

5K MALE

		11 MALE Runners --- Average Time of				35:48	Avg. Age Grade: 45.9%		Place in	
	Name	City	(Age)	Half	Split	Chip Time	Pace	Age Grade	OA	GD
OVERALL	<u>1</u> Mark Shelley	Hurst	(35)	10:23	+19	21:06.11	6:47.5	62.5%	1	1
M11-14	<u>1</u> Dane Johnson	Carrollton	(12)	11:57	-59	22:55.91	7:22.9	64.8%	3	3
M15-19	<u>1</u> Jake Johnson	Carrollton	(15)	14:56	+153	32:24.70	10:25.9	43.0%	11	6
M20-29	<u>1</u> Brent Hoff	Carrollton	(28)	11:52	+33	24:16.40	7:48.8	53.1%	4	4
	<u>2</u> Kieran Steckley	Lewisville	(27)	19:19	+159	41:16.82	13:17.2	31.2%	16	8
M40-49	<u>1</u> Jesse Woodhull	Carrollton	(43)	11:12	+0	22:24.73	7:12.8	62.3%	2	2
	<u>2</u> Randy Price	Carrollton	(44)	31:59	+19	1:04:17.68	20:41.7	21.9%	29	11
M50-59	<u>1</u> David Ahadi	Carrollton	(50)			52:45.08	16:58.7	28.0%	25	10
M60-69	<u>1</u> David Cassard	Lewisville	(63)	14:51	+4	29:45.22	9:34.6	55.4%	8	5
	<u>2</u> Michael Emmert	Corinth	(63)	17:12	-21	34:02.58	10:57.4	48.4%	13	7
	<u>3</u> John Tepper	Carrollton	(64)	22:44	+184	48:32.01	15:37.3	34.2%	20	9

5K FEMALE

		18 FEMALE Runners --- Average Time of				42:57	Avg. Age Grade: 41.2%		Place in	
	Name	City	(Age)	Half	Split	Chip Time	Pace	Age Grade	OA	GD
OVERALL	<u>1</u> Victory Joseph	Carrollton	(36)	12:45	-6	25:25.05	8:10.9	59.1%	5	1
F11-14	<u>1</u> Monica Ahadi	Carrollton	(13)	24:44	+160	52:08.19	16:46.9	30.6%	22	13
	<u>2</u> Sophia Ahadi	Carrollton	(11)	25:01	+126	52:08.81	16:47.1	31.9%	23	14
F15-19	<u>1</u> Katelyn Price	Carrollton	(16)	32:01	+14	1:04:17.01	20:41.5	23.8%	28	18
F20-29	<u>1</u> Chelsea ORourke	Dallas	(29)	12:42	+36	25:59.86	8:22.1	56.9%	6	2
	<u>2</u> Kelly Catter	Carrollton	(25)	14:40	+70	30:28.76	9:48.6	48.6%	10	5
	<u>3</u> Rachel Hoff	Carrollton	(26)	19:28	+39	39:35.33	12:44.5	37.4%	15	8
	<u>4</u> Alexis Sirois	Lewisville	(26)	19:30	+137	41:16.84	13:17.2	35.9%	17	9
	<u>5</u> Amye J Flair	Carrollton	(23)	29:59	-46	59:11.08	19:03.0	25.0%	26	16
F30-39	<u>1</u> Sarah Cottrell	Farmers Branch	(30)	15:00	+184	33:04.26	10:38.7	44.8%	12	6
	<u>2</u> Heather Goodrum	Carrollton	(32)	23:35	-41	46:28.83	14:57.6	31.9%	18	10
	<u>3</u> Christine Mulcahy Earnhardt	Carrollton	(39)	22:58	+92	47:27.30	15:16.5	32.1%	19	11
F40-49	<u>1</u> Emma Ahadi	Carrollton	(42)	25:06	+143	52:34.78	16:55.4	29.6%	24	15
F50-59	<u>1</u> Kim Catter	Carrollton	(55)	15:05	+18	30:26.95	9:48.0	59.3%	9	4
	<u>2</u> Trudy Kelley	The Colony	(56)	24:01	+37	48:38.34	15:39.3	37.6%	21	12
F60-69	<u>1</u> Annette Reese	Carrollton	(61)	15:12	-47	29:36.29	9:31.7	66.2%	7	3
	<u>2</u> Carol Berry	Katy	(63)	17:39	-16	35:02.01	11:16.6	57.6%	14	7
	<u>3</u> Cindy Harmon	Carrollton	(61)	29:58	-44	59:13.02	19:03.6	33.1%	27	17

Order of Finish

5K	Bib Name	GD	AgeGrp	AG	Start	Grp	1stH	2ndH	△	Net	ChipTime	Pace	5KEq	Clock	Time	AgeGD
1	116	Mark Shelley (M35)	1	M30-39	OA	0.6	A	10:23	10:43	+19	21:06.11	6:47.5	21.10	21:06.67	62.5%	
2	124	Jesse Woodhull (M43)	2	M40-49	1st	4.5	A	11:12	11:12	+0	22:24.73	7:12.8	22.40	22:29.22	62.3%	
3	121	Dane Johnson (M12)	3	M11-14	1st	0.6	B	11:57	10:59	-59	22:55.91	7:22.9	22.92	22:56.55	64.8%	
4	115	Brent Hoff (M28)	4	M20-29	1st	0.2	B	11:52	12:25	+33	24:16.40	7:48.8	24.27	24:16.58	53.1%	
5	109	Victory Joseph (F36)	1	F30-39	OA	2.6	A	12:45	12:40	-6	25:25.05	8:10.9	25.42	25:27.61	59.1%	
6	101	Chelsea ORourke (F29)	2	F20-29	1st	7.0	A	12:42	13:18	+36	25:59.86	8:22.1	25.98	26:06.82	56.9%	
7	113	Annette Reese (F61)	3	F60-69	1st	1.3	A	15:12	14:25	-47	29:36.29	9:31.7	29.60	29:37.63	66.2%	
8	130	David Cassard (M63)	5	M60-69	1st	1.2	B	14:51	14:54	+4	29:45.22	9:34.6	29.75	29:46.43	55.4%	
9	129	Kim Catter (F55)	4	F50-59	1st	7.4	B	15:05	15:22	+18	30:26.95	9:48.0	30.43	30:34.33	59.3%	
10	128	Kelly Catter (F25)	5	F20-29	2nd	7.4	B	14:40	15:49	+70	30:28.76	9:48.6	30.47	30:36.20	48.6%	
11	120	Jake Johnson (M15)	6	M15-19	1st	1.1	B	14:56	17:29	+153	32:24.70	10:25.9	32.40	32:25.83	43.0%	
12	100	Sarah Cottrell (F30)	6	F30-39	1st	5.8	A	15:00	18:04	+184	33:04.26	10:38.7	33.07	33:10.11	44.8%	
13	126	Michael Emmert (M63)	7	M60-69	2nd	2.0	B	17:12	16:51	-21	34:02.58	10:57.4	34.03	34:04.57	48.4%	
14	123	Carol Berry (F63)	7	F60-69	2nd	1.0	B	17:39	17:23	-16	35:02.01	11:16.6	35.03	35:03.00	57.6%	
15	110	Rachel Hoff (F26)	8	F20-29	3rd	5.0	B	19:28	20:07	+39	39:35.33	12:44.5	39.58	39:40.37	37.4%	
16	119	Kieran Steckley (M27)	8	M20-29	2nd	21.9	B	19:19	21:58	+159	41:16.82	13:17.2	41.27	41:38.76	31.2%	
17	118	Alexis Sirois (F26)	9	F20-29	4th	22.3	B	19:30	21:47	+137	41:16.84	13:17.2	41.27	41:39.13	35.9%	
18	114	Heather Goodrum (F32)	10	F30-39	2nd	3.2	B	23:35	22:54	-41	46:28.83	14:57.6	46.47	46:32.00	31.9%	
19	133	Christine Mulcahy Earnhardt	11	F30-39	3rd	17.3	B	22:58	24:30	+92	47:27.30	15:16.5	47.45	47:44.61	32.1%	
20	127	John Tepper (M64)	9	M60-69	3rd	5.0	A	22:44	25:48	+184	48:32.01	15:37.3	48.53	48:37.00	34.2%	
21	103	Trudy Kelley (F56)	12	F50-59	2nd	8.2	B	24:01	24:38	+37	48:38.34	15:39.3	48.63	48:46.50	37.6%	
22	107	Monica Ahadi (F13)	13	F11-14	1st	10.1	A	24:44	27:24	+160	52:08.19	16:46.9	52.13	52:18.30	30.6%	
23	108	Sophia Ahadi (F11)	14	F11-14	2nd	10.7	A	25:01	27:08	+126	52:08.81	16:47.1	52.13	52:19.51	31.9%	
24	105	Emma Ahadi (F42)	15	F40-49	1st	12.0	A	25:06	27:29	+143	52:34.78	16:55.4	52.57	52:46.77	29.6%	
25	106	David Ahadi (M50)	10	M50-59	1st	18.0	A				52:45.08	16:58.7	52.75	53:03.09	28.0%	
26	134	Amye J Flair (F23)	16	F20-29	5th	33.3	B	29:59	29:12	-46	59:11.08	19:03.0	59.18	59:44.41	25.0%	
27	131	Cindy Harmon (F61)	17	F60-69	3rd	31.6	B	29:58	29:15	-44	59:13.02	19:03.6	59.22	59:44.65	33.1%	
28	112	Katelyn Price (F16)	18	F15-19	1st	22.1	A	32:01	32:16	+14	1:04:17.01	20:41.5	64.281	04:39.12	23.8%	
29	111	Randy Price (M44)	11	M40-49	2nd	23.7	A	31:59	32:18	+19	1:04:17.68	20:41.7	64.281	04:41.40	21.9%	

Average Finish Time: 40:14

Average Age Grade: 42.97%