



# Carrollton Runners Prediction Run 5K

Sunday, September 15, 2024

www.CarrolltonRunners.com

@Josey Ranch Athletic Complex, Carrollton TX

75F Clear 77%RH 7mphE

5K Off :7:35 am

| Place | OA | Bib | Name                      | 5K | [Lap] | GD | AgeGrp    | Predicted | ChipStart | 1stH  | 2ndH  | Δ    | NetChipTime | Pace    | Difference |
|-------|----|-----|---------------------------|----|-------|----|-----------|-----------|-----------|-------|-------|------|-------------|---------|------------|
| 1     | 5  | 117 | Vijayan Nair (M61)        |    |       | 4  | M60-64    | 25:30     | 0.4       | 12:11 | 13:19 | +68  | 25:29.392   | 8:21.4  | 0.61       |
| 2     | 11 | 155 | Ruben Arevalo (M69)       |    |       | 9  | M65-69    | 28:00     | 0.0       | 13:36 | 14:21 | +45  | 27:56.710   | 9:09.7  | 3.29       |
| 3     | 13 | 899 | Matthew Donaldson (M39)   |    |       | 11 | M35-39    | 29:30     | 8.3       | 14:46 | 14:38 | -8   | 29:23.806   | 9:38.3  | 6.19       |
| 4     | 27 | 050 | Chris Goins (M54)         |    |       | 17 | M50-54    | 35:45     | 7.4       | 16:22 | 19:13 | +172 | 35:35.022   | 11:40.0 | 9.98       |
| 5     | 3  | 577 | Paul Norris (M52)         |    |       | 3  | M50-54    | 25:02     | 0.2       | 12:10 | 12:39 | +29  | 24:48.935   | 8:08.2  | 13.06      |
| 6     | 18 | 886 | Amy Polcari (F58)         |    |       | 4  | F55-59    | 30:45     | 2.9       | 15:14 | 15:45 | +31  | 30:58.425   | 10:09.3 | 13.43      |
| 7     | 15 | 097 | Nathan Bruser (M53)       |    |       | 12 | M50-54    | 29:29     | 6.3       | 14:27 | 15:17 | +50  | 29:44.685   | 9:45.1  | 15.69      |
| 8     | 4  | 005 | Dick Eastin (M54)         |    |       | 0  | M50-54    | 25:00     | 8.9       | 12:15 | 12:27 | +11  | 24:41.646   | 8:05.8  | 18.35      |
| 9     | 25 | 153 | Peter Chan (M71)          |    |       | 16 | M70-74    | 35:00     | 5.8       | 17:07 | 17:33 | +26  | 34:40.620   | 11:22.2 | 19.38      |
| 10    | 16 | 096 | Blake Bruser (F15)        |    |       | 3  | F15-19    | 29:29     | 6.3       | 14:29 | 15:20 | +50  | 29:48.740   | 9:46.5  | 19.74      |
| 11    | 28 | 106 | Robert Simpson (M69)      |    |       | 18 | M65-69    | 35:50     | 16.7      | 17:16 | 18:10 | +54  | 35:26.374   | 11:37.2 | 23.63      |
| 12    | 1  | 710 | Jaydin Turner (M15)       |    |       | 1  | M15-19    | 18:50     | 0.0       | 9:44  | 9:37  | -6   | 19:20.929   | 6:20.6  | 30.93      |
| 13    | 10 | 012 | Doug Waters (M60)         |    |       | 8  | M60-64    | 28:00     | 2.9       | 13:23 | 14:04 | +42  | 27:27.061   | 9:00.0  | 32.94      |
| 14    | 14 | 894 | Krystal Rodriguez (F30)   |    |       | 2  | F30-34    | 30:00     | 8.6       | 14:47 | 14:38 | -8   | 29:24.835   | 9:38.6  | 35.16      |
| 15    | 22 | 044 | Amie Goins (F52)          |    |       | 7  | F50-54    | 33:33     | 4.9       | 15:53 | 17:03 | +70  | 32:55.942   | 10:47.8 | 37.06      |
| 16    | 2  | 255 | John Cosentino (M62)      |    |       | 2  | M60-64    | 25:30     | 1.4       | 12:10 | 12:37 | +28  | 24:47.295   | 8:07.6  | 42.70      |
| 17    | 20 | 265 | Kuay Sullivan (F58)       |    |       | 5  | F55-59    | 32:48     | 8.0       | 15:48 | 16:09 | +21  | 31:57.415   | 10:28.7 | 50.58      |
| 18    | 6  | 405 | Steve Russo (M61)         |    |       | 5  | M60-64    | 27:27     | 2.1       | 12:59 | 13:29 | +30  | 26:27.647   | 8:40.5  | 59.35      |
| 19    | 19 | 880 | James Eastin (M59)        |    |       | 14 | M55-59    | 32:30     | 9.2       | 15:16 | 16:09 | +53  | 31:25.651   | 10:18.2 | 64.35      |
| 20    | 34 | 024 | Carol Creech (F73)        |    |       | 14 | F70-74    | 48:00     | 10.7      | 23:07 | 23:47 | +40  | 46:54.498   | 15:22.8 | 65.50      |
| 21    | 24 | 042 | John Leighton (M63)       |    |       | 15 | M60-64    | 35:30     | 6.5       | 16:58 | 17:22 | +23  | 34:19.966   | 11:15.4 | 70.03      |
| 22    | 9  | 193 | Julio Lopez (M68)         |    |       | 7  | M65-69    | 29:00     | 0.9       | 13:39 | 13:49 | +11  | 27:28.055   | 9:00.3  | 91.94      |
| 23    | 12 | 885 | Peter Ackling (M59)       |    |       | 10 | M55-59    | 29:58     | 1.3       | 13:40 | 14:43 | +63  | 28:22.955   | 9:18.3  | 95.04      |
| 24    | 31 | 454 | Betsy Palmer (F63)        |    |       | 11 | F60-64    | 43:19     | 21.0      | 20:25 | 21:12 | +48  | 41:37.049   | 13:38.7 | 101.95     |
| 25    | 23 | 198 | Yanira Lopez (F61)        |    |       | 8  | F60-64    | 36:15     | 17.9      | 16:32 | 17:32 | +60  | 34:03.550   | 11:10.0 | 131.45     |
| 26    | 40 | 261 | John Kramer (M62)         |    |       | 25 | M60-64    | 59:45     | 49.5      | 28:24 | 29:04 | +39  | 57:28.135   | 18:50.5 | 136.86     |
| 27    | 17 | 192 | Robert Preston (M59)      |    |       | 13 | M55-59    | 28:00     | 7.9       | 14:41 | 15:38 | +57  | 30:18.521   | 9:56.2  | 138.52     |
| 28    | 29 | 222 | Rich Weklar (M53)         |    |       | 19 | M50-54    | 33:00     | 11.9      | 16:41 | 19:02 | +141 | 35:43.056   | 11:42.6 | 163.06     |
| 29    | 21 | 586 | Emily Whitehurst (F38)    |    |       | 6  | F35-39    | 35:00     | 5.4       | 15:35 | 16:29 | +54  | 32:03.370   | 10:30.6 | 176.63     |
| 30    | 32 | 041 | Kay Scott (F54)           |    |       | 12 | F50-54    | 39:40     | 14.0      | 21:03 | 21:39 | +36  | 42:41.939   | 14:00.0 | 181.94     |
| 31    | 30 | 883 | Giang Do (F-1)            |    |       | 10 | FStroller | 37:00     | 2.3       | 19:04 | 21:55 | +171 | 40:58.420   | 13:26.0 | 238.42     |
| 32    | 48 | 060 | Jaws Hansen (M64)         |    |       | 30 | M60-64    | 76:26     | 13.0      | 37:18 | 43:45 | +387 | 81:02.762   | 26:34.3 | 276.76     |
| 33    | 8  | 882 | Giovannti Treleaven (M31) |    |       | 6  | M30-34    | 32:00     | 2.5       | 13:18 | 14:05 | +46  | 27:22.985   | 8:58.7  | 277.01     |
| 34    | 7  | 521 | Carly Hensley (F32)       |    |       | 1  | F30-34    | 33:00     | 4.3       | 13:38 | 13:24 | -14  | 27:02.412   | 8:51.9  | 357.59     |
| 35    | 35 | 529 | Carlos Ordonez (M54)      |    |       | 20 | M50-54    | 43:00     | 21.3      | 23:28 | 26:21 | +174 | 49:48.930   | 16:20.0 | 408.93     |
| 36    | 26 | 952 | Eunice Martinez (F39)     |    |       | 9  | F35-39    | 50:00     | 15.3      | 17:14 | 18:12 | +57  | 35:26.340   | 11:37.2 | 873.66     |
| 37    | 33 | 951 | Viviana Gonzalez (F32)    |    |       | 13 | F30-34    | 60:00     | 15.6      | 20:27 | 22:31 | +124 | 42:57.533   | 14:05.1 | 1022.47    |
| 38    | 45 | 192 | Robert Preston (M59) [2]  |    |       | 29 | M55-59    | 30:00     | 33:09.5   | 12:19 | 17:47 | +328 | 30:06.235   | 9:52.2  | 6.23       |
| 39    | 38 | 117 | Vijayan Nair (M61) [2]    |    |       | 23 | M60-64    | 29:00     | 25:30.7   | 14:12 | 14:58 | +46  | 29:09.678   | 9:33.7  | 9.68       |
| 40    | 37 | 255 | John Cosentino (M62) [2]  |    |       | 22 | M60-64    | 26:30     | 24:49.7   | 12:51 | 13:20 | +29  | 26:10.978   | 8:35.1  | 19.02      |
| 41    | 41 | 193 | Julio Lopez (M68) [2]     |    |       | 26 | M65-69    | 31:00     | 27:29.4   | 15:11 | 16:16 | +65  | 31:27.704   | 10:18.9 | 27.70      |
| 42    | 43 | 096 | Blake Bruser (F15) [2]    |    |       | 15 | F15-19    | 30:30     | 29:55.7   | 15:51 | 14:11 | -100 | 30:01.399   | 9:50.6  | 28.60      |
| 43    | 42 | 097 | Nathan Bruser (M53) [2]   |    |       | 27 | M50-54    | 30:30     | 29:52.2   | 15:45 | 14:07 | -98  | 29:52.598   | 9:47.7  | 37.40      |
| 44    | 47 | 198 | Yanira Lopez (F61) [2]    |    |       | 17 | F60-64    | 41:25     | 34:21.8   | 20:15 | 21:59 | +104 | 42:14.805   | 13:51.1 | 49.81      |
| 45    | 39 | 405 | Steve Russo (M61) [2]     |    |       | 24 | M60-64    | 27:57     | 26:31.2   | 14:09 | 14:57 | +48  | 29:06.794   | 9:32.7  | 69.79      |
| 46    | 36 | 577 | Paul Norris (M52) [2]     |    |       | 21 | M50-54    | 25:00     | 24:49.7   | 12:50 | 13:20 | +30  | 26:10.480   | 8:34.9  | 70.48      |
| 47    | 46 | 265 | Kuay Sullivan (F58) [2]   |    |       | 16 | F55-59    | 33:12     | 32:06.4   | 17:10 | 17:52 | +42  | 35:01.485   | 11:29.0 | 109.49     |
| 48    | 44 | 155 | Ruben Arevalo (M69) [2]   |    |       | 28 | M65-69    | 29:00     | 27:57.9   | 16:41 | 17:10 | +29  | 33:50.793   | 11:05.8 | 290.79     |

© Most Accurate Predictor(s) wins gift card(s).

18Slower

30Faster

125.48

OA Order of Finish (by Guntime) Difference # of Seconds off Prediction

▲ Positive Split



Timing provided by:

Fast Slow

▲ Negative Split

NetChipTimeNet Running Time (ChipTime)

DELTAVIEWTIMING.COM

By Order of Finish

| OA | Bib Name | 5K                        | [Lap] | GD | AgeGrp    | City           | ChipStart | 1stH  | 2ndH  | △    | NetChipTime       | Pace             | Diff                       | ClockTime | AgeGD                    |  |
|----|----------|---------------------------|-------|----|-----------|----------------|-----------|-------|-------|------|-------------------|------------------|----------------------------|-----------|--------------------------|--|
| 1  | 710      | Jaydin Turner (M15)       |       | 1  | M15-19    | Carrollton     | 0.0       | 9:44  | 9:37  | -6   | 19:20.929         | 6:20.6           | 30.93                      | 19:20.929 | 70.7%                    |  |
| 2  | 255      | John Cosentino (M62)      |       | 2  | M60-64    | Plano          | 1.4       | 12:10 | 12:37 | +28  | 24:47.295         | 8:07.6           | 42.70                      | 24:48.712 | 64.7%                    |  |
| 3  | 577      | Paul Norris (M52)         |       | 3  | M50-54    | Coppell        | 0.2       | 12:10 | 12:39 | +29  | 24:48.935         | 8:08.2           | 13.06                      | 24:49.177 | 59.3%                    |  |
| 4  | 005      | Dick Eastin (M54)         |       | 0  | M50-54    | Farmers Branch | 8.9       | 12:15 | 12:27 | +11  | 24:41.646         | 8:05.8           | 18.35                      | 24:50.513 | 60.6%                    |  |
| 5  | 117      | Vijayan Nair (M61)        |       | 4  | M60-64    | Plano          | 0.4       | 12:11 | 13:19 | +68  | 25:29.392         | 8:21.4           | 0.61                       | 25:29.798 | 62.3%                    |  |
| 6  | 405      | Steve Russo (M61)         |       | 5  | M60-64    | Plano          | 2.1       | 12:59 | 13:29 | +30  | 26:27.647         | 8:40.5           | 59.35                      | 26:29.740 | 60.1%                    |  |
| 7  | 521      | Carly Hensley (F32)       |       | 1  | F30-34    | Carrollton     | 4.3       | 13:38 | 13:24 | -14  | 27:02.412         | 8:51.9           | 357.59                     | 27:06.687 | 53.9%                    |  |
| 8  | 882      | Giovannti Treleaven (M31) |       | 6  | M30-34    | Lewisville     | 2.5       | 13:18 | 14:05 | +46  | 27:22.985         | 8:58.7           | 277.01                     | 27:25.443 | 46.5%                    |  |
| 9  | 193      | Julio Lopez (M68)         |       | 7  | M65-69    | Farmers Branch | 0.9       | 13:39 | 13:49 | +11  | 27:28.055         | 9:00.3           | 91.94                      | 27:28.923 | 61.7%                    |  |
| 10 | 012      | Doug Waters (M60)         |       | 8  | M60-64    | Carrollton     | 2.9       | 13:23 | 14:04 | +42  | 27:27.061         | 9:00.0           | 32.94                      | 27:30.000 | 57.4%                    |  |
| 11 | 155      | Ruben Arevalo (M69)       |       | 9  | M65-69    | Carrollton     | 0.0       | 13:36 | 14:21 | +45  | 27:56.710         | 9:09.7           | 3.29                       | 27:56.710 | 61.2%                    |  |
| 12 | 885      | Peter Ackling (M59)       |       | 10 | M55-59    | Lewisville     | 1.3       | 13:40 | 14:43 | +63  | 28:22.955         | 9:18.3           | 95.04                      | 28:24.298 | 55.0%                    |  |
| 13 | 899      | Matthew Donaldson (M39)   |       | 11 | M35-39    | Addison        | 8.3       | 14:46 | 14:38 | -8   | 29:23.806         | 9:38.3           | 6.19                       | 29:32.076 | 45.3%                    |  |
| 14 | 894      | Krystal Rodriguez (F30)   |       | 2  | F30-34    | Carrollton     | 8.6       | 14:47 | 14:38 | -8   | 29:24.835         | 9:38.6           | 35.16                      | 29:33.468 | 49.4%                    |  |
| 15 | 097      | Nathan Bruser (M53)       |       | 12 | M50-54    | Carrollton     | 6.3       | 14:27 | 15:17 | +50  | 29:44.685         | 9:45.1           | 15.69                      | 29:50.951 | 49.9%                    |  |
| 16 | 096      | Blake Bruser (F15)        |       | 3  | F15-19    | Carrollton     | 6.3       | 14:29 | 15:20 | +50  | 29:48.740         | 9:46.5           | 19.74                      | 29:54.992 | 51.0%                    |  |
| 17 | 192      | Robert Preston (M59)      |       | 13 | M55-59    | Irving         | 7.9       | 14:41 | 15:38 | +57  | 30:18.521         | 9:56.2           | 138.52                     | 30:26.412 | 51.5%                    |  |
| 18 | 886      | Amy Polcari (F58)         |       | 4  | F55-59    | Lewisville     | 2.9       | 15:14 | 15:45 | +31  | 30:58.425         | 10:09.3          | 13.43                      | 31:01.355 | 59.6%                    |  |
| 19 | 880      | James Eastin (M59)        |       | 14 | M55-59    | Carrollton     | 9.2       | 15:16 | 16:09 | +53  | 31:25.651         | 10:18.2          | 64.35                      | 31:34.835 | 49.7%                    |  |
| 20 | 265      | Kuay Sullivan (F58)       |       | 5  | F55-59    | Coppell        | 8.0       | 15:48 | 16:09 | +21  | 31:57.415         | 10:28.7          | 50.58                      | 32:05.425 | 57.7%                    |  |
| 21 | 586      | Emily Whitehurst (F38)    |       | 6  | F35-39    | Carrollton     | 5.4       | 15:35 | 16:29 | +54  | 32:03.370         | 10:30.6          | 176.63                     | 32:08.738 | 46.4%                    |  |
| 22 | 044      | Amie Goins (F52)          |       | 7  | F50-54    | Garland        | 4.9       | 15:53 | 17:03 | +70  | 32:55.942         | 10:47.8          | 37.06                      | 33:00.810 | 51.7%                    |  |
| 23 | 198      | Yanira Lopez (F61)        |       | 8  | F60-64    | Farmers Branch | 17.9      | 16:32 | 17:32 | +60  | 34:03.550         | 11:10.0          | 131.45                     | 34:21.441 | 56.5%                    |  |
| 24 | 042      | John Leighton (M63)       |       | 15 | M60-64    | Bedford        | 6.5       | 16:58 | 17:22 | +23  | 34:19.966         | 11:15.4          | 70.03                      | 34:26.490 | 47.1%                    |  |
| 25 | 153      | Peter Chan (M71)          |       | 16 | M70-74    | Coppell        | 5.8       | 17:07 | 17:33 | +26  | 34:40.620         | 11:22.2          | 19.38                      | 34:46.414 | 50.5%                    |  |
| 26 | 952      | Eunice Martinez (F39)     |       | 9  | F35-39    | Carrollton     | 15.3      | 17:14 | 18:12 | +57  | 35:26.340         | 11:37.2          | 873.66                     | 35:41.664 | 42.2%                    |  |
| 27 | 050      | Chris Goins (M54)         |       | 17 | M50-54    | Garland        | 7.4       | 16:22 | 19:13 | +172 | 35:35.022         | 11:40.0          | 9.98                       | 35:42.470 | 42.1%                    |  |
| 28 | 106      | Robert Simpson (M69)      |       | 18 | M65-69    | Coppell        | 16.7      | 17:16 | 18:10 | +54  | 35:26.374         | 11:37.2          | 23.63                      | 35:43.044 | 48.3%                    |  |
| 29 | 222      | Rich Weklar (M53)         |       | 19 | M50-54    | Bartonville    | 11.9      | 16:41 | 19:02 | +141 | 35:43.056         | 11:42.6          | 163.06                     | 35:54.972 | 41.5%                    |  |
| 30 | 883      | Giang Do (F-1)            |       | 10 | FStroller | Lewisville     | 2.3       | 19:04 | 21:55 | +171 | 40:58.420         | 13:26.0          | 238.42                     | 41:00.683 |                          |  |
| 31 | 454      | Betsy Palmer (F63)        |       | 11 | F60-64    | Carrollton     | 21.0      | 20:25 | 21:12 | +48  | 41:37.049         | 13:38.7          | 101.95                     | 41:58.003 | 47.6%                    |  |
| 32 | 041      | Kay Scott (F54)           |       | 12 | F50-54    | Bedford        | 14.0      | 21:03 | 21:39 | +36  | 42:41.939         | 14:00.0          | 181.94                     | 42:55.970 | 41.0%                    |  |
| 33 | 951      | Viviana Gonzalez (F32)    |       | 13 | F30-34    | Dallas         | 15.6      | 20:27 | 22:31 | +124 | 42:57.533         | 14:05.1          | 1022.47                    | 43:13.150 | 33.9%                    |  |
| 34 | 024      | Carol Creech (F73)        |       | 14 | F70-74    | Aubrey         | 10.7      | 23:07 | 23:47 | +40  | 46:54.498         | 15:22.8          | 65.50                      | 47:05.238 | 49.7%                    |  |
| 35 | 529      | Carlos Ordonez (M54)      |       | 20 | M50-54    | Carrollton     | 21.3      | 23:28 | 26:21 | +174 | 49:48.930         | 16:20.0          | 408.93                     | 50:10.222 | 30.0%                    |  |
| 36 | 577      | Paul Norris (M52) [2]     |       | 21 | M50-54    | Coppell        | 24:49.7   | 12:50 | 13:20 | +30  | 26:10.480         | 8:34.9           | 70.48                      | 51:00.203 | 56.2%                    |  |
| 37 | 255      | John Cosentino (M62) [2]  |       | 22 | M60-64    | Plano          | 24:49.7   | 12:51 | 13:20 | +29  | 26:10.978         | 8:35.1           | 19.02                      | 51:00.658 | 61.2%                    |  |
| 38 | 117      | Vijayan Nair (M61) [2]    |       | 23 | M60-64    | Plano          | 25:30.7   | 14:12 | 14:58 | +46  | 29:09.678         | 9:33.7           | 9.68                       | 54:40.343 | 54.5%                    |  |
| 39 | 405      | Steve Russo (M61) [2]     |       | 24 | M60-64    | Plano          | 26:31.2   | 14:09 | 14:57 | +48  | 29:06.794         | 9:32.7           | 69.79                      | 55:37.951 | 54.6%                    |  |
| 40 | 261      | John Kramer (M62)         |       | 25 | M60-64    | Plano          | 49.5      | 28:24 | 29:04 | +39  | 57:28.135         | 18:50.5          | 136.86                     | 58:17.593 | 27.9%                    |  |
| 41 | 193      | Julio Lopez (M68) [2]     |       | 26 | M65-69    | Farmers Branch | 27:29.4   | 15:11 | 16:16 | +65  | 31:27.704         | 10:18.9          | 27.70                      | 58:57.070 | 53.8%                    |  |
| 42 | 097      | Nathan Bruser (M53) [2]   |       | 27 | M50-54    | Carrollton     | 29:52.2   | 15:45 | 14:07 | -98  | 29:52.598         | 9:47.7           | 37.40                      | 59:44.847 | 49.7%                    |  |
| 43 | 096      | Blake Bruser (F15) [2]    |       | 15 | F15-19    | Carrollton     | 29:55.7   | 15:51 | 14:11 | -100 | 30:01.399         | 9:50.6           | 28.60                      | 59:57.050 | 50.7%                    |  |
| 44 | 155      | Ruben Arevalo (M69) [2]   |       | 28 | M65-69    | Carrollton     | 27:57.9   | 16:41 | 17:10 | +29  | 33:50.793         | 11:05.8          | 290.79                     | 61:48.722 | 50.6%                    |  |
| 45 | 192      | Robert Preston (M59) [2]  |       | 29 | M55-59    | Irving         | 33:09.5   | 12:19 | 17:47 | +328 | 30:06.235         | 9:52.2           | 6.23                       | 63:15.740 | 51.9%                    |  |
| 46 | 265      | Kuay Sullivan (F58) [2]   |       | 16 | F55-59    | Coppell        | 32:06.4   | 17:10 | 17:52 | +42  | 35:01.485         | 11:29.0          | 109.49                     | 67:07.835 | 52.7%                    |  |
| 47 | 198      | Yanira Lopez (F61) [2]    |       | 17 | F60-64    | Farmers Branch | 34:21.8   | 20:15 | 21:59 | +104 | 42:14.805         | 13:51.1          | 49.81                      | 76:36.578 | 45.6%                    |  |
| 48 | 060      | Jaws Hansen (M64)         |       | 30 | M60-64    | Dallas         | 13.0      | 37:18 | 43:45 | +387 | 81:02.762         | 26:34.3          | 276.76                     | 81:15.769 | 20.1%                    |  |
|    |          |                           |       |    |           |                |           |       |       |      | 42 Positive Split | 6 Negative Split | Average Finish Time: 33:33 |           | Average Age Grade: 50.8% |  |