

## MALES

OVERALL	Timothy Haglund	18:43.24	68.9%
MASTERS	Troy Pickett	19:20.66	71.1%
GMASTER	Alan Richardson	21:08.82	70.3%

## FEMALES

Laura Nelson	20:36.74	79.2%
Fiona Green	22:20.67	73.9%
Lisa Danna	26:35.22	66.1%

## 5K MALE

		51 Runners --- Average Time of 29:17				Avg. Age Grade: 51.8%			Place in		
		Name	City	(Age)	Half	Split	Chip Time	Pace	Age Grade	OA	GD
OVERALL	1	<u>Timothy Haglund</u>	Carrollton	(25)	09:13	+16	18:43.24	6:01.5	68.9%	1	1
MASTERS	1	<u>Troy Pickett</u>	Argyle	(41)	09:38	+5	19:20.66	6:13.6	71.1%	3	3
GMASTER	1	<u>Alan Richardson</u>	Corinth	(51)	10:19	+31	21:08.82	6:48.4	70.3%	7	6
M01-12	1	<u>Jake Lipe</u>		(12)	18:11	+139	38:40.35	12:26.9	38.5%	86	42
	2	<u>John Mangrum</u>	Denton	(6)	23:00	-38	45:22.92	14:36.4	41.2%	99	48
	3	<u>Ben Dipilla</u>	Trophy Club	(9)			46:50.70	15:04.7	34.9%	105	51
M13-15	1	<u>Jessie Escobar</u>	Denton	(15)	10:04	+5	20:11.90	6:30.1	68.9%	4	4
	2	<u>Mitchel Harper</u>	Frisco	(13)	23:05	+34	46:43.96	15:02.5	31.0%	104	50
M16-19	1	<u>Quinton Ayers</u>	Corinth	(16)	10:40	+20	21:40.81	6:58.7	63.2%	9	8
	2	<u>Joshua West</u>	Denton	(16)	12:22	+59	25:43.14	8:16.7	53.3%	23	20
	3	<u>Francisco Manjavrez</u>	Denton	(16)	12:32	+53	25:57.08	8:21.2	52.8%	24	21
M25-29	1	<u>David Jared</u>	Denton	(25)	11:46	+81	24:53.09	8:00.6	51.8%	20	18
	2	<u>James Law</u>	Keller	(28)	13:52	-1	27:43.51	8:55.4	46.5%	35	27
	3	<u>Joel Villegas</u>	Denton	(29)	17:23	+237	38:41.65	12:27.3	33.4%	87	43
M30-34	1	<u>Pedro Torres</u>	Denton	(32)	10:49	+48	22:25.46	7:13.1	58.0%	12	10
	2	<u>Christopher Williams</u>	Lindale	(30)	11:23	+9	22:55.55	7:22.7	56.4%	14	12
	3	<u>Christopher Horiates</u>		(30)	11:42	+30	23:53.73	7:41.5	54.1%	17	15
	4	Erik Miller	Corinth	(34)	14:06	-35	27:35.81	8:53.0	47.5%	37	28
	5	Matt Doyle	Corinth	(30)	13:51	+7	27:48.12	8:56.9	46.5%	38	29
M35-39	1	<u>Ricardo Sanchez</u>	Justin	(36)	09:23	+28	19:14.45	6:11.6	68.9%	2	2
	2	<u>Michael Kaiser</u>	Denton	(36)	12:28	-15	24:40.72	7:56.6	53.7%	19	17
	3	<u>Jesse Hunter</u>	Sanger	(37)	12:40	+45	26:04.35	8:23.5	51.2%	26	22
	4	Brice Barnum	Roanoke	(35)	13:46	-11	27:19.72	8:47.8	48.2%	32	25
M40-44	1	<u>Will Lamb</u>	Denton	(42)	11:10	-7	22:13.15	7:09.1	62.4%	10	9
	2	<u>Haron Ferrell</u>		(40)	12:36	+8	25:19.08	8:08.9	53.9%	22	19
	3	<u>James Lyon</u>	Sanger	(41)	13:31	-30	26:30.99	8:32.1	51.9%	29	23
	4	John Bradley	Denton	(42)	13:24	+20	27:07.22	8:43.8	51.1%	30	24
	5	Terry Thomas	Denton	(43)			29:55.55	9:37.9	46.7%	54	35
	6	Mitchel Harper	Frisco	(44)	14:12	+126	30:29.01	9:48.7	46.2%	59	36
	7	Billy Stevenson	Southlake	(44)	15:10	+38	30:57.95	9:58.0	45.4%	61	37
	8	Russell Marusak	Denton	(40)	15:42	+33	31:56.67	10:16.9	42.7%	67	39
	9	Trey Spalding	Corinth	(40)	15:16	+220	34:12.51	11:00.6	39.9%	73	40

GD Place among Females

Age Grading is based on 100% for World Record for given Age/Gender.

▲ Positive Split

▲ Negative Split



Timing provided by:

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<b>M45-49</b>	<u>1</u>	<u>Michael Harvey</u>	Little Elm	(47)	10:03	+21	<b>20:27.44</b>	6:35.1	<b>70.4%</b>	5	5
	<u>2</u>	<u>Andy Hustava</u>	Flower Mound	(47)	10:46	-7	<b>21:25.38</b>	6:53.7	<b>67.2%</b>	8	7
	<u>3</u>	<u>Brian Pickens</u>	Corinth	(49)	11:18	+7	<b>22:43.61</b>	7:18.9	<b>64.4%</b>	13	11
	4	Tommy Coruthers	Denton	(47)	13:33	+28	<b>27:33.95</b>	8:52.4	52.2%	34	26
	5	Dale Buresl		(45)	15:07	+754	<b>42:47.90</b>	13:46.5	33.1%	96	46
	6	Keith Rains	Gordonville	(47)	20:53	+75	<b>43:00.77</b>	13:50.7	33.5%	95	45
	7	Joel Lipe		(45)	21:59	+38	<b>44:35.67</b>	14:21.2	31.8%	97	47
	8	Christopher Heskett	Sanger	(45)			<b>46:11.70</b>	14:52.1	30.7%	103	49
<b>M50-54</b>	<u>1</u>	<u>Brian Klauer</u>	Corinth	(54)	11:45	+30	<b>23:59.81</b>	7:43.4	<b>63.5%</b>	18	16
	<u>2</u>	<u>Mike Simmons</u>	Aubrey	(51)	14:37	-59	<b>28:15.93</b>	9:05.9	52.6%	40	30
	<u>3</u>	<u>Eric Armstrong</u>	Copper Canyon	(50)	14:51	-63	<b>28:38.16</b>	9:13.0	51.5%	42	31
	4	Simon Rodriguez	Krum	(51)	14:07	+91	<b>29:45.17</b>	9:34.6	50.0%	51	34
<b>M55-59</b>	<u>1</u>	<u>Manny Figlia</u>		(57)	11:39	-23	<b>22:54.93</b>	7:22.5	<b>68.2%</b>	15	13
	<u>2</u>	<u>Mitch Rozell</u>	Hurst	(56)			<b>28:41.10</b>	9:14.0	54.0%	43	32
	<u>3</u>	<u>Scott Mcgowan</u>	Haslet	(56)	15:29	+39	<b>31:36.87</b>	10:10.5	49.0%	66	38
<b>M60-64</b>	<u>1</u>	<u>Kirk Fraser</u>	Denton	(60)	11:40	-22	<b>22:56.93</b>	7:23.2	<b>69.9%</b>	16	14
	<u>2</u>	<u>Box Simons</u>	Sanger	(63)	17:36	-29	<b>34:42.45</b>	11:10.3	47.5%	76	41
<b>M65-69</b>	<u>1</u>	<u>Stephen Brown</u>	Lewisville	(66)	14:20	+11	<b>28:50.97</b>	9:17.1	58.7%	46	33
<b>M70+</b>	<u>1</u>	<u>John Murphy</u>	Lewisville	(71)			<b>42:04.71</b>	13:32.6	42.4%	93	44

# 5K FEMALE

		59 Runners --- Average Time of <b>34:46</b> Avg. Age Grade: <b>48.9%</b>						Place in		
Name		City	(Age)	Half	Split	Chip Time	Pace	Age Grade	OA	GD
<b>OVERALL</b>	<b>1</b>	<b><u>Laura Nelson</u></b>	Grapevine	(47)		<b>20:36.74</b>	6:38.1	<b>79.2%</b>	6	<b>1</b>
<b>MASTERS</b>	<b>1</b>	<b><u>Fiona Green</u></b>	Keller	(48)	11:02	<b>22:20.67</b>	7:11.5	<b>73.9%</b>	11	<b>2</b>
<b>GMASTER</b>	<b>1</b>	<b><u>Lisa Danna</u></b>		(53)	13:42	<b>26:35.22</b>	8:33.5	<b>66.1%</b>	28	<b>6</b>
<b>F01-12</b>	<b>1</b>	<b><u>Bethany Mangrum</u></b>	Denton	(9)	19:15	<b>39:32.05</b>	12:43.5	44.4%	89	<b>46</b>
	<b>2</b>	<b><u>Tori Kelly</u></b>	Denton	(12)	22:01	<b>44:36.87</b>	14:21.6	36.5%	98	<b>51</b>
	<b>3</b>	<b><u>Peyton Heskett</u></b>	Sanger	(8)		<b>45:22.96</b>	14:36.4	39.9%	100	<b>52</b>
	<b>4</b>	<b><u>Rachel Harper</u></b>	Frisco	(11)	23:05	<b>46:53.01</b>	15:05.4	35.5%	106	<b>55</b>
<b>F13-15</b>	<b>1</b>	<b><u>Lauren Spalding</u></b>	Corinth	(13)	15:17	<b>34:12.69</b>	11:00.7	46.7%	72	<b>33</b>
<b>F16-19</b>	<b>1</b>	<b><u>Sara Guevara</u></b>	Denton	(19)	14:38	<b>28:35.85</b>	9:12.3	52.0%	45	<b>13</b>
	<b>2</b>	<b><u>Minji Park</u></b>		(17)	14:09	<b>28:55.53</b>	9:18.6	52.3%	47	<b>14</b>
	<b>3</b>	<b><u>Savannah Bradley</u></b>	Denton	(17)	18:33	<b>37:55.27</b>	12:12.3	39.9%	84	<b>43</b>
<b>F20-24</b>	<b>1</b>	<b><u>Crissy Williams</u></b>	Lindale	(23)	20:44	<b>42:45.81</b>	13:45.9	34.6%	94	<b>50</b>
<b>F25-29</b>	<b>1</b>	<b><u>Jamie Marrs</u></b>	Denton	(29)	14:12	<b>29:46.70</b>	9:35.1	49.7%	52	<b>18</b>
	<b>2</b>	<b><u>Heather Peel</u></b>	Watauga	(26)		<b>30:19.18</b>	9:45.5	48.8%	56	<b>21</b>
	<b>3</b>	<b><u>Michelle Bronson</u></b>	Watauga	(28)		<b>30:20.82</b>	9:46.1	48.8%	57	<b>22</b>
<b>F30-34</b>	<b>1</b>	<b><u>Kristi Brum</u></b>	Roanoke	(32)	13:46	<b>27:20.17</b>	8:47.9	54.3%	33	<b>8</b>
	<b>2</b>	<b><u>Amber Miller</u></b>	Corinth	(34)		<b>27:35.74</b>	8:52.9	54.0%	36	<b>9</b>
	<b>3</b>	<b><u>Anja Reinert</u></b>	Denton	(31)		<b>28:16.37</b>	9:06.0	52.4%	39	<b>10</b>
	<b>4</b>	<b><u>Monica Torres</u></b>	Denton	(31)	14:19	<b>28:44.32</b>	9:15.0	51.6%	44	<b>12</b>
	<b>5</b>	<b><u>Nicole Scott</u></b>		(33)	14:24	<b>29:11.41</b>	9:23.7	50.9%	49	<b>16</b>
	<b>6</b>	<b><u>Erika Withers</u></b>	Corinth	(31)	14:57	<b>30:07.93</b>	9:41.9	49.2%	58	<b>23</b>
	<b>7</b>	<b><u>Leslie Hampton</u></b>	Aubrey	(33)	16:44	<b>33:43.31</b>	10:51.2	44.1%	71	<b>32</b>
<b>F35-39</b>	<b>1</b>	<b><u>Marya Heiman</u></b>		(35)	13:18	<b>26:39.21</b>	8:34.7	56.1%	27	<b>5</b>
	<b>2</b>	<b><u>Kate Watts</u></b>	Fort Worth	(39)		<b>31:20.74</b>	10:05.4	48.6%	62	<b>25</b>
	<b>3</b>	<b><u>Lindsay Rives</u></b>	Aubrey	(36)	16:32	<b>31:28.72</b>	10:07.9	47.7%	63	<b>26</b>
	<b>4</b>	<b><u>Regina Falangee</u></b>		(38)		<b>32:46.31</b>	10:32.9	46.2%	68	<b>29</b>
	<b>5</b>	<b><u>Amy Morgan</u></b>	Denton	(39)	16:34	<b>34:18.16</b>	11:02.5	44.4%	74	<b>34</b>
	<b>6</b>	<b><u>Michelle Smith</u></b>	Collinsville	(37)	17:44	<b>35:20.20</b>	11:22.4	42.7%	81	<b>40</b>
	<b>7</b>	<b><u>Gabriela Fichera</u></b>	Corinth	(36)	18:33	<b>38:51.95</b>	12:30.6	38.6%	88	<b>45</b>
<b>F40-44</b>	<b>1</b>	<b><u>Marcela Serna</u></b>		(40)	13:30	<b>27:28.79</b>	8:50.7	55.8%	31	<b>7</b>
	<b>2</b>	<b><u>Kris Andrews</u></b>	Denton	(42)	14:05	<b>29:06.14</b>	9:22.0	53.4%	48	<b>15</b>
	<b>3</b>	<b><u>Kelley Owen</u></b>	Corinth	(44)	14:50	<b>29:26.69</b>	9:28.6	53.7%	50	<b>17</b>
	<b>4</b>	<b><u>Taffie Sanchez</u></b>	Corinth	(41)	16:07	<b>33:39.49</b>	10:50.0	45.9%	70	<b>31</b>
	<b>5</b>	<b><u>Tara Kelly</u></b>	Denton	(41)		<b>34:26.98</b>	11:05.3	44.8%	75	<b>35</b>
	<b>6</b>	<b><u>Carla Lipe</u></b>		(43)		<b>35:54.56</b>	11:33.5	43.7%	82	<b>41</b>
	<b>7</b>	<b><u>Misty Lyon</u></b>	Sanger	(41)	18:49	<b>38:03.99</b>	12:15.1	40.6%	85	<b>44</b>
	<b>8</b>	<b><u>Melinda Mangrum</u></b>	Denton	(40)	22:36	<b>45:37.25</b>	14:41.0	33.6%	101	<b>53</b>
	<b>9</b>	<b><u>Keri Heskett</u></b>	Sanger	(41)		<b>46:11.63</b>	14:52.1	33.4%	102	<b>54</b>
	<b>10</b>	<b><u>Anna Davenport</u></b>		(44)	25:56	<b>53:48.14</b>	17:19.0	29.4%	107	<b>56</b>
	<b>11</b>	<b><u>Alison Dipilla</u></b>	Trophy Club	(42)	34:46	<b>57:59.41</b>	18:39.9	26.8%	110	<b>59</b>

GD Place among Females

Age Grading is based on 100% for World Record for given Age/Gender.

▲ Positive Split  
▲ Negative Split

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<b>F45-49</b>	<u>1</u>	<u>Tonya Hess</u>	Lindsay	(45)	12:29	-9	<b>24:49.32</b>	7:59.4	<b>64.3%</b>	21	<b>3</b>
	<u>2</u>	<u>Patricia Hustava</u>	Flower Mound	(45)			<b>26:01.45</b>	8:22.6	<b>61.4%</b>	25	<b>4</b>
	<u>3</u>	<u>Katherine Thoms</u>	Denton	(49)	14:53	+3	<b>29:49.45</b>	9:36.0	56.0%	53	<b>19</b>
	4	Brigitte Caperton	Collinsville	(46)			<b>35:15.80</b>	11:21.0	45.8%	80	<b>39</b>
	5	Tina Lloyd	Tyler	(47)	16:59	+81	<b>35:19.15</b>	11:22.1	46.2%	79	<b>38</b>
<b>F50-54</b>	<u>1</u>	<u>Catherine Mueller</u>	Corinth	(53)	14:24	-10	<b>28:37.18</b>	9:12.7	<b>61.4%</b>	41	<b>11</b>
	<u>2</u>	<u>Audrey Word</u>	Denton	(53)	15:38	+20	<b>31:35.94</b>	10:10.2	55.6%	64	<b>27</b>
	<u>3</u>	<u>Shelby Armstrong</u>	Copper Canyon	(50)	16:46	+97	<b>35:08.58</b>	11:18.7	48.1%	77	<b>36</b>
	4	Carol Fichera	Denton	(54)			<b>35:09.15</b>	11:18.9	50.7%	78	<b>37</b>
	5	Chris Rodriguez	Krum	(53)	19:16	+62	<b>39:34.03</b>	12:44.1	44.4%	90	<b>47</b>
	6	Barbara Ward	Gordonville	(54)	20:44	+39	<b>42:06.54</b>	13:33.2	42.3%	92	<b>49</b>
	7	Lisa Whipple	Denton	(50)			<b>54:00.42</b>	17:23.0	31.3%	108	<b>57</b>
	8	Betsy Copeland	Sanger	(53)	26:55	+11	<b>54:01.30</b>	17:23.3	32.5%	109	<b>58</b>
<b>F55-59</b>	<u>1</u>	<u>Peggy Plaisted</u>	Farmers Branch	(57)			<b>30:15.40</b>	9:44.3	<b>61.3%</b>	55	<b>20</b>
	<u>2</u>	<u>Jan MCGowan</u>	Haslet	(57)	15:29	+39	<b>31:36.74</b>	10:10.5	58.6%	65	<b>28</b>
	<u>3</u>	<u>Irene Munoz-smith</u>	Roanoke	(56)			<b>33:37.79</b>	10:49.5	54.4%	69	<b>30</b>
<b>F60-64</b>	<u>1</u>	<u>J'neice Beckcom</u>	Fort Worth	(61)	15:06	+21	<b>30:33.77</b>	9:50.2	<b>64.2%</b>	60	<b>24</b>
<b>F65-69</b>	<u>1</u>	<u>Barbara Bowen</u>	Dallas	(68)	18:24	+44	<b>37:32.78</b>	12:05.1	58.1%	83	<b>42</b>
<b>F70+</b>	<u>1</u>	<u>Gladys Cunningham</u>	Sanger	(73)			<b>39:55.01</b>	12:50.9	59.4%	91	<b>48</b>

### Order of Finish

5K	Bib Name	GD	AgeGrp	AG	Start	1stH	2ndH	△	Net Chip Time	Pace	5KEqClock Time	AgeGD		
1	823	Timothy Haglund (M25)	1	M25-29	OA	0.2	9:13	9:30	+16	18:43.24	6:01.5	18:43.39	68.9%	
2	905	Ricardo Sanchez (M36)	2	M35-39	1st	0.5	9:23	9:51	+28	19:14.45	6:11.6	19:14.96	68.9%	
3	860	Troy Pickett (M41)	3	M40-44	MS	0.9	9:38	9:43	+5	19:20.66	6:13.6	19:21.55	71.1%	
4	817	Jessie Escobar (M15)	4	M13-15	1st	1.8	10:04	10:08	+5	20:11.90	6:30.1	20:13.70	68.9%	
5	828	Michael Harvey (M47)	5	M45-49	1st	1.6	10:03	10:24	+21	20:27.44	6:35.1	20:29.00	70.4%	
6	925	Laura Nelson (F47)	1	F45-49	OA	0.6				20:36.74	6:38.1	20:37.36	79.2%	
7	863	Alan Richardson (M51)	6	M50-54	GM	1.4	10:19	10:50	+31	21:08.82	6:48.4	21:10.23	70.3%	
8	903	Andy Hustava (M47)	7	M45-49	2nd	4.6	10:46	10:39	-7	21:25.38	6:53.7	21:30.00	67.2%	
9	802	Quinton Ayers (M16)	8	M16-19	1st	2.8	10:40	11:01	+20	21:40.81	6:58.7	21:43.64	63.2%	
10	837	Will Lamb (M42)	9	M40-44	1st	5.6	11:10	11:03	-7	22:13.15	7:09.1	22:18.78	62.4%	
11	912	Fiona Green (F48)	2	F45-49	MS	1.1	11:02	11:19	+17	22:20.67	7:11.5	22:21.77	73.9%	
12	921	Pedro Torres (M32)	10	M30-34	1st	7.0	10:49	11:37	+48	22:25.46	7:13.1	22:32.45	58.0%	
13	859	Brian Pickens (M49)	11	M45-49	3rd	2.2	11:18	11:25	+7	22:43.61	7:18.9	22:45.77	64.4%	
14	886	Christopher Williams (M30)	12	M30-34	2nd	---	11:23	11:32	+9	22:55.55	7:22.7	22:55.55	56.4%	
15	931	Manny Figlia (M57)	13	M55-59	1st	5.4	11:39	11:16	-23	22:54.93	7:22.5	23:00.38	68.2%	
16	820	Kirk Fraser (M60)	14	M60-64	1st	5.7	11:40	11:17	-22	22:56.93	7:23.2	23:02.63	69.9%	
17	930	Christopher Horiates (M30)	15	M30-34	3rd	1.4	11:42	12:12	+30	23:53.73	7:41.5	23:55.14	54.1%	
18	836	Brian Klauer (M54)	16	M50-54	1st	2.5	11:45	12:15	+30	23:59.81	7:43.4	24:02.33	63.5%	
19	834	Michael Kaiser (M36)	17	M35-39	2nd	5.1	12:28	12:13	-15	24:40.72	7:56.6	24:45.80	53.7%	
20	908	David Jared (M25)	18	M25-29	1st	0.7	11:46	13:07	+81	24:53.09	8:00.6	24:53.76	51.8%	
21	832	Tonya Hess (F45)	3	F45-49	1st	6.8	12:29	12:20	-9	24:49.32	7:59.4	24:56.15	64.3%	
22	927	Haron Ferrell (M40)	19	M40-44	2nd	9.8	12:36	12:44	+8	25:19.08	8:08.9	25:28.85	53.9%	
23	896	Joshua West (M16)	20	M16-19	2nd	2.5	12:22	13:21	+59	25:43.14	8:16.7	25:45.60	53.3%	
24	895	Francisco Manjavrez (M16)	21	M16-19	3rd	2.6	12:32	13:25	+53	25:57.08	8:21.2	25:59.67	52.8%	
25	904	Patricia Hustava (F45)	4	F45-49	2nd	4.3				26:01.45	8:22.6	26:05.70	61.4%	
26	833	Jesse Hunter (M37)	22	M35-39	3rd	8.7	12:40	13:25	+45	26:04.35	8:23.5	26:13.06	51.2%	
27	924	Marya Heiman (F35)	5	F35-39	1st	1.8	13:18	13:21	+3	26:39.21	8:34.7	26:41.05	56.1%	
28	932	Lisa Danna (F53)	6	F50-54	GM	6.0	13:42	12:53	-49	26:35.22	8:33.5	26:41.21	66.1%	
29	839	James Lyon (M41)	23	M40-44	3rd	13.1	13:31	13:00	-30	26:30.99	8:32.1	26:44.06	51.9%	
30	805	John Bradley (M42)	24	M40-44	4th	5.7	13:24	13:43	+20	27:07.22	8:43.8	27:12.91	51.1%	
31	929	Marcela Serna (F40)	7	F40-44	1st	---	13:30	13:58	+28	27:28.79	8:50.7	27:28.79	55.8%	
32	900	Brice Barnum (M35)	25	M35-39	4th	11.2	13:46	13:34	-11	27:19.72	8:47.8	27:30.93	48.2%	
33	901	Kristi Brum (F32)	8	F30-34	1st	11.0	13:46	13:35	-11	27:20.17	8:47.9	27:31.17	54.3%	
34	892	Tommy Coruthers (M47)	26	M45-49	4th	13.7	13:33	14:01	+28	27:33.95	8:52.4	27:47.63	52.2%	
35	838	James Law (M28)	27	M25-29	2nd	6.8	13:52	13:51	-1	27:43.51	8:55.4	27:50.28	46.5%	
36	847	Amber Miller (F34)	9	F30-34	2nd	24.8				27:35.74	8:52.9	27:58	28:00.54	54.0%
37	848	Erik Miller (M34)	28	M30-34	4th	25.3	14:06	13:30	-35	27:35.81	8:53.0	27:58	28:01.14	47.5%
38	816	Matt Doyle (M30)	29	M30-34	5th	17.8	13:51	13:57	+7	27:48.12	8:56.9	27:80	28:05.89	46.5%
39	862	Anja Reinert (F31)	10	F30-34	3rd	1.8				28:16.37	9:06.0	28:27	28:18.13	52.4%
40	919	Mike Simmons (M51)	30	M50-54	2nd	7.4	14:37	13:39	-59	28:15.93	9:05.9	28:25	28:23.31	52.6%
41	850	Catherine Mueller (F53)	11	F50-54	1st	4.4	14:24	14:14	-10	28:37.18	9:12.7	28:62	28:41.55	61.4%
42	909	Eric Armstrong (M50)	31	M50-54	3rd	7.6	14:51	13:47	-63	28:38.16	9:13.0	28:63	28:45.77	51.5%
43	871	Mitch Rozell (M56)	32	M55-59	2nd	5.4				28:41.10	9:14.0	28:68	28:46.51	54.0%
44	920	Monica Torres (F31)	12	F30-34	4th	7.3	14:19	14:25	+7	28:44.32	9:15.0	28:73	28:51.62	51.6%
45	822	Sara Guevara (F19)	13	F16-19	1st	16.2	14:38	13:58	-40	28:35.85	9:12.3	28:58	28:52.08	52.0%

**GD** Place among Females

Age Grading is based on 100% for World Record for given Age/Gender.

△ Positive Split

△ Negative Split

Timing provided by:



**DeltaViewTiming.com**

46	809	Stephen Brown (M66)	33	M65-69	1st	4.3	14:20	14:31	+11	28:50.97	9:17.1	28.83	28:55.27	58.7%
47	926	Minji Park (F17)	14	F16-19	2nd	13.3	14:09	14:47	+38	28:55.53	9:18.6	28.92	29:08.84	52.3%
48	800	Kris Andrews (F42)	15	F40-44	2nd	8.4	14:05	15:01	+55	29:06.14	9:22.0	29.10	29:14.50	53.4%
49	936	Nicole Scott (F33)	16	F30-34	5th	8.4	14:24	14:48	+24	29:11.41	9:23.7	29.18	29:19.85	50.9%
50	857	Kelley Owen (F44)	17	F40-44	3rd	10.4	14:50	14:36	-14	29:26.69	9:28.6	29.43	29:37.08	53.7%
51	869	Simon Rodriguez (M51)	34	M50-54	4th	13.6	14:07	15:38	+91	29:45.17	9:34.6	29.75	29:58.80	50.0%
52	843	Jamie Marrs (F29)	18	F25-29	1st	12.9	14:12	15:34	+82	29:46.70	9:35.1	29.77	29:59.57	49.7%
53	883	Katherine Thoms (F49)	19	F45-49	3rd	12.0	14:53	14:56	+3	29:49.45	9:36.0	29.82	30:01.45	56.0%
54	881	Terry Thomas (M43)	35	M40-44	5th	19.3				29:55.55	9:37.9	29.92	30:14.82	46.7%
55	861	Peggy Plaisted (F57)	20	F55-59	1st	2.2				30:15.40	9:44.3	30.25	30:17.55	61.3%
56	858	Heather Peel (F26)	21	F25-29	2nd	1.3				30:19.18	9:45.5	30.32	30:20.45	48.8%
57	808	Michelle Bronson (F28)	22	F25-29	3rd	--				30:20.82	9:46.1	30.33	30:20.86	48.8%
58	888	Erika Withers (F31)	23	F30-34	6th	17.5	14:57	15:11	+14	30:07.93	9:41.9	30.12	30:25.40	49.2%
59	825	Mitchel Harper (M44)	36	M40-44	6th	3.2	14:12	16:17	+126	30:29.01	9:48.7	30.48	30:32.21	46.2%
60	803	J'neice Beckcom (F61)	24	F60-64	1st	3.3	15:06	15:27	+21	30:33.77	9:50.2	30.55	30:37.12	64.2%
61	878	Billy Stevenson (M44)	37	M40-44	7th	3.5	15:10	15:48	+38	30:57.95	9:58.0	30.95	31:01.45	45.4%
62	885	Kate Watts (F39)	25	F35-39	2nd	6.2				31:20.74	10:05.4	31.33	31:26.93	48.6%
63	865	Lindsay Rives (F36)	26	F35-39	3rd	15.5	16:32	14:57	-95	31:28.72	10:07.9	31.47	31:44.24	47.7%
64	889	Audrey Word (F53)	27	F50-54	2nd	11.7	15:38	15:58	+20	31:35.94	10:10.2	31.58	31:47.68	55.6%
65	845	Jan Mcgowan (F57)	28	F55-59	2nd	13.8	15:29	16:08	+39	31:36.74	10:10.5	31.60	31:50.50	58.6%
66	846	Scott Mcgowan (M56)	38	M55-59	3rd	13.9	15:29	16:08	+39	31:36.87	10:10.5	31.60	31:50.75	49.0%
67	844	Russell Marusak (M40)	39	M40-44	8th	5.6	15:42	16:15	+33	31:56.67	10:16.9	31.93	32:02.31	42.7%
68	928	Regina Falangee (F38)	29	F35-39	4th	18.3				32:46.31	10:32.9	32.77	33:04.62	46.2%
69	914	Irene Munoz-smith (F56)	30	F55-59	3rd	3.1				33:37.79	10:49.5	33.62	33:40.90	54.4%
70	874	Taffie Sanchez (F41)	31	F40-44	4th	7.0	16:07	17:32	+85	33:39.49	10:50.0	33.65	33:46.46	45.9%
71	824	Leslie Hampton (F33)	32	F30-34	7th	14.5	16:44	16:59	+16	33:43.31	10:51.2	33.72	33:57.77	44.1%
72	876	Lauren Spalding (F13)	33	F13-15	1st	9.2	15:17	18:56	+219	34:12.69	11:00.7	34.20	34:21.89	46.7%
73	877	Trey Spalding (M40)	40	M40-44	9th	10.4	15:16	18:56	+220	34:12.51	11:00.6	34.20	34:22.95	39.9%
74	849	Amy Morgan (F39)	34	F35-39	5th	6.1	16:34	17:44	+69	34:18.16	11:02.5	34.30	34:24.31	44.4%
75	835	Tara Kelly (F41)	35	F40-44	5th	16.6				34:26.98	11:05.3	34.43	34:43.61	44.8%
76	897	Box Simons (M63)	41	M60-64	2nd	18.1	17:36	17:07	-29	34:42.45	11:10.3	34.70	35:00.56	47.5%
77	910	Shelby Armstrong (F50)	36	F50-54	3rd	8.0	16:46	18:23	+97	35:08.58	11:18.7	35.13	35:16.58	48.1%
78	819	Carol Fichera (F54)	37	F50-54	4th	15.1				35:09.15	11:18.9	35.15	35:24.25	50.7%
79	913	Tina Lloyd (F47)	38	F45-49	4th	8.5	16:59	18:20	+81	35:19.15	11:22.1	35.32	35:27.66	46.2%
80	811	Brigitte Caperton (F46)	39	F45-49	5th	21.1				35:15.80	11:21.0	35.25	35:36.86	45.8%
81	875	Michelle Smith (F37)	40	F35-39	6th	20.5	17:44	17:37	-7	35:20.20	11:22.4	35.33	35:40.74	42.7%
82	935	Carla Lipe (F43)	41	F40-44	6th	15.4				35:54.56	11:33.5	35.90	36:09.93	43.7%
83	804	Barbara Bowen (F68)	42	F65-69	1st	7.3	18:24	19:08	+44	37:32.78	12:05.1	37.53	37:40.12	58.1%
84	806	Savannah Bradley (F17)	43	F16-19	3rd	4.8	18:33	19:23	+50	37:55.27	12:12.3	37.92	38:00.11	39.9%
85	840	Misty Lyon (F41)	44	F40-44	7th	12.3	18:49	19:15	+27	38:03.99	12:15.1	38.05	38:16.26	40.6%
86	934	Jake Lipe (M12)	42	M01-12	1st	14.5	18:11	20:30	+139	38:40.35	12:26.9	38.67	38:54.82	38.5%
87	884	Joel Villegas (M29)	43	M25-29	3rd	16.6	17:23	21:19	+237	38:41.65	12:27.3	38.68	38:58.28	33.4%
88	907	Gabriela Fichera (F36)	45	F35-39	7th	15.3	18:33	20:19	+106	38:51.95	12:30.6	38.85	39:07.24	38.6%
89	841	Bethany Mangrum (F9)	46	F01-12	1st	10.6	19:15	20:17	+62	39:32.05	12:43.5	39.53	39:42.68	44.4%
90	867	Chris Rodriguez (F53)	47	F50-54	5th	13.8	19:16	20:18	+62	39:34.03	12:44.1	39.57	39:47.85	44.4%
91	902	Gladys Cunningham (F73)	48	F70+	1st	1.8				39:55.01	12:50.9	39.92	39:56.85	59.4%
92	922	Barbara Ward (F54)	49	F50-54	6th	13.0	20:44	21:23	+39	42:06.54	13:33.2	42.10	42:19.52	42.3%
93	856	John Murphy (M71)	44	M70+	1st	16.5				42:04.71	13:32.6	42.07	42:21.18	42.4%

GD Place among Females

Age Grading is based on 100% for World Record for given Age/Gender.

▲ Positive Split

▲ Negative Split



Timing provided by:

DeltaViewTiming.com

94	887	Crissy Williams (F23)	50	F20-24	1st	3.0	20:44	22:02	+78	42:45.81	13:45.9	42.75	42:48.81	34.6%
95	918	Keith Rains (M47)	45	M45-49	5th	12.9	20:53	22:08	+75	43:00.77	13:50.7	43.00	43:13.70	33.5%
96	937	Dale Buresl (M45)	46	M45-49	6th	103.5	15:07	27:41	+754	42:47.90	13:46.5	42.78	44:31.36	33.1%
97	933	Joel Lipe (M45)	47	M45-49	7th	21.6	21:59	22:37	+38	44:35.67	14:21.2	44.58	44:57.24	31.8%
98	906	Tori Kelly (F12)	51	F01-12	2nd	20.7	22:01	22:36	+35	44:36.87	14:21.6	44.60	44:57.61	36.5%
99	890	John Mangrum (M6)	48	M01-12	2nd	11.0	23:00	22:22	-38	45:22.92	14:36.4	45.37	45:33.92	41.2%
100	831	Peyton Heskett (F8)	52	F01-12	3rd	19.0				45:22.96	14:36.4	45.37	45:41.97	39.9%
101	842	Melinda Mangrum (F40)	53	F40-44	8th	11.9	22:36	23:02	+26	45:37.25	14:41.0	45.62	45:49.20	33.6%
102	830	Keri Heskett (F41)	54	F40-44	9th	20.0				46:11.63	14:52.1	46.18	46:31.59	33.4%
103	829	Christopher Heskett (M45)	49	M45-49	8th	20.1				46:11.70	14:52.1	46.18	46:31.80	30.7%
104	826	Mitchel Harper (M13)	50	M13-15	2nd	3.8	23:05	23:39	+34	46:43.96	15:02.5	46.72	46:47.81	31.0%
105	814	Ben Dipilla (M9)	51	M01-12	3rd	---				46:50.70	15:04.7	46.83	46:50.70	34.9%
106	827	Rachel Harper (F11)	55	F01-12	4th	3.5	23:05	23:48	+44	46:53.01	15:05.4	46.88	46:56.48	35.5%
107	923	Anna Davenport (F44)	56	F40-44	10th	12.6	25:56	27:52	+117	53:48.14	17:19.0	53.80	54:00.73	29.4%
108	899	Lisa Whipple (F50)	57	F50-54	7th	23.2				54:00.42	17:23.0	54.00	54:23.63	31.3%
109	898	Betsy Copeland (F53)	58	F50-54	8th	22.7	26:55	27:06	+11	54:01.30	17:23.3	54.02	54:23.95	32.5%
110	813	Alison Dipilla (F42)	59	F40-44	11th	---	34:46	23:13	-693	57:59.41	18:39.9	57.98	57:59.41	26.8%

65 Positive Split

22 Negative Split

Average Finish Time: 32:13

Average Age Grade: 50.25%

1M	Bib Name	GD	AgeGrp	AG	Start	1stH	2ndH	△	Net Chip Time	Pace	5KEq	Clock Time	AgeGD
1	301	Temporary 6301 (M)	1	M*	1st	---			9:48.02	9:48.0	33.53	9:48.02	
2	302	Temporary 6302 (M)	2	M*	2nd	---			9:52.75	9:52.8	33.76	9:52.75	
3	300	Temporary 6300 (M)	3	M*	3rd	---			10:35.22	10:35.2	36.21	10:35.22	
4	304	Teagan Thomas (F5)	1	F0-99	1st	---			31:34.24	31:34.2	107.99	31:34.24	18.3%
5	305	Terry Thomas (F40)	2	F0-99	2nd	---			31:37.23	31:37.2	108.16	31:37.23	14.0%
6	303	Annie Thomas (F2)	3	F0-99	3rd	---			31:37.78	31:37.8	108.16	31:37.78	

Average Finish Time: 20:50

Average Age Grade: 16.16%