FLOWERS</b>	Carrollton (62)	<b>48:44.64</b>	7:50.7	17	17
	2	<b>STEPHEN BROWN</b>	Lewisville (63)	<b>58:02.94</b>	9:20.5	42	34
M65-69	1	<b>WALLY CAPPS</b>	(69)	<b>46:23.67</b>	7:28.0	10	10
	2	<b>ALFRED AUGUST</b>	Lewisville (69)	<b>55:59.13</b>	9:00.6	34	26
	3	<b>CHUCK ALTMAN</b>	Frisco (69)	<b>1:05:36.33</b>	10:33.5	59	44
M75-79	1	<b>MURRAY FORSVALL</b>	Dallas (78)	<b>1:35:53.69</b>	15:26.0	78	52
M80-99	1	<b>RICHARD WIDENER</b>	Irving (82)	<b>1:16:50.29</b>	12:22.0	70	47



# 10K FEMALE

		Name	(Age)	Time	Pace	Place in	
						OA	GD
OVERALL	-	<b>NICOLE GOBLE</b>	The Colony (30)	<b>50:44.16</b>	8:09.9	21	1
MASTERS	-	<b>LINDA VINSON</b>	The Colony (48)	<b>52:48.11</b>	8:29.9	23	3
F20-24	1	<b>PAIGE PYRON</b>	(24)	<b>51:32.99</b>	8:17.8	22	2
	2	<b>KAITLIN WHITE</b>	(23)	<b>1:06:30.90</b>	10:42.3	64	18
F25-29	1	<b>JUDY FETTER</b>	Euless (29)	<b>55:28.60</b>	8:55.7	29	5
	2	<b>DANIELLE FLOWERS</b>	The Colony (27)	<b>1:01:03.12</b>	9:49.5	51	14
	3	<b>CARRIE ALLEN</b>	The Colony (27)	<b>1:11:24.14</b>	11:29.5	66	20
	4	<b>ABBY AZIMA</b>	Ft. Worth (26)	<b>1:11:56.22</b>	11:34.6	68	22
F30-34	1	<b>LEANNE BOLLNER</b>	Irving (34)	<b>55:35.75</b>	8:56.8	31	6
	2	<b>ALLISON RUDA</b>	The Colony (34)	<b>55:53.94</b>	9:00.2	32	7
	3	<b>TERRI WISELY</b>	Ardmore (31)	<b>58:48.44</b>	9:27.8	45	10
	4	<b>MISTY HOLMAN</b>	The Colony (30)	<b>1:02:56.22</b>	10:07.7	55	15
F35-39	1	<b>DEB MORRIS</b>	The Colony (38)	<b>54:14.84</b>	8:43.8	25	4
	2	<b>TIFFANNI WAESCH</b>	The Colony (38)	<b>55:51.26</b>	8:59.3	33	8
	3	<b>HOLLY SORENSEN</b>	(36)	<b>1:06:12.79</b>	10:39.4	63	17
	4	<b>JENNIFER SHOCHI</b>	Frisco (35)	<b>1:19:46.60</b>	12:50.3	75	25
F40-44	1	<b>LORI LUDWIG</b>	The Colony (43)	<b>1:12:44.48</b>	11:42.4	69	23
	2	<b>SHERRY MARASSE</b>	Arp (42)	<b>1:16:59.97</b>	12:23.5	72	24
F45-49	1	<b>LAUREN MAGALHAES</b>	The Colony (48)	<b>58:10.90</b>	9:21.8	43	9
	2	<b>MARSI LEWIN</b>	Flower Mound (46)	<b>58:59.06</b>	9:29.6	46	11
	3	<b>JAMIE SMITH</b>	The Colony (48)	<b>59:30.90</b>	9:34.7	48	12
	4	<b>MARTHA CHILES</b>	The Colony (48)	<b>1:11:40.77</b>	11:32.1	67	21
F50-54	1	<b>STEPHANIE ROBINSON</b>	The Colony (54)	<b>1:06:05.58</b>	10:38.2	60	16
F55-59	1	<b>TERESA LYND</b>	Plano (56)	<b>1:00:14.15</b>	9:41.6	50	13
F65-69	1	<b>RUTH OLINGER</b>	The Colony (67)	<b>1:06:37.33</b>	10:43.3	65	19
F75-79	1	<b>BETTY FORSVALL</b>	Dallas (75)	<b>1:35:53.66</b>	15:26.0	77	26



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Dist	OA	Bib Name	GD	AgeGrp	AG	Start	1stH	2ndH	△	FinishTime+	Pace	5KEq	Clock Time
5K	1	117 Daniel Ludwig (M19)	1	M15-19	OA					16:48.24	5:24.4	16.80	16:48.24
5K	2	158 Tyler Jacobs (M17)	2	M15-19	1st					18:05.61	5:49.2	18.08	18:05.61
5K	3	104 Christian Bowen (M25)	3	M25-29	1st	0.2				19:48.60	6:22.4	19.80	19:48.79
5K	4	160 Bill Shaw (M66)	4	M65-69	MS	0.4				20:35.37	6:37.5	20.58	20:35.81
5K	5	172 Steve Conly (M61)	5	M60-64	1st	0.4				20:45.52	6:40.7	20.75	20:45.93
5K	6	102 Scott Houran (M40)	6	M40-44	1st					21:08.59	6:48.1	21.13	21:08.59
5K	7	167 Shawn Mccawley (M33)	7	M30-34	1st	9.8				21:30.52	6:55.2	21.50	21:40.37
5K	8	181 Vince Johnson (M30)	8	M30-34	2nd	0.8				22:12.57	7:08.7	22.20	22:13.35
5K	9	171 Steven Franks (M40)	9	M40-44	2nd	1.2				22:42.83	7:18.4	22.70	22:44.02
5K	10	116 Jamie Hunsicker (M45)	10	M45-49	1st					23:09.00	7:27.1	23.15	23:09.00
5K	11	118 Kristopher Khastehdel (M28)	11	M25-29	2nd	9.2				23:20.36	7:30.6	23.33	23:29.54
5K	12	130 Jackie Rust (F28)	1	F25-29	OA	0.7				24:43.58	7:57.3	24.72	24:44.32
5K	13	179 Matthew Laythe (M24)	12	M20-24	1st					24:51.50	8:00.1	24.85	24:51.50
5K	14	137 Cari Owens (F40)	2	F40-44	MS					24:52.78	8:00.2	24.87	24:52.78
5K	15	159 Gary Welch (M65)	13	M65-69	1st					24:56.32	8:01.5	24.93	24:56.32
5K	16	133 David Maldonado (M51)	14	M50-54	1st	0.7				25:17.28	8:08.3	25.28	25:17.97
5K	17	141 Chris Rust (M32)	15	M30-34	3rd	1.0				25:19.05	8:08.9	25.32	25:20.02
5K	18	157 Steve Quick (M38)	16	M35-39	1st					25:50.03	8:18.9	25.83	25:50.03
5K	19	156 Chris Degrendele (M11)	17	M01-14	1st	1.9				26:31.84	8:32.1	26.52	26:33.69
5K	20	129 Rebecca Galat (F14)	3	F01-14	1st					26:46.65	8:36.9	26.77	26:46.65
5K	21	101 Jane Houran (F39)	4	F35-39	1st	3.9				26:55.64	8:39.8	26.92	26:59.50
5K	22	148 Charles Casteel (M29)	18	M25-29	3rd	4.4				28:05.79	9:02.3	28.08	28:10.22
5K	23	127 Paul Galat (M38)	19	M35-39	2nd	1.2				28:09.11	9:03.6	28.15	28:10.29
5K	24	107 Gregory Tovar (M34)	20	M30-34	4th					28:47.21	9:15.9	28.78	28:47.21
5K	25	162 Lauren Southard (F44)	5	F40-44	1st					29:59.26	9:39.0	29.98	29:59.26
5K	26	154 Randy Walker (M53)	21	M50-54	2nd	3.0				30:13.32	9:43.5	30.22	30:16.31
5K	27	105 Courtney Dodge (F23)	6	F20-24	1st					30:46.44	9:54.2	30.77	30:46.44
5K	28	106 Mark Dodge (M28)	22	M25-29	4th	3.3				30:43.62	9:53.2	30.72	30:46.92
5K	29	178 Denise Augurt (F32)	7	F30-34	1st	10.6				30:51.91	9:55.8	30.85	31:02.53
5K	30	140 Andrew Perkins (M53)	23	M50-54	3rd	1.6				31:01.74	9:59.0	31.02	31:03.30
5K	31	119 Bridget Mccawley (F24)	8	F20-24	2nd	3.8				31:07.31	10:00.9	31.12	31:11.14
5K	32	139 Emily Chiavetta (F13)	9	F01-14	2nd	3.9				31:21.86	10:05.4	31.35	31:25.80
5K	33	138 Darrell Chiavetta (M38)	24	M35-39	3rd					31:26.33	10:07.0	31.43	31:26.33
5K	34	120 Karen Love (F35)	10	F35-39	2nd	4.5				31:25.65	10:06.7	31.42	31:30.20
5K	35	180 Stefani Mulligan (F30)	11	F30-34	2nd	5.6				31:53.93	10:15.7	31.88	31:59.48
5K	36	204 Corey Sanders (M31)	25	M30-34	5th	8.6				32:11.42	10:21.5	32.18	32:20.05
5K	37	184 Tim Blanchard (M45)	26	M45-49	2nd					33:25.90	10:45.3	33.42	33:25.90
5K	38	163 Linzy Mccawley (F33)	12	F30-34	3rd					33:38.71	10:49.5	33.63	33:38.71
5K	39	152 Patricia Zuczek (F52)	13	F50-54	1st	4.3				33:45.28	10:51.8	33.75	33:49.62
5K	40	174 Aisha Stone (F35)	14	F35-39	3rd	5.4				33:59.92	10:56.3	33.98	34:05.28
5K	41	113 Sam Vernon (M20)	27	M20-24	2nd	3.6				34:43.04	11:10.5	34.72	34:46.61
5K	42	123 Jamie Little (F35)	15	F35-39	4th					35:28.98	11:24.9	35.47	35:28.98
5K	43	147 Susan LeBlanc (F68)	16	F65-69	1st					35:38.77	11:28.2	35.63	35:38.77
5K	44	168 Dominique De Los Santos (F)	17	F01-14	3rd					36:04.23	11:36.5	36.07	36:04.23
5K	45	173 Tim Wilson (M48)	28	M45-49	3rd	2.3				36:06.11	11:37.2	36.10	36:08.45
5K	46	177 Doug Sample (M31)	29	M30-34	6th	6.9				37:14.84	11:59.1	37.23	37:21.78
5K	47	136 Jana Angelley (F28)	18	F25-29	1st	7.5				37:25.14	12:02.6	37.42	37:32.63
5K	48	121 Hila Cartwright (F39)	19	F35-39	5th	5.2				38:12.80	12:17.7	38.20	38:18.01
5K	49	170 Spaldio Pyron (M54)	30	M50-54	4th	4.2				38:28.62	12:22.9	38.47	38:32.84
5K	50	125 Megan Little (F27)	20	F25-29	2nd					39:46.24	12:48.0	39.77	39:46.24
5K	51	301 Matthew Roll (M26)	31	M25-29	5th	2.5				41:15.11	13:16.6	41.25	41:17.60



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5K	52	303 Amber Roll (F25)	21	F25-29	3rd	1.9				41:16.56	13:16.9	41.27	41:18.45
5K	53	143 Michelle Bacon (F31)	22	F30-34	4th	3.5				41:55.80	13:29.5	41.92	41:59.33
5K	54	153 Mary Garcia (F54)	23	F50-54	2nd	5.7				42:22.60	13:38.2	42.37	42:28.25
5K	55	169 Merari Baeza (F35)	24	F35-39	6th					42:55.45	13:48.8	42.92	42:55.45
5K	56	145 Tatum Bacon (F6)	25	F01-14	4th	3.5				45:33.09	14:39.7	45.55	45:36.62
5K	57	144 Callaway Bacon (F8)	26	F01-14	5th					45:36.68	14:40.6	45.60	45:36.68
5K	58	146 Bruce Bacon (M43)	32	M40-44	3rd					45:37.69	14:41.0	45.62	45:37.69
5K	59	112 Trudy Vernon (F59)	27	F55-59	1st					52:26.19	16:52.6	52.43	52:26.19
5K	60	176 Steve Mccawley (M56)	33	M55-59	1st					53:10.20	17:06.8	53.17	53:10.20
5K	61	175 Cindy Mccawley (F56)	28	F55-59	2nd	6.4				53:04.43	17:04.8	53.07	53:10.86
5K	62	182 Erin Metabargen (F31)	29	F30-34	5th	6.6				53:04.78	17:04.8	53.07	53:11.35
10K	1	97 Kenny Stice (M16)	1	M15-19	OA					38:04.96	6:07.6	18.13	38:04.96
10K	2	22 Mark Miller (M31)	2	M30-34	1st					38:28.93	6:11.4	18.32	38:28.93
10K	3	89 Mac Williamson (M44)	3	M40-44	MS	0.3	18:35	21:02	147	39:37.37	6:22.5	18.87	39:37.67
10K	4	73 Jason Bogardus (M31)	4	M30-34	2nd					40:10.20	6:27.9	19.13	40:10.20
10K	5	96 Steve Darby (M48)	5	M45-49	1st	0.5				40:53.56	6:34.8	19.47	40:54.05
10K	6	401 Michael Hundt (M34)	6	M30-34	3rd		19:31	21:48	137	41:20.27	6:39.1	19.69	41:20.27
10K	7	91 Kris Horner (M40)	7	M40-44	1st					43:06.24	6:56.2	20.53	43:06.24
10K	8	37 Ron Bouchard (M43)	8	M40-44	2nd					43:38.00	7:01.3	20.78	43:38.00
10K	9	79 Greg Tonian (M49)	9	M45-49	2nd		20:30	23:31	181	44:02.29	7:05.2	20.97	44:02.29
10K	10	87 Wally Capps (M69)	10	M65-69	1st	0.3	22:02	24:21	138	46:23.67	7:27.9	22.09	46:23.98
10K	11	39 Carey Cox (M36)	11	M35-39	1st	2.0				46:28.82	7:28.7	22.13	46:30.82
10K	12	34 Dustin Allen (M32)	12	M30-34	4th	1.7	22:55	24:42	107	47:37.69	7:39.8	22.68	47:39.39
10K	13	83 Samad Ahmadian (M57)	13	M55-59	1st	1.4	23:04	25:12	128	48:16.13	7:46.1	22.99	48:17.50
10K	14	32 Josh Deen (M31)	14	M30-34	5th		22:49	25:33	163	48:23.05	7:47.2	23.05	48:23.05
10K	15	498 Michael Ahearn (M48)	15	M45-49	3rd	2.8	22:51	25:31	160	48:22.80	7:47.0	23.04	48:25.56
10K	16	90 Kenny Gardner (M57)	16	M55-59	2nd					48:28.56	7:48.0	23.09	48:28.56
10K	17	49 Daniel Flowers (M62)	17	M60-64	1st	2.3	22:46	25:58	192	48:44.64	7:50.6	23.21	48:46.90
10K	18	46 Bill Kappler (M37)	18	M35-39	2nd	1.4	23:24	25:33	128	48:57.97	7:52.7	23.32	48:59.35
10K	19	58 Mike Picard (M56)	19	M55-59	3rd					49:20.84	7:56.4	23.50	49:20.84
10K	20	1 Mike Schaefer (M55)	20	M55-59	4th	1.9	23:27	25:58	151	49:25.94	7:57.2	23.54	49:27.86
10K	21	71 Nicole Goble (F30)	1	F30-34	OA	4.3	24:20	26:23	123	50:44.16	8:09.9	24.17	50:48.49
10K	22	98 Paige Pyron (F24)	2	F20-24	1st	0.3	24:10	27:21	191	51:32.99	8:17.6	24.55	51:33.26
10K	23	18 Linda Vinson (F48)	3	F45-49	MS	1.5	24:43	28:04	201	52:48.11	8:29.8	25.15	52:49.65
10K	24	36 Tyler Primeaux (M11)	21	M01-14	1st	0.2				54:01.98	8:41.6	25.73	54:02.20
10K	25	45 Deb Morris (F38)	4	F35-39	1st					54:14.84	8:43.7	25.83	54:14.84
10K	26	85 Joey Christian (M50)	22	M50-54	1st	6.6	26:42	27:47	65	54:30.30	8:46.3	25.96	54:36.93
10K	27	434 Dan Ogle (M58)	23	M55-59	5th	7.4	26:56	28:19	83	55:16.41	8:53.7	26.32	55:23.80
10K	28	26 James Wehri (M35)	24	M35-39	3rd	6.1				55:22.41	8:54.6	26.37	55:28.56
10K	29	27 Judy Fetter (F29)	5	F25-29	1st					55:28.60	8:55.6	26.42	55:28.60
10K	30	43 Steve Friedenthal (M47)	25	M45-49	4th	5.1	27:09	28:19	71	55:29.08	8:55.8	26.43	55:34.15
10K	31	60 leanne bollner (F34)	6	F30-34	1st	4.9	25:54	29:41	226	55:35.75	8:56.7	26.48	55:40.65
10K	32	67 Allison Ruda (F34)	7	F30-34	2nd		26:25	29:28	183	55:53.94	9:00.4	26.62	55:53.94
10K	33	41 Tiffanni Waesch (F38)	8	F35-39	2nd	3.4	26:21	29:29	187	55:51.26	8:59.3	26.60	55:54.64
10K	34	78 Alfred August (M69)	26	M65-69	2nd	2.9				55:59.13	9:00.6	26.67	56:02.03
10K	35	80 Timm Kralovetz (M46)	27	M45-49	5th	3.1				56:11.28	9:02.5	26.76	56:14.42
10K	36	86 Pete Aduino (M34)	28	M30-34	6th	0.8				56:27.71	9:05.1	26.89	56:28.52
10K	37	82 Richard Donaldson (M46)	29	M45-49	6th	4.6	27:04	29:25	140	56:30.17	9:05.6	26.91	56:34.74
10K	38	40 David Bulkeley (M46)	30	M45-49	7th	1.1				56:44.22	9:07.8	27.02	56:45.35
10K	39	496 Mike Catt (M55)	31	M55-59	6th	5.8	26:05	30:49	285	56:54.91	9:09.4	27.10	57:00.68
10K	40	31 Dusty Mills (M27)	32	M25-29	1st	8.7	26:01	31:13	312	57:15.70	9:12.8	27.27	57:24.45
10K	41	24 Alvaro Magalhaes (M49)	33	M45-49	8th	6.2	28:49	29:06	17	57:56.09	9:19.4	27.59	58:02.31



10K	42	64 Stephen Brown (M63)	34	M60-64	2nd		27:19	30:43	203	58:02.94	9:20.4	27.64	58:02.94
10K	43	23 Lauren Magalhaes (F48)	9	F45-49	1st	6.6				58:10.90	9:21.7	27.71	58:17.53
10K	44	95 John Canavan (M8)	35	M01-14	2nd		27:11	31:35	264	58:46.31	9:27.5	27.99	58:46.31
10K	45	28 Terri Wisely (F31)	10	F30-34	3rd					58:48.44	9:27.8	28.01	58:48.44
10K	46	44 Marsi Lewin (F46)	11	F45-49	2nd		27:19	31:39	261	58:59.06	9:29.5	28.09	58:59.06
10K	47	92 Matt Canavan (M40)	36	M40-44	3rd	22.6	26:48	32:08	319	58:56.89	9:29.1	28.07	59:19.45
10K	48	35 Jamie Smith (F48)	12	F45-49	3rd		27:43	31:47	244	59:30.90	9:34.5	28.34	59:30.90
10K	49	55 Aaron Holman (M30)	37	M30-34	7th	3.7	30:47	29:23	83	1:00:11.37	9:41.1	28.67	1:00:15.06
10K	50	14 Teresa Lynd (F56)	13	F55-59	1st	7.0	28:05	32:08	243	1:00:14.15	9:41.6	28.69	1:00:21.11
10K	51	50 Danielle Flowers (F27)	14	F25-29	2nd	2.5	27:54	33:08	314	1:01:03.12	9:49.5	29.08	1:01:05.65
10K	52	68 Wayne Smith (M44)	38	M40-44	4th	11.1	29:49	31:38	109	1:01:28.57	9:53.5	29.28	1:01:39.64
10K	53	57 Steve Jones (M43)	39	M40-44	5th	10.2	29:40	31:48	128	1:01:29.75	9:53.7	29.29	1:01:39.93
10K	54	94 Zak Martinez (M22)	40	M20-24	1st		27:11	34:38	447	1:01:50.31	9:57.1	29.45	1:01:50.31
10K	55	56 Misty Holman (F30)	15	F30-34	4th	3.9				1:02:56.22	10:07.7	29.98	1:03:00.13
10K	56	497 Wesley Kirk (M37)	41	M35-39	4th		31:11	32:09	59	1:03:21.13	10:11.7	30.17	1:03:21.13
10K	57	77 Brian Bacon (M43)	42	M40-44	6th					1:03:30.48	10:13.2	30.25	1:03:30.48
10K	58	74 Andrew Ludwig (M17)	43	M15-19	1st	4.6	28:19	36:17	478	1:04:37.18	10:23.9	30.78	1:04:41.79
10K	59	69 Chuck Altman (M69)	44	M65-69	3rd	1.9	30:12	35:23	311	1:05:36.33	10:33.4	31.25	1:05:38.23
10K	60	12 Stephanie Robinson (F54)	16	F50-54	1st					1:06:05.58	10:38.1	31.48	1:06:05.58
10K	61	66 Tom Anderson (M38)	45	M35-39	5th	4.0				1:06:07.12	10:38.4	31.49	1:06:11.08
10K	62	33 Travis Strategier (M30)	46	M30-34	8th		30:10	36:02	352	1:06:12.70	10:39.2	31.53	1:06:12.70
10K	63	99 Holly Sorensen (F36)	17	F35-39	3rd	4.4	30:29	35:43	313	1:06:12.79	10:39.2	31.53	1:06:17.15
10K	64	93 Kaitlin White (F23)	18	F20-24	2nd					1:06:30.90	10:42.1	31.68	1:06:30.90
10K	65	65 Ruth Olinger (F67)	19	F65-69	1st	2.7				1:06:37.33	10:43.3	31.73	1:06:40.04
10K	66	6 Carrie Allen (F27)	20	F25-29	3rd					1:11:24.14	11:29.4	34.01	1:11:24.14
10K	67	2 Martha Chiles (F48)	21	F45-49	4th		33:54	37:46	231	1:11:40.77	11:32.0	34.14	1:11:40.77
10K	68	38 Abby Azima (F26)	22	F25-29	4th	6.2	32:26	39:29	424	1:11:56.22	11:34.6	34.26	1:12:02.45
10K	69	76 Lori Ludwig (F43)	23	F40-44	1st		33:10	39:33	383	1:12:44.48	11:42.3	34.64	1:12:44.48
10K	70	63 Richard Widener (M82)	47	M80-99	1st	1.7	33:37	43:12	575	1:16:50.29	12:21.9	36.60	1:16:51.98
10K	71	75 Mike Ludwig (M43)	48	M40-44	7th	5.1	36:47	40:10	202	1:16:57.99	12:23.0	36.65	1:17:03.04
10K	72	10 Sherry Marasse (F42)	24	F40-44	2nd	5.3	34:58	42:01	424	1:16:59.97	12:23.4	36.67	1:17:05.32
10K	73	499 Paul Woodberry (M51)	49	M50-54	2nd	1.4				1:17:24.33	12:27.4	36.87	1:17:25.70
10K	74	59 Eugene Cone (M52)	50	M50-54	3rd					1:18:00.59	12:33.2	37.15	1:18:00.59
10K	75	25 Jennifer Shoghi (F35)	25	F35-39	4th	4.1	36:51	42:54	363	1:19:46.60	12:50.2	37.99	1:19:50.67
10K	76	7 Dan Leung (M52)	51	M50-54	4th	9.5	35:28	44:16	528	1:19:45.62	12:50.1	37.99	1:19:55.11
10K	77	53 Betty Forsvall (F75)	26	F75-79	1st	3.5	46:46	49:06	140	1:35:53.66	15:25.9	45.67	1:35:57.11
10K	78	54 Murray Forsvall (M78)	52	M75-79	1st	3.5	46:48	49:05	137	1:35:53.69	15:25.9	45.67	1:35:57.18



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