

**5K MALE**

		15 MALE Runners --- Average Time of 34:21				Avg. Age Grade: 43.8%			Place in	
Name		City	(Age)	Half	Split	Chip Time	Pace	Age Grade	OA	GD
OVERALL	<u>1</u> <u>Giovanni Martinez</u>		(34)	11:30	-17	22:43.55	7:18.9	57.7%	1	1
M01-10	<u>1</u> <u>Trevor Warrington</u>	Coppell	(9)	16:03	-16	31:49.24	10:14.5	51.4%	14	6
	<u>2</u> <u>Aaron Burns</u>	McKinney	(6)	25:41	+112	53:14.33	17:08.2	35.1%	47	15
M11-14	<u>1</u> <u>Toby Laird</u>	Carrollton	(14)	12:20	+24	25:05.10	8:04.4	56.6%	2	2
M30-39	<u>1</u> <u>Scott Warrington</u>	Coppell	(39)	16:02	-15	31:49.66	10:14.7	42.6%	15	7
	<u>2</u> <u>Nick Smith</u>	Richardson	(30)	16:18	-9	32:27.36	10:26.8	39.8%	16	8
	<u>3</u> <u>Michael Foley</u>	Dallas	(36)	16:03	+302	37:07.89	11:57.1	35.7%	26	10
	<u>4</u> <u>Jimmy Truesdell</u>	Carrollton	(36)	19:38	+116	41:12.20	13:15.7	32.2%	31	11
	<u>5</u> <u>Ricardo Luna</u>	Carrollton	(34)	20:51	-2	41:40.24	13:24.7	31.5%	33	12
	<u>6</u> <u>Austin Cookson</u>	Wylie	(34)	20:04	+107	41:55.48	13:29.7	31.3%	35	13
	<u>7</u> <u>Michael Shane</u>	Lewisville	(36)	21:22	-48	41:56.27	13:29.9	31.6%	36	14
M40-49	<u>1</u> <u>Brian Burns</u>	McKinney	(45)	12:30	+20	25:19.41	8:09.1	56.0%	3	3
	<u>2</u> <u>Kenneth Falor</u>	Carrollton	(44)	16:22	+21	33:05.05	10:38.9	42.5%	20	9
M50-59	<u>1</u> <u>Francis Tan</u>	Coppell	(52)	13:32	-43	26:21.85	8:29.1	56.9%	5	4
M60-69	<u>1</u> <u>David Cassard</u>	Lewisville	(64)	14:44	+5	29:33.14	9:30.7	56.2%	10	5

5K FEMALE		34 FEMALE Runners --- Average Time of 39:00				Avg. Age Grade: 42.2%			Place in	
	Name	City	(Age)	Half	Split	Chip Time	Pace	Age Grade	OA	GD
OVERALL	<u>1</u> <u>Lindsay Cazarez</u>		(28)	13:41	-61	26:20.54	8:28.7	56.2%	4	1
F15-19	<u>1</u> <u>Madeline Montgomery</u>	Rockwall	(17)	17:14	+224	38:11.27	12:17.5	39.6%	27	17
	<u>2</u> <u>Larissa Ray</u>	Fate	(17)	25:35	-119	49:10.27	15:49.6	30.7%	44	30
F20-29	<u>1</u> <u>Kelly Catter</u>	Carrollton	(26)	15:19	+258	34:56.23	11:14.7	42.4%	23	14
	<u>2</u> <u>Allison Ha</u>	Houston	(22)	18:03	+53	36:58.52	11:54.1	40.0%	25	16
	<u>3</u> <u>Amelia Hedrick</u>	Carrollton	(29)	25:39	+101	52:57.85	17:02.9	27.9%	45	31
F30-39	<u>1</u> <u>Chelsea ORourke</u>	Framers Branch	(30)	14:00	-5	27:55.15	8:59.2	53.0%	6	2
	<u>2</u> <u>Roxanne Chavarria</u>		(32)	14:12	+7	28:30.18	9:10.5	52.1%	7	3
	<u>3</u> <u>Priscilla Shaner</u>	Carrollton	(37)	14:35	+4	29:14.01	9:24.6	51.6%	8	4
	4 <u>Jamie Saleh</u>	Carrollton	(39)	15:02	-33	29:32.45	9:30.5	51.6%	11	6
	5 <u>Sarah Cottrell</u>	Frisco	(31)			30:30.99	9:49.3	48.6%	13	8
	6 <u>Kaci Schack</u>		(35)	16:47	+73	34:47.68	11:12.0	43.0%	22	13
	7 <u>Angela Pineda</u>	Carrollton	(35)	17:57	-33	35:21.70	11:22.9	42.3%	24	15
	8 <u>Precious Joy Stone</u>		(35)	19:51	+71	40:53.37	13:09.7	36.6%	30	20
	9 <u>Kimberly Truesdell</u>	Carrollton	(37)	19:38	+117	41:12.61	13:15.9	36.6%	32	21
	10 <u>Mae Rock</u>	Carrollton	(36)	21:08	-52	41:24.49	13:19.7	36.3%	34	22
	11 <u>Juanita Montelongo</u>	Carrollton	(33)	21:06	+68	43:20.46	13:57.0	34.3%	39	25
	12 <u>Jennifer Urquilla Garcia</u>	Aubrey	(34)	21:46	+65	44:37.51	14:21.8	33.4%	40	26
	13 <u>Johana Johana</u>	Carrollton	(33)	23:17	-2	46:31.19	14:58.4	32.0%	43	29
	14 <u>Marcela Montelongo</u>	Carrollton	(31)	29:42	-56	58:27.78	18:49.0	25.3%	49	34
F40-49	<u>1</u> <u>Elisa Laird</u>	Carrollton	(41)	14:51	-25	29:15.79	9:25.1	52.8%	9	5
	<u>2</u> <u>Amy Montgomery</u>	Rockwall	(42)	14:52	+15	29:59.64	9:39.2	51.9%	12	7
	<u>3</u> <u>Julie Stauss</u>	Carrollton	(46)	16:13	+20	32:46.72	10:33.0	49.2%	18	10
	4 <u>Deborah Biermann</u>	Richardson	(49)	19:55	+54	40:43.65	13:06.5	41.0%	29	19
	5 <u>Christine Mulcahy Earnhardt</u>	Carrollton	(40)	23:05	+17	46:27.72	14:57.3	33.0%	42	28
	6 <u>Kristi Arnold</u>	Carrollton	(41)	25:39	+102	52:59.11	17:03.3	29.1%	46	32
	7 <u>Amy Burns</u>	McKinney	(43)	25:42	+112	53:15.54	17:08.5	29.4%	48	33
F50-59	<u>1</u> <u>Kim Catter</u>	Carrollton	(56)	16:18	+4	32:38.96	10:30.5	56.0%	17	9
	<u>2</u> <u>Marianne Ray</u>	Fate	(53)	16:36	-11	33:01.59	10:37.8	53.2%	19	11
	<u>3</u> <u>Becky Burnside</u>	Carrollton	(59)	16:32	+7	33:10.83	10:40.8	57.4%	21	12
	4 <u>Meg Yurchak</u>	Carrollton	(55)	18:46	+48	38:20.60	12:20.5	47.1%	28	18
	5 <u>Manuela Baca-Wilson</u>	Plano	(58)	20:59	+52	42:50.48	13:47.4	43.9%	37	23
	6 <u>Kristine Spinner</u>	Dallas	(52)	22:02	-16	43:47.91	14:05.8	39.6%	38	24
	7 <u>Sharon Galbraith</u>	Carrollton	(51)	22:01	+116	45:57.84	14:47.7	37.3%	41	27

## Order of Finish

5K	Bib Name	GD	AgeGrp	AG	Start	1stH	2ndH	△	Net	ChipTime	Pace	5KEq	Clock	Time	AgeGD
1	224	Giovanni Martinez (M34)	1	M30-39	OA	3.6	11:30	11:13	-17	22:43.55	7:18.9	22.72	22:47.16	57.7%	
2	176	Toby Laird (M14)	2	M11-14	1st	1.6	12:20	12:45	+24	25:05.10	8:04.4	25.08	25:06.71	56.6%	
3	142	Brian Burns (M45)	3	M40-49	1st	13.2	12:30	12:50	+20	25:19.41	8:09.1	25.32	25:32.63	56.0%	
4	225	Lindsay Cazarez (F28)	1	F20-29	OA	6.0	13:41	12:40	-61	26:20.54	8:28.7	26.33	26:26.52	56.2%	
5	208	Francis Tan (M52)	4	M50-59	1st	8.5	13:32	12:49	-43	26:21.85	8:29.1	26.35	26:30.36	56.9%	
6	188	Chelsea ORourke (F30)	2	F30-39	1st	9.9	14:00	13:55	-5	27:55.15	8:59.2	27.92	28:05.03	53.0%	
7	223	Roxanne Chavarria (F32)	3	F30-39	2nd	5.3	14:12	14:18	+7	28:30.18	9:10.5	28.50	28:35.46	52.1%	
8	204	Priscilla Shaner (F37)	4	F30-39	3rd	2.0	14:35	14:39	+4	29:14.01	9:24.6	29.23	29:15.99	51.6%	
9	177	Elisa Laird (F41)	5	F40-49	1st	3.4	14:51	14:25	-25	29:15.79	9:25.1	29.25	29:19.21	52.8%	
10	145	David Cassard (M64)	5	M60-69	1st	2.8	14:44	14:49	+5	29:33.14	9:30.7	29.55	29:35.97	56.2%	
11	200	Jamie Saleh (F39)	6	F30-39	4th	6.5	15:02	14:30	-33	29:32.45	9:30.5	29.53	29:38.93	51.6%	
12	183	Amy Montgomery (F42)	7	F40-49	2nd	4.9	14:52	15:08	+15	29:59.64	9:39.2	29.98	30:04.51	51.9%	
13	151	Sarah Cottrell (F31)	8	F30-39	5th	19.9				30:30.99	9:49.3	30.50	30:50.86	48.6%	
14	217	Trevor Warrington (M9)	6	M01-10	1st	5.2	16:03	15:46	-16	31:49.24	10:14.5	31.82	31:54.39	51.4%	
15	216	Scott Warrington (M39)	7	M30-39	1st	5.8	16:02	15:48	-15	31:49.66	10:14.7	31.82	31:55.49	42.6%	
16	206	Nick Smith (M30)	8	M30-39	2nd	5.6	16:18	16:09	-9	32:27.36	10:26.8	32.45	32:33.00	39.8%	
17	148	Kim Catter (F56)	9	F50-59	1st	2.4	16:18	16:21	+4	32:38.96	10:30.5	32.63	32:41.35	56.0%	
18	220	Julie Stauss (F46)	10	F40-49	3rd	6.6	16:13	16:33	+20	32:46.72	10:33.0	32.77	32:53.35	49.2%	
19	195	Marianne Ray (F53)	11	F50-59	2nd	5.6	16:36	16:25	-11	33:01.59	10:37.8	33.02	33:07.17	53.2%	
20	155	Kenneth Falor (M44)	9	M40-49	2nd	3.0	16:22	16:43	+21	33:05.05	10:38.9	33.08	33:08.03	42.5%	
21	144	Becky Burnside (F59)	12	F50-59	3rd	4.0	16:32	16:39	+7	33:10.83	10:40.8	33.17	33:14.85	57.4%	
22	226	Kaci Schack (F35)	13	F30-39	6th	6.8	16:47	18:00	+73	34:47.68	11:12.0	34.78	34:54.44	43.0%	
23	147	Kelly Catter (F26)	14	F20-29	1st	0.8	15:19	19:37	+258	34:56.23	11:14.7	34.93	34:57.00	42.4%	
24	191	Angela Pineda (F35)	15	F30-39	7th	10.9	17:57	17:25	-33	35:21.70	11:22.9	35.35	35:32.58	42.3%	
25	163	Allison Ha (F22)	16	F20-29	2nd	7.3	18:03	18:56	+53	36:58.52	11:54.1	36.97	37:05.87	40.0%	
26	157	Michael Foley (M36)	10	M30-39	3rd	38.0	16:03	21:05	+302	37:07.89	11:57.1	37.12	37:45.88	35.7%	
27	182	Madeline Montgomery (F17)	17	F15-19	1st	11.2	17:14	20:57	+224	38:11.27	12:17.5	38.18	38:22.45	39.6%	
28	218	Meg Yurchak (F55)	18	F50-59	4th	9.7	18:46	19:34	+48	38:20.60	12:20.5	38.33	38:30.29	47.1%	
29	140	Deborah Biermann (F49)	19	F40-49	4th	14.0	19:55	20:49	+54	40:43.65	13:06.5	40.72	40:57.62	41.0%	
30	222	Precious Joy Stone (F35)	20	F30-39	8th	17.9	19:51	21:02	+71	40:53.37	13:09.7	40.88	41:11.26	36.6%	
31	210	Jimmy Truesdell (M36)	11	M30-39	4th	17.0	19:38	21:34	+116	41:12.20	13:15.7	41.20	41:29.18	32.2%	
32	211	Kimberly Truesdell (F37)	21	F30-39	9th	17.0	19:38	21:35	+117	41:12.61	13:15.9	41.20	41:29.63	36.6%	
33	179	Ricardo Luna (M34)	12	M30-39	5th	14.0	20:51	20:49	-2	41:40.24	13:24.7	41.67	41:54.21	31.5%	
34	198	Mae Rock (F36)	22	F30-39	10th	32.6	21:08	20:16	-52	41:24.49	13:19.7	41.40	41:57.09	36.3%	
35	150	Austin Cookson (M34)	13	M30-39	6th	19.0	20:04	21:51	+107	41:55.48	13:29.7	41.92	42:14.47	31.3%	
36	203	Michael Shane (M36)	14	M30-39	7th	26.0	21:22	20:34	-48	41:56.27	13:29.9	41.93	42:22.32	31.6%	
37	137	Manuela Baca-Wilson (F58)	23	F50-59	5th	0.7	20:59	21:51	+52	42:50.48	13:47.4	42.83	42:51.16	43.9%	
38	207	Kristine Spinner (F52)	24	F50-59	6th	7.9	22:02	21:46	-16	43:47.91	14:05.8	43.78	43:55.78	39.6%	
39	180	Juanita Montelongo (F33)	25	F30-39	11th	37.0	21:06	22:14	+68	43:20.46	13:57.0	43.33	43:57.44	34.3%	
40	212	Jennifer Urquilla Garcia (F34)	26	F30-39	12th	12.5	21:46	22:51	+65	44:37.51	14:21.8	44.62	44:50.00	33.4%	
41	159	Sharon Galbraith (F51)	27	F50-59	7th	8.9	22:01	23:57	+116	45:57.84	14:47.7	45.95	46:06.74	37.3%	
42	184	Christine Mulcahy Earnhardt	28	F40-49	5th	16.6	23:05	23:22	+17	46:27.72	14:57.3	46.45	46:44.35	33.0%	

2022 Run for Rover 5K -Feb 26, 2022

Last Updated on 2/26/22 13:02

Splits were not captured for this race.

Age Grading is based on 100% for World Record for given Age/Gender.

**Run for Rover 5K & Mile Fun Run**

Saturday, February 26, 2022

McInnish Park , Carrollton, TX

33F Cloudy 71%H 7mphNE

5K Off :9:00 am

43	171	Johana Johana (F33)	<b>29</b>	F30-39	13 <sup>th</sup>	13.3	23:17	23:14	-2	46:31.19	14:58.4	46.52	46:44.44	32.0%
44	194	Larissa Ray (F17)	<b>30</b>	F15-19	2 <sup>nd</sup>	12.4	25:35	23:36	-119	49:10.27	15:49.6	49.17	49:22.65	30.7%
45	164	Amelia Hedrick (F29)	<b>31</b>	F20-29	3 <sup>rd</sup>	6.4	25:39	27:19	+101	52:57.85	17:02.9	52.95	53:04.24	27.9%
46	136	Kristi Arnold (F41)	<b>32</b>	F40-49	6 <sup>th</sup>	6.3	25:39	27:20	+102	52:59.11	17:03.3	52.98	53:05.40	29.1%
47	143	Aaron Burns (M6)	<b>15</b>	M01-10	2 <sup>nd</sup>	18.6	25:41	27:33	+112	53:14.33	17:08.2	53.23	53:32.93	35.1%
48	141	Amy Burns (F43)	<b>33</b>	F40-49	7 <sup>th</sup>	18.0	25:42	27:34	+112	53:15.54	17:08.5	53.25	53:33.51	29.4%
49	181	Marcela Montelongo (F31)	<b>34</b>	F30-39	14 <sup>th</sup>	36.3	29:42	28:46	-56	58:27.78	18:49.0	58.45	59:04.12	25.3%
										<b>Average Finish Time:</b>	<b>37:34</b>	<b>Average Age Grade:</b>		<b>42.68%</b>