



# Carrollton Runners Prediction Run 5K

www.CarrolltonRunners.com

@Josey Ranch Athletic Complex, Carrollton TX

Sunday, August 16, 2020  
83F Clear 64%H 6mphESE  
5K Off :7:30 am

Place	OA	Bib	Name	5K	[Lap]	GD	AgeGrp	Predicted	ChipStart	1stH	2ndH	Δ	NetChipTime	Pace	Difference	
1	9	408	Charlie Meyer (M12)			7	M10-14	26:00	14.0	12:18	13:42	+84	25:59.600	⊙	8:22.0	0.40
2	27	106	Robert Simpson (M65)			20	M65-69	37:15	1:40.1	18:05	19:06	+61	37:11.864	⊙	11:58.4	3.14
3	8	407	Sarah Meyer (F43)			2	F40-44	25:00	30.4	11:57	13:07	+70	25:03.443	⊙	8:03.9	3.44
4	16	265	Kuay Sullivan (F54)			3	F50-54	28:39	20.1	14:15	14:29	+14	28:44.292		9:15.0	5.29
5	17	283	Ruben Reyes (M64)			14	M60-64	31:30	59.3	14:52	16:44	+112	31:35.746		10:10.2	5.75
6	2	519	Lowell Koppel (M47)			2	M45-49	19:30	14.2	9:44	9:57	+13	19:41.229		6:20.2	11.23
7	11	155	Ruben Arevalo (M65)			9	M65-69	26:13	14.7	13:01	13:26	+24	26:27.011		8:30.8	14.01
8	18	070	Kendall Black (M71)			15	M70-74	33:00	12.3	15:40	17:05	+86	32:44.547		10:32.3	15.45
9	10	058	Bradley Gardner (M62)			8	M60-64	26:00	55.5	12:41	13:04	+23	25:44.510		8:17.1	15.49
10	12	405	Steve Russo (M56)			10	M55-59	27:11	17.8	13:21	13:34	+13	26:55.182		8:39.9	15.82
11	30	261	John Kramer (M58)			22	M55-59	48:21	2:51.9	23:51	24:13	+21	48:04.140		15:28.3	16.86
12	13	012	Doug Waters (M55)			11	M55-59	26:00	54.0	12:43	13:38	+55	26:21.459		8:29.0	21.46
13	15	004	Graham Hagood (M51)			13	M50-54	28:30	31.4	13:56	14:10	+14	28:05.771		9:02.6	24.23
14	5	255	John Cosentino (M58)			5	M55-59	23:30	12.8	11:20	11:45	+25	23:04.563		7:25.6	25.44
15	3	011	Blair Casey (M33)			3	M30-34	22:30	6.7	10:51	11:13	+23	22:03.847		7:06.1	26.15
16	4	159	Robert Landon (M61)			4	M60-64	23:00	9.9	11:03	11:28	+26	22:31.151		7:14.9	28.85
17	22	044	Amie Goins (F48)			6	F45-49	35:34	39.8	17:54	18:10	+16	36:04.771		11:36.8	30.77
18	32	246	Sheila Holen (F49)			9	F45-49	53:00	26.0	26:11	26:17	+6	52:28.650		16:53.5	31.35
19	7	117	Vijayan Nair (M57)			6	M55-59	25:30	6.9	11:37	13:20	+104	24:56.757		8:01.8	33.24
20	1	002	Jim Dietz (M60)			1	M60-64	20:00	9.2	9:28	9:35	+7	19:03.892		6:08.2	56.11
21	25	050	Chris Goins (M50)			18	M50-54	36:00	39.1	16:57	20:05	+188	37:01.333		11:55.0	61.33
22	19	198	Yanira Lopez (F57)			4	F55-59	33:25	48.0	16:18	18:10	+112	34:28.407		11:05.8	63.41
23	24	454	Betsy Palmer (F59)			7	F55-59	35:11	36.5	17:51	18:29	+39	36:20.381		11:41.8	69.38
24	14	193	Julio Lopez (M64)			12	M60-64	29:25	16.2	14:14	13:55	-19	28:09.458		9:03.8	75.54
25	6	820	Quinn Dixon (F14)			1	F10-14	22:48	12.1	11:33	12:48	+76	24:20.859		7:50.2	92.86
26	26	005	Burns Thacker (M46)			19	M45-49	39:00	31.0	18:09	19:14	+65	37:23.353		12:02.1	96.65
27	29	024	Carol Creech (F69)			8	F65-69	43:18	23.8	21:47	23:20	+94	45:06.637		14:31.2	108.64
28	35	455	Rosemary Lewis (F65)			10	F65-69	55:00	45.8	27:56	29:09	+73	57:04.954		18:22.4	124.95
29	21	621	Jerri Hixson (F66)			5	F65-69	38:00	31.9	17:10	18:10	+60	35:20.159		11:22.4	159.84
30	20	008	David Mask (M68)			16	M65-69	32:00	18.9	16:55	18:03	+68	34:57.937		11:15.3	177.94
31	31	148	Scott Ahlstrom (M72)			23	M70-74	55:00	24.7	26:02	25:31	-31	51:33.277		16:35.6	206.72
32	23	990	Peter Chan (M67)			17	M65-69	30:30	20.7	15:34	20:55	+321	36:28.396		11:44.4	358.40
33	28	011	Blair Casey (M33) [2]			21	M30-34	22:30	22:10.9	11:07	11:08	+0	22:14.907		7:09.7	15.09
34	33	405	Steve Russo (M56) [2]			24	M55-59	27:54	27:13.8	13:20	14:10	+50	27:29.579		8:50.9	24.42
35	36	117	Vijayan Nair (M57) [2]			26	M55-59	33:00	25:04.7	17:50	16:08	-102	33:58.155		10:56.0	58.16
36	37	193	Julio Lopez (M64) [2]			27	M60-64	33:30	28:26.2	15:19	15:50	+32	31:09.402		10:01.7	140.60
37	34	012	Doug Waters (M55) [2]			25	M55-59	26:00	27:15.8	13:58	15:29	+92	29:26.937		9:28.7	206.94

⊙ Most Accurate Predictor(s) wins gift card(s).

17 Slower

20 Faster

OA Order of Finish (by Guntime) Difference # of Seconds off Prediction  
NetChipTimeNet Running Time (ChipTime) **Fast** **Slow**

△ Positive Split  
△ Negative Split

Timing provided by:  
**DELTAVIEWTIMING.COM**

### By Order of Finish

OA	Bib Name	5K	[Lap]	GD	AgeGrp	City	ChipStart	1stH	2ndH	△	NetChipTime	Pace	Diff	ClockTime	AgeGD	
1	002	Jim Dietz (M60)		1	M60-64	Prosper	9.2	9:28	9:35	+7	19:03.892	6:08.2	56.11	19:13.058	84.1%	
2	519	Lowell Koppel (M47)		2	M45-49	Flower Mound	14.2	9:44	9:57	+13	19:41.229	6:20.2	11.23	19:55.468	73.1%	
3	011	Blair Casey (M33)		3	M30-34	Carrollton	6.7	10:51	11:13	+23	22:03.847	7:06.1	26.15	22:10.539	59.1%	
4	159	Robert Landon (M61)		4	M60-64	Allen	9.9	11:03	11:28	+26	22:31.151	7:14.9	28.85	22:41.025	71.9%	
5	255	John Cosentino (M58)		5	M55-59	Plano	12.8	11:20	11:45	+25	23:04.563	7:25.6	25.44	23:17.349	68.3%	
6	820	Quinn Dixon (F14)		1	F10-14	Hurst	12.1	11:33	12:48	+76	24:20.859	7:50.2	92.86	24:32.953	64.5%	
7	117	Vijayan Nair (M57)		6	M55-59	Plano	6.9	11:37	13:20	+104	24:56.757	8:01.8	33.24	25:03.664	62.7%	
8	407	Sarah Meyer (F43)		2	F40-44	Coppell	30.4	11:57	13:07	+70	25:03.443	8:03.9	3.44	25:33.888	62.6%	
9	408	Charlie Meyer (M12)		7	M10-14	Coppell	14.0	12:18	13:42	+84	25:59.600	8:22.0	0.40	26:13.587	57.2%	
10	058	Bradley Gardner (M62)		8	M60-64	Fort Worth	55.5	12:41	13:04	+23	25:44.510	8:17.1	15.49	26:39.994	63.4%	
11	155	Ruben Arevalo (M65)		9	M65-69	Carrollton	14.7	13:01	13:26	+24	26:27.011	8:30.8	14.01	26:41.669	63.4%	
12	405	Steve Russo (M56)		10	M55-59	Plano	17.8	13:21	13:34	+13	26:55.182	8:39.9	15.82	27:13.025	57.6%	
13	012	Doug Waters (M55)		11	M55-59	Carrollton	54.0	12:43	13:38	+55	26:21.459	8:29.0	21.46	27:15.478	58.3%	
14	193	Julio Lopez (M64)		12	M60-64	Farmers Branch	16.2	14:14	13:55	-19	28:09.458	9:03.8	75.54	28:25.627	59.0%	
15	004	Graham Hagood (M51)		13	M50-54	Carrollton	31.4	13:56	14:10	+14	28:05.771	9:02.6	24.23	28:37.197	52.9%	
16	265	Kuay Sullivan (F54)		3	F50-54	Coppell	20.1	14:15	14:29	+14	28:44.292	9:15.0	5.29	29:04.425	62.0%	
17	283	Ruben Reyes (M64)		14	M60-64	Carrollton	59.3	14:52	16:44	+112	31:35.746	10:10.2	5.75	32:35.015	52.6%	
18	070	Kendall Black (M71)		15	M70-74	Grand Prairie	12.3	15:40	17:05	+86	32:44.547	10:32.3	15.45	32:56.896	54.5%	
19	198	Yanira Lopez (F57)		4	F55-59	Farmers Branch	48.0	16:18	18:10	+112	34:28.407	11:05.8	63.41	35:16.408	53.8%	
20	008	David Mask (M68)		16	M65-69	Denton	18.9	16:55	18:03	+68	34:57.937	11:15.3	177.94	35:16.843	49.3%	
21	621	Jerri Hixson (F66)		5	F65-69	Plano	31.9	17:10	18:10	+60	35:20.159	11:22.4	159.84	35:52.103	59.8%	
22	044	Amie Goins (F48)		6	F45-49	Garland	39.8	17:54	18:10	+16	36:04.771	11:36.8	30.77	36:44.613	45.8%	
23	990	Peter Chan (M67)		17	M65-69	Coppell	20.7	15:34	20:55	+321	36:28.396	11:44.4	358.40	36:49.078	46.8%	
24	454	Betsy Palmer (F59)		7	F55-59	Carrollton	36.5	17:51	18:29	+39	36:20.381	11:41.8	69.38	36:56.898	52.4%	
25	050	Chris Goins (M50)		18	M50-54	Garland	39.1	16:57	20:05	+188	37:01.333	11:55.0	61.33	37:40.457	39.8%	
26	005	Burns Thacker (M46)		19	M45-49	Carrollton	31.0	18:09	19:14	+65	37:23.353	12:02.1	96.65	37:54.322	38.2%	
27	106	Robert Simpson (M65)		20	M65-69	Coppell	1:40.1	18:05	19:06	+61	37:11.864	11:58.4	3.14	38:52.013	45.1%	
28	011	Blair Casey (M33) [2]		21	M30-34	Carrollton	22:10.9	11:07	11:08	+0	22:14.907	7:09.7	15.09	44:25.818	58.7%	
29	024	Carol Creech (F69)		8	F65-69	Plano	23.8	21:47	23:20	+94	45:06.637	14:31.2	108.64	45:30.484	49.1%	
30	261	John Kramer (M58)		22	M55-59	Plano	2:51.9	23:51	24:13	+21	48:04.140	15:28.3	16.86	50:56.035	32.8%	
31	148	Scott Ahlstrom (M72)		23	M70-74	Carrollton	24.7	26:02	25:31	-31	51:33.277	16:35.6	206.72	51:57.960	35.1%	
32	246	Sheila Holen (F49)		9	F45-49	Lewisville	26.0	26:11	26:17	+6	52:28.650	16:53.5	31.35	52:54.621	31.8%	
33	405	Steve Russo (M56) [2]		24	M55-59	Plano	27:13.8	13:20	14:10	+50	27:29.579	8:50.9	24.42	54:43.419	56.4%	
34	012	Doug Waters (M55) [2]		25	M55-59	Carrollton	27:15.8	13:58	15:29	+92	29:26.937	9:28.7	206.94	56:42.738	52.2%	
35	455	Rosemary Lewis (F65)		10	F65-69	Carrollton	45.8	27:56	29:09	+73	57:04.954	18:22.4	124.95	57:50.714	36.5%	
36	117	Vijayan Nair (M57) [2]		26	M55-59	Plano	25:04.7	17:50	16:08	-102	33:58.155	10:56.0	58.16	59:02.853	46.0%	
37	193	Julio Lopez (M64) [2]		27	M60-64	Farmers Branch	28:26.2	15:19	15:50	+32	31:09.402	10:01.7	140.60	59:35.642	53.3%	
										34 Positive Split			3 Negative Split			
											Average Finish Time:	32:02			Average Age Grade:	54.3%