



Carrollton Runners Prediction Run 5K

www.CarrolltonRunners.com

@Josey Ranch Athletic Complex, Carrollton TX

Sunday, January 21, 2018
61F Cloudy 77%H 13mphS
5K Off :7:34 am

Place	OA	Bib	Name	5K	[Lap]	GD	AgeGrp	Predicted	ChipStart	1stH	2ndH	△	NetChipTime	Pace	Difference
1	3	255	John Cosentino (M55)			3	M55-59	23:50	0.0				23:49.740	7:40.2	0.26
2	22	454	Betsy Palmer (F56)			6	F55-59	37:23	12.7				37:32.556	12:05.0	9.56
3	15	283	Ruben Reyes (M61)			13	M60-64	30:15	3.9				30:04.125	9:40.7	10.88
4	14	841	Judith Jessee (F45)			2	F45-49	29:00	2.0				29:13.088	9:24.3	13.09
5	10	345	Ryan Pogue (M46)			10	M45-49	28:00	9.8				27:45.359	8:56.0	14.64
6	5	184	Manav Shah (M33)			5	M30-34	24:24	1.2				24:06.604	7:45.6	17.40
7	20	252	Michael Johnson (M65)			16	M65-69	36:30	5.3				36:48.402	11:50.8	18.40
8	7	089	John Nance (M69)			7	M65-69	25:00	1.5				25:18.711	8:08.8	18.71
9	24	024	Carol Creech (F66)			8	F65-69	43:17	3.7				43:39.110	14:03.0	22.11
10	13	014	Glenn Dumas (M68)			12	M65-69	29:20	3.9				28:57.155	9:19.1	22.84
11	21	697	Rosalyn Tippet (F45)			5	F45-49	37:10	2.5				37:38.298	12:06.9	28.30
12	23	889	Sharon Santos (F48)			7	F45-49	40:00	7.7				40:28.693	13:01.7	28.69
13	16	111	Merari Baeza (F43)			3	F40-44	30:05	7.1				30:34.722	9:50.5	29.72
14	2	117	Vijayan Nair (M55)			2	M55-59	22:00	0.0				22:31.742	7:15.1	31.74
15	11	262	Jennifer Johnson (F55)			1	F55-59	27:45	2.1				28:21.100	9:07.5	36.10
16	17	249	Supote Manodamrongsat (M50)			14	M50-54	32:00	12.6				32:36.477	10:29.7	36.48
17	9	008	David Mask (M65)			9	M65-69	28:00	0.0				27:12.509	8:45.5	47.49
18	18	198	Yanira Lopez (F55)			4	F55-59	35:00	6.2				34:04.270	10:58.0	55.73
19	1	749	Ronnie Shocks (M36)			1	M35-39	23:00	5.2				22:03.168	7:05.9	56.83
20	4	012	Doug Waters (M53)			4	M50-54	25:00	2.5				24:02.758	7:44.4	57.24
21	6	193	Julio Lopez (M62)			6	M60-64	24:00	0.4				25:18.578	8:08.8	78.58
22	12	998	Nathan Bruser (M46)			11	M45-49	30:00	5.1				28:25.320	9:08.9	94.68
23	19	261	John Kramer (M56)			15	M55-59	31:40	1:57.0				33:21.940	10:44.4	101.94
24	8	155	Ruben Arevalo (M62)			8	M60-64	24:00	2.1				26:01.304	8:22.5	121.30
25	27	246	Sheila Holen (F46)			10	F45-49	50:00	4.3				52:03.243	16:45.3	123.24
26	29	455	Rosemary Lewis (F62)			11	F60-64	60:00	9.2				56:12.055	18:05.4	227.94
27	30	999	Cindi Gant (F59)			12	F55-59	57:00	29:05.4				48:04.716	15:28.5	535.28
28	25	258	Steven Johnson (M59)			17	M55-59	35:00	11.1				45:26.568	14:37.6	626.57
29	26	001	Raquel Arevalo (F54)			9	F50-54	35:00	8.3				47:50.520	15:23.9	770.52
30	28	193	Julio Lopez (M62) [2]			18	M60-64	26:00	25:19.0				27:36.967	8:53.3	96.97

© Most Accurate Predictor(s) wins gift card(s).

18 Slower

12 Faster

OA Order of Finish (by Guntime) Difference # of Seconds off Prediction
NetChipTimeNet Running Time (ChipTime) **Fast** **Slow**

△ Positive Split
△ Negative Split

Timing provided by:
DELTAVIEWTIMING.COM

By Order of Finish

OA	Bib Name	5K	[Lap]	GD	AgeGrp	City	ChipStart	1stH	2ndH	△	NetChipTime	Pace	Diff	ClockTime	AgeGD
1	749	Ronnie Shocks (M36)		1	M35-39	Carrollton	5.2				22:03.168	7:05.9	56.83	22:08.416	60.1%
2	117	Vijayan Nair (M55)		2	M55-59	Plano	0.0				22:31.742	7:15.1	31.74	22:31.742	68.2%
3	255	John Cosentino (M55)		3	M55-59	Plano	0.0				23:49.740	7:40.2	0.26	23:49.740	64.5%
4	012	Doug Waters (M53)		4	M50-54	Carrollton	2.5				24:02.758	7:44.4	57.24	24:05.291	62.8%
5	184	Manav Shah (M33)		5	M30-34	Dallas	1.2				24:06.604	7:45.6	17.40	24:07.771	54.1%
6	193	Julio Lopez (M62)		6	M60-64	Farmers Branch	0.4				25:18.578	8:08.8	78.58	25:18.982	64.5%
7	089	John Nance (M69)		7	M65-69	Rowlett	1.5				25:18.711	8:08.8	18.71	25:20.240	68.9%
8	155	Ruben Arevalo (M62)		8	M60-64	Carrollton	2.1				26:01.304	8:22.5	121.30	26:03.386	62.7%
9	008	David Mask (M65)		9	M65-69	Lewisville	0.0				27:12.509	8:45.5	47.49	27:12.558	61.6%
10	345	Ryan Pogue (M46)		10	M45-49	Carrollton	9.8				27:45.359	8:56.0	14.64	27:55.150	51.5%
11	262	Jennifer Johnson (F55)		1	F55-59	Coppell	2.1				28:21.100	9:07.5	36.10	28:23.173	63.6%
12	998	Nathan Bruser (M46)		11	M45-49	Coppell	5.1				28:25.320	9:08.9	94.68	28:30.414	50.3%
13	014	Glenn Dumas (M68)		12	M65-69	Farmers Branch	3.9				28:57.155	9:19.1	22.84	29:01.095	59.6%
14	841	Judith Jessee (F45)		2	F45-49	Coppell	2.0				29:13.088	9:24.3	13.09	29:15.072	54.7%
15	283	Ruben Reyes (M61)		13	M60-64	Carrollton	3.9				30:04.125	9:40.7	10.88	30:08.027	53.8%
16	111	Merari Baeza (F43)		3	F40-44	The Colony	7.1				30:34.722	9:50.5	29.72	30:41.789	51.3%
17	249	Supote Manodamrongsat (14	M50-54	Flower Mound	12.6				32:36.477	10:29.7	36.48	32:49.066	45.2%
18	198	Yanira Lopez (F55)		4	F55-59	Farmers Branch	6.2				34:04.270	10:58.0	55.73	34:10.515	53.0%
19	261	John Kramer (M56)		15	M55-59	Plano	1:57.0				33:21.940	10:44.4	101.94	35:18.945	46.4%
20	252	Michael Johnson (M65)		16	M65-69	Coppell	5.3				36:48.402	11:50.8	18.40	36:53.738	45.6%
21	697	Rosalyn Tippett (F45)		5	F45-49	Flower Mound	2.5				37:38.298	12:06.9	28.30	37:40.820	42.4%
22	454	Betsy Palmer (F56)		6	F55-59	Carrollton	12.7				37:32.556	12:05.0	9.56	37:45.230	48.7%
23	889	Sharon Santos (F48)		7	F45-49	Dallas	7.7				40:28.693	13:01.7	28.69	40:36.353	40.8%
24	024	Carol Creech (F66)		8	F65-69	Plano	3.7				43:39.110	14:03.0	22.11	43:42.802	48.4%
25	258	Steven Johnson (M59)		17	M55-59	Farmers Branch	11.1				45:26.568	14:37.6	626.57	45:37.621	35.0%
26	001	Raquel Arevalo (F54)		9	F50-54	Carrollton	8.3				47:50.520	15:23.9	770.52	47:58.787	37.2%
27	246	Sheila Holen (F46)		10	F45-49	Lewisville	4.3				52:03.243	16:45.3	123.24	52:07.543	31.0%
28	193	Julio Lopez (M62) [2]		18	M60-64	Farmers Branch	25:19.0				27:36.967	8:53.3	96.97	52:55.951	59.1%
29	455	Rosemary Lewis (F62)		11	F60-64	Carrollton	9.2				56:12.055	18:05.4	227.94	56:21.304	35.4%
30	999	Cindi Gant (F59)		12	F55-59	Carrollton	29:05.4				48:04.716	15:28.5	535.28	77:10.140	39.6%
											Average Finish Time:	33:14	Average Age Grade:	52.0%	