



Carrollton Runners Prediction Run 5K

www.CarrolltonRunners.com

@Josey Ranch Athletic Complex, Carrollton TX

Sunday, August 18, 2024

83F Clear 66%RH 7mphSW
5K Off :7:32 am

Place	OA	Bib	Name	5K	[Lap]	GD	AgeGrp	Predicted	ChipStart	1stH	2ndH	Δ	NetChipTime	Pace	Difference	
1	22	044	Amie Goins (F52)			7	F50-54	33:34	7.8	16:10	17:23	+73	33:33.441	⊙	11:00.1	0.56
2	6	503	Diego Acosta (M20)			6	M20-24	26:00	1.5	12:55	12:55	+0	25:50.101	⊙	8:28.2	9.90
3	1	710	Jaydin Turner (M15)			1	M15-19	19:00	0.0	9:15	9:36	+21	18:50.015	⊙	6:10.5	9.98
4	8	405	Steve Russo (M60)			8	M60-64	26:46	3.9	13:12	13:23	+11	26:35.406		8:43.1	10.59
5	16	283	Ruben Reyes (M68)			14	M65-69	31:50	16.3	15:39	15:58	+19	31:36.215		10:21.7	13.78
6	11	193	Julio Lopez (M68)			10	M65-69	29:00	2.6	14:18	14:57	+38	29:15.110		9:35.4	15.11
7	13	006	Peter Ackling (M59)			12	M55-59	30:00	3.4	14:27	15:52	+85	30:19.472		9:56.5	19.47
8	31	198	Yanira Lopez (F61)			9	F60-64	37:12	24.3	17:38	20:09	+151	37:46.780		12:23.2	34.78
9	9	060	Jaws Hansen (M64)			9	M60-64	28:28	0.3	13:34	14:17	+44	27:50.752		9:07.8	37.25
10	24	096	Blake Bruser (F15)			8	F15-19	30:30	2:39.0	15:25	15:43	+18	31:07.682		10:12.4	37.68
11	14	012	Doug Waters (M59)			13	M55-59	29:40	10.8	14:52	15:27	+35	30:19.542		9:56.6	39.54
12	7	117	Vijayan Nair (M61)			7	M60-64	25:15	0.0	12:45	13:10	+25	25:55.039		8:29.8	40.04
13	36	109	Kim Tsutsui (F56)			14	F55-59	45:00	16.7	20:23	23:52	+209	44:14.891		14:30.5	45.11
14	4	577	Paul Norris (M52)			4	M50-54	25:00	2.7	12:53	12:54	+1	25:46.664		8:27.1	46.66
15	5	011	Blair Casey (M37)			5	M35-39	25:00	2.6	12:54	12:53	-1	25:47.071		8:27.2	47.07
16	3	255	John Cosentino (M62)			3	M60-64	24:20	2.0	11:38	11:50	+12	23:28.706		7:41.9	51.29
17	23	097	Nathan Bruser (M53)			16	M50-54	30:30	2:20.5	15:43	15:43	+0	31:26.091		10:18.4	56.09
18	15	010	Amy Polcari (F58)			2	F55-59	32:01	4.6	15:21	15:38	+16	30:59.061		10:09.5	61.94
19	26	106	Robert Simpson (M69)			18	M65-69	36:50	19.9	17:27	18:15	+48	35:41.853		11:42.2	68.15
20	35	039	Mary Kaplan (F85)			13	F80-99	42:30	0.0	21:55	21:49	-5	43:44.341		14:20.4	74.34
21	45	246	Sheila Holen (F53)			16	F50-54	58:30	44.2	28:03	28:56	+53	56:59.273		18:41.1	90.73
22	29	345	Ryan Pogue (M53)			21	M50-54	34:50	12.2	16:11	20:13	+242	36:23.340		11:55.8	93.34
23	30	050	Chris Goins (M54)			22	M50-54	35:30	8.8	16:35	20:39	+244	37:13.328		12:12.2	103.33
24	19	998	John Leighton (M63)			15	M60-64	34:34	5.6	16:00	16:50	+50	32:49.571		10:45.8	104.43
25	10	521	Carly Hensley (F32)			1	F30-34	30:00	10.2	13:32	14:35	+63	28:07.112		9:13.2	112.89
26	2	656	Francisco Espinosa (M54)			2	M50-54	24:00	0.9	10:45	11:16	+32	22:01.280		7:13.2	118.72
27	12	155	Ruben Arevalo (M69)			11	M65-69	28:00	0.0	14:52	15:08	+16	29:59.433		9:50.0	119.43
28	18	265	Kuay Sullivan (F58)			4	F55-59	34:28	8.3	16:08	16:20	+12	32:27.433		10:38.5	120.57
29	17	121	Debbie Riedner (F55)			3	F55-59	34:00	6.2	16:09	15:51	-18	31:59.426		10:29.3	120.57
30	33	721	Jennifer Speer (F37)			11	F35-39	37:38	9.1	18:34	21:26	+173	39:59.971		13:06.9	141.97
31	28	153	Peter Chan (M71)			20	M70-74	34:00	7.0	18:22	18:01	-21	36:23.877		11:56.0	143.88
32	32	041	Kay Scott (F54)			10	F50-54	36:42	12.1	19:04	20:09	+65	39:12.836		12:51.4	150.84
33	34	530	Lilliana Wutter (F52)			12	F50-54	40:00	3.8	20:09	22:28	+139	42:36.829		13:58.3	156.83
34	48	261	John Kramer (M62)			32	M60-64	64:25	5:48.1	30:42	30:44	+2	61:25.640		20:08.4	179.36
35	38	863	Mikko Tauriainen (M59)			24	M55-59	45:00	17.4	26:07	22:32	-215	48:38.496		15:56.9	218.50
36	39	223	Chris Wong (M54)			25	M50-54	52:30	18.5	26:05	22:32	-213	48:37.748		15:56.6	232.25
37	27	451	Rob Windsor (M60)			19	M60-64	40:00	9.2	16:39	19:21	+162	36:00.217		11:48.3	239.78
38	20	586	Emily Whitehurst (F38)			5	F35-39	37:00	8.3	15:55	17:01	+66	32:55.354		10:47.7	244.65
39	25	466	Andrew Ngotho (M58)			17	M55-59	31:00	26.6	17:02	18:03	+61	35:05.040		11:30.2	245.04
40	21	005	Chris Cantrell (F70)			6	F70-74	40:00	4.9	16:39	16:49	+10	33:28.298		10:58.5	391.70
41	37	222	Rich Weklar (M53)			23	M50-54	38:00	18.6	19:25	25:24	+360	44:49.211		14:41.7	409.21
42	40	454	Betsy Palmer (F63)			15	F60-64	40:23	18.7	24:04	25:13	+69	49:17.210		16:09.6	534.21
43	42	503	Diego Acosta (M20) [2]			27	M20-24	26:35	25:52.7	13:08	13:52	+44	26:59.738		8:51.1	24.74
44	41	577	Paul Norris (M52) [2]			26	M50-54	25:00	25:49.5	12:28	13:08	+40	25:35.567		8:23.5	35.57
45	46	193	Julio Lopez (M68) [2]			30	M65-69	31:00	29:19.2				31:50.002		10:26.2	50.00
46	43	405	Steve Russo (M60) [2]			28	M60-64	27:16	26:40.7	13:56	14:43	+48	28:39.178		9:23.7	83.18
47	44	117	Vijayan Nair (M61) [2]			29	M60-64	30:00	25:55.6	14:34	17:02	+148	31:36.648		10:21.9	96.65
48	49	096	Blake Bruser (F15) [2]			17	F15-19	30:30	34:54.6				34:33.263		11:19.8	243.26
49	50	097	Nathan Bruser (M53) [2]			33	M50-54	30:30	34:51.4				34:37.221		11:21.1	247.22
50	51	198	Yanira Lopez (F61) [2]			18	F60-64	43:25	38:12.4				47:56.111		15:43.0	271.11
51	47	155	Ruben Arevalo (M69) [2]			31	M65-69	29:00	30:00.8				34:20.004		11:15.4	320.00

⊙ Most Accurate Predictor(s) wins gift card(s).

30Slower 21Faster 124.77

OA Order of Finish (by Guntime) Difference # of Seconds off Prediction

▲ Positive Split



Timing provided by:

Fast Slow

▲ Negative Split

NetChipTimeNet Running Time (ChipTime)

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By Order of Finish

OA	Bib Name	5K	[Lap]	GD	AgeGrp	City	ChipStart	1stH	2ndH	△	NetChipTime	Pace	Diff	ClockTime	AgeGD
1	710	Jaydin Turner (M15)		1	M15-19	Carrollton	0.0	9:15	9:36	+21	18:50.015	6:10.5	9.98	18:50.015	72.6%
2	656	Francisco Espinosa (M54)		2	M50-54	Carrollton	0.9	10:45	11:16	+32	22:01.280	7:13.2	118.72	22:02.144	68.0%
3	255	John Cosentino (M62)		3	M60-64	Plano	2.0	11:38	11:50	+12	23:28.706	7:41.9	51.29	23:30.722	68.3%
4	577	Paul Norris (M52)		4	M50-54	Coppell	2.7	12:53	12:54	+1	25:46.664	8:27.1	46.66	25:49.324	57.1%
5	011	Blair Casey (M37)		5	M35-39	Carrollton	2.6	12:54	12:53	-1	25:47.071	8:27.2	47.07	25:49.718	50.8%
6	503	Diego Acosta (M20)		6	M20-24	Coppell	1.5	12:55	12:55	+0	25:50.101	8:28.2	9.90	25:51.644	49.6%
7	117	Vijayan Nair (M61)		7	M60-64	Plano	0.0	12:45	13:10	+25	25:55.039	8:29.8	40.04	25:55.039	61.3%
8	405	Steve Russo (M60)		8	M60-64	Plano	3.9	13:12	13:23	+11	26:35.406	8:43.1	10.59	26:39.339	59.2%
9	060	Jaws Hansen (M64)		9	M60-64	Dallas	0.3	13:34	14:17	+44	27:50.752	9:07.8	37.25	27:51.078	58.6%
10	521	Carly Hensley (F32)		1	F30-34	Carrollton	10.2	13:32	14:35	+63	28:07.112	9:13.2	112.89	28:17.341	51.8%
11	193	Julio Lopez (M68)		10	M65-69	Farmers Branch	2.6	14:18	14:57	+38	29:15.110	9:35.4	15.11	29:17.673	57.9%
12	155	Ruben Arevalo (M69)		11	M65-69	Carrollton	0.0	14:52	15:08	+16	29:59.433	9:50.0	119.43	29:59.433	57.1%
13	006	Peter Ackling (M59)		12	M55-59	Lewisville	3.4	14:27	15:52	+85	30:19.472	9:56.5	19.47	30:22.859	51.5%
14	012	Doug Waters (M59)		13	M55-59	Carrollton	10.8	14:52	15:27	+35	30:19.542	9:56.6	39.54	30:30.318	51.5%
15	010	Amy Polcari (F58)		2	F55-59	Lewisville	4.6	15:21	15:38	+16	30:59.061	10:09.5	61.94	31:03.638	59.6%
16	283	Ruben Reyes (M68)		14	M65-69	Carrollton	16.3	15:39	15:58	+19	31:36.215	10:21.7	13.78	31:52.521	53.6%
17	121	Debbie Riedner (F55)		3	F55-59	Dallas	6.2	16:09	15:51	-18	31:59.426	10:29.3	120.57	32:05.636	55.4%
18	265	Kuay Sullivan (F58)		4	F55-59	Coppell	8.3	16:08	16:20	+12	32:27.433	10:38.5	120.57	32:35.779	56.9%
19	998	John Leighton (M63)		15	M60-64	Bedford	5.6	16:00	16:50	+50	32:49.571	10:45.8	104.43	32:55.181	49.3%
20	586	Emily Whitehurst (F38)		5	F35-39	Carrollton	8.3	15:55	17:01	+66	32:55.354	10:47.7	244.65	33:03.691	45.2%
21	005	Chris Cantrell (F70)		6	F70-74	Carrollton	4.9	16:39	16:49	+10	33:28.298	10:58.5	391.70	33:33.185	66.1%
22	044	Amie Goins (F52)		7	F50-54	Garland	7.8	16:10	17:23	+73	33:33.441	11:00.1	0.56	33:41.234	50.8%
23	097	Nathan Bruser (M53)		16	M50-54	Carrollton	2:20.5	15:43	15:43	+0	31:26.091	10:18.4	56.09	33:46.613	47.2%
24	096	Blake Bruser (F15)		8	F15-19	Carrollton	2:39.0	15:25	15:43	+18	31:07.682	10:12.4	37.68	33:46.650	48.9%
25	466	Andrew Ngotho (M58)		17	M55-59	Carrollton	26.6	17:02	18:03	+61	35:05.040	11:30.2	245.04	35:31.634	44.1%
26	106	Robert Simpson (M69)		18	M65-69	Coppell	19.9	17:27	18:15	+48	35:41.853	11:42.2	68.15	36:01.785	47.9%
27	451	Rob Windsor (M60)		19	M60-64	Flower Mound	9.2	16:39	19:21	+162	36:00.217	11:48.3	239.78	36:09.394	43.7%
28	153	Peter Chan (M71)		20	M70-74	Coppell	7.0	18:22	18:01	-21	36:23.877	11:56.0	143.88	36:30.892	48.1%
29	345	Ryan Pogue (M53)		21	M50-54	Carrollton	12.2	16:11	20:13	+242	36:23.340	11:55.8	93.34	36:35.584	40.8%
30	050	Chris Goins (M54)		22	M50-54	Garland	8.8	16:35	20:39	+244	37:13.328	12:12.2	103.33	37:22.089	40.2%
31	198	Yanira Lopez (F61)		9	F60-64	Farmers Branch	24.3	17:38	20:09	+151	37:46.780	12:23.2	34.78	38:11.103	51.0%
32	041	Kay Scott (F54)		10	F50-54	Bedford	12.1	19:04	20:09	+65	39:12.836	12:51.4	150.84	39:24.890	44.6%
33	721	Jennifer Speer (F37)		11	F35-39	Carrollton	9.1	18:34	21:26	+173	39:59.971	13:06.9	141.97	40:09.111	37.0%
34	530	Lilliana Wutter (F52)		12	F50-54	Frisco	3.8	20:09	22:28	+139	42:36.829	13:58.3	156.83	42:40.595	40.0%
35	039	Mary Kaplan (F85)		13	F80-99	Sunrise Beach	0.0	21:55	21:49	-5	43:44.341	14:20.4	74.34	43:44.341	70.5%
36	109	Kim Tsutsui (F56)		14	F55-59	Arlington	16.7	20:23	23:52	+209	44:14.891	14:30.5	45.11	44:31.619	40.6%
37	222	Rich Weklar (M53)		23	M50-54	Bartonville	18.6	19:25	25:24	+360	44:49.211	14:41.7	409.21	45:07.849	33.1%
38	863	Mikko Tauriainen (M59)		24	M55-59	Grapevine	17.4	26:07	22:32	-215	48:38.496	15:56.9	218.50	48:55.882	32.1%
39	223	Chris Wong (M54)		25	M50-54	Arlington	18.5	26:05	22:32	-213	48:37.748	15:56.6	232.25	48:56.275	30.8%
40	454	Betsy Palmer (F63)		15	F60-64	Carrollton	18.7	24:04	25:13	+69	49:17.210	16:09.6	534.21	49:35.916	40.2%
41	577	Paul Norris (M52) [2]		26	M50-54	Coppell	25:49.5	12:28	13:08	+40	25:35.567	8:23.5	35.57	51:25.066	57.5%
42	503	Diego Acosta (M20) [2]		27	M20-24	Coppell	25:52.7	13:08	13:52	+44	26:59.738	8:51.1	24.74	52:52.388	47.4%
43	405	Steve Russo (M60) [2]		28	M60-64	Plano	26:40.7	13:56	14:43	+48	28:39.178	9:23.7	83.18	55:19.882	55.0%
44	117	Vijayan Nair (M61) [2]		29	M60-64	Plano	25:55.6	14:34	17:02	+148	31:36.648	10:21.9	96.65	57:32.293	50.3%
45	246	Sheila Holen (F53)		16	F50-54	Lewisville	44.2	28:03	28:56	+53	56:59.273	18:41.1	90.73	57:43.492	30.3%
46	193	Julio Lopez (M68) [2]		30	M65-69	Farmers Branch	29:19.2				31:50.002	10:26.2	50.00	61:09.246	53.2%
47	155	Ruben Arevalo (M69) [2]		31	M65-69	Carrollton	30:00.8				34:20.004	11:15.4	320.00	64:20.789	49.8%
48	261	John Kramer (M62)		32	M60-64	Plano	5:48.1	30:42	30:44	+2	61:25.640	20:08.4	179.36	67:13.740	26.1%
49	096	Blake Bruser (F15) [2]		17	F15-19	Carrollton	34:54.6				34:33.263	11:19.8	243.26	69:27.834	44.0%
50	097	Nathan Bruser (M53) [2]		33	M50-54	Carrollton	34:51.4				34:37.221	11:21.1	247.22	69:28.652	42.9%
51	198	Yanira Lopez (F61) [2]		18	F60-64	Farmers Branch	38:12.4				47:56.111	15:43.0	271.11	86:08.541	40.2%

39 Positive Split

7 Negative Split

Average Finish Time: 34:33

Average Age Grade: 49.6%

OA Order of Finish (by Guntime) Difference # of Seconds off Prediction
 NetChipTimeNet Running Time (ChipTime) Fast Slow

△ Positive Split
 ▽ Negative Split

Timing provided by:
 DELTAVIEWTIMING.COM