



Carrollton Runners Prediction Run 5K

www.CarrolltonRunners.com

@Josey Ranch Athletic Complex, Carrollton TX

Sunday, May 19, 2024
72F Clear 88%%H 6mphSE
5K Off :7:31 am

Place	OA	Bib	Name	5K	[Lap]	GD	AgeGrp	Predicted	ChipStart	1stH	2ndH	△	NetChipTime	Pace	Difference
1	9	193	Julio Lopez (M68)			9	M65-69	28:45	3.0	14:12	14:34	+23	28:45.836	9:25.8	0.84
2	19	198	Yanira Lopez (F61)			4	F60-64	35:15	29.7	16:41	18:36	+115	35:16.979	11:34.1	1.98
3	21	106	Robert Simpson (M69)			17	M65-69	37:05	23.1	18:13	18:50	+37	37:02.873	12:08.8	2.13
4	4	004	Francisco Espinosa (M54)			4	M50-54	24:00	2.1	11:57	11:56	-1	23:52.831	7:49.8	7.17
5	13	466	Andrew Ngotho (M57)			12	M55-59	31:00	3.9	14:31	16:18	+107	30:49.112	10:06.3	10.89
6	5	117	Vijayan Nair (M61)			5	M60-64	25:00	0.0	12:19	12:54	+35	25:12.793	8:16.0	12.79
7	27	995	Amanda Poland (F36)			7	F35-39	50:12	11.9	26:47	23:44	-184	50:30.891	16:33.7	18.89
8	17	044	Amie Goins (F52)			3	F50-54	33:32	5.0	16:00	17:09	+69	33:09.967	10:52.4	22.03
9	6	255	John Cosentino (M61)			6	M60-64	26:00	4.5	13:10	12:25	-45	25:34.605	8:23.1	25.39
10	8	155	Ruben Arevalo (M68)			8	M65-69	27:00	0.6	13:15	14:12	+57	27:26.055	9:00.3	26.06
11	7	997	Steve Russo (M60)			7	M60-64	26:54	3.0	13:13	13:14	+1	26:27.013	8:40.3	26.99
12	22	727	John Menzies (M42)			18	M40-44	38:00	12.0	17:40	19:48	+127	37:27.794	12:17.0	32.21
13	23	454	Betsy Palmer (F63)			5	F60-64	38:02	15.2	18:48	19:57	+70	38:44.853	12:42.2	42.85
14	2	905	Steven Aguilar (M19)			2	M15-19	19:30	0.6	10:01	10:12	+11	20:12.978	6:37.7	42.98
15	10	192	Robert Preston (M59)			10	M55-59	28:00	7.2	14:16	14:33	+17	28:49.272	9:27.0	49.27
16	31	246	Sheila Holen (F53)			8	F50-54	57:18	22.0	28:01	28:23	+22	56:24.594	18:29.7	53.41
17	26	994	Carol Creech (F73)			6	F70-74	49:13	10.3	23:41	24:33	+52	48:13.832	15:48.8	59.17
18	1	710	Jaydin Turner (M15)			1	M15-19	18:10	0.6	9:49	9:45	-4	19:33.648	6:24.8	83.65
19	3	011	Blair Casey (M37)			3	M35-39	25:00	2.3	11:45	11:44	-1	23:28.415	7:41.8	91.58
20	36	261	John Kramer (M62)			27	M60-64	59:12	5:56.0	30:03	30:45	+42	60:47.467	19:55.9	95.47
21	16	121	Debbie Riedner (F54)			2	F50-54	31:00	8.5	16:18	16:23	+6	32:41.355	10:43.1	101.36
22	14	012	Doug Waters (M59)			13	M55-59	30:00	8.0	15:14	16:33	+78	31:47.163	10:25.3	107.16
23	11	097	Nathan Bruser (M53)			11	M50-54	27:27	6.5	14:14	15:08	+54	29:21.528	9:37.6	114.53
24	12	096	Blake Bruser (F14)			1	F10-14	27:27	0.7	14:20	15:17	+57	29:36.859	9:42.6	129.86
25	18	283	Ruben Reyes (M68)			15	M65-69	31:30	10.0	17:03	16:40	-22	33:42.858	11:03.2	132.86
26	15	190	Ka Lau (M33)			14	M30-34	30:30	1.0	16:09	16:37	+28	32:46.135	10:44.6	136.14
27	25	529	Carlos Ordonez (M53)			20	M50-54	45:00	17.7	23:43	23:53	+10	47:36.083	15:36.4	156.08
28	20	050	Chris Goins (M53)			16	M50-54	33:00	5.8	16:19	19:22	+184	35:40.991	11:42.0	160.99
29	32	041	Kay Scott (F54)			9	F50-54	35:41	16:59.0	18:20	23:01	+282	41:21.012	13:33.4	340.01
30	29	005	Alberto Zavala (M35)			22	M35-39	40:00	31.7	26:05	27:32	+87	53:37.549	17:34.9	817.55
31	34	193	Julio Lopez (M68) [2]			25	M65-69	31:00	28:49.4	15:40	15:41	+1	31:20.358	10:16.5	20.36
32	30	997	Steve Russo (M60) [2]			23	M60-64	27:10	26:30.0	13:39	14:02	+24	27:41.013	9:04.6	31.01
33	28	117	Vijayan Nair (M61) [2]			21	M60-64	28:00	25:13.1	14:18	14:21	+3	28:38.568	9:23.5	38.57
34	24	011	Blair Casey (M37) [2]			19	M35-39	25:00	23:32.1	11:30	11:48	+18	23:17.900	7:38.3	102.10
35	33	155	Ruben Arevalo (M68) [2]			24	M65-69	28:00	27:27.0	15:15	15:43	+28	30:58.570	10:09.4	178.57
36	35	012	Doug Waters (M59) [2]			26	M55-59	30:00	31:55.9				34:20.739	11:15.7	260.74
37	38	198	Yanira Lopez (F61) [2]			11	F60-64	39:45	35:47.5				44:39.636	14:38.6	294.64
38	37	121	Debbie Riedner (F54) [2]			10	F50-54	31:00	32:51.3				44:11.223	14:29.3	791.22
													27Slower	11Faster	121.57

© Most Accurate Predictor(s) wins gift card(s).

OA Order of Finish (by Guntime) Difference # of Seconds off Prediction
NetChipTimeNet Running Time (ChipTime) Fast Slow

△ Positive Split
△ Negative Split

Timing provided by:
DELTAVIEWTIMING.COM

By Order of Finish

OA	Bib Name	5K	[Lap]	GD	AgeGrp	City	ChipStart	1stH	2ndH	△	NetChipTime	Pace	Diff	ClockTime	AgeGD
1	710	Jaydin Turner (M15)		1	M15-19	Carrollton	0.6	9:49	9:45	-4	19:33.648	6:24.8	83.65	19:34.209	69.9%
2	905	Steven Aguilar (M19)		2	M15-19	Carrollton	0.6	10:01	10:12	+11	20:12.978	6:37.7	42.98	20:13.548	64.0%
3	011	Blair Casey (M37)		3	M35-39	Carrollton	2.3	11:45	11:44	-1	23:28.415	7:41.8	91.58	23:30.693	55.9%
4	004	Francisco Espinosa (M54)		4	M50-54	Carrollton	2.1	11:57	11:56	-1	23:52.831	7:49.8	7.17	23:54.937	62.7%
5	117	Vijayan Nair (M61)		5	M60-64	Plano	0.0	12:19	12:54	+35	25:12.793	8:16.0	12.79	25:12.779	63.0%
6	255	John Cosentino (M61)		6	M60-64	Plano	4.5	13:10	12:25	-45	25:34.605	8:23.1	25.39	25:39.072	62.1%
7	997	Steve Russo (M60)		7	M60-64	Plano	3.0	13:13	13:14	+1	26:27.013	8:40.3	26.99	26:30.000	59.5%
8	155	Ruben Arevalo (M68)		8	M65-69	Carrollton	0.6	13:15	14:12	+57	27:26.055	9:00.3	26.06	27:26.666	61.7%
9	193	Julio Lopez (M68)		9	M65-69	Farmers Branch	3.0	14:12	14:34	+23	28:45.836	9:25.8	0.84	28:48.824	58.9%
10	192	Robert Preston (M59)		10	M55-59	Irving	7.2	14:16	14:33	+17	28:49.272	9:27.0	49.27	28:56.425	54.2%
11	097	Nathan Bruser (M53)		11	M50-54	Carrollton	6.5	14:14	15:08	+54	29:21.528	9:37.6	114.53	29:27.996	50.5%
12	096	Blake Bruser (F14)		1	F10-14	Carrollton	0.7	14:20	15:17	+57	29:36.859	9:42.6	129.86	29:37.599	52.1%
13	466	Andrew Ngotho (M57)		12	M55-59	Carrollton	3.9	14:31	16:18	+107	30:49.112	10:06.3	10.89	30:53.058	49.8%
14	012	Doug Waters (M59)		13	M55-59	Carrollton	8.0	15:14	16:33	+78	31:47.163	10:25.3	107.16	31:55.177	49.1%
15	190	Ka Lau (M33)		14	M30-34	Plano	1.0	16:09	16:37	+28	32:46.135	10:44.6	136.14	32:47.107	39.1%
16	121	Debbie Riedner (F54)		2	F50-54	Dallas	8.5	16:18	16:23	+6	32:41.355	10:43.1	101.36	32:49.890	53.5%
17	044	Amie Goins (F52)		3	F50-54	Garland	5.0	16:00	17:09	+69	33:09.967	10:52.4	22.03	33:15.013	51.4%
18	283	Ruben Reyes (M68)		15	M65-69	Carrollton	10.0	17:03	16:40	-22	33:42.858	11:03.2	132.86	33:52.830	50.2%
19	198	Yanira Lopez (F61)		4	F60-64	Farmers Branch	29.7	16:41	18:36	+115	35:16.979	11:34.1	1.98	35:46.671	54.6%
20	050	Chris Goins (M53)		16	M50-54	Garland	5.8	16:19	19:22	+184	35:40.991	11:42.0	160.99	35:46.753	41.6%
21	106	Robert Simpson (M69)		17	M65-69	Coppell	23.1	18:13	18:50	+37	37:02.873	12:08.8	2.13	37:25.951	46.2%
22	727	John Menzies (M42)		18	M40-44	Irving	12.0	17:40	19:48	+127	37:27.794	12:17.0	32.21	37:39.781	36.3%
23	454	Betsy Palmer (F63)		5	F60-64	Carrollton	15.2	18:48	19:57	+70	38:44.853	12:42.2	42.85	39:00.037	51.2%
24	011	Blair Casey (M37) [2]		19	M35-39	Carrollton	23:32.1	11:30	11:48	+18	23:17.900	7:38.3	102.10	46:49.982	56.3%
25	529	Carlos Ordonez (M53)		20	M50-54	Carrollton	17.7	23:43	23:53	+10	47:36.083	15:36.4	156.08	47:53.744	31.2%
26	994	Carol Creech (F73)		6	F70-74	Aubrey	10.3	23:41	24:33	+52	48:13.832	15:48.8	59.17	48:24.087	48.3%
27	995	Amanda Poland (F36)		7	F35-39	Carrollton	11.9	26:47	23:44	-184	50:30.891	16:33.7	18.89	50:42.822	29.2%
28	117	Vijayan Nair (M61) [2]		21	M60-64	Plano	25:13.1	14:18	14:21	+3	28:38.568	9:23.5	38.57	53:51.677	55.5%
29	005	Alberto Zavala (M35)		22	M35-39	Carrollton	31.7	26:05	27:32	+87	53:37.549	17:34.9	817.55	54:09.285	24.1%
30	997	Steve Russo (M60) [2]		23	M60-64	Plano	26:30.0	13:39	14:02	+24	27:41.013	9:04.6	31.01	54:11.000	56.9%
31	246	Sheila Holen (F53)		8	F50-54	Lewisville	22.0	28:01	28:23	+22	56:24.594	18:29.7	53.41	56:46.546	30.6%
32	041	Kay Scott (F54)		9	F50-54	Bedford	16:59.0	18:20	23:01	+282	41:21.012	13:33.4	340.01	58:20.044	42.3%
33	155	Ruben Arevalo (M68) [2]		24	M65-69	Carrollton	27:27.0	15:15	15:43	+28	30:58.570	10:09.4	178.57	58:25.605	54.7%
34	193	Julio Lopez (M68) [2]		25	M65-69	Farmers Branch	28:49.4	15:40	15:41	+1	31:20.358	10:16.5	20.36	60:09.716	54.0%
35	012	Doug Waters (M59) [2]		26	M55-59	Carrollton	31:55.9				34:20.739	11:15.7	260.74	66:16.628	45.5%
36	261	John Kramer (M62)		27	M60-64	Plano	5:56.0	30:03	30:45	+42	60:47.467	19:55.9	95.47	66:43.437	26.4%
37	121	Debbie Riedner (F54) [2]		10	F50-54	Dallas	32:51.3				44:11.223	14:29.3	791.22	77:02.533	39.6%
38	198	Yanira Lopez (F61) [2]		11	F60-64	Farmers Branch	35:47.5				44:39.636	14:38.6	294.64	80:27.127	43.1%
				29 Positive Split		6 Negative Split		Average Finish Time: 34:30			Average Age Grade: 49.3%				

