

Frisco Trail Race

NW Community DORBA Trail, Frisco, TX

Saturday, February 19, 2022

40F Clear 43%H 4mphSW
5K Off :08:30 / 10K Off :7:30

5K MALE

| | | 36 Runners --- Average Time of 33:08 | | | Avg. Age Grade: 44.7% | | Place in | | |
|---------|------|--------------------------------------|-------------------|-------------|-----------------------|---------|-----------|----|----|
| | Name | City | (Age) | @Checkpoint | Chip Time | Pace | Age Grade | OA | GD |
| OVERALL | 1st | <u>Damien Borcovsky</u> | Lewisville | (40) | 21:39.90 | 6:58.4 | 63.0% | 1 | 1 |
| OVERALL | 2nd | <u>Grady Jenkins</u> | Midlothian | (15) | 22:32.14 | 7:15.2 | 61.8% | 2 | 2 |
| OVERALL | 3rd | <u>Jace Jenkins</u> | Midlothian | (47) | 23:08.56 | 7:26.9 | 62.2% | 3 | 3 |
| MASTERS | 1st | <u>Kevin Halliburton</u> | Allen | (51) | 24:12.19 | 7:47.4 | 61.4% | 6 | 6 |
| M<20 | 1 | <u>Graham Jenkins</u> | Midlothian | (13) | 23:24.26 | 7:32.0 | 62.0% | 4 | 4 |
| | 2 | <u>Hayden McDow</u> | Frisco | (13) | 28:17.31 | 9:06.3 | 51.3% | 11 | 11 |
| | 3 | <u>Ethan Defreitas</u> | Frisco | (9) | 32:47.13 | 10:33.2 | 49.9% | 21 | 20 |
| M20-29 | 1 | <u>Richard Stanley</u> | The Colony | (25) | 23:29.41 | 7:33.6 | 54.9% | 5 | 5 |
| | 2 | <u>Cameron Rogers</u> | Frisco | (23) | 27:58.94 | 9:00.4 | 46.1% | 9 | 9 |
| | 3 | <u>Christian Price</u> | Denton | (29) | 33:52.33 | 10:54.1 | 38.1% | 27 | 22 |
| M30-39 | 1 | <u>Michael Wilson</u> | Frisco | (34) | 26:38.91 | 8:34.6 | 49.2% | 7 | 7 |
| | 2 | <u>Randall E. Torres Maysonet</u> | Dallas | (32) | 27:53.50 | 8:58.6 | 46.6% | 8 | 8 |
| | 3 | <u>Joao Cabral</u> | The Colony | (33) | 28:08.37 | 9:03.4 | 46.4% | 10 | 10 |
| | 4 | Benjamin Russell | McKinney | (38) | 28:58.47 | 9:19.6 | 46.4% | 14 | 14 |
| | 5 | Stephen Joas | Frisco | (32) | 32:33.41 | 10:28.7 | 39.9% | 20 | 19 |
| | 6 | Cole Thomas | Fairview | (39) | 32:57.52 | 10:36.5 | 41.1% | 23 | 21 |
| | 7 | Wade Aaron | Dallas | (32) | 36:11.80 | 11:39.0 | 35.9% | 31 | 23 |
| | 8 | Kevin Reyes | Irving | (32) | 38:39.66 | 12:26.6 | 33.6% | 38 | 27 |
| | 9 | Narasimha Tirumala | Frisco | (39) | 42:20.07 | 13:37.6 | 32.0% | 47 | 32 |
| | 10 | Alexander Schleimer | Frisco | (36) | 45:10.94 | 14:32.6 | 29.3% | 50 | 34 |
| | 11 | Matthew Snider | Frisco | (32) | 48:07.70 | 15:29.5 | 27.0% | 57 | 36 |
| M40-49 | 1 | <u>Michael Anderson</u> | Dallas | (40) | 28:22.27 | 9:07.9 | 48.1% | 12 | 12 |
| | 2 | <u>Sean Curran</u> | San Francisco, CA | (44) | 28:53.15 | 9:17.8 | 48.7% | 13 | 13 |
| | 3 | <u>Clint Carpenter</u> | Frisco | (44) | 29:57.96 | 9:38.7 | 47.0% | 16 | 16 |
| | 4 | Baxter Smith | Frisco | (41) | 30:02.08 | 9:40.0 | 45.8% | 17 | 17 |
| | 5 | Andrew Hanna | Plano | (40) | 37:38.31 | 12:06.9 | 36.3% | 34 | 24 |
| | 6 | Cliff McDow | Frisco | (49) | 39:42.03 | 12:46.7 | 36.9% | 41 | 29 |
| | 7 | Jeff Lindsey | The Colony | (49) | 41:21.73 | 13:18.8 | 35.4% | 44 | 30 |
| M50-59 | 1 | <u>Dale Phipps</u> | Murphy | (53) | 29:18.91 | 9:26.1 | 51.6% | 15 | 15 |
| | 2 | <u>Mike Sbonik</u> | Frisco | (56) | 31:06.00 | 10:00.6 | 49.8% | 19 | 18 |
| | 3 | <u>Derek Rude</u> | McKinney | (53) | 38:21.08 | 12:20.6 | 39.4% | 37 | 26 |
| | 4 | Lonnie Barrios | Hichory Creeck | (52) | 39:00.91 | 12:33.5 | 38.4% | 40 | 28 |
| | 5 | William Short | Frisco | (53) | 46:48.75 | 15:04.0 | 32.3% | 53 | 35 |
| M60-69 | 1 | <u>Leon Williams</u> | McKinney | (66) | 38:20.54 | 12:20.5 | 44.2% | 36 | 25 |
| | 2 | <u>Tom Brunt</u> | Plano | (64) | 41:40.78 | 13:24.9 | 39.9% | 45 | 31 |
| | 3 | <u>Tim Underwood</u> | Gainesville | (62) | 43:18.79 | 13:56.5 | 37.7% | 49 | 33 |

Frisco Trail Race

NW Community DORBA Trail, Frisco, TX

Saturday, February 19, 2022

40F Clear 43%H 4mphSW
5K Off :08:30 / 10K Off :7:30

| 5K FEMALE | | 24 Runners --- Average Time of 40:51 | | Avg. Age Grade: 41.2% | | Place in | | | | |
|------------------|------|---|------------------|------------------------------|-----------|-----------------|-----------|--------------|----|-----------|
| | Name | City | (Age) | @Checkpoint | Chip Time | Pace | Age Grade | OA | GD | |
| OVERALL | 1st | <u>Laurie Underwood</u> | Gainesville | (61) | | 30:14.88 | 9:44.2 | 64.8% | 18 | 1 |
| OVERALL | 2nd | <u>Ellie Lindsey</u> | The Colony | (14) | | 32:55.31 | 10:35.8 | 47.7% | 22 | 2 |
| OVERALL | 3rd | <u>Amy Rude</u> | Mckinney | (54) | | 33:22.53 | 10:44.6 | 53.4% | 24 | 3 |
| MASTERS | 1st | <u>Bonny Defreitas</u> | Frisco | (41) | | 33:44.92 | 10:51.8 | 45.7% | 26 | 5 |
| F30-39 | 1 | <u>Jackie Davies</u> | Dallas | (37) | | 33:24.98 | 10:45.3 | 45.1% | 25 | 4 |
| | 2 | <u>Beth Swaim</u> | Sanger | (37) | | 36:07.35 | 11:37.6 | 41.7% | 30 | 8 |
| | 3 | <u>Candice Lacey</u> | Rowlett | (37) | | 38:04.13 | 12:15.2 | 39.6% | 35 | 11 |
| | 4 | Emily McRae | Frisco | (32) | | 40:08.94 | 12:55.4 | 37.0% | 42 | 13 |
| | 5 | Brittany Sheriff | Sanger | (32) | | 42:15.11 | 13:36.0 | 35.1% | 46 | 15 |
| | 6 | Lisa Park | Frisco | (33) | | 45:11.34 | 14:32.7 | 32.9% | 51 | 17 |
| | 7 | Carly Knowles | Highland Village | (36) | | 47:42.33 | 15:21.3 | 31.5% | 55 | 20 |
| | 8 | Abra Floyd | Frisco | (32) | | 48:07.47 | 15:29.4 | 30.8% | 56 | 21 |
| | 9 | Upagna Vedantham | Frisco | (35) | | 52:22.08 | 16:51.3 | 28.6% | 59 | 23 |
| F40-49 | 1 | <u>Lesley Hakari</u> | Carrollton | (41) | | 36:00.12 | 11:35.3 | 42.9% | 29 | 7 |
| | 2 | <u>Maria Jobel Cuevas</u> | Dallas | (44) | | 37:00.79 | 11:54.8 | 42.7% | 32 | 9 |
| | 3 | <u>Tracy Curran</u> | Frisco | (41) | | 37:25.66 | 12:02.8 | 41.2% | 33 | 10 |
| | 4 | Julie Rosado | Frisco | (48) | | 43:01.34 | 13:50.9 | 38.4% | 48 | 16 |
| | 5 | Ronda Wysinger | Azle | (49) | | 46:09.84 | 14:51.5 | 36.2% | 52 | 18 |
| | 6 | Shelly Gillaspie | Aubrey | (46) | | 47:40.00 | 15:20.5 | 33.9% | 54 | 19 |
| | 7 | Tamiko Coleman | Whitewright | (47) | | 53:46.29 | 17:18.4 | 30.3% | 60 | 24 |
| F50-59 | 1 | <u>Sherri McCarter</u> | McKinney | (55) | | 34:10.92 | 11:00.1 | 52.8% | 28 | 6 |
| | 2 | <u>Teresa Bowman</u> | Shady Shores | (57) | | 38:58.16 | 12:32.6 | 47.6% | 39 | 12 |
| F60-69 | 1 | <u>Grace Ward</u> | Corinth | (62) | | 40:36.04 | 13:04.1 | 49.0% | 43 | 14 |
| | 2 | <u>Teresa Andrzejewska</u> | Plano | (63) | | 51:59.76 | 16:44.2 | 38.8% | 58 | 22 |

Frisco Trail Race

NW Community DORBA Trail, Frisco, TX

Saturday, February 19, 2022

 40F Clear 43%H 4mphSW
 5K Off :08:30 / 10K Off :7:30

Order of Finish

| 5K | Bib Name | GD | AgeGrp | AG | Start | Net Chip Time | Pace | 5KEq | Clock Time | AgeGD | |
|----|----------|------------------------------|--------|--------|-------|---------------|-----------------|---------|------------|----------|--------------|
| 1 | 104 | Damien Borcovsky (M40) | 1 | M40-49 | OA | 1.7 | 21:39.90 | 6:58.4 | 21.65 | 21:41.57 | 63.0% |
| 2 | 122 | Grady Jenkins (M15) | 2 | M<20 | O2 | 6.1 | 22:32.14 | 7:15.2 | 22.53 | 22:38.26 | 61.8% |
| 3 | 124 | Jace Jenkins (M47) | 3 | M40-49 | O3 | 6.6 | 23:08.56 | 7:26.9 | 23.13 | 23:15.18 | 62.2% |
| 4 | 123 | Graham Jenkins (M13) | 4 | M<20 | 1st | 7.2 | 23:24.26 | 7:32.0 | 23.40 | 23:31.50 | 62.0% |
| 5 | 147 | Richard Stanley (M25) | 5 | M20-29 | 1st | 0.8 | 23:29.41 | 7:33.6 | 23.48 | 23:30.17 | 54.9% |
| 6 | 120 | Kevin Halliburton (M51) | 6 | M50-59 | MS | 2.7 | 24:12.19 | 7:47.4 | 24.20 | 24:14.88 | 61.4% |
| 7 | 156 | Michael Wilson (M34) | 7 | M30-39 | 1st | 43.8 | 26:38.91 | 8:34.6 | 26.63 | 27:22.73 | 49.2% |
| 8 | 150 | Randall E. Torres Maysonet (| 8 | M30-39 | 2nd | 13.5 | 27:53.50 | 8:58.6 | 27.88 | 28:06.95 | 46.6% |
| 9 | 137 | Cameron Rogers (M23) | 9 | M20-29 | 2nd | 3.5 | 27:58.94 | 9:00.4 | 27.97 | 28:02.40 | 46.1% |
| 10 | 106 | Joao Cabral (M33) | 10 | M30-39 | 3rd | 11.1 | 28:08.37 | 9:03.4 | 28.13 | 28:19.51 | 46.4% |
| 11 | 131 | Hayden McDow (M13) | 11 | M<20 | 2nd | 1.8 | 28:17.31 | 9:06.3 | 28.28 | 28:19.10 | 51.3% |
| 12 | 158 | Michael Anderson (M40) | 12 | M40-49 | 1st | 26.0 | 28:22.27 | 9:07.9 | 28.37 | 28:48.25 | 48.1% |
| 13 | 110 | Sean Curran (M44) | 13 | M40-49 | 2nd | 3.6 | 28:53.15 | 9:17.8 | 28.88 | 28:56.78 | 48.7% |
| 14 | 141 | Benjamin Russell (M38) | 14 | M30-39 | 4th | 11.1 | 28:58.47 | 9:19.6 | 28.97 | 29:09.61 | 46.4% |
| 15 | 135 | Dale Phipps (M53) | 15 | M50-59 | 1st | 8.5 | 29:18.91 | 9:26.1 | 29.30 | 29:27.43 | 51.6% |
| 16 | 107 | Clint Carpenter (M44) | 16 | M40-49 | 3rd | 11.9 | 29:57.96 | 9:38.7 | 29.95 | 30:09.82 | 47.0% |
| 17 | 145 | Baxter Smith (M41) | 17 | M40-49 | 4th | 4.9 | 30:02.08 | 9:40.0 | 30.03 | 30:06.99 | 45.8% |
| 18 | 151 | Laurie Underwood (F61) | 1 | F60-69 | OA | 9.4 | 30:14.88 | 9:44.2 | 30.23 | 30:24.27 | 64.8% |
| 19 | 142 | Mike Sbonik (M56) | 18 | M50-59 | 2nd | 28.4 | 31:06.00 | 10:00.6 | 31.10 | 31:34.43 | 49.8% |
| 20 | 125 | Stephen Joas (M32) | 19 | M30-39 | 5th | 12.1 | 32:33.41 | 10:28.7 | 32.55 | 32:45.51 | 39.9% |
| 21 | 114 | Ethan Defreitas (M9) | 20 | M<20 | 3rd | 23.6 | 32:47.13 | 10:33.2 | 32.78 | 33:10.70 | 49.9% |
| 22 | 160 | Ellie Lindsey (F14) | 2 | F<20 | O2 | 12.6 | 32:55.31 | 10:35.8 | 32.92 | 33:07.95 | 47.7% |
| 23 | 148 | Cole Thomas (M39) | 21 | M30-39 | 6th | 30.2 | 32:57.52 | 10:36.5 | 32.95 | 33:27.73 | 41.1% |
| 24 | 139 | Amy Rude (F54) | 3 | F50-59 | O3 | 19.3 | 33:22.53 | 10:44.6 | 33.37 | 33:41.79 | 53.4% |
| 25 | 112 | Jackie Davies (F37) | 4 | F30-39 | 1st | 10.3 | 33:24.98 | 10:45.3 | 33.40 | 33:35.27 | 45.1% |
| 26 | 113 | Bonny Defreitas (F41) | 5 | F40-49 | MS | 23.7 | 33:44.92 | 10:51.8 | 33.73 | 34:08.59 | 45.7% |
| 27 | 136 | Christian Price (M29) | 22 | M20-29 | 3rd | 13.0 | 33:52.33 | 10:54.1 | 33.87 | 34:05.33 | 38.1% |
| 28 | 129 | Sherri McCarter (F55) | 6 | F50-59 | 1st | 24.1 | 34:10.92 | 11:00.1 | 34.17 | 34:35.07 | 52.8% |
| 29 | 119 | Lesley Hakari (F41) | 7 | F40-49 | 1st | 9.2 | 36:00.12 | 11:35.3 | 36.00 | 36:09.29 | 42.9% |
| 30 | 163 | Beth Swaim (F37) | 8 | F30-39 | 2nd | 31.2 | 36:07.35 | 11:37.6 | 36.12 | 36:38.55 | 41.7% |
| 31 | 101 | Wade Aaron (M32) | 23 | M30-39 | 7th | 16.7 | 36:11.80 | 11:39.0 | 36.18 | 36:28.46 | 35.9% |
| 32 | 109 | Maria Jobel Cuevas (F44) | 9 | F40-49 | 2nd | 12.5 | 37:00.79 | 11:54.8 | 37.00 | 37:13.30 | 42.7% |
| 33 | 111 | Tracy Curran (F41) | 10 | F40-49 | 3rd | 29.4 | 37:25.66 | 12:02.8 | 37.42 | 37:55.07 | 41.2% |
| 34 | 121 | Andrew Hanna (M40) | 24 | M40-49 | 5th | 7.9 | 37:38.31 | 12:06.9 | 37.63 | 37:46.21 | 36.3% |
| 35 | 127 | Candice Lacey (F37) | 11 | F30-39 | 3rd | 10.3 | 38:04.13 | 12:15.2 | 38.07 | 38:14.42 | 39.6% |
| 36 | 155 | Leon Williams (M66) | 25 | M60-69 | 1st | 27.6 | 38:20.54 | 12:20.5 | 38.33 | 38:48.14 | 44.2% |
| 37 | 140 | Derek Rude (M53) | 26 | M50-59 | 3rd | 26.8 | 38:21.08 | 12:20.6 | 38.35 | 38:47.91 | 39.4% |
| 38 | 161 | Kevin Reyes (M32) | 27 | M30-39 | 8th | 14.6 | 38:39.66 | 12:26.6 | 38.65 | 38:54.30 | 33.6% |
| 39 | 159 | Teresa Bowman (F57) | 12 | F50-59 | 2nd | 45.8 | 38:58.16 | 12:32.6 | 38.97 | 39:43.97 | 47.6% |
| 40 | 200 | Lonnie Barrios (M52) | 28 | M50-59 | 4th | 49.9 | 39:00.91 | 12:33.5 | 39.00 | 39:50.85 | 38.4% |
| 41 | 130 | Cliff McDow (M49) | 29 | M40-49 | 6th | 22.8 | 39:42.03 | 12:46.7 | 39.70 | 40:04.80 | 36.9% |
| 42 | 132 | Emily McRae (F32) | 13 | F30-39 | 4th | 44.3 | 40:08.94 | 12:55.4 | 40.13 | 40:53.23 | 37.0% |
| 43 | 154 | Grace Ward (F62) | 14 | F60-69 | 1st | 54.6 | 40:36.04 | 13:04.1 | 40.60 | 41:30.67 | 49.0% |
| 44 | 128 | Jeff Lindsey (M49) | 30 | M40-49 | 7th | 14.4 | 41:21.73 | 13:18.8 | 41.35 | 41:36.14 | 35.4% |
| 45 | 105 | Tom Brunt (M64) | 31 | M60-69 | 2nd | 33.3 | 41:40.78 | 13:24.9 | 41.67 | 42:14.13 | 39.9% |

GD Place among Females

Frisco Trail Race

Saturday, February 19, 2022

NW Community DORBA Trail, Frisco, TX

40F Clear 43%H 4mphSW
5K Off :08:30 / 10K Off :7:30

| | | | | | | | | | | | |
|----|-----|---------------------------|----|--------|------|------|-----------------|---------|-------|----------|-------|
| 46 | 144 | Brittany Sheriff (F32) | 15 | F30-39 | 5th | 31.9 | 42:15.11 | 13:36.0 | 42.25 | 42:47.00 | 35.1% |
| 47 | 149 | Narasimha Tirumala (M39) | 32 | M30-39 | 9th | 42.9 | 42:20.07 | 13:37.6 | 42.33 | 43:02.99 | 32.0% |
| 48 | 138 | Julie Rosado (F48) | 16 | F40-49 | 4th | 31.7 | 43:01.34 | 13:50.9 | 43.02 | 43:33.01 | 38.4% |
| 49 | 152 | Tim Underwood (M62) | 33 | M60-69 | 3rd | 25.9 | 43:18.79 | 13:56.5 | 43.30 | 43:44.66 | 37.7% |
| 50 | 143 | Alexander Schleimer (M36) | 34 | M30-39 | 10th | 25.2 | 45:10.94 | 14:32.6 | 45.17 | 45:36.16 | 29.3% |
| 51 | 134 | Lisa Park (F33) | 17 | F30-39 | 6th | 24.7 | 45:11.34 | 14:32.7 | 45.18 | 45:36.00 | 32.9% |
| 52 | 157 | Ronda Wysinger (F49) | 18 | F40-49 | 5th | 17.6 | 46:09.84 | 14:51.5 | 46.15 | 46:27.44 | 36.2% |
| 53 | 162 | William Short (M53) | 35 | M50-59 | 5th | 37.5 | 46:48.75 | 15:04.0 | 46.80 | 47:26.29 | 32.3% |
| 54 | 118 | Shelly Gillaspie (F46) | 19 | F40-49 | 6th | 21.9 | 47:40.00 | 15:20.5 | 47.67 | 48:01.87 | 33.9% |
| 55 | 126 | Carly Knowles (F36) | 20 | F30-39 | 7th | 37.5 | 47:42.33 | 15:21.3 | 47.70 | 48:19.86 | 31.5% |
| 56 | 116 | Abra Floyd (F32) | 21 | F30-39 | 8th | 15.9 | 48:07.47 | 15:29.4 | 48.12 | 48:23.42 | 30.8% |
| 57 | 146 | Matthew Snider (M32) | 36 | M30-39 | 11th | 15.8 | 48:07.70 | 15:29.5 | 48.12 | 48:23.55 | 27.0% |
| 58 | 103 | Teresa Andrzejewska (F63) | 22 | F60-69 | 2nd | 21.0 | 51:59.76 | 16:44.2 | 51.98 | 52:20.78 | 38.8% |
| 59 | 153 | Upagna Vedantham (F35) | 23 | F30-39 | 9th | 42.9 | 52:22.08 | 16:51.3 | 52.37 | 53:05.00 | 28.6% |
| 60 | 108 | Tamiko Coleman (F47) | 24 | F40-49 | 7th | 41.1 | 53:46.29 | 17:18.4 | 53.77 | 54:27.42 | 30.3% |

Average Finish Time: **0:36:13**Average Age Grade: **43.29%**