

5K MALE		17 Runners --- Average Time of 33:59				Avg. Age Grade: 45.8%		Place in		
	Name	City	(Age)	Half	Split	Chip Time	Pace	Age Grade	OA	GD
OVERALL	<u>1</u> <u>Barnabas Kirui</u>	Dallas	(26)	08:56	-33	17:19.35	5:34.5	74.5%	1	1
M01-12	<u>1</u> <u>Tanner Cragun</u>	Frisco	(10)	14:08	+16	28:32.29	9:11.1	55.3%	14	6
	<u>2</u> <u>David Koo</u>	Plano	(12)			29:59.29	9:39.1	49.6%	22	7
M13-15	<u>1</u> <u>Brock Raichel</u>	Carrollton	(13)	25:20	-231	46:49.51	15:04.3	31.0%	60	14
M20-24	<u>1</u> <u>Zachary Brush</u>	Arlington	(23)	08:56	-26	17:26.74	5:36.9	73.9%	2	2
M25-29	<u>1</u> <u>Stephen Dao</u>	Dallas	(28)			26:05.62	8:23.9	49.4%	7	4
	<u>2</u> <u>Duc Nguyen</u>	Garland	(28)	19:12	+100	40:04.21	12:53.8	32.2%	45	12
M30-34	<u>1</u> <u>Jeff Nguyen</u>	Dallas	(33)	11:10	+18	22:38.05	7:17.1	57.7%	3	3
	<u>2</u> <u>Jordan Benold</u>	Dallas	(32)	15:43	-72	30:13.61	9:43.7	43.0%	27	10
	<u>3</u> <u>Jake Cragun</u>	Frisco	(34)			40:45.21	13:07.0	32.2%	47	13
M40-44	<u>1</u> <u>Brad Crump</u>	Dallas	(41)			29:57.24	9:38.5	45.9%	24	9
	<u>2</u> <u>Phil Kim</u>	Plano	(40)			29:58.93	9:39.0	45.5%	23	8
M45-49	<u>1</u> <u>Sam Koo</u>	Plano	(45)			37:10.06	11:57.8	38.1%	41	11
	<u>2</u> <u>Ganga Sharyala</u>	Irving	(46)	26:45	-68	52:21.55	16:51.2	27.3%	75	17
	<u>3</u> <u>Scott Ellis</u>	Garland	(46)			52:42.47	16:57.9	27.1%	74	16
M55-59	<u>1</u> <u>Mike Wood</u>	Duncanville	(57)	24:46	-48	48:42.85	15:40.8	32.1%	64	15
M66+	<u>1</u> <u>Nicholas Zindorf</u>	Dallas	(67)	13:06	+48	26:59.61	8:41.3	63.3%	8	5

5K FEMALE

		63 Runners --- Average Time of 39:28				Avg. Age Grade: 42.8%			Place in	
Name		City	(Age)	Half	Split	Chip Time	Pace	Age Grade	OA	GD
OVERALL	<u>1</u> <u>Caroline Nguyen</u>	Dallas	(33)			22:39.15	7:17.5	65.6%	4	1
F16-19	<u>1</u> <u>Jenee Raichel</u>	Carrollton	(16)	25:20	-253	46:27.70	14:57.3	32.9%	59	46
F20-24	<u>1</u> <u>Mallory McKay</u>	Frisco	(21)	12:53	-31	25:14.00	8:07.3	58.7%	5	2
	<u>2</u> <u>Jenny Arnold</u>	Dallas	(23)	13:29	+32	27:30.47	8:51.2	53.8%	11	6
	<u>3</u> <u>Summit Durant</u>	Mckinney	(23)			28:53.96	9:18.1	51.2%	18	12
	4 <u>Elisa Willis</u>	Allen	(22)	27:33	-1103	36:43.33	11:49.2	40.3%	35	25
	5 <u>Ashley Williams</u>	Dallas	(22)			42:37.25	13:43.1	34.7%	51	38
F25-29	<u>1</u> <u>Sherry Oung</u>	Dallas	(29)	13:25	+46	27:36.07	8:53.0	53.6%	12	7
	<u>2</u> <u>Shahriela Ganjoor</u>	Dallas	(25)	14:05	+18	28:29.44	9:10.2	51.9%	15	9
	<u>3</u> <u>Jamie Wong</u>	Dallas	(27)	13:53	+53	28:37.92	9:12.9	51.7%	17	11
	4 <u>Fadra McAfee</u>	Flower Mound	(28)			29:04.41	9:21.5	50.9%	20	14
	5 <u>Heather Thompson</u>	Addison	(25)	15:38	+91	32:47.22	10:33.2	45.1%	30	20
	6 <u>Jessica Lancaster</u>	Red Oak	(25)	15:44	+116	33:23.00	10:44.7	44.3%	31	21
	7 <u>Jessica Laster</u>	Sachse	(25)			36:39.34	11:47.9	40.4%	34	24
	8 <u>Rachel Perkins</u>	Dallas	(28)			36:48.40	11:50.8	40.2%	36	26
	9 <u>Lauren Pool</u>	Grapevine	(27)	19:26	-123	36:49.05	11:51.0	40.2%	37	27
	10 <u>Shirley Lewis</u>	The Colony	(26)	18:22	+76	38:00.77	12:14.1	38.9%	42	31
	11 <u>Rachelle Palmer</u>	Forney	(26)	18:30	+69	38:08.94	12:16.7	38.8%	43	32
	12 <u>Amanda Tomlin</u>	Princeton	(28)	19:10	+102	40:01.95	12:53.1	37.0%	44	33
	13 <u>Christie Secor</u>	Dallas	(28)	22:23	-167	41:59.91	13:31.1	35.2%	49	36
	14 <u>Dimee Robinson</u>	Dallas	(29)			47:33.48	15:18.4	31.1%	62	48
	15 <u>Jessica Cragun</u>	Frisco	(25)	24:10	+33	48:53.07	15:44.1	30.3%	65	50
	16 <u>Kathryn Luse</u>	Garland	(28)			59:51.35	19:15.9	24.7%	80	63
F30-34	<u>1</u> <u>Tonja Coykendall</u>	Garland	(34)	13:45	-5	27:25.05	8:49.5	54.4%	10	5
	<u>2</u> <u>Michelle Pritchett</u>	Dallas	(32)	13:58	+27	28:23.02	9:08.1	52.3%	13	8
	<u>3</u> <u>Sabrina Martinez</u>	Dallas	(31)	14:05	+19	28:29.36	9:10.2	52.0%	16	10
	4 <u>Jennifer Quinn</u>	Allen	(31)			29:35.20	9:31.4	50.1%	21	15
	5 <u>Tracy Mees</u>	Mckinney	(30)	15:40	+48	32:07.77	10:20.5	46.1%	29	19
	6 <u>Celeste Cragun</u>	Frisco	(33)	21:52	-173	40:51.13	13:08.9	36.4%	46	34
	7 <u>Jennifer Touts</u>	Gray	(31)			41:15.72	13:16.9	35.9%	48	35
	8 <u>Edie Crouch</u>	Dallas	(33)			44:01.48	14:10.2	33.8%	55	42
	9 <u>Shannon Maxwell</u>	Frisco	(31)	24:13	+30	48:56.49	15:45.2	30.3%	66	51
	10 <u>Summer Deen</u>	Mckinney	(33)	27:25	-256	50:33.81	16:16.5	29.4%	71	56
	11 <u>Heidi Weber</u>	Ft. Worth	(32)	27:26	-258	50:34.59	16:16.7	29.3%	72	57
	12 <u>Bianca Jackson</u>	Cedar Hill	(31)	25:53	+121	53:46.42	17:18.5	27.6%	78	61
F35-39	<u>1</u> <u>Natalie Zindorf</u>	Dallas	(35)	13:06	+47	27:00.07	8:41.5	55.4%	9	4
	<u>2</u> <u>Mattie Jackson</u>	Mckinney	(38)			36:42.39	11:48.9	41.3%	33	23
	<u>3</u> <u>Cheryl Mussgnug</u>	Frisco	(37)			36:55.38	11:53.1	40.8%	40	30
	4 <u>Khanhlinh White</u>	Dallas	(38)			36:56.13	11:53.3	41.0%	39	29
F40-44	<u>1</u> <u>Sue Rajan</u>	Plano	(44)	21:47	+83	44:55.87	14:27.7	35.2%	58	45
	<u>2</u> <u>Rekha Shenoy</u>	Plano	(40)			44:56.13	14:27.8	34.1%	57	44
	<u>3</u> <u>Prapurna Sharyala</u>	Irving	(44)	26:43	-63	52:22.68	16:51.5	30.2%	76	59
	4 <u>Jennifer Bell</u>	Garland	(44)	26:06	+16	52:28.72	16:53.5	30.1%	73	58

Note: Splits were not captured on this race.

▲ Positive Split
 ▼ Negative Split

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 DeltaViewTiming.com

F45-49	<u>1</u>	<u>Zara-Leigh Overlin</u>	Frisco (45)	15:04	-11	29:56.56	9:38.3	53.3%	25	16
	<u>2</u>	<u>Rosa Bahrevar</u>	Flower Mound (47)	16:59	+134	36:11.70	11:39.0	45.1%	32	22
	<u>3</u>	<u>Nancy Sanders</u>	Richardson (49)	22:49	-119	43:40.07	14:03.3	38.3%	53	40
	<u>4</u>	<u>Quinlan Raichel</u>	Carrollton (47)	25:20	-229	46:50.54	15:04.6	34.8%	61	47
F50-54	<u>1</u>	<u>Linda Lee</u>	Carrollton (51)			42:04.81	13:32.7	40.7%	50	37
	<u>2</u>	<u>Sherry Freeland</u>	Richardson (50)	22:23	-79	43:26.94	13:59.1	38.9%	52	39
	<u>3</u>	<u>Donna Baines</u>	Dallas (54)	22:35	-103	43:27.42	13:59.2	41.0%	54	41
	<u>4</u>	<u>Cindy Ellis</u>	Dallas (53)	35:02	-1235	49:29.96	15:55.9	35.5%	67	52
F55-59	<u>1</u>	<u>Kim Andres</u>	Irving (59)	12:26	+32	25:24.02	8:10.5	75.0%	6	3
	<u>2</u>	<u>Betsy Davis</u>	Richardson (56)	13:57	+65	28:59.61	9:19.9	63.1%	19	13
	<u>3</u>	<u>Cynthia Shepard</u>	Colleyville (58)	15:06	+4	30:16.13	9:44.6	62.1%	26	17
	<u>4</u>	<u>Deanna Newman</u>	Dallas (56)			44:18.71	14:15.8	41.3%	56	43
	<u>5</u>	<u>Cappie Wood</u>	Duncanville (59)	24:45	-48	48:42.62	15:40.7	39.1%	63	49
	<u>6</u>	<u>Debi Glick</u>	Plano (56)			53:44.74	17:17.9	34.0%	77	60
	<u>7</u>	<u>Elizabeth Luse</u>	Garland (56)			59:51.50	19:16.0	30.6%	79	62
F60-65	<u>1</u>	<u>Carol Brandle</u>	Dallas (63)			31:12.03	10:02.5	64.7%	28	18
	<u>2</u>	<u>Linda Jacobs</u>	Mckinney (64)			36:52.90	11:52.3	55.6%	38	28
	<u>3</u>	<u>Betty Ball</u>	Garland (63)			49:31.51	15:56.4	40.8%	68	53
Fx*	<u>1</u>	<u>Nancy Cartwright</u>	Cedar Hill ()			49:32.62	15:56.8		69	54
	<u>2</u>	<u>Jane Richardson</u>	Duncanville ()	35:02	-1231	49:33.13	15:57.0		70	55

Note: Splits were not captured on this race.

△ Positive Split
△ Negative Split

Timing provided by:  DeltaViewTiming.com 10/6/2012

Order of Finish

5K	Bib Name	GD	AgeGrp	AG	Start	1stH	2ndH	△	Net Chip Time	Pace	5KEq	Clock Time	AgeGD	
1	913	Barnabas Kirui (M26)	1	M25-29	OA	1.3	8:56	8:23	-33	17:19.35	5:34.5	17:32	17:20.60	74.5%
2	809	Zachary Brush (M23)	2	M20-24	1st	1.0	8:56	8:30	-26	17:26.74	5:36.9	17:43	17:27.71	73.9%
3	915	Jeff Nguyen (M33)	3	M30-34	1st	1.2	11:10	11:28	+18	22:38.05	7:17.1	22:63	22:39.29	57.7%
4	916	Caroline Nguyen (F33)	1	F30-34	OA	1.8				22:39.15	7:17.5	22:65	22:40.99	65.6%
5	858	Mallory McKay (F21)	2	F20-24	1st	2.1	12:53	12:21	-31	25:14.00	8:07.3	25:23	25:16.13	58.7%
6	910	Kim Andres (F59)	3	F55-59	1st	2.1	12:26	12:58	+32	25:24.02	8:10.5	25:40	25:26.08	75.0%
7	824	Stephen Dao (M28)	4	M25-29	1st	2.1				26:05.62	8:23.9	26:08	26:07.68	49.4%
8	908	Nicholas Zindorf (M67)	5	M66+	1st	5.2	13:06	13:54	+48	26:59.61	8:41.3	26:98	27:04.83	63.3%
9	907	Natalie Zindorf (F35)	4	F35-39	1st	4.9	13:06	13:54	+47	27:00.07	8:41.5	27:00	27:05.02	55.4%
10	816	Tonja Coykendall (F34)	5	F30-34	1st	3.3	13:45	13:40	-5	27:25.05	8:49.5	27:42	27:28.36	54.4%
11	801	Jenny Arnold (F23)	6	F20-24	2nd	3.7	13:29	14:01	+32	27:30.47	8:51.2	27:50	27:34.14	53.8%
12	863	Sherry Oung (F29)	7	F25-29	1st	1.6	13:25	14:11	+46	27:36.07	8:53.0	27:60	27:37.67	53.6%
13	868	Michelle Pritchett (F32)	8	F30-34	2nd	---	13:58	14:25	+27	28:23.02	9:08.1	28:38	28:23.02	52.3%
14	820	Tanner Cragun (M10)	6	M01-12	1st	---	14:08	14:24	+16	28:32.29	9:11.1	28:53	28:32.29	55.3%
15	833	Shahriela Ganjoor (F25)	9	F25-29	2nd	3.1	14:05	14:24	+18	28:29.44	9:10.2	28:48	28:32.51	51.9%
16	917	Sabrina Martinez (F31)	10	F30-34	3rd	3.7	14:05	14:24	+19	28:29.36	9:10.2	28:48	28:33.05	52.0%
17	903	Jamie Wong (F27)	11	F25-29	3rd	2.2	13:53	14:45	+53	28:37.92	9:12.9	28:62	28:40.11	51.7%
18	828	Summit Durant (F23)	12	F20-24	3rd	3.5				28:53.96	9:18.1	28:88	28:57.43	51.2%
19	825	Betsy Davis (F56)	13	F55-59	2nd	1.3	13:57	15:02	+65	28:59.61	9:19.9	28:98	29:00.93	63.1%
20	857	Fadra McAfee (F28)	14	F25-29	4th	3.2				29:04.41	9:21.5	29:07	29:07.63	50.9%
21	869	Jennifer Quinn (F31)	15	F30-34	4th	7.3				29:35.20	9:31.4	29:58	29:42.51	50.1%
22	919	David Koo (M12)	7	M01-12	2nd	1.9				29:59.29	9:39.1	29:98	30:01.19	49.6%
23	843	Phil Kim (M40)	8	M40-44	1st	2.7				29:58.93	9:39.0	29:97	30:01.59	45.5%
24	822	Brad Crump (M41)	9	M40-44	2nd	5.7				29:57.24	9:38.5	29:95	30:02.98	45.9%
25	864	Zara-Leigh Overlin (F45)	16	F45-49	2nd	7.0	15:04	14:53	-11	29:56.56	9:38.3	29:93	30:03.56	53.3%
26	888	Cynthia Shepard (F58)	17	F55-59	3rd	1.4	15:06	15:10	+4	30:16.13	9:44.6	30:27	30:17.55	62.1%
27	807	Jordan Benold (M32)	10	M30-34	2nd	9.5	15:43	14:31	-72	30:13.61	9:43.7	30:22	30:23.09	43.0%
28	808	Carol Brandle (F63)	18	F60-65	1st	---				31:12.03	10:02.5	31:20	31:12.03	64.7%
29	859	Tracy Mees (F30)	19	F30-34	5th	2.9	15:40	16:28	+48	32:07.77	10:20.5	32:12	32:10.65	46.1%
30	890	Heather Thompson (F25)	20	F25-29	5th	7.6	15:38	17:09	+91	32:47.22	10:33.2	32:78	32:54.86	45.1%
31	845	Jessica Lancaster (F25)	21	F25-29	6th	4.1	15:44	17:39	+116	33:23.00	10:44.7	33:38	33:27.06	44.3%
32	803	Rosa Bahrevar (F47)	22	F45-49	3rd	4.1	16:59	19:13	+134	36:11.70	11:39.0	36:18	36:15.81	45.1%
33	840	Mattie Jackson (F38)	23	F35-39	2nd	---				36:42.39	11:48.9	36:70	36:42.39	41.3%
34	847	Jessica Laster (F25)	24	F25-29	7th	3.6				36:39.34	11:47.9	36:65	36:42.97	40.4%
35	902	Elisa Willis (F22)	25	F20-24	4th	---	27:33	9:10	1103	36:43.33	11:49.2	36:72	36:43.33	40.3%
36	866	Rachel Perkins (F28)	26	F25-29	8th	7.5				36:48.40	11:50.8	36:80	36:55.95	40.2%
37	867	Lauren Pool (F27)	27	F25-29	9th	7.6	19:26	17:23	-123	36:49.05	11:51.0	36:82	36:56.70	40.2%
38	841	Linda Jacobs (F64)	28	F60-65	2nd	14.8				36:52.90	11:52.3	36:87	37:07.65	55.6%
39	898	Khanhlinh White (F38)	29	F35-39	3rd	14.0				36:56.13	11:53.3	36:93	37:10.10	41.0%
40	860	Cheryl Mussgnug (F37)	30	F35-39	4th	15.0				36:55.38	11:53.1	36:92	37:10.43	40.8%
41	844	Sam Koo (M45)	11	M45-49	1st	2.6				37:10.06	11:57.8	37:17	37:12.66	38.1%
42	912	Shirley Lewis (F26)	31	F25-29	10th	8.2	18:22	19:38	+76	38:00.77	12:14.1	38:00	38:08.94	38.9%
43	865	Rachelle Palmer (F26)	32	F25-29	11th	---	18:30	19:39	+69	38:08.94	12:16.7	38:13	38:08.94	38.8%
44	891	Amanda Tomlin (F28)	33	F25-29	12th	3.4	19:10	20:52	+102	40:01.95	12:53.1	40:02	40:05.38	37.0%
45	862	Duc Nguyen (M28)	12	M25-29	2nd	1.8	19:12	20:52	+100	40:04.21	12:53.8	40:07	40:05.99	32.2%

△ Positive Split
 △ Negative Split

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46	817	Celeste Cragun (F33)	34	F30-34	6th	---	21:52	18:59	-173	40:51.13	13:08.9	40.85	40:51.13	36.4%
47	818	Jake Cragun (M34)	13	M30-34	3rd	8.6				40:45.21	13:07.0	40.75	40:53.79	32.2%
48	892	Jennifer Toups (F31)	35	F30-34	7th	11.7				41:15.72	13:16.9	41.25	41:27.38	35.9%
49	883	Christie Secor (F28)	36	F25-29	13th	1.9	22:23	19:37	-167	41:59.91	13:31.1	41.98	42:01.79	35.2%
50	849	Linda Lee (F51)	37	F50-54	1st	4.7				42:04.81	13:32.7	42.07	42:09.52	40.7%
51	920	Ashley Williams (F22)	38	F20-24	5th	18.5				42:37.25	13:43.1	42.62	42:55.79	34.7%
52	831	Sherry Freeland (F50)	39	F50-54	2nd	1.3	22:23	21:04	-79	43:26.94	13:59.1	43.43	43:28.25	38.9%
53	880	Nancy Sanders (F49)	40	F45-49	4th	---	22:49	20:51	-119	43:40.07	14:03.3	43.67	43:40.07	38.3%
54	804	Donna Baines (F54)	41	F50-54	3rd	14.7	22:35	20:52	-103	43:27.42	13:59.2	43.45	43:42.09	41.0%
55	821	Edie Crouch (F33)	42	F30-34	8th	16.8				44:01.48	14:10.2	44.02	44:18.33	33.8%
56	861	Deanna Newman (F56)	43	F55-59	4th	---				44:18.71	14:15.8	44.30	44:18.71	41.3%
57	887	Rekha Shenoy (F40)	44	F40-44	1st	4.3				44:56.13	14:27.8	44.93	45:00.44	34.1%
58	909	Sue Rajan (F44)	45	F40-44	2nd	4.7	21:47	23:09	+83	44:55.87	14:27.7	44.92	45:00.57	35.2%
59	873	Jenee Raichel (F16)	46	F16-19	1st	11.1	25:20	21:07	-253	46:27.70	14:57.3	46.45	46:38.80	32.9%
60	872	Brock Raichel (M13)	14	M13-15	1st	10.4	25:20	21:30	-231	46:49.51	15:04.3	46.82	46:59.93	31.0%
61	874	Quinlan Raichel (F47)	47	F45-49	5th	10.5	25:20	21:31	-229	46:50.54	15:04.6	46.83	47:01.06	34.8%
62	918	Dimee Robinson (F29)	48	F25-29	14th	20.4				47:33.48	15:18.4	47.55	47:53.88	31.1%
63	904	Cappie Wood (F59)	49	F55-59	5th	10.8	24:45	23:57	-48	48:42.62	15:40.7	48.70	48:53.42	39.1%
64	905	Mike Wood (M57)	15	M55-59	1st	10.9	24:46	23:57	-48	48:42.85	15:40.8	48.70	48:53.76	32.1%
65	819	Jessica Cragun (F25)	50	F25-29	15th	11.9	24:10	24:43	+33	48:53.07	15:44.1	48.88	49:04.95	30.3%
66	856	Shannon Maxwell (F31)	51	F30-34	9th	8.8	24:13	24:43	+30	48:56.49	15:45.2	48.93	49:05.26	30.3%
67	829	Cindy Ellis (F53)	52	F50-54	4th	15.2	35:02	14:28	1235	49:29.96	15:55.9	49.48	49:45.12	35.5%
68	805	Betty Ball (F63)	53	F60-65	3rd	15.0				49:31.51	15:56.4	49.52	49:46.52	40.8%
69	813	Nancy Cartwright (F)	54	Fx*	1st	16.0				49:32.62	15:56.8	49.53	49:48.63	
70	876	Jane Richardson (F)	55	Fx*	2nd	15.9	35:02	14:31	1231	49:33.13	15:57.0	49.55	49:49.06	
71	826	Summer Deen (F33)	56	F30-34	10th	5.5	27:25	23:09	-256	50:33.81	16:16.5	50.55	50:39.33	29.4%
72	897	Heidi Weber (F32)	57	F30-34	11th	5.6	27:26	23:08	-258	50:34.59	16:16.7	50.57	50:40.20	29.3%
73	806	Jennifer Bell (F44)	58	F40-44	3rd	12.5	26:06	26:22	+16	52:28.72	16:53.5	52.47	52:41.22	30.1%
74	830	Scott Ellis (M46)	16	M45-49	2nd	---				52:42.47	16:57.9	52.70	52:42.47	27.1%
75	884	Ganga Sharyala (M46)	17	M45-49	3rd	69.7	26:45	25:37	-68	52:21.55	16:51.2	52.35	53:31.24	27.3%
76	885	Prapurna Sharyala (F44)	59	F40-44	4th	68.8	26:43	25:40	-63	52:22.68	16:51.5	52.37	53:31.44	30.2%
77	914	Debi Glick (F56)	60	F55-59	6th	8.9				53:44.74	17:17.9	53.73	53:53.60	34.0%
78	911	Bianca Jackson (F31)	61	F30-34	12th	9.0	25:53	27:54	+121	53:46.42	17:18.5	53.77	53:55.40	27.6%
79	851	Elizabeth Luse (F56)	62	F55-59	7th	12.1				59:51.50	19:16.0	59.85	1:00:03.59	30.6%
80	852	Kathryn Luse (F28)	63	F25-29	16th	12.4				59:51.35	19:15.9	59.85	1:00:03.75	24.7%

Average Finish Time: **38:18** Average Age Grade: **43.45%**

Note: Splits were not captured on this race.

▲ Positive Split
▲ Negative Split

Timing provided by:  **DeltaViewTiming.com** 10/6/2012