



# Carrollton Runners Prediction Run 5K

www.CarrolltonRunners.com

@Josey Ranch Athletic Complex, Carrollton TX

Sunday, March 20, 2016  
40F Clear 48%H 8mphNNW  
5K Off :7:32 am

Place	OA	Bib	Name	5K	[Lap]	GD	AgeGrp	Predicted	ChipStart	1stH	2ndH	Δ	NetChipTime	Pace	Difference
1	9	040	Kim Andres (F63)	1			F60-64	26:15	2.0	13:06	13:06	+0	26:12.243	8:26.1	2.76
2	29	593	Briana Carter (F23)	6			F20-24	23:18	10:31.4	11:30	11:45	+15	23:14.516	7:28.9	3.48
3	26	252	Michael Johnson (M63)			21	M60-64	32:30	2.6	16:07	16:19	+12	32:25.498	10:26.2	4.50
4	36	024	Carol Creech (F65)	11			F65-69	40:36	3.6	20:06	20:35	+30	40:40.561	13:05.5	4.56
5	27	590	Jonathon Barnett (M25)			22	M25-29	22:15	10:30.9	11:08	11:13	+5	22:20.216	7:11.4	5.22
6	10	008	David Mask (M63)			9	M60-64	26:27	3.7	13:01	13:31	+30	26:32.706	8:32.6	5.71
7	12	014	Glenn Dumas (M66)			10	M65-69	27:00	22.9	13:21	13:47	+26	27:07.908	8:44.0	7.91
8	2	992	Aloysius Mathenge (M51)			2	M50-54	23:39	0.4				23:22.694	7:31.5	16.31
9	4	124	Robert Sorenson (M46)			4	M45-49	24:12	11.5	12:42	11:49	-54	24:30.801	7:53.4	18.80
10	1	275	Jeho Oh (M41)			1	M40-44	23:25	0.3	11:23	11:39	+16	23:02.292	7:24.9	22.71
11	18	509	Geronimo Simpao (M44)			14	M40-44	30:00	4.8	14:51	14:38	-13	29:29.361	9:29.5	30.64
12	11	262	Jennifer Johnson (F53)	2			F50-54	26:10	1.3	13:18	13:24	+6	26:41.487	8:35.5	31.49
13	30	388	Isidro Oredina (M38)			24	M35-39	33:00	2:09.2	16:47	15:39	-69	32:25.896	10:26.3	34.10
14	3	447	Leonard Evans (M48)			3	M45-49	24:00	3.6				23:24.775	7:32.2	35.22
15	8	367	Vicente Rangel (M48)			8	M45-49	25:45	2.3	12:43	12:25	-18	25:07.970	8:05.4	37.03
16	7	193	Julio Lopez (M60)			7	M60-64	24:15	6.9	12:32	12:28	-4	24:59.866	8:02.8	44.87
17	21	007	Angela Nash (F44)	5			F40-44	29:30	5.4	15:24	15:00	-24	30:23.851	9:47.0	53.85
18	22	077	Ken Robinson (M53)			17	M50-54	31:30	0.4	15:19	15:15	-4	30:33.982	9:50.3	56.02
19	13	004	Anna Kerr (F21)	3			F20-24	27:00	4.6	13:56	14:03	+7	27:58.651	9:00.3	58.65
20	19	342	Val Ortizo (M42)			15	M40-44	30:30	4.8	14:52	14:38	-14	29:29.520	9:29.6	60.48
21	15	044	Amie Goins (F44)	4			F40-44	30:05	12.1	14:09	14:47	+39	28:56.176	9:18.8	68.82
22	31	591	Maurice Valderas (M26)			25	M25-29	27:05	10:29.6	12:25	13:28	+63	25:52.195	8:19.6	72.81
23	14	761	Tim Kerr (M53)			11	M50-54	27:00	3.7	13:57	14:16	+19	28:13.605	9:05.1	73.61
24	17	283	Ruben Reyes (M60)			13	M60-64	30:30	9.5	14:26	14:47	+21	29:13.553	9:24.4	76.45
25	23	001	Greg Rhodes (M56)			18	M55-59	30:00	3.2	14:35	16:45	+129	31:20.098	10:05.1	80.10
26	25	343	Jen Evangelista (M44)			20	M40-44	30:00	13.4	16:32	14:55	-97	31:27.026	10:07.4	87.03
27	6	184	Manav Shah (M31)			6	M30-34	26:00	43.7	12:14	12:00	-13	24:13.992	7:48.0	106.01
28	20	020	Ronald Hamilton (M56)			16	M55-59	32:00	9.9	15:08	15:05	-4	30:13.000	9:43.5	107.00
29	37	148	Scott Ahlstrom (M67)			26	M65-69	48:00	10.0	22:32	23:02	+29	45:34.390	14:40.1	145.61
30	28	596	Malik Gaither (M19)			23	M15-19	25:27	10:30.3	11:01	11:24	+23	22:25.321	7:13.0	181.68
31	33	387	Melissa Hoffman (F45)	8			F45-49	41:00	5.6	19:02	18:44	-18	37:46.575	12:09.5	193.43
32	32	233	Suvi Raisanen (F50)	7			F50-54	41:00	6.7	19:01	18:45	-16	37:45.437	12:09.2	194.56
33	24	386	Given Kachepe (M29)			19	M25-29	35:00	2.8	14:36	16:46	+130	31:21.383	10:05.6	218.62
34	16	202	Supote Manodamrongsat (M48)			12	M45-49	33:00	14.8	14:36	14:22	-15	28:57.734	9:19.3	242.27
35	5	158	Tom Grant (M58)			5	M55-59	20:00	6.4	12:34	12:03	-30	24:36.875	7:55.4	276.88
36	40	455	Rosemary Lewis (F60)	14			F60-64	60:00	7.8	27:26	27:48	+22	55:14.649	17:46.9	285.35
37	39	002	Idalia Khan (F32)	13			F30-34	55:00	3.4	22:24	24:03	+99	46:26.750	14:57.0	513.25
38	38	008	Megan Turner (F28)	12			F25-29	55:01	3.7	22:23	24:00	+97	46:23.824	14:56.0	517.18
39	35	248	Rebecca Becht (F48)	10			F45-49	50:00	1:07.3	20:08	19:17	-51	39:25.434	12:41.4	634.57
40	34	005	Jane Ahlstrom (F63)	9			F60-64	54:00	8.9	19:02	19:35	+33	38:36.545	12:25.6	923.45

© Most Accurate Predictor(s) wins gift card(s).

13 Slower

27 Faster

OA Order of Finish (by Guntime) Difference # of Seconds off Prediction

NetChipTimeNet Running Time (ChipTime)

Fast

Slow

Δ Positive Split

Δ Negative Split



Timing provided by:

DELTAVIEWTIMING.COM

### By Order of Finish

OA	Bib Name	5K	[Lap]	GD	AgeGrp	City	ChipStart	1stH	2ndH	△	NetChipTime	Pace	Diff	ClockTime	AgeGD
1	275	Jeho Oh (M41)		1	M40-44	Mckinney	0.3	11:23	11:39	+16	23:02.292	7:24.9	22.71	23:02.605	59.7%
2	992	Aloysius Mathenge (M51)		2	M50-54	Dallas	0.4				23:22.694	7:31.5	16.31	23:23.136	63.6%
3	447	Leonard Evans (M48)		3	M45-49	Richardson	3.6				23:24.775	7:32.2	35.22	23:28.353	62.0%
4	124	Robert Sorenson (M46)		4	M45-49	Carrollton	11.5	12:42	11:49	-54	24:30.801	7:53.4	18.80	24:42.277	58.3%
5	158	Tom Grant (M58)		5	M55-59	Plano	6.4	12:34	12:03	-30	24:36.875	7:55.4	276.88	24:43.304	64.0%
6	184	Manav Shah (M31)		6	M30-34	Dallas	43.7	12:14	12:00	-13	24:13.992	7:48.0	106.01	24:57.730	53.5%
7	193	Julio Lopez (M60)		7	M60-64	Farmers Branch	6.9	12:32	12:28	-4	24:59.866	8:02.8	44.87	25:06.791	64.2%
8	367	Vicente Rangel (M48)		8	M45-49	Carrollton	2.3	12:43	12:25	-18	25:07.970	8:05.4	37.03	25:10.285	57.7%
9	040	Kim Andres (F63)		1	F60-64	Irving	2.0	13:06	13:06	+0	26:12.243	8:26.1	2.76	26:14.259	77.1%
10	008	David Mask (M63)		9	M60-64	Lewisville	3.7	13:01	13:31	+30	26:32.706	8:32.6	5.71	26:36.433	62.0%
11	262	Jennifer Johnson (F53)		2	F50-54	Coppell	1.3	13:18	13:24	+6	26:41.487	8:35.5	31.49	26:42.753	65.9%
12	014	Glenn Dumas (M66)		10	M65-69	Farmers Branch	22.9	13:21	13:47	+26	27:07.908	8:44.0	7.91	27:30.812	62.4%
13	004	Anna Kerr (F21)		3	F20-24	Denton	4.6	13:56	14:03	+7	27:58.651	9:00.3	58.65	28:03.279	52.9%
14	761	Tim Kerr (M53)		11	M50-54	Savannah	3.7	13:57	14:16	+19	28:13.605	9:05.1	73.61	28:17.339	53.5%
15	044	Amie Goins (F44)		4	F40-44	Garland	12.1	14:09	14:47	+39	28:56.176	9:18.8	68.82	29:08.314	54.7%
16	202	Supote Manodamrongsat (		12	M45-49	Flower Mound	14.8	14:36	14:22	-15	28:57.734	9:19.3	242.27	29:12.544	50.1%
17	283	Ruben Reyes (M60)		13	M60-64	Carrollton	9.5	14:26	14:47	+21	29:13.553	9:24.4	76.45	29:23.056	54.9%
18	509	Geronimo Simpao (M44)		14	M40-44	Irving	4.8	14:51	14:38	-13	29:29.361	9:29.5	30.64	29:34.125	47.7%
19	342	Val Ortizo (M42)		15	M40-44	Euless	4.8	14:52	14:38	-14	29:29.520	9:29.6	60.48	29:34.298	47.0%
20	020	Ronald Hamilton (M56)		16	M55-59	The Colony	9.9	15:08	15:05	-4	30:13.000	9:43.5	107.00	30:22.900	51.3%
21	007	Angela Nash (F44)		5	F40-44	Fort Worth	5.4	15:24	15:00	-24	30:23.851	9:47.0	53.85	30:29.263	52.0%
22	077	Ken Robinson (M53)		17	M50-54	Plano	0.4	15:19	15:15	-4	30:33.982	9:50.3	56.02	30:34.337	49.4%
23	001	Greg Rhodes (M56)		18	M55-59	Colleyville	3.2	14:35	16:45	+129	31:20.098	10:05.1	80.10	31:23.318	49.5%
24	386	Given Kachepa (M29)		19	M25-29	Colleyville	2.8	14:36	16:46	+130	31:21.383	10:05.6	218.62	31:24.148	41.2%
25	343	Jen Evangelista (M44)		20	M40-44	Irving	13.4	16:32	14:55	-97	31:27.026	10:07.4	87.03	31:40.377	44.7%
26	252	Michael Johnson (M63)		21	M60-64	Coppell	2.6	16:07	16:19	+12	32:25.498	10:26.2	4.50	32:28.117	50.8%
27	590	Jonathon Barnett (M25)		22	M25-29	Arlington	10:30.9	11:08	11:13	+5	22:20.216	7:11.4	5.22	32:51.068	57.8%
28	596	Malik Gaither (M19)		23	M15-19	Everman	10:30.3	11:01	11:24	+23	22:25.321	7:13.0	181.68	32:55.591	58.8%
29	593	Briana Carter (F23)		6	F20-24	Arlington	10:31.4	11:30	11:45	+15	23:14.516	7:28.9	3.48	33:45.918	63.7%
30	388	Isidro Oredina (M38)		24	M35-39	Coppell	2:09.2	16:47	15:39	-69	32:25.896	10:26.3	34.10	34:35.046	41.5%
31	591	Maurice Valderas (M26)		25	M25-29	Dallas	10:29.6	12:25	13:28	+63	25:52.195	8:19.6	72.81	36:21.824	49.9%
32	233	Suvi Raisanen (F50)		7	F50-54	Grapevine	6.7	19:01	18:45	-16	37:45.437	12:09.2	194.56	37:52.164	44.8%
33	387	Melissa Hoffman (F45)		8	F45-49	The Colony	5.6	19:02	18:44	-18	37:46.575	12:09.5	193.43	37:52.199	42.3%
34	005	Jane Ahlstrom (F63)		9	F60-64	Carrollton	8.9	19:02	19:35	+33	38:36.545	12:25.6	923.45	38:45.404	52.3%
35	248	Rebecca Becht (F48)		10	F45-49	Carrollton	1:07.3	20:08	19:17	-51	39:25.434	12:41.4	634.57	40:32.779	41.9%
36	024	Carol Creech (F65)		11	F65-69	Plano	3.6	20:06	20:35	+30	40:40.561	13:05.5	4.56	40:44.158	51.2%
37	148	Scott Ahlstrom (M67)		26	M65-69	Carrollton	10.0	22:32	23:02	+29	45:34.390	14:40.1	145.61	45:44.439	37.5%
38	008	Megan Turner (F28)		12	F25-29	Carrollton	3.7	22:23	24:00	+97	46:23.824	14:56.0	517.18	46:27.496	31.9%
39	002	Idalia Khan (F32)		13	F30-34	Carrollton	3.4	22:24	24:03	+99	46:26.750	14:57.0	513.25	46:30.164	31.9%
40	455	Rosemary Lewis (F60)		14	F60-64	Carrollton	7.8	27:26	27:48	+22	55:14.649	17:46.9	285.35	55:22.470	35.0%
21 Positive Split      17 Negative Split											Average Finish Time: 30:51		Average Age Grade: 52.3%		