

Sunday, April 26, 2015

Carrollton Runners Mile + 5K

63F Clear 73% H 5mph S

www.CarrolltonRunners.com

@McInnish Park, Carrollton TX

Mile Off :7:32 am

5K Off :7:46 am

Mile Overall		5K Overall		5K Masters		5K Seniors	
Jeff Breese	5:58.57	Cole Atchison	18:29.32	Monte Dobson	20:59.74	Julio Lopez	22:21.50
Yanira Lopez	7:47.64	Melanie Clay	22:51.46	Kuay Sullivan	26:50.88	Carol Creech	40:17.66

5K MALE

		38 MALE Runners --- Average Time of 28:17						Avg. Age Grade: 53.2%		Place in	
	Name	City	(Age)	Half	Split	Chip Time	FN*	Pace	Age Grade	OA	GD
OVERALL	1 Cole Atchison	Lewisville	(21)	9:02	+25	18:29.32	M	5:57.1	70.0%	1	1
MASTERS	1 Monte Dobson		(49)	10:20	+19	20:59.74		6:45.5	69.7%	2	2
SENIORS	1 Julio Lopez	Farmers Branch	(59)	11:11	+0	22:21.50	M	7:11.8	71.1%	7	7
M10-14	1 Leand Celedonio	Fort Worth	(13)	13:01	+43	26:44.10	M	8:36.3	54.3%	18	15
M20-24	1 Erik Worrall	Lewisville	(22)	10:12	+75	21:39.33		6:58.2	59.6%	4	4
	2 Ryan Moore	Mesquite	(23)	12:56	+59	26:49.90		8:38.2	48.1%	20	16
	3 Austin Whitton	Lewisville	(24)	15:10	+204	33:42.93	✓	10:51.1	38.3%	42	32
M25-29	1 Eric Ibarra	Dallas	(27)	10:50	+13	21:52.83		7:02.6	59.0%	5	5
	2 Eric Connelly	Carrollton	(26)	10:44	+50	22:18.09		7:10.7	57.8%	6	6
	3 Derek Sims	Carrollton	(25)	12:35	+106	26:54.92		8:39.8	47.9%	23	19
	4 Jeremy Fowler		(29)			27:15.13		8:46.3	47.4%	25	20
	5 Blake Emmert		(26)	14:30	+2	29:03.00		9:21.0	44.4%	34	26
M30-34	1 Manav Shah	Dallas	(30)	13:26	+72	28:04.91	✓	9:02.3	46.1%	31	24
M35-39	1 Mike Mccracken		(37)	10:21	+20	21:02.51		6:46.4	63.5%	3	3
	2 Zak Sakoglu	Dallas	(36)	13:37	+5	27:18.64	M ✓	8:47.4	48.5%	32	25
	3 Leo Andal	Eules	(39)			29:48.00		9:35.5	45.5%	35	27
M40-44	1 Allan Santos	Keller	(41)	12:15	+25	24:54.28	M ✓	8:01.0	55.2%	13	12
	2 Ronaldo Mateo	Eules	(43)	12:02	+56	24:59.36	✓	8:02.6	55.9%	12	11
	3 Jen Evangelista	Irving	(43)	12:45	+71	26:42.23		8:35.7	52.3%	30	23
	4 Leandro Celedonio III	Fort Worth	(43)	13:17	+39	27:13.05	✓	8:45.6	51.3%	26	21
	5 Geronimo Simpao	Irving	(43)			32:00.40		10:18.1	43.6%	40	30
M45-49	1 Leonard Evans	Richardson	(47)	11:13	+14	22:41.07	✓	7:18.1	63.5%	9	9
	2 Matthew Repko	Irving	(47)	12:54	+0	25:47.53		8:18.1	55.8%	15	14
	3 Vicente Rangel	Carrollton	(47)	13:33	-11	26:55.94		8:40.1	53.5%	21	17
	4 John Smith	Dallas	(49)	13:46	-6	27:25.55		8:49.7	53.3%	28	22
M50-54	1 David Francis	Dallas	(50)	11:05	+23	22:33.30	M	7:15.6	65.4%	8	8
	2 Jeff Breese	Frisco	(50)	11:37	-28	22:46.80	M	7:19.9	64.7%	10	10
	3 John Kramer	Plano	(53)	14:50	-42	28:57.81	M	9:19.3	52.2%	44	34
	4 Ken Robinson	Plano	(52)	15:29	-42	30:16.24		9:44.6	49.5%	37	28
M55-59	1 Ruben Reyes	Carrollton	(59)	15:36	-19	30:53.35	M	9:56.5	51.5%	38	29
	2 Gabriel Sapien	Carrollton	(55)	18:37	-196	33:57.35		10:55.8	45.3%	43	33
M60-64	1 David Mask	Lewisville	(62)	12:35	+15	25:25.32		8:11.0	64.2%	14	13
	2 Michael Johnson	Coppell	(62)	16:38	-1	33:14.83	M	10:42.1	49.1%	41	31
	3 Mike Catt	The Colony	(61)	19:49	-6	39:31.35	M	12:43.3	40.9%	49	35
	4 Nelson Andrews		(60)			53:52.77		17:20.5	29.8%	60	38
M65-69	1 Glenn Dumas	Farmers Branch	(65)	13:02	+16	26:19.92	M	8:28.5	63.7%	22	18
	2 Scott Ahlstrom	Carrollton	(66)	21:09	-43	41:35.58		13:23.2	40.7%	53	36

5K FEMALE

24 FEMALE Runners --- Average Time of **38:08** Avg. Age Grade: **45.7%**

	Name	City	(Age)	Half	Split	Chip Time	FN*	Pace	Age Grade	OA	GD
OVERALL	1 Melanie Clay	Irving	(25)	11:32	-12	22:51.46		7:21.4	64.7%	11	1
MASTERS	1 Kuay Sullivan	Coppel	(49)	13:30	-8	26:50.88	ℓ	8:38.5	62.2%	19	4
SENIORS	1 Carol Creech	Plano	(64)	20:04	+10	40:17.66		12:58.2	50.9%	50	15
F10-14	1 Pauline Celedonio	Fort Worth	(10)	15:29	+10	31:08.23	✓	10:01.3	54.8%	39	10
F15-19	1 Rachael Alterman	Carrollton	(18)	16:27	+81	34:15.60		11:01.6	43.7%	45	11
F20-24	1 Chelsey Sills	Lewisville	(23)	14:28	-31	28:24.57		9:08.6	52.1%	33	8
	2 Alexandria Whitton	Lewisville	(23)			49:18.54	✓	15:52.3	30.0%	56	19
F25-29	1 Mari Morales	Lewisville	(27)	12:38	+49	26:05.27		8:23.8	56.7%	16	2
	2 Renee Michon	Carrollton	(27)	13:11	+81	27:43.09		8:55.3	53.4%	29	7
	3 Hannah Fowler		(29)	14:37	+33	29:47.13		9:35.2	49.7%	36	9
	4 Gayla Cloud	Desoto	(25)	16:44	+80	34:47.81		11:12.0	42.5%	46	12
F30-34	1 Jessica Shaw	Carrollton	(32)	20:18	+31	41:06.33	✓	13:13.8	36.1%	51	16
F35-39	1 Elizabeth Gomez	Garland	(35)	12:53	+30	26:16.05	✓	8:27.3	56.9%	17	3
	2 Marci Aguilar	Carrollton	(36)	19:44	-105	37:42.31	ℓ	12:08.2	39.8%	47	13
	3 Abigail Smith	Lewisville	(35)	25:53	-10	51:36.37		16:36.6	29.0%	58	21
	4 Ava Andrews	Carrollton	(37)			53:50.45		17:19.8	28.0%	59	22
F40-44	1 Scymentress Williams	Arlington	(44)	13:31	+3	27:04.34		8:42.8	58.4%	27	6
	2 Cathy Torres	Fort Worth	(41)			41:36.77	ℓ	13:23.6	37.1%	52	17
F45-49	1 Pei Cardozo	Carrollton	(47)			55:59.36	✓	18:01.3	29.1%	61	23
F50-54	1 Yanira Lopez	Farmers Branch	(52)	13:49	-28	27:10.03	ℓ	8:44.7	63.9%	24	5
	2 Susan Olukoga-Daniel		(53)			39:20.84	✓	12:39.9	44.7%	48	14
F55-59	1 Kimberly Loucks	Carrollton	(55)	25:52	-9	51:35.31	✓	16:36.3	35.0%	57	20
	2 Donita Crowder	Dallas	(55)	32:14	+82	1:05:49.52		21:11.2	27.4%	62	24
F70-74	1 Betsy Veneziano	Carrollton	(70)	22:12	+3	44:26.80		14:18.4	50.7%	55	18

1M MALE

		16 MALE Runners --- Average Time of 9:26					Avg. Age Grade: 51.1%			Place in		
		Name	City	(Age)	Half	Split	Chip Time	FN*	Pace	Age Grade	OA	GD
OVERALL	1	Jeff Breese	Frisco	(50)			5:58.57	✓	5:58.6	71.0%	1	1
M01-09	1	Zeus Celedonio	Fort Worth	(7)			16:03.24		16:03.2	31.9%	22	15
	2	Elijah Santos	Keller	(5)			16:14.61		16:14.6	35.0%	24	16
M10-14	1	Leand Celedonio	Fort Worth	(13)			7:54.45		7:54.5	52.8%	9	8
M20-24	1	Cole Atchison	Lewisville	(21)			7:29.19		7:29.2	49.7%	5	5
M35-39	1	Zak Sakoglu	Dallas	(36)			7:09.88	✓	7:09.9	53.2%	4	4
M40-44	1	Allan Santos	Keller	(41)			10:26.57	✓	10:26.6	37.9%	15	12
M50-54	1	David Francis	Dallas	(50)			6:27.85		6:27.9	65.6%	2	2
	2	John Kramer	Plano	(53)			7:36.26		7:36.3	57.2%	6	6
	3	Deng Torres	Fort Worth	(52)			12:31.32		12:31.3	34.4%	21	14
M55-59	1	Julio Lopez	Farmers Branch	(59)			6:45.93		6:45.9	67.6%	3	3
	2	Ruben Reyes	Carrollton	(59)			8:52.06		8:52.1	51.6%	11	9
M60-64	1	Michael Johnson	Coppell	(62)			9:26.00		9:26.0	49.8%	13	11
	2	Mike Catt	The Colony	(61)			10:45.41		10:45.4	43.3%	17	13
M65-69	1	Glenn Dumas	Farmers Branch	(65)			7:52.45		7:52.5	61.3%	8	7
M70-74	1	Jack Manning	Dallas	(72)			9:18.49		9:18.5	55.9%	12	10

1M FEMALE

		9 FEMALE Runners --- Average Time of 11:50					Avg. Age Grade: 42.8%			Place in		
		Name	City	(Age)	Half	Split	Chip Time	FN*	Pace	Age Grade	OA	GD
OVERALL	1	Yanira Lopez	Farmers Branch	(52)			7:47.64	✓	7:47.6	65.6%	7	1
F01-09	1	Lorraine Torres	Fort Worth	(9)			10:26.73		10:26.7	47.6%	16	4
	2	Ada Torres		(7)			12:22.82		12:22.8	43.0%	19	6
F10-14	1	Emmilou Santos	Keller	(12)			12:22.23		12:22.2	37.3%	18	5
F35-39	1	Marci Aguilar	Carrollton	(36)			10:25.80		10:25.8	41.1%	14	3
	2	Ma Lourdes Celedonio	Fort Worth	(39)			16:13.00		16:13.0	27.1%	23	8
	3	Tessa Santos	Keller	(38)			16:15.16		16:15.2	26.8%	25	9
F40-44	1	Cathy Torres	Fort Worth	(41)			12:31.05		12:31.1	35.7%	20	7
F45-49	1	Kuay Sullivan	Coppell	(49)			8:06.23	✓	8:06.2	60.7%	10	2

1M	Bib Name	GD	AgeGrp	AG	Start	1stH	2ndH	Δ	FinishTime+	FN*	Pace	5KEq	Clock Time	AgeGD
1	7216 Jeff Breese (M50)	1	M50-54	OA	---				5:58.57	✓ 19	5:58.6	20.41	5:58.57	71.0%
2	6884 David Francis (M50)	2	M50-54	1st	---				6:27.85	✗	6:27.9	22.07	6:27.85	65.6%
3	7193 Julio Lopez (M59)	3	M55-59	1st	---				6:45.93		6:45.9	23.09	6:45.93	67.6%
4	7278 Zak Sakoglu (M36)	4	M35-39	1st	---				7:09.88	✓ 2	7:09.9	24.46	7:09.88	53.2%
5	6760 Cole Atchison (M21)	5	M20-24	1st	---				7:29.19	✗	7:29.2	25.60	7:29.19	49.7%
6	7261 John Kramer (M53)	6	M50-54	2nd	---				7:36.26		7:36.3	26.00	7:36.26	57.2%
7	7198 Yanira Lopez (F52)	1	F50-54	OA	---				7:47.64	✓ 52	7:47.6	26.63	7:47.64	65.6%
8	7014 Glenn Dumas (M65)	7	M65-69	1st	---				7:52.45		7:52.5	26.91	7:52.45	61.3%
9	6821 Leand Celedeno (M13)	8	M10-14	1st	---				7:54.45	✗	7:54.5	27.03	7:54.45	52.8%
10	7265 Kuay Sullivan (F49)	2	F45-49	1st	---				8:06.23	✓ 20	8:06.2	27.71	8:06.23	60.7%
11	7283 Ruben Reyes (M59)	9	M55-59	2nd	---				8:52.06		8:52.1	30.33	8:52.06	51.6%
12	7143 Jack Manning (M72)	10	M70-74	1st	---				9:18.49		9:18.5	31.82	9:18.49	55.9%
13	7252 Michael Johnson (M62)	11	M60-64	1st	---				9:26.00		9:26.0	32.27	9:26.00	49.8%
14	7478 Marci Aguilar (F36)	3	F35-39	1st	---				10:25.80		10:25.8	35.64	10:25.80	41.1%
15	7410 Allan Santos (M41)	12	M40-44	1st	---				10:26.57	✓ 1	10:26.6	35.69	10:26.57	37.9%
16	6925 Lorraine Torres (F9)	4	F01-09	1st	---				10:26.73	✗	10:26.7	35.69	10:26.73	47.6%
17	6994 Mike Catt (M61)	13	M60-64	2nd	---				10:45.41		10:45.4	36.78	10:45.41	43.3%
18	7412 Emmilou Santos (F12)	5	F10-14	1st	---				12:22.23	✗	12:22.2	42.31	12:22.23	37.3%
19	6003 Ada Torres (F7)	6	F01-09	2nd	---				12:22.82	✗	12:22.8	42.31	12:22.82	43.0%
20	6918 Cathy Torres (F41)	7	F40-44	1st	---				12:31.05	✗	12:31.1	42.82	12:31.05	35.7%
21	6917 Deng Torres (M52)	14	M50-54	3rd	---				12:31.32	✗	12:31.3	42.82	12:31.32	34.4%
22	6827 Zeus Celedeno (M7)	15	M01-09	1st	---				16:03.24	✗	16:03.2	54.91	16:03.24	31.9%
23	6818 Ma Lourdes Celedeno (F39)	8	F35-39	2nd	---				16:13.00	✗	16:13.0	55.48	16:13.00	27.1%
24	7413 Elijah Santos (M5)	16	M01-09	2nd	---				16:14.61	✗	16:14.6	55.54	16:14.61	35.0%
25	7411 Tessa Santos (F38)	9	F35-39	3rd	---				16:15.16	✗	16:15.2	55.59	16:15.16	26.8%

✓ 5 Club PR's Average Finish Time: 10:17 12 First Timers Average Age Grade: 48.1%

5K	Bib Name	GD	AgeGrp	AG	Start	1stH	2ndH	Δ	FinishTime+	FN*	Pace	5KEq	Clock Time	AgeGD
1	6760 Cole Atchison (M21)	1	M20-24	OA	1.4	9:02	9:27	+25	18:29.32	ℓ ✗	5:57.1	18.48	18:30.70	70.0%
2	6001 Monte Dobson (M49)	2	M45-49	MS	2.0	10:20	10:40	+19	20:59.74		6:45.5	20.98	21:01.75	69.7%
3	6002 Mike Mccracken (M37)	3	M35-39	1st	---	10:21	10:41	+20	21:02.51	✗	6:46.4	21.03	21:02.51	63.5%
4	6811 Erik Worrall (M22)	4	M20-24	1st	1.8	10:12	11:27	+75	21:39.33	✗	6:58.2	21.65	21:41.16	59.6%
5	6216 Eric Ibarra (M27)	5	M25-29	1st	2.7	10:50	11:03	+13	21:52.83	✗	7:02.6	21.87	21:55.52	59.0%
6	6942 Eric Connelly (M26)	6	M25-29	2nd	2.9	10:44	11:34	+50	22:18.09	✗	7:10.7	22.30	22:20.99	57.8%
7	7193 Julio Lopez (M59)	7	M55-59	SR	1.7	11:11	11:11	+0	22:21.50	ℓ	7:11.8	22.35	22:23.15	71.1%
8	6884 David Francis (M50)	8	M50-54	1st	4.0	11:05	11:28	+23	22:33.30	ℓ ✗	7:15.6	22.55	22:37.34	65.4%
9	7447 Leonard Evans (M47)	9	M45-49	1st	2.2	11:13	11:28	+14	22:41.07	✓ 4	7:18.1	22.68	22:43.23	63.5%
10	7216 Jeff Breese (M50)	10	M50-54	2nd	5.0	11:37	11:09	-28	22:46.80	ℓ	7:19.9	22.77	22:51.80	64.7%
11	6852 Melanie Clay (F25)	1	F25-29	OA	9.6	11:32	11:20	-12	22:51.46	✗	7:21.4	22.85	23:01.02	64.7%
12	6998 Ronaldo Mateo (M43)	11	M40-44	2nd	---	12:02	12:58	+56	24:59.36	✓ 1	8:02.6	24.98	24:59.36	55.9%
13	7410 Allan Santos (M41)	12	M40-44	1st	10.7	12:15	12:40	+25	24:54.28	ℓ ✓ 2	8:01.0	24.90	25:05.03	55.2%
14	7008 David Mask (M62)	13	M60-64	1st	15.2	12:35	12:50	+15	25:25.32		8:11.0	25.42	25:40.54	64.2%
15	6658 Matthew Repko (M47)	14	M45-49	2nd	7.1	12:54	12:54	+0	25:47.53	✗	8:18.1	25.78	25:54.60	55.8%
16	6948 Mari Morales (F27)	2	F25-29	1st	7.2	12:38	13:27	+49	26:05.27	✗	8:23.8	26.08	26:12.43	56.7%
17	7034 Elizabeth Gomez (F35)	3	F35-39	1st	---	12:53	13:23	+30	26:16.05	✓ 3	8:27.3	26.27	26:16.05	56.9%
18	6821 Leand Celedonio (M13)	15	M10-14	1st	10.0	13:01	13:43	+43	26:44.10	ℓ	8:36.3	26.73	26:54.13	54.3%
19	7265 Kuay Sullivan (F49)	4	F45-49	MS	5.8	13:30	13:21	-8	26:50.88	ℓ	8:38.5	26.83	26:56.68	62.2%
20	6886 Ryan Moore (M23)	16	M20-24	2nd	11.5	12:56	13:54	+59	26:49.90	✗	8:38.2	26.82	27:01.39	48.1%
21	6493 Vicente Rangel (M47)	17	M45-49	3rd	8.0	13:33	13:23	-11	26:55.94	✗	8:40.1	26.92	27:03.93	53.5%

FN*: ☐ Broke Age-Group Record GD Place among Females Δ Positive Split
 ℓ Ran Mile before 5K ✓ # Races PR @ Carrollton Runners (2003 & later) Δ Negative Split

22	7014	Glenn Dumas (M65)	18	M65-69	1st	45.8	13:02	13:18	+16	26:19.92	ℓ	8:28.5	26.32	27:05.76	63.7%																																																		
23	7090	Derek Sims (M25)	19	M25-29	3rd	11.7	12:35	14:20	+106	26:54.92		8:39.8	26.90	27:06.65	47.9%																																																		
24	7198	Yanira Lopez (F52)	5	F50-54	1st	5.5	13:49	13:21	-28	27:10.03	ℓ	8:44.7	27.17	27:15.52	63.9%																																																		
25	6007	Jeremy Fowler (M29)	20	M25-29	4th	5.2				27:15.13	⊗	8:46.3	27.25	27:20.32	47.4%																																																		
26	6817	Leandro Celedonio Iii (M43)	21	M40-44	4th	10.3	13:17	13:56	+39	27:13.05	✓ 1	8:45.6	27.22	27:23.36	51.3%																																																		
27	7769	Scymentress Williams (F44)	6	F40-44	1st	22.0	13:31	13:34	+3	27:04.34		8:42.8	27.07	27:26.37	58.4%																																																		
28	7376	John Smith (M49)	22	M45-49	4th	4.6	13:46	13:40	-6	27:25.55		8:49.7	27.42	27:30.12	53.3%																																																		
29	6943	Renee Michon (F27)	7	F25-29	2nd	3.5	13:11	14:32	+81	27:43.09	⊗	8:55.3	27.72	27:46.59	53.4%																																																		
30	7343	Jen Evangelista (M43)	23	M40-44	3rd	71.9	12:45	13:57	+71	26:42.23		8:35.7	26.70	27:54.11	52.3%																																																		
31	7184	Manav Shah (M30)	24	M30-34	1st	6.2	13:26	14:39	+72	28:04.91	✓ 2	9:02.3	28.07	28:11.07	46.1%																																																		
32	7278	Zak Sakoglu (M36)	25	M35-39	2nd	59.3	13:37	13:42	+5	27:18.64	ℓ ✓ 2	8:47.4	27.30	28:17.92	48.5%																																																		
33	6840	Chelsey Sills (F23)	8	F20-24	1st	7.9	14:28	13:57	-31	28:24.57	⊗	9:08.6	28.40	28:32.42	52.1%																																																		
34	6005	Blake Emmert (M26)	26	M25-29	5th	3.7	14:30	14:33	+2	29:03.00	⊗	9:21.0	29.05	29:06.69	44.4%																																																		
35	6743	Leo Andal (M39)	27	M35-39	3rd	---				29:48.00	⊗	9:35.5	29.80	29:48.00	45.5%																																																		
36	6006	Hannah Fowler (F29)	9	F25-29	3rd	4.6	14:37	15:10	+33	29:47.13	⊗	9:35.2	29.78	29:51.71	49.7%																																																		
37	7077	Ken Robinson (M52)	28	M50-54	4th	---	15:29	14:47	-42	30:16.24		9:44.6	30.27	30:16.24	49.5%																																																		
38	7283	Ruben Reyes (M59)	29	M55-59	1st	6.5	15:36	15:17	-19	30:53.35	ℓ	9:56.5	30.88	30:59.83	51.5%																																																		
39	6826	Pauline Celedonio (F10)	10	F10-14	1st	10.0	15:29	15:39	+10	31:08.23	✓ 1	10:01.3	31.13	31:18.23	54.8%																																																		
40	6819	Geronimo Simpao (M43)	30	M40-44	5th	20.1				32:00.40	⊗	10:18.1	32.00	32:20.50	43.6%																																																		
41	7252	Michael Johnson (M62)	31	M60-64	2nd	6.1	16:38	16:37	-1	33:14.83	ℓ	10:42.1	33.23	33:20.89	49.1%																																																		
42	6261	Austin Whitton (M24)	32	M20-24	3rd	10.1	15:10	18:33	+204	33:42.93	✓ 1	10:51.1	33.70	33:53.04	38.3%																																																		
43	7015	Gabriel Sapien (M55)	33	M55-59	2nd	14.5	18:37	15:21	-196	33:57.35		10:55.8	33.95	34:11.87	45.3%																																																		
44	7261	John Kramer (M53)	34	M50-54	3rd	325.7	14:50	14:08	-42	28:57.81	ℓ	9:19.3	28.95	34:23.47	52.2%																																																		
45	6825	Rachael Alterman (F18)	11	F15-19	1st	9.1	16:27	17:48	+81	34:15.60	⊗	11:01.6	34.25	34:24.70	43.7%																																																		
46	6853	Gayla Cloud (F25)	12	F25-29	4th	8.5	16:44	18:04	+80	34:47.81	⊗	11:12.0	34.78	34:56.29	42.5%																																																		
47	7478	Marci Aguilar (F36)	13	F35-39	2nd	13.3	19:44	17:59	-105	37:42.31	ℓ	12:08.2	37.70	37:55.62	39.8%																																																		
48	6893	Susan Olukoga-Daniel (F53)	14	F50-54	2nd	2.1				39:20.84	✓ 1	12:39.9	39.33	39:22.98	44.7%																																																		
49	6994	Mike Catt (M61)	35	M60-64	3rd	8.1	19:49	19:43	-6	39:31.35	ℓ	12:43.3	39.52	39:39.45	40.9%																																																		
50	7024	Carol Creech (F64)	15	F60-64	SR	2.9	20:04	20:14	+10	40:17.66		12:58.2	40.28	40:20.55	50.9%																																																		
51	6327	Jessica Shaw (F32)	16	F30-34	1st	13.1	20:18	20:49	+31	41:06.33	✓ 1	13:13.8	41.10	41:19.47	36.1%																																																		
52	6918	Cathy Torres (F41)	17	F40-44	2nd	---				41:36.77	ℓ	⊗	13:23.6	41.60	41:36.77	37.1%																																																	
53	7148	Scott Ahlstrom (M66)	36	M65-69	2nd	9.4	21:09	20:26	-43	41:35.58		13:23.2	41.58	41:45.01	40.7%																																																		
54	7067	Patrick Greene (M79)	37	M75-79	1st	6.6	20:09	22:15	+126	42:24.74		13:39.1	42.40	42:31.34	48.4%																																																		
55	7145	Betsy Veneziano (F70)	18	F70-74	1st	3.1	22:12	22:15	+3	44:26.80		14:18.4	44.43	44:29.89	50.7%																																																		
56	6262	Alexandria Whitton (F23)	19	F20-24	2nd	---				49:18.54	✓ 1	15:52.3	49.30	49:18.54	30.0%																																																		
57	7359	Kimberly Loucks (F55)	20	F55-59	1st	19.5	25:52	25:43	-9	51:35.31	✓ 2	16:36.3	51.58	51:54.86	35.0%																																																		
58	7179	Abigail Smith (F35)	21	F35-39	3rd	18.6	25:53	25:43	-10	51:36.37		16:36.6	51.60	51:54.95	29.0%																																																		
59	6269	Ava Andrews (F37)	22	F35-39	4th	99.6				53:50.45	⊗	17:19.8	53.83	55:30.03	28.0%																																																		
60	6009	Nelson Andrews (M60)	38	M60-64	4th	98.5				53:52.77	⊗	17:20.5	53.87	55:31.30	29.8%																																																		
61	6296	Pei Cardozo (F47)	23	F45-49	1st	11.9				55:59.36	✓ 1	18:01.3	55.98	56:11.24	29.1%																																																		
62	7459	Donita Crowder (F55)	24	F55-59	2nd	19.3	32:14	33:36	+82	1:05:49.52		21:11.2	65.821	06:08.87	27.4%																																																		
34 Positive Split											19 Negative Split											✓ 14 Club PR's											Average Finish Time: 32:05											23 First Timers											Average Age Grade: 50.3%										

FN*: Broke Age-Group Record

GD Place among Females

Positive Split

Timing provided by:

4/30/2015

ℓ Ran Mile before 5K ✓ # Races PR @ Carrollton Runners (2003 & later)

Negative Split

 DeltaViewTiming.com

Sorted Age Grades

1M

#	OA	Name	Gender-Age	Finish Time	AgeGrade	List*
1	1	Jeff Breese	M50	5:58.57	71.0%	Move UP
2	3	Julio Lopez	M59	6:45.93	67.6%	
3	2	David Francis	M50	6:27.85	65.6%	New
4	7	Yanira Lopez	F52	7:47.64	65.6%	Move UP
5	8	Glenn Dumas	M65	7:52.45	61.3%	
6	10	Kuay Sullivan	F49	8:06.23	60.7%	
7	6	John Kramer	M53	7:36.26	57.2%	
8	12	Jack Manning	M72	9:18.49	55.9%	
9	4	Zak Sakoglu	M36	7:09.88	53.2%	
10	9	Leand Celedeno	M13	7:54.45	52.8%	
11	11	Ruben Reyes	M59	8:52.06	51.6%	

5K

#	OA	Name	Gender-Age	Finish Time	AgeGrade	List*
1	7	Julio Lopez	M59	22:21.50	71.1%	
2	1	Cole Atchison	M21	18:29.32	70.0%	New
3	2	Monte Dobson	M49	20:59.74	69.7%	
4	8	David Francis	M50	22:33.30	65.4%	New
5	11	Melanie Clay	F25	22:51.46	64.7%	
6	10	Jeff Breese	M50	22:46.80	64.7%	
7	14	David Mask	M62	25:25.32	64.2%	
8	24	Yanira Lopez	F52	27:10.03	63.9%	
9	22	Glenn Dumas	M65	26:19.92	63.7%	
10	9	Leonard Evans	M47	22:41.07	63.5%	
11	3	Mike Mccracken	M37	21:02.51	63.5%	
12	19	Kuay Sullivan	F49	26:50.88	62.2%	
13	4	Erik Worrall	M22	21:39.33	59.6%	
14	5	Eric Ibarra	M27	21:52.83	59.0%	
15	27	Scymentress Williams	F44	27:04.34	58.4%	
16	6	Eric Connelly	M26	22:18.09	57.8%	
17	17	Elizabeth Gomez	F35	26:16.05	56.9%	
18	16	Mari Morales	F27	26:05.27	56.7%	
19	12	Ronaldo Mateo	M43	24:59.36	55.9%	
20	15	Matthew Repko	M47	25:47.53	55.8%	
21	13	Allan Santos	M41	24:54.28	55.2%	
22	39	Pauline Celedonio	F10	31:08.23	54.8%	
23	18	Leand Celedonio	M13	26:44.10	54.3%	
24	21	Vicente Rangel	M47	26:55.94	53.5%	
25	29	Renee Michon	F27	27:43.09	53.4%	
26	28	John Smith	M49	27:25.55	53.3%	
27	30	Jen Evangelista	M43	26:42.23	52.3%	
28	44	John Kramer	M53	28:57.81	52.2%	
29	33	Chelsey Sills	F23	28:24.57	52.1%	
30	38	Ruben Reyes	M59	30:53.35	51.5%	
31	26	Leandro Celedonio Iii	M43	27:13.05	51.3%	
32	50	Carol Creech	F64	40:17.66	50.9%	
33	55	Betsy Veneziano	F70	44:26.80	50.7%	

100%	World Record Level for Gender/Age
90%	World Class Level
80%	National Class Level
70%	Regional Class Level

List*	Carrollton Runners Performance Lists for Age Grades > 65%
65%	Boston-Qualifier Approximate Level
60%	Local Class Level
50%	Average Class Level