



Carrollton Runners Prediction Run 5K

www.CarrolltonRunners.com

@Josey Ranch Athletic Complex, Carrollton TX

Sunday, July 15, 2018
80F Clear 76%H 8mphSSW
5K Off :7:30 am

Place	OA	Bib	Name	5K	[Lap]	GD	AgeGrp	Predicted	ChipStart	1stH	2ndH	Δ	NetChipTime	Pace	Difference
1	7	256	Rich Cronin (M50)			7	M50-54	27:00	1.6	13:00	14:01	+61	27:00.978	8:41.7	0.98
2	13	931	Danny Parsley (M58)			11	M55-59	32:00	3.8	15:34	16:29	+56	32:02.859	10:18.9	2.86
3	8	008	David Mask (M66)			8	M65-69	27:50	7.4	13:48	13:55	+6	27:43.091	8:55.3	6.91
4	4	089	John Nance (M70)			4	M70-74	26:30	1.7	12:59	13:41	+42	26:39.153	8:34.7	9.15
5	11	198	Yanira Lopez (F55)			2	F55-59	31:25	5.2	15:29	15:40	+11	31:09.533	10:01.7	15.47
6	5	155	Ruben Arevalo (M63)			5	M60-64	26:30	0.0	12:51	13:59	+68	26:49.880	8:38.2	19.88
7	19	044	Amie Goins (F46)			4	F45-49	37:00	13.5	17:04	19:34	+150	36:38.291	11:47.6	21.71
8	2	222	Rich Weklar (M47)			2	M45-49	23:00	0.4	11:24	12:01	+37	23:24.800	7:32.2	24.80
9	23	148	Scott Ahlstrom (M69)			18	M65-69	45:00	15.3	22:29	22:56	+27	45:24.857	14:37.0	24.86
10	18	454	Betsy Palmer (F57)			3	F55-59	35:33	7.4	16:51	18:12	+81	35:03.053	11:16.9	29.95
11	3	193	Julio Lopez (M62)			3	M60-64	25:30	0.0	12:51	13:16	+25	26:07.187	8:24.4	37.19
12	1	117	Vijayan Nair (M55)			1	M55-59	21:30	0.0	10:59	11:14	+15	22:13.349	7:09.2	43.35
13	25	246	Sheila Holen (F47)			6	F45-49	52:00	1.4	25:15	25:57	+42	51:12.122	16:28.8	47.88
14	6	060	Jaws Hansen (M58)			6	M55-59	27:49	1.1	13:25	13:29	+3	26:54.069	8:39.5	54.93
15	9	449	Kumiko McCoy (F69)			1	F65-69	29:40	10.8	15:15	15:37	+22	30:52.485	9:56.3	72.49
16	22	097	Nathan Bruser (M47)			17	M45-49	32:32	10:36.1	16:49	16:56	+8	33:45.000	10:51.8	73.00
17	28	106	Robert Simpson (M63)			22	M60-64	60:00	10.1	32:25	29:17	-188	61:42.706	19:51.8	102.71
18	10	257	Jeffrey Conklin (M54)			9	M50-54	29:00	2.9	15:19	15:42	+23	31:01.099	9:59.0	121.10
19	16	249	Supote Manodamrongsat (M50)			14	M50-54	32:00	11.6	17:00	17:11	+10	34:10.941	11:00.1	130.94
20	21	316	Blake Bruser (F9)			5	F01-09	31:31	10:37.1	16:51	16:53	+2	33:43.369	10:51.3	132.37
21	12	862	Jeff Goodman (M56)			10	M55-59	29:00	1.4	14:01	17:19	+198	31:19.108	10:04.8	139.11
22	20	050	Chris Goins (M47)			16	M45-49	40:00	1:18.7	18:02	24:24	+382	42:25.558	13:39.3	145.56
23	14	345	Ryan Pogue (M47)			12	M45-49	29:30	5.8	14:54	17:12	+138	32:06.166	10:20.0	156.17
24	17	283	Ruben Reyes (M62)			15	M60-64	32:00	8.1	16:32	18:21	+109	34:52.955	11:13.7	172.96
25	15	357	Abe Mansoori (M59)			13	M55-59	31:00	3.9	15:52	18:02	+131	33:54.086	10:54.7	174.09
26	24	261	John Kramer (M56)			19	M55-59	35:30	10:48.6	19:28	19:07	-22	38:34.848	12:25.1	184.85
27	27	193	Julio Lopez (M62) [2]			21	M60-64	27:00	26:08.8	13:31	13:54	+24	27:25.327	8:49.6	25.33
28	26	117	Vijayan Nair (M55) [2]			20	M55-59	25:00	23:18.7	13:49	15:11	+82	28:59.531	9:19.9	239.53

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22 Slower

6 Faster

OA Order of Finish (by Guntime) Difference # of Seconds off Prediction
NetChipTimeNet Running Time (ChipTime) **Fast** **Slow**

△ Positive Split
△ Negative Split

Timing provided by:
DELTAVIEWTIMING.COM

By Order of Finish

OA	Bib Name	5K	[Lap]	GD	AgeGrp	City	ChipStart	1stH	2ndH	△	NetChipTime	Pace	Diff	ClockTime	AgeGD
1	117	Vijayan Nair (M55)		1	M55-59	Plano	0.0	10:59	11:14	+15	22:13.349	7:09.2	43.35	22:13.349	69.1%
2	222	Rich Weklar (M47)		2	M45-49	Bartonville	0.4	11:24	12:01	+37	23:24.800	7:32.2	24.80	23:25.203	61.5%
3	193	Julio Lopez (M62)		3	M60-64	Farmers Branch	0.0	12:51	13:16	+25	26:07.187	8:24.4	37.19	26:07.187	62.5%
4	089	John Nance (M70)		4	M70-74	Rowlett	1.7	12:59	13:41	+42	26:39.153	8:34.7	9.15	26:40.847	66.1%
5	155	Ruben Arevalo (M63)		5	M60-64	Carrollton	0.0	12:51	13:59	+68	26:49.880	8:38.2	19.88	26:49.880	61.4%
6	060	Jaws Hansen (M58)		6	M55-59	Dallas	1.1	13:25	13:29	+3	26:54.069	8:39.5	54.93	26:55.125	58.6%
7	256	Rich Cronin (M50)		7	M50-54	Arlington	1.6	13:00	14:01	+61	27:00.978	8:41.7	0.98	27:02.578	54.6%
8	008	David Mask (M66)		8	M65-69	Lewisville	7.4	13:48	13:55	+6	27:43.091	8:55.3	6.91	27:50.480	61.1%
9	449	Kumiko McCoy (F69)		1	F65-69	Euless	10.8	15:15	15:37	+22	30:52.485	9:56.3	72.49	31:03.293	71.8%
10	257	Jeffrey Conklin (M54)		9	M50-54	Arlington	2.9	15:19	15:42	+23	31:01.099	9:59.0	121.10	31:04.044	49.1%
11	198	Yanira Lopez (F55)		2	F55-59	Farmers Branch	5.2	15:29	15:40	+11	31:09.533	10:01.7	15.47	31:14.710	57.9%
12	862	Jeff Goodman (M56)		10	M55-59	Hickory Creek	1.4	14:01	17:19	+198	31:19.108	10:04.8	139.11	31:20.546	49.5%
13	931	Danny Parsley (M58)		11	M55-59	Cincinnati	3.8	15:34	16:29	+56	32:02.859	10:18.9	2.86	32:06.636	49.2%
14	345	Ryan Pogue (M47)		12	M45-49	Carrollton	5.8	14:54	17:12	+138	32:06.166	10:20.0	156.17	32:11.980	44.9%
15	357	Abe Mansoori (M59)		13	M55-59	Carrollton	3.9	15:52	18:02	+131	33:54.086	10:54.7	174.09	33:57.996	46.9%
16	249	Supote Manodamrongsat (14	M50-54	Flower Mound	11.6	17:00	17:11	+10	34:10.941	11:00.1	130.94	34:22.500	43.1%
17	283	Ruben Reyes (M62)		15	M60-64	Carrollton	8.1	16:32	18:21	+109	34:52.955	11:13.7	172.96	35:01.037	46.8%
18	454	Betsy Palmer (F57)		3	F55-59	Carrollton	7.4	16:51	18:12	+81	35:03.053	11:16.9	29.95	35:10.474	52.9%
19	044	Amie Goins (F46)		4	F45-49	Garland	13.5	17:04	19:34	+150	36:38.291	11:47.6	21.71	36:51.785	44.0%
20	050	Chris Goins (M47)		16	M45-49	Garland	1:18.7	18:02	24:24	+382	42:25.558	13:39.3	145.56	43:44.234	33.9%
21	316	Blake Bruser (F9)		5	F01-09	Higland Village	10:37.1	16:51	16:53	+2	33:43.369	10:51.3	132.37	44:20.447	52.0%
22	097	Nathan Bruser (M47)		17	M45-49	Higland Village	10:36.1	16:49	16:56	+8	33:45.000	10:51.8	73.00	44:21.109	42.7%
23	148	Scott Ahlstrom (M69)		18	M65-69	Carrollton	15.3	22:29	22:56	+27	45:24.857	14:37.0	24.86	45:40.117	38.4%
24	261	John Kramer (M56)		19	M55-59	Plano	10:48.6	19:28	19:07	-22	38:34.848	12:25.1	184.85	49:23.412	40.2%
25	246	Sheila Holen (F47)		6	F45-49	Lewisville	1.4	25:15	25:57	+42	51:12.122	16:28.8	47.88	51:13.488	31.9%
26	117	Vijayan Nair (M55) [2]		20	M55-59	Plano	23:18.7	13:49	15:11	+82	28:59.531	9:19.9	239.53	52:18.281	53.0%
27	193	Julio Lopez (M62) [2]		21	M60-64	Farmers Branch	26:08.8	13:31	13:54	+24	27:25.327	8:49.6	25.33	53:34.107	59.5%
28	106	Robert Simpson (M63)		22	M60-64	Coppell	10.1	32:25	29:17	-188	61:42.706	19:51.8	102.71	61:52.769	26.7%
				26 Positive Split		2 Negative Split		Average Finish Time:			33:19	Average Age Grade:		51.0%	