

Ed's Trail To Recovery 5K

Erwin Trail, McKinney, TX

Saturday, June 10, 2023

68F Clear 61% H 7mph SE

5K Off :08:00

5K MALE

		19 Runners --- Average Time of 37:15			Avg. Age Grade: 40.7%			Place in		
		Name	City	(Age)	@Checkpoint	Chip Time	Pace	Age Grade	OA	GD
OVERALL	1st	<u>Stephen Huff</u>	Celina	(35)		25:46.93	8:17.9	51.1%	1	1
M20-29	1	<u>Bret Steinkamp</u>	Portland, OR	(29)		32:02.49	10:18.8	40.3%	7	6
	2	<u>Eric Otara</u>	Mansfield	(22)		43:29.44	13:59.9	29.7%	21	15
	3	<u>Matthew Marchionda</u>	Little Elm	(28)		58:10.94	18:43.6	22.2%	31	19
M30-39	1	<u>Brian Martin</u>	McKinney	(34)		28:42.59	9:14.5	45.7%	4	4
	2	<u>Kyle Westfall</u>	McKinney	(37)		36:19.68	11:41.6	36.8%	10	9
M40-49	1	<u>Jason Tucker</u>	Frisco	(45)		42:44.97	13:45.6	33.2%	20	14
	2	<u>Joe Perez</u>		(48)		43:44.48	14:04.7	33.2%	24	16
	3	<u>Brandon Barnhill</u>	McKinney	(46)		45:20.44	14:35.6	31.5%	27	18
M50-59	1	<u>Froylan Franco</u>	McKinney	(55)		25:47.46	8:18.1	59.6%	2	2
	2	<u>Guillermo Toral</u>	McKinney	(51)		26:25.24	8:30.2	56.3%	3	3
	3	<u>Rob Buwalda</u>	Allen	(55)		29:36.93	9:31.9	51.9%	5	5
	4	<u>Mike Margolis</u>	Allen	(54)		35:05.72	11:17.8	43.4%	9	8
	5	<u>Jeff Frisby</u>	Plano	(58)		38:31.40	12:24.0	40.9%	12	10
	6	<u>Mark Trayer</u>	Plano	(56)		38:56.78	12:32.1	39.8%	13	11
	7	<u>Drew Puckett</u>	Dallas	(51)		39:09.62	12:36.3	38.0%	14	12
	8	<u>Jeff Patton</u>	Dallas	(57)		40:07.42	12:54.9	39.0%	19	13
	9	<u>Jon Klubertanz</u>	Frisco	(50)		44:06.29	14:11.8	33.4%	26	17
M60-69	1	<u>Bill Brown</u>	Cross Roads	(61)		33:37.48	10:49.4	48.1%	8	7

5K FEMALE

		14 Runners --- Average Time of 45:48			Avg. Age Grade: 36.3%			Place in		
		Name	City	(Age)	@Checkpoint	Chip Time	Pace	Age Grade	OA	GD
OVERALL	1st	<u>Sue Luck</u>	McKinney	(48)		30:57.29	9:57.8	53.3%	6	1
F30-39	1	<u>Katie Durst</u>	McKinney	(38)		40:01.15	12:52.9	37.9%	15	3
	2	<u>Jasmine Boo</u>	Frisco	(38)		40:04.28	12:53.9	37.8%	16	4
	3	<u>Jourdan Van Gundy</u>	Prosper	(31)		40:05.71	12:54.3	37.0%	18	6
	4	<u>Shannon Dempsey</u>	Melissa	(32)		55:23.09	17:49.6	26.8%	30	12
F40-49	1	<u>Sairung Niehaus</u>	Allen	(44)		37:10.93	11:58.1	42.5%	11	2
	2	<u>Christina Feuz</u>	Frisco	(41)		40:04.44	12:53.9	38.5%	17	5
	3	<u>Marisa Sifuentes</u>	McKinney	(48)		43:40.09	14:03.3	37.8%	23	8
	4	<u>Heather Klubertanz</u>	Frisco	(45)		44:05.97	14:11.7	36.2%	25	9
	5	<u>Brandi Barnhill</u>	McKinney	(45)		45:22.70	14:36.4	35.2%	28	10
	6	<u>Nichelle Holloway</u>	Dallas	(45)		54:04.03	17:24.2	29.5%	29	11
	7	<u>Shelley Nunnelee</u>	McKinney	(42)		1:04:07.16	20:38.3	24.3%	33	14
F50-59	1	<u>Tracy Boyd</u>	Frisco	(51)		43:36.82	14:02.3	39.3%	22	7
F60-69	1	<u>Stephanie Marchionda</u>	Little Elm	(61)		1:02:28.45	20:06.5	31.4%	32	13

Ed's Trail To Recovery 5K

Erwin Trail, McKinney, TX

Saturday, June 10, 2023

68F Clear 61%H 7mphSE

5K Off :08:00

Order of Finish

5K	Bib Name	GD	AgeGrp	AG	Start	Net Chip Time	Pace	5KEq	Clock Time	AgeGD	
1	525	Stephen Huff (M35)	1	M30-39	OA	0.0	25:46.93	8:17.9	25.77	25:46.93	51.1%
2	563	Froylan Franco (M55)	2	M50-59	1st	0.0	25:47.46	8:18.1	25.78	25:47.46	59.6%
3	554	Guillermo Toral (M51)	3	M50-59	2nd	0.0	26:25.24	8:30.2	26.42	26:25.24	56.3%
4	539	Brian Martin (M34)	4	M30-39	1st	0.0	28:42.59	9:14.5	28.70	28:42.59	45.7%
5	511	Rob Buwalda (M55)	5	M50-59	3rd	2.7	29:36.93	9:31.9	29.60	29:36.93	51.9%
6	535	Sue Luck (F48)	1	F40-49	OA	1.2	30:57.29	9:57.8	30.95	30:58.45	53.3%
7	553	Bret Steinkamp (M29)	6	M20-29	1st	0.4	32:02.49	10:18.8	32.03	32:02.89	40.3%
8	510	Bill Brown (M61)	7	M60-69	1st	1.7	33:37.48	10:49.4	33.62	33:39.17	48.1%
9	538	Mike Margolis (M54)	8	M50-59	4th	6.9	35:05.72	11:17.8	35.08	35:12.63	43.4%
10	560	Kyle Westfall (M37)	9	M30-39	2nd	2.0	36:19.68	11:41.6	36.32	36:21.63	36.8%
11	544	Sairung Niehaus (F44)	2	F40-49	1st	2.7	37:10.93	11:58.1	37.17	37:13.64	42.5%
12	521	Jeff Frisby (M58)	10	M50-59	5th	4.9	38:31.40	12:24.0	38.52	38:36.30	40.9%
13	555	Mark Trayer (M56)	11	M50-59	6th	6.5	38:56.78	12:32.1	38.93	39:03.27	39.8%
14	549	Drew Puckett (M51)	12	M50-59	7th	2.3	39:09.62	12:36.3	39.15	39:11.95	38.0%
15	516	Katie Durst (F38)	3	F30-39	1st	12.7	40:01.15	12:52.9	40.02	40:13.84	37.9%
16	508	Jasmine Boo (F38)	4	F30-39	2nd	3.8	40:04.28	12:53.9	40.07	40:08.09	37.8%
17	518	Christina Feuz (F41)	5	F40-49	2nd	4.0	40:04.44	12:53.9	40.07	40:08.46	38.5%
18	557	Jourdan Van Gundy (F31)	6	F30-39	3rd	9.5	40:05.71	12:54.3	40.08	40:15.25	37.0%
19	561	Jeff Patton (M57)	13	M50-59	8th	9.1	40:07.42	12:54.9	40.12	40:16.51	39.0%
20	556	Jason Tucker (M45)	14	M40-49	1st	5.3	42:44.97	13:45.6	42.73	42:50.27	33.2%
21	546	Eric Otara (M22)	15	M20-29	2nd	6.1	43:29.44	13:59.9	43.48	43:35.57	29.7%
22	509	Tracy Boyd (F51)	7	F50-59	1st	9.1	43:36.82	14:02.3	43.60	43:45.96	39.3%
23	551	Marisa Sifuentes (F48)	8	F40-49	3rd	9.4	43:40.09	14:03.3	43.67	43:49.48	37.8%
24	564	Joe Perez (M48)	16	M40-49	2nd	12.7	43:44.48	14:04.7	43.73	43:57.17	33.2%
25	531	Heather Klubertanz (F45)	9	F40-49	4th	5.9	44:05.97	14:11.7	44.08	44:11.84	36.2%
26	532	Jon Klubertanz (M50)	17	M50-59	9th	6.0	44:06.29	14:11.8	44.10	44:12.29	33.4%
27	504	Brandon Barnhill (M46)	18	M40-49	3rd	8.1	45:20.44	14:35.6	45.33	45:28.52	31.5%
28	503	Brandi Barnhill (F45)	10	F40-49	5th	8.7	45:22.70	14:36.4	45.37	45:31.39	35.2%
29	562	Nichelle Holloway (F45)	11	F40-49	6th	0.8	54:04.03	17:24.2	54.07	54:04.84	29.5%
30	515	Shannon Dempsey (F32)	12	F30-39	4th	10.9	55:23.09	17:49.6	55.38	55:34.00	26.8%
31	536	Matthew Marchionda (M28)	19	M20-29	3rd	11.4	58:10.94	18:43.6	58.17	58:22.33	22.2%
32	537	Stephanie Marchionda (F61)	13	F60-69	1st	11.4	1:02:28.45	20:06.5	62.47	1:02:39.88	31.4%
33	545	Shelley Nunnelee (F42)	14	F40-49	7th	10.3	1:04:07.16	20:38.3	64.12	1:04:17.44	24.3%
						Average Finish Time:	0:40:52	Average Age Grade:		38.83%	

