

Mile Overall		5K Overall		5K Masters		5K Seniors	
Jaydin Turner	5:01.68	Jaydin Turner	20:22.06	Paul Norris	21:28.11	Vijayan Nair	23:20.57
Kuay Sullivan	9:50.51	Gabrielle Fripp	26:31.07	Kim Andres	28:31.54	Kuay Sullivan	30:24.81

## 5K MALE

		28 MALE Runners --- Average Time of <b>31:09</b>						Avg. Age Grade: <b>54.4%</b>		Place in	
	Name	City	(Age)	Half	Split	Chip Time	FN*	Pace	Age Grade	OA	GD
OVERALL	1 Jaydin Turner	Carrollton	(15)	10:32	-42	20:22.06	ML	6:33.3	68.4%	1	1
MASTERS	1 Paul Norris	Coppell	(52)	10:38	+12	21:28.11	ML	6:54.6	69.8%	3	3
SENIORS	1 Vijayan Nair	Plano	(61)	11:47	-13	23:20.57	ML	7:30.8	69.3%	6	6
M25-29	1 Dingkun Zhang	Allen	(29)	14:56	-21	29:31.43	ML ✓	9:30.2	43.7%	18	16
M30-34	1 Ka Lau	Plano	(34)	14:04	-13	27:55.18	ML	8:59.2	47.0%	13	12
M35-39	1 Blair Casey	Carrollton	(37)	10:34	+18	21:26.72		6:54.2	62.3%	2	2
	2 Serge Reshetnikov	The Colony	(39)	11:18	+24	22:59.67	✓	7:24.1	58.9%	5	5
M40-44	1 Brad Foster	Coppell	(41)	16:06	+21	32:31.94		10:28.3	42.3%	24	20
M50-54	1 Marcus O'con	Dallas	(53)	11:36	-33	22:39.46	ML	7:17.6	66.7%	4	4
	2 Nathan Bruser	Carrollton	(53)	12:35	-38	24:32.47		7:53.9	61.6%	16	14
	3 Dick Eastin		(54)	12:22	-5	24:37.93		7:55.7	61.9%	8	8
	4 Chris Goins	Garland	(54)	15:23	+70	31:56.86		10:17.0	47.7%	23	19
	5 Ryan Pogue	Carrollton	(53)	16:28	-19	32:36.33		10:29.7	46.3%	25	21
	6 Carlos Ordonez	Carrollton	(54)	23:04	+11	46:19.63		14:54.7	32.9%	39	26
M55-59	1 Robert Preston	Irving	(59)	13:42	-21	27:03.47		8:42.5	58.8%	11	11
	2 James Eastin	Carrollton	(59)	14:44	-3	29:25.99		9:28.4	54.0%	17	15
	3 Andrew Ngotho	Carrollton	(58)	15:04	-22	29:45.85	✓	9:34.8	53.0%	19	17
M60-64	1 Steve Russo	Plano	(61)	12:02	+13	24:17.23	ML	7:49.0	66.6%	7	7
	2 Doug Waters	Carrollton	(60)	13:24	+3	26:51.49		8:38.7	59.7%	10	10
	3 John Leighton	Bedford	(63)	15:43	-11	31:14.67	ML ✓	10:03.4	52.7%	21	18
	4 Jaws Hansen	Dallas	(64)	27:33	-104	53:21.58		17:10.5	31.2%	36	25
	5 John Kramer	Plano	(62)			1:01:04.57	ML	19:39.5	26.7%	43	28
M65-69	1 Julio Lopez	Farmers Branch	(69)	12:48	+21	25:56.71	ML	8:21.1	67.2%	9	9
	2 Ruben Arevalo	Carrollton	(69)	14:08	-19	27:57.11	ML	8:59.8	62.3%	14	13
	3 Robert Simpson	Coppell	(69)	17:47	-25	35:08.10		11:18.5	49.6%	29	22
	4 Ruben Reyes	Carrollton	(68)	17:18	+65	35:41.22	ML	11:29.2	48.3%	31	24
M80-99	1 Wally Capps	Farmers Branch	(83)	16:50	+111	35:31.37	ML	11:26.0	64.2%	30	23
	2 Enrique Ordonez	Carrollton	(84)	23:05	+14	46:23.13	ML	14:55.8	50.7%	40	27

# 5K FEMALE

15 FEMALE Runners --- Average Time of **37:18**

Avg. Age Grade: **53.5%**

Place in

	Name	City	(Age)	Half	Split	Chip Time	FN*	Pace	Age Grade	OA	GD
OVERALL	1 <b>Gabrielle Fripp</b>	Carrollton	(32)	13:31	-31	<b>26:31.07</b>	Ⓜ✓	8:32.1	56.0%	12	<b>1</b>
MASTERS	1 <b>Kim Andres</b>	Irving	(71)	14:10	+12	<b>28:31.54</b>	☑	9:10.9	<b>80.3%</b>	15	<b>2</b>
SENIORS	1 <b>Kuay Sullivan</b>	Coppell	(58)	15:07	+10	<b>30:24.81</b>	Ⓜ	9:47.4	<b>61.8%</b>	20	<b>3</b>
F30-34	1 <b>Lorena Zuniga</b>	Farmers Branch	(34)	16:56	+147	<b>36:19.72</b>		11:41.6	41.0%	32	<b>8</b>
	2 <b>Jenesi Ramirez</b>	Farmer Branch	(33)	20:11	+73	<b>41:35.08</b>		13:23.1	35.8%	37	<b>12</b>
F35-39	1 <b>Eunice Martinez</b>	Carrollton	(39)	16:27	+43	<b>33:37.82</b>		10:49.5	45.3%	28	<b>7</b>
F50-54	1 <b>Amie Goins</b>	Garland	(52)	15:32	+42	<b>31:45.25</b>		10:13.2	54.6%	22	<b>4</b>
	2 <b>Lilliana Wutter</b>	Frisco	(52)	18:51	+102	<b>39:23.43</b>		12:40.7	44.1%	35	<b>11</b>
	3 <b>Kay Scott</b>	Bedford	(54)	22:45	-75	<b>44:15.45</b>		14:14.7	40.2%	38	<b>13</b>
	4 <b>Sheila Holen</b>	Lewisville	(53)	27:44	+85	<b>56:52.14</b>		18:18.3	30.9%	42	<b>15</b>
F60-64	1 <b>Yanira Lopez</b>	Farmers Branch	(61)	16:27	+22	<b>33:15.44</b>	Ⓜ	10:42.3	59.0%	26	<b>5</b>
	2 <b>Betsy Palmer</b>	Carrollton	(63)	18:53	+48	<b>38:34.18</b>		12:24.9	52.3%	34	<b>10</b>
F70-74	1 <b>Chris Cantrell</b>	Carrollton	(71)	17:04	-41	<b>33:27.47</b>		10:46.1	<b>68.5%</b>	27	<b>6</b>
	2 <b>Carol Creech</b>	Aubrey	(73)	23:37	-3	<b>47:11.17</b>		15:11.3	50.3%	41	<b>14</b>
F80-99	1 <b>Mary Kaplan</b>	Sunrise Beach	(85)	18:55	-4	<b>37:46.46</b>	✓	12:09.5	<b>83.1%</b>	33	<b>9</b>

FN\*:  Broke Age-Group Record

**GD** Place among Females

▲ Positive Split

Timing provided by:

9/29/2024

Ran Mile before 5K ✓ # Races PR @ Carrollton Runners (2003 & later)

▲ Negative Split

 **DeltaViewTiming.com**

# 1M MALE

		17 MALE Runners --- Average Time of <b>9:31</b>					Avg. Age Grade: <b>54.0%</b>			Place in	
	Name	City	(Age)	Half	Split	Chip Time	FN*	Pace	Age Grade	OA	GD
OVERALL	1	Jaydin Turner	Carrollton	(15)		<b>5:01.68</b>		5:01.7	<b>79.6%</b>	1	1
M01-09	1	Ryker Fripp	Carrollton	(4)		<b>12:10.39</b>		12:10.4		17	14
M25-29	1	Dingkun Zhang	Allen	(29)		<b>8:47.36</b>	✓	8:47.4	42.2%	9	9
M30-34	1	Ka Lau	Plano	(34)		<b>7:15.80</b>		7:15.8	51.9%	4	4
	2	William Fripp	Carrollton	(32)		<b>14:51.70</b>		14:51.7	25.2%	20	15
M50-54	1	Paul Norris	Coppell	(52)		<b>6:32.77</b>		6:32.8	<b>65.9%</b>	2	2
	2	Marcus O'con	Dallas	(53)		<b>8:40.68</b>		8:40.7	50.1%	8	8
M55-59	1	Ruben Saguil	Carrollton	(59)		<b>8:22.84</b>		8:22.8	54.6%	22	17
M60-64	1	Vijayan Nair	Plano	(61)		<b>6:56.44</b>		6:56.4	<b>67.0%</b>	3	3
	2	Steve Russo	Plano	(61)		<b>8:35.69</b>		8:35.7	54.1%	7	7
	3	John Leighton	Bedford	(63)		<b>10:03.72</b>		10:03.7	47.1%	13	11
	4	John Kramer	Plano	(62)		<b>17:00.00</b>		17:00.0	27.6%	21	16
M65-69	1	Julio Lopez	Farmers Branch	(69)		<b>8:04.27</b>		8:04.3	<b>62.1%</b>	5	5
	2	Ruben Arevalo	Carrollton	(69)		<b>8:19.33</b>		8:19.3	<b>60.2%</b>	6	6
	3	Ruben Reyes	Carrollton	(68)		<b>9:18.48</b>		9:18.5	53.3%	10	10
M80-99	1	Wally Capps	Farmers Branch	(83)		<b>10:43.20</b>		10:43.2	<b>61.1%</b>	14	12
	2	Enrique Ordonez	Carrollton	(84)		<b>10:55.34</b>		10:55.3	<b>61.9%</b>	15	13

# 1M FEMALE

		5 FEMALE Runners --- Average Time of <b>11:41</b>					Avg. Age Grade: <b>44.5%</b>			Place in	
	Name	City	(Age)	Half	Split	Chip Time	FN*	Pace	Age Grade	OA	GD
OVERALL	1	Kuay Sullivan	Coppell	(58)		<b>9:50.51</b>		9:50.5	56.4%	11	<b>1</b>
F01-09	1	Rosemarie Fripp	Carrollton	(6)		<b>14:50.53</b>		14:50.5	37.3%	19	<b>5</b>
F25-29	1	Olivia Kleiner	Carrollton	(27)		<b>11:36.25</b>		11:36.3	36.1%	16	<b>3</b>
F30-34	1	Gabrielle Fripp	Carrollton	(32)		<b>12:10.68</b>		12:10.7	34.6%	18	<b>4</b>
F60-64	1	Yanira Lopez	Farmers Branch	(61)		<b>9:58.04</b>		9:58.0	58.1%	12	<b>2</b>

1M	Bib Name	GD	AgeGrp	AG	Start	1stH	2ndH	△	FinishTime+	FN*	Pace	5KEqClock	Time	AgeGD
1	6710 Jaydin Turner (M15)	1	M15-19	OA	---				5:01.68		5:01.7	17.16	5:01.68	79.6%
2	7577 Paul Norris (M52)	2	M50-54	1st	---				6:32.77		6:32.8	22.35	6:32.77	65.9%
3	7117 Vijayan Nair (M61)	3	M60-64	1st	---				6:56.44		6:56.4	23.72	6:56.44	67.0%
4	6998 Ka Lau (M34)	4	M30-34	1st	---				7:15.80		7:15.8	24.80	7:15.80	51.9%
5	7193 Julio Lopez (M69)	5	M65-69	1st	---				8:04.27		8:04.3	27.60	8:04.27	62.1%
6	7155 Ruben Arevalo (M69)	6	M65-69	2nd	---				8:19.33		8:19.3	28.45	8:19.33	60.2%
7	7405 Steve Russo (M61)	7	M60-64	2nd	---				8:35.69		8:35.7	29.36	8:35.69	54.1%
8	7270 Marcus O'con (M53)	8	M50-54	2nd	---				8:40.68		8:40.7	29.65	8:40.68	50.1%
9	6881 Dingkun Zhang (M29)	9	M25-29	1st	---				8:47.36	✓ 1	8:47.4	30.05	8:47.36	42.2%
10	7283 Ruben Reyes (M68)	10	M65-69	3rd	---				9:18.48		9:18.5	31.82	9:18.48	53.3%
11	7265 Kuay Sullivan (F58)	1	F55-59	OA	---				9:50.51		9:50.5	33.64	9:50.51	56.4%
12	7198 Yanira Lopez (F61)	2	F60-64	1st	---				9:58.04		9:58.0	34.10	9:58.04	58.1%
13	7042 John Leighton (M63)	11	M60-64	3rd	---				10:03.72		10:03.7	34.38	10:03.72	47.1%
14	7916 Wally Capps (M83)	12	M80-99	1st	---				10:43.20		10:43.2	36.66	10:43.20	61.1%
15	7140 Enrique Ordonez (M84)	13	M80-99	2nd	---				10:55.34		10:55.3	37.35	10:55.34	61.9%
16	6898 Olivia Kleiner (F27)	3	F25-29	1st	---				11:36.25	✗	11:36.3	39.69	11:36.25	36.1%
17	6005 Ryker Fripp (M4)	14	M01-09	1st	---				12:10.39	✗	12:10.4	41.62	12:10.39	
18	6932 Gabrielle Fripp (F32)	4	F30-34	1st	---				12:10.68	✗	12:10.7	41.62	12:10.68	34.6%
19	6722 Rosemarie Fripp (F6)	5	F01-09	1st	---				14:50.53	✗	14:50.5	50.75	14:50.53	37.3%
20	6930 William Fripp (M32)	15	M30-34	2nd	---				14:51.70	✗	14:51.7	50.80	14:51.70	25.2%
21	7261 John Kramer (M62)	16	M60-64	4th	---				17:00.00		17:00.0	58.16	17:00.00	27.6%
22	7003 Ruben Saguil (M59)	17	M55-59	1st	2700.0				8:22.84		8:22.8	28.62	53:22.82	54.6%

✓ 1 Club PR's

Average Finish Time: 10:00 *5 First Timers*

Average Age Grade: 51.7%

5K	Bib Name	GD	AgeGrp	AG	Start	1stH	2ndH	△	FinishTime+	FN*	Pace	5KEqClock	Time	AgeGD
1	6710 Jaydin Turner (M15)	1	M15-19	OA	0.1	10:32	9:50	-42	20:22.06	ℓ	6:33.3	20.37	20:22.13	68.4%
2	7011 Blair Casey (M37)	2	M35-39	1st	1.8	10:34	10:53	+18	21:26.72		6:54.2	21.43	21:28.51	62.3%
3	7577 Paul Norris (M52)	3	M50-54	MS	0.7	10:38	10:50	+12	21:28.11	ℓ	6:54.6	21.47	21:28.82	69.8%
4	7270 Marcus O'con (M53)	4	M50-54	1st	0.9	11:36	11:03	-33	22:39.46	ℓ	7:17.6	22.65	22:40.38	66.7%
5	6807 Serge Reshetnikov (M39)	5	M35-39	2nd	0.1	11:18	11:42	+24	22:59.67	✓ 6	7:24.1	22.98	22:59.78	58.9%
6	7117 Vijayan Nair (M61)	6	M60-64	SR	0.4	11:47	11:34	-13	23:20.57	ℓ	7:30.8	23.33	23:20.97	69.3%
7	7405 Steve Russo (M61)	7	M60-64	1st	1.8	12:02	12:15	+13	24:17.23	ℓ	7:49.0	24.28	24:19.08	66.6%
8	6006 Dick Eastin (M54)	8	M50-54	3rd	2.4	12:22	12:16	-5	24:37.93	✗	7:55.7	24.62	24:40.37	61.9%
9	7193 Julio Lopez (M69)	9	M65-69	1st	0.2	12:48	13:09	+21	25:56.71	ℓ	8:21.1	25.93	25:56.90	67.2%
10	7012 Doug Waters (M60)	10	M60-64	2nd	4.0	13:24	13:27	+3	26:51.49		8:38.7	26.85	26:55.48	59.7%
11	7192 Robert Preston (M59)	11	M55-59	1st	4.5	13:42	13:21	-21	27:03.47		8:42.5	27.05	27:08.00	58.8%
12	6932 Gabrielle Fripp (F32)	1	F30-34	OA	43.9	13:31	13:00	-31	26:31.07	ℓ ✓ 1	8:32.1	26.52	27:15.01	56.0%
13	6998 Ka Lau (M34)	12	M30-34	1st	1.1	14:04	13:51	-13	27:55.18	ℓ	8:59.2	27.92	27:56.28	47.0%
14	7155 Ruben Arevalo (M69)	13	M65-69	2nd	0.1	14:08	13:49	-19	27:57.11	ℓ	8:59.8	27.95	27:57.18	62.3%
15	7040 Kim Andres (F71)	2	F70-74	MS	1.3	14:10	14:22	+12	28:31.54	☑ 99	9:10.9	28.52	28:32.86	80.3%
16	7097 Nathan Bruser (M53)	14	M50-54	2nd	273.7	12:35	11:57	-38	24:32.47		7:53.9	24.53	29:06.14	61.6%
17	6880 James Eastin (M59)	15	M55-59	2nd	3.6	14:44	14:42	-3	29:25.99	✗	9:28.4	29.42	29:29.58	54.0%
18	6881 Dingkun Zhang (M29)	16	M25-29	1st	2.7	14:56	14:35	-21	29:31.43	ℓ ✓ 1	9:30.2	29.52	29:34.10	43.7%
19	7466 Andrew Ngotho (M58)	17	M55-59	3rd	11.2	15:04	14:42	-22	29:45.85	✓ 15	9:34.8	29.75	29:57.08	53.0%
20	7265 Kuay Sullivan (F58)	3	F55-59	SR	4.6	15:07	15:17	+10	30:24.81	ℓ	9:47.4	30.40	30:29.42	61.8%
21	7042 John Leighton (M63)	18	M60-64	3rd	4.4	15:43	15:32	-11	31:14.67	ℓ ✓ 3	10:03.4	31.23	31:19.04	52.7%
22	7044 Amie Goins (F52)	4	F50-54	1st	3.2	15:32	16:13	+42	31:45.25		10:13.2	31.75	31:48.47	54.6%
23	7050 Chris Goins (M54)	19	M50-54	4th	3.7	15:23	16:34	+70	31:56.86		10:17.0	31.93	32:00.55	47.7%
24	6967 Brad Foster (M41)	20	M40-44	1st	6.4	16:06	16:26	+21	32:31.94	✗	10:28.3	32.52	32:38.32	42.3%
25	7345 Ryan Pogue (M53)	21	M50-54	5th	12.4	16:28	16:09	-19	32:36.33		10:29.7	32.60	32:48.74	46.3%
26	7198 Yanira Lopez (F61)	5	F60-64	1st	12.4	16:27	16:49	+22	33:15.44	ℓ	10:42.3	33.25	33:27.89	59.0%
27	6884 Chris Cantrell (F71)	6	F70-74	1st	10.9	17:04	16:23	-41	33:27.47		10:46.1	33.45	33:38.41	68.5%

FN\*:  Broke Age-Group Record

GD Place among Females

△ Positive Split

Timing provided by:

9/29/2024

ℓ Ran Mile before 5K ✓ # Races PR @ Carrollton Runners (2003 & later)

△ Negative Split

 DeltaViewTiming.com

28	6952	Eunice Martinez (F39)	7	F35-39	1st	15.5	16:27	17:10	+43	33:37.82	10:49.5	33.62	33:53.33	45.3%
29	7106	Robert Simpson (M69)	22	M65-69	3rd	19.3	17:47	17:21	-25	35:08.10	11:18.5	35.13	35:27.36	49.6%
30	7916	Wally Capps (M83)	23	M80-99	1st	14.6	16:50	18:41	+111	35:31.37	11:26.0	35.52	35:45.97	64.2%
31	7283	Ruben Reyes (M68)	24	M65-69	4th	5.9	17:18	18:23	+65	35:41.22	11:29.2	35.68	35:47.14	48.3%
32	6981	Lorena Zuniga (F34)	8	F30-34	1st	9.8	16:56	19:24	+147	36:19.72	11:41.6	36.32	36:29.57	41.0%
33	7039	Mary Kaplan (F85)	9	F80-99	1st	0.7	18:55	18:51	-4	37:46.46	12:09.5	37.77	37:47.17	83.1%
34	7454	Betsy Palmer (F63)	10	F60-64	2nd	17.1	18:53	19:41	+48	38:34.18	12:24.9	38.57	38:51.30	52.3%
35	7530	Lilliana Wutter (F52)	11	F50-54	2nd	9.2	18:51	20:33	+102	39:23.43	12:40.7	39.38	39:32.59	44.1%
36	7060	Jaws Hansen (M64)	25	M60-64	4th	811.6	27:33	25:49	-104	53:21.58	17:10.5	53.35	39:49.99	31.2%
37	6969	Jenesi Ramirez (F33)	12	F30-34	2nd	10.2	20:11	21:24	+73	41:35.08	13:23.1	41.58	41:45.25	35.8%
38	7041	Kay Scott (F54)	13	F50-54	3rd	117.6	22:45	21:30	-75	44:15.45	14:14.7	44.25	46:13.07	40.2%
39	7529	Carlos Ordonez (M54)	26	M50-54	6th	22.9	23:04	23:16	+11	46:19.63	14:54.7	46.32	46:42.54	32.9%
40	7140	Enrique Ordonez (M84)	27	M80-99	2nd	22.4	23:05	23:19	+14	46:23.13	14:55.8	46.38	46:45.54	50.7%
41	7024	Carol Creech (F73)	14	F70-74	2nd	5.8	23:37	23:34	-3	47:11.17	15:11.3	47.18	47:17.01	50.3%
42	7246	Sheila Holen (F53)	15	F50-54	4th	23.2	27:44	29:08	+85	56:52.14	18:18.3	56.87	57:15.34	30.9%
43	7261	John Kramer (M62)	28	M60-64	5th	956.3				1:01:04.57	19:39.5	61.07	17:00.83	26.7%

22 Positive Split

20 Negative Split

✓ 7 Club PR's

Average Finish Time: 33:17 5 First Timers

Average Age Grade: 54.1%

FN\*:  Broke Age-Group Record

GD Place among Females

▲ Positive Split

Timing provided by:

9/29/2024

ℓ Ran Mile before 5K ✓ # Races PR @ Carrollton Runners (2003 & later)

▲ Negative Split



DeltaViewTiming.com