

Carrollton Tails & Trails 5K

Blue Trail , Carrollton, TX

Saturday, April 27, 2024
 72F Cloudy 90%H 17mphSSE
 5K Off :8:00 am
 1M Off :8:30 am

5K MALE

		73 MALE Runners --- Average Time of 36:06				Avg. Age Grade: 43.7%			Place in	
Name		City	(Age)	Half	Split	Chip Time	Pace	Age Grade	OA	GD
OVERALL	<u>1</u> <u>Paul Norris</u>	Coppell	(51)			20:21.38	6:33.1	73.0%	1	1
M01-10	<u>1</u> <u>Truman Wilde</u>	Carrollton	(10)			27:29.42	8:50.9	57.4%	26	22
M11-14	<u>1</u> <u>Jake Coleman</u>	Lewisville	(12)			23:28.47	7:33.3	63.3%	7	6
	<u>2</u> <u>Oliver Enge</u>		(14)			25:25.75	8:11.1	55.8%	14	12
	<u>3</u> <u>Kiet Tran</u>		(14)			27:08.20	8:44.1	52.3%	23	19
	4 <u>Landry Woolridge</u>	Carrollton	(14)			27:26.21	8:49.9	51.7%	25	21
	5 <u>Lincoln Yarbrough</u>		(13)			30:24.76	9:47.3	47.7%	37	30
	6 <u>Mason Marks</u>	Carrollton	(11)			32:23.55	10:25.6	47.2%	44	33
M15-19	<u>1</u> <u>Michael Reyes</u>		(15)			24:26.53	7:52.0	57.0%	15	13
	<u>2</u> <u>Santiago Rodriguez</u>	Carrollton	(15)			28:48.44	9:16.3	48.3%	36	29
	<u>3</u> <u>Gavin Palacio</u>	Carrollton	(15)			41:41.54	13:25.2	33.4%	85	49
M20-29	<u>1</u> <u>David Gamboa</u>	Carrollton	(24)			20:42.50	6:39.9	62.3%	2	2
	<u>2</u> <u>Stephen Celidonio</u>	Carrollton	(28)			22:58.91	7:23.8	56.1%	5	4
	<u>3</u> <u>Mark Goodson</u>		(27)			23:28.33	7:33.3	55.0%	8	7
	4 <u>David James</u>	Carrollton	(28)			23:50.01	7:40.3	54.1%	10	8
	5 <u>Fernando Rodriguez</u>	Carrollton	(26)			24:28.99	7:52.8	52.7%	16	14
	6 <u>Victor Fuerte</u>	Lewisville	(27)			31:08.43	10:01.4	41.4%	56	40
	7 <u>Arty Martinez</u>	Dallas	(20)			32:47.15	10:33.2	39.8%	52	36
	8 <u>Francisco Ruiz</u>		(27)			34:06.18	10:58.6	37.8%	57	41
	9 <u>Jose Contreras</u>		(29)			35:22.62	11:23.2	36.5%	69	46
	10 <u>Brighton Graf</u>	Carrollton	(26)			41:50.31	13:28.0	30.8%	92	52
	11 <u>William Geddes</u>	Dallas	(29)			46:25.70	14:56.6	27.8%	104	57
	12 <u>Cristobal Montantes</u>		(24)			48:48.01	15:42.4	26.4%	133	68
	13 <u>Caleb Cumpian</u>		(27)			48:51.76	15:43.6	26.4%	132	67
M30-39	<u>1</u> <u>Griffen Gurley</u>		(31)			20:53.69	6:43.5	62.0%	3	3
	<u>2</u> <u>Thomas Kirby</u>	Carrollton	(31)			23:06.16	7:26.2	56.1%	18	16
	<u>3</u> <u>Stephen Wylie</u>	Carrollton	(37)			25:23.36	8:10.3	52.6%	13	11
	4 <u>Bradley Jones</u>	Carrollton	(31)			26:24.00	8:29.8	49.1%	20	17
	5 <u>Male 169</u>		(30)			28:22.64	9:08.0	45.6%	29	25
	6 <u>Steven Baxter</u>	Carrollton	(30)			29:46.55	9:35.0	43.4%	51	35
	7 <u>Male 168</u>		(30)			29:52.63	9:37.0	43.3%	35	28
	8 <u>Brian Moe</u>	Carrollton	(39)			35:47.37	11:31.2	37.9%	61	42
	9 <u>Jofid Jaya</u>	Little Elm	(33)			36:41.10	11:48.5	35.6%	96	53
	10 <u>Kevin Yeung</u>		(30)			36:46.88	11:50.3	35.2%	63	43
	11 <u>AJ Wilcox</u>	Coppell	(30)			49:32.78	15:56.8	26.1%	128	65
	12 <u>Waldemar Berenguer</u>	Carrollton	(33)			52:05.56	16:46.0	25.1%	142	69
	13 <u>Jonathan Jimenez</u>	The Colony	(35)			52:07.81	16:46.7	25.3%	144	70
	14 <u>William Lim</u>		(34)			53:15.15	17:08.4	24.6%	121	63
	15 <u>Jordan Simpson</u>		(33)			1:03:21.78	20:23.7	20.6%	146	72
	16 <u>Aaron Mason</u>		(32)			1:03:36.42	20:28.4	20.4%	150	73
M40-49	<u>1</u> <u>Alberto Urbina</u>		(40)			25:13.38	8:07.1	54.1%	12	10
	<u>2</u> <u>Kyle Coleman</u>	Lewisville	(45)			25:42.47	8:16.5	55.1%	17	15
	<u>3</u> <u>Randy Bulloch</u>	Carrollton	(47)			29:23.67	9:27.7	49.0%	31	26

M40-49	4	Austin Cline		(42)	29:47.84	9:35.5	46.5%	34	27	
	5	Steven Wilde	Carrollton	(40)	30:50.14	9:55.5	44.3%	40	32	
	6	Christopher Marks	Carrollton	(43)	32:25.32	10:26.1	43.1%	53	37	
	7	Matt Spohn	Euless	(45)	34:58.84	11:15.6	40.5%	55	39	
	8	Elliott Reep	Carrollton	(40)	37:35.04	12:05.8	36.3%	66	45	
	9	Kenneth Sarver	Carrollton	(42)	45:46.80	14:44.1	30.3%	97	54	
	10	Chad Robinson		(40)	55:07.48	17:44.6	24.8%	131	66	
	M50-59	<u>1</u>	<u>Francisco Espinosa</u>		(54)	23:54.60	7:41.8	63.7%	11	9
		<u>2</u>	<u>Doug Waters</u>	Carrollton	(59)	27:34.36	8:52.5	57.7%	27	23
		<u>3</u>	<u>Tom Rice</u>	Carrollton	(55)	30:21.33	9:46.2	50.6%	39	31
4		Arnold Amposta	Lewisville	(57)	32:20.01	10:24.4	48.3%	48	34	
5		Chris Litfin	Carrollton	(51)	33:39.46	10:50.0	44.2%	54	38	
6		Steve Jones	Carrollton	(54)	39:21.29	12:40.0	38.7%	76	48	
7		John Swiderski		(56)	48:02.11	15:27.7	32.3%	103	56	
8		Shawn Fernandez	Carrollton	(53)	49:04.67	15:47.8	30.8%	108	58	
9		Eric Malone		(59)	50:30.27	16:15.4	31.5%	111	59	
10		Billy Lipper	Carrollton	(51)	51:55.88	16:42.9	28.6%	114	60	
11		Jerry Gamboa	Carrollton	(53)	54:37.71	17:35.0	27.7%	120	62	
M60-69	<u>1</u>	<u>David Morgan</u>	Carrollton	(60)	23:22.51	7:31.4	68.6%	6	5	
	<u>2</u>	<u>Ruben Arevelo</u>		(68)	27:01.81	8:42.0	63.8%	22	18	
	<u>3</u>	<u>Efrain Sain</u>	Carrollton	(68)	27:27.01	8:50.1	62.8%	24	20	
	4	Steve Dudiak	Carrollton	(63)	27:46.05	8:56.2	59.3%	28	24	
	5	Brett Burkett	Carrollton	(60)	33:35.78	10:48.8	47.7%	73	47	
	6	Jeff Goodman	Hickory Creek	(62)	42:15.00	13:35.9	38.6%	87	50	
	7	David Cassard	Lewisville	(66)	46:12.22	14:52.3	36.6%	100	55	
	8	Guy Davis	Carrollton	(69)	53:38.41	17:15.9	32.5%	116	61	
	9	Jay Allison	Ponte Vedra Beach, FL	(66)	1:03:20.63	20:23.3	26.7%	145	71	
M70+	<u>1</u>	<u>Ron Ferguson</u>	Carrollton	(75)	36:56.89	11:53.5	51.3%	65	44	
	<u>2</u>	<u>Stephen Foote</u>	Carrollton	(73)	39:36.08	12:44.8	46.3%	88	51	
	<u>3</u>	<u>Dexter Cook</u>	Dallas	(80)	54:56.01	17:40.9	38.3%	123	64	

5K FEMALE

80 FEMALE Runners --- Average Time of

43:37

Avg. Age Grade: 41.0%

Place in

	Name	City	(Age)	Half	Split	Chip Time	Pace	Age Grade	OA	GD
OVERALL	<u>1</u> Lille Ybarra		(14)			21:42.79	6:59.3	72.4%	4	1
F01-10	<u>1</u> Gabrielle Lipper	Carrollton	(10)			36:02.34	11:36.0	47.3%	67	22
	<u>2</u> ZooeY Lipper	Carrollton	(10)			40:20.66	12:59.1	42.3%	90	39
	<u>3</u> Cassard Ava	Lewisville	(8)			46:12.02	14:52.2	39.2%	99	45
	4 Alexa Baxter	Carrollton	(7)			52:54.50	17:01.8	35.5%	124	60
	5 Harley Robinson		(4)			54:50.64	17:39.2		129	64
F11-14	<u>1</u> Madison Lipper	Carrollton	(13)			28:22.30	9:07.9	56.3%	45	12
F15-19	<u>1</u> Edna Carrillo	Carrollton	(18)			30:06.17	9:41.4	49.7%	38	8
	<u>2</u> Geetika Rebba		(16)			37:14.35	11:59.2	41.1%	81	33
F20-29	<u>1</u> Elizabeth Rodriguez	Carrollton	(26)			31:06.60	10:00.8	47.6%	46	13
	<u>2</u> Jenna Varghese		(24)			38:09.53	12:16.9	38.8%	71	25
	<u>3</u> Evelyn Bayola	Carrollton	(29)			40:06.70	12:54.6	36.9%	83	35
	4 Katherine Graf	Carrollton	(25)			41:48.84	13:27.5	35.4%	91	40
	5 Diana Villarreal	Irving	(24)			44:02.96	14:10.7	33.6%	101	46
	6 Fabiola Barreto	Austin	(25)			49:18.50	15:52.2	30.0%	134	66
	7 Jazmin Wilcox	Coppell	(29)			49:31.36	15:56.4	29.9%	127	63
	8 Khanh Le	Marrero, LA	(28)			53:15.10	17:08.4	27.8%	122	59
	9 Jessica Gaumitz	Carrollton	(27)			53:15.69	17:08.6	27.8%	117	56
	10 Jessica James	Carrollton	(27)			55:54.82	17:59.8	26.5%	126	62
F30-39	<u>1</u> Riley Kirby	Carrollton	(31)			24:49.08	7:59.3	59.7%	19	3
	<u>2</u> Yuneska Marquina	Carrollton	(37)			27:21.52	8:48.4	55.1%	42	10
	<u>3</u> April Wiseman		(31)			29:45.91	9:34.8	49.8%	50	16
	4 Taylor Jones	Carrollton	(31)			29:46.02	9:34.9	49.8%	33	7
	5 Candace Reed	Carrollton	(35)			30:51.51	9:55.9	48.5%	41	9
	6 Daniela Stefany Vasquez M	Dallas	(34)			32:30.39	10:27.8	45.9%	47	14
	7 Janis Sanchez	Carrollton	(36)			35:36.02	11:27.5	42.2%	60	19
	8 Yaneska Marquina	Carrollton	(32)			36:14.75	11:40.0	40.9%	75	28
	9 Regina Chan	Dallas	(31)			38:33.21	12:24.6	38.4%	109	51
	10 Tenetia Carpenter		(38)			39:22.97	12:40.6	38.5%	82	34
	11 Susan ProsoCo	Carrollton	(37)			44:38.21	14:22.0	33.8%	93	41
	12 Yali Sarver	Carrollton	(33)			45:47.47	14:44.3	32.5%	98	44
	13 Soyoon Yoo		(30)			46:20.86	14:55.1	31.9%	125	61
	14 Karen Conde	Carrollton	(31)			49:34.66	15:57.5	29.9%	110	52
	15 Karla Mignucci	Carrollton	(39)			50:44.95	16:20.1	30.0%	113	54
	16 Collette Berenguer	Carrollton	(33)			52:07.99	16:46.8	28.5%	143	74
	17 Yesenia Alvarez	Carrollton	(31)			53:08.91	17:06.4	27.9%	119	58
	18 Aida Balcha	Carrollton	(38)			55:17.02	17:47.6	27.4%	130	65
	19 Stephanie Cecena		(31)			57:08.37	18:23.5	25.9%	147	75
	20 Charlene Stephenson		(30)			57:40.56	18:33.8	25.7%	135	67
	21 Amanda Poland	Carrollton	(36)			57:54.35	18:38.3	25.9%	136	68
	22 Jordan Allison	Carrollton	(31)			1:00:53.74	19:36.0	24.3%	140	72
	23 Kirsten Mason		(32)			1:03:36.51	20:28.4	23.3%	149	77
	24 Female 167		(30)			1:08:51.54	22:09.8	21.5%	152	79
F40-49	<u>1</u> Melanie Ybarra		(41)			23:28.31	7:33.3	65.8%	9	2
	<u>2</u> Irma Martinez	Dallas	(44)			28:52.53	9:17.7	54.8%	30	5
	<u>3</u> Roxanne Boudrot	Carrollton	(47)			32:37.84	10:30.2	50.0%	49	15
	4 Sasha Yeager		(41)			34:54.19	11:14.1	44.2%	58	17

F40-49	5	Jen Binsley	Carrollton (41)	36:04.83	11:36.8	42.8%	62	20
	6	Linda Herrera	Carrollton (42)	36:06.49	11:37.3	43.1%	64	21
	7	Leah Marks	Carrollton (43)	39:02.33	12:33.9	40.2%	78	30
	8	Anh Linh Tran	(42)	39:39.09	12:45.8	39.2%	80	32
	9	Lisa Palacio	Carrollton (45)	41:45.66	13:26.5	38.2%	86	37
	10	Rebecca Gamboa	Carrollton (48)	53:43.82	17:17.6	30.7%	115	55
F50-59	1	<u>Tammy Lipper</u>	Carrollton (53)	28:35.64	9:12.2	61.5%	43	11
	2	<u>Rhonda Greer</u>	The Colony (54)	32:10.27	10:21.3	55.4%	59	18
	3	<u>Jessy Chatha</u>	Lewisville (51)	38:38.35	12:26.2	44.3%	79	31
	4	Sandra Litfin	Carrollton (54)	38:40.80	12:27.0	46.0%	72	26
	5	Annette Helmcamp	(56)	38:51.66	12:30.5	47.1%	70	24
	6	Patricia Montantes	(50)	40:43.77	13:06.6	41.5%	105	48
	7	Priya Varghese	(51)	42:26.98	13:39.8	40.4%	89	38
	8	Deanna Sanders	Farmers Branch (54)	44:30.97	14:19.7	40.0%	95	43
	9	Anitha Yeruva	Frisco (51)	44:40.69	14:22.8	38.3%	102	47
	10	Sara Ramadan	Carrollton (54)	49:04.13	15:47.6	36.3%	107	50
	11	Leslie Marsh	(50)	50:31.07	16:15.6	33.5%	112	53
	12	Martha Montantes	(55)	57:22.80	18:28.1	31.4%	148	76
	13	Shirley Morgan	Carrollton (57)	1:01:35.49	19:49.5	30.1%	138	70
F60-69	1	<u>Sheila Purkey</u>	Carrollton (60)	26:24.82	8:30.1	73.2%	32	6
	2	<u>Marisa Dudiak</u>	Carrollton (64)	26:50.55	8:38.4	76.4%	21	4
	3	<u>Teresa Reyna</u>	(60)	33:35.95	10:48.9	57.5%	74	27
	4	Betsy Palmer	Carrollton (63)	37:31.07	12:04.5	53.8%	68	23
	5	Randi Castanuela	Lake Dallas (62)	39:21.75	12:40.2	50.5%	77	29
	6	Amy Santana	Carrollton (61)	40:18.37	12:58.4	48.6%	84	36
	7	Roxanne Cassard	Lewisville (67)	48:59.76	15:46.2	43.8%	106	49
	8	Shiu-Yueh Baxter	Carrollton (60)	51:56.45	16:43.1	37.2%	118	57
	9	Candice Cowen	Carrollton (63)	55:18.18	17:48.0	36.5%	141	73
	10	Terri Allison	Ponte Vedra Beach, FL (67)	1:00:44.78	19:33.1	35.3%	139	71
	11	Female 166	(60)	1:07:43.37	21:47.9	28.5%	151	78
F70+	1	<u>Phyllis Gaudet</u>	Carrollton (73)	44:36.37	14:21.4	53.2%	94	42
	2	<u>Pat Kirby</u>	Plano (71)	57:52.55	18:37.7	39.6%	137	69
	3	<u>Kathleen Norman</u>	Carrollton (79)	1:11:15.55	22:56.2	37.2%	153	80