

Isaiah 40:31 Soaring 5K

Twin Lakes Nursery, Canton, TX

Saturday, April 26, 2025

68F Clear 96% H 6mph SSE

5K Off :8:00 am

5K MALE		25 Runners --- Average Time of		38:31	Avg. Age Grade: 42.0%		Place in	
	Name	City	(Age)	Chip Time	Pace	Age Grade	OA	GD
OVERALL	<u>1</u> <u>Daniel Zarate</u>	Canton	(15)	19:02.35	6:07.7	73.1%	1	1
OA 2nd	<u>1</u> <u>John Brantley II</u>	Canton	(17)	22:19.18	7:11.0	60.5%	2	2
OA 3rd	<u>1</u> <u>Ovidio Saucedo</u>	Wills Point	(50)	25:14.62	8:07.5	58.4%	5	3
M<20	<u>1</u> <u>Brady Abbott</u>	Canton	(15)	25:29.36	8:12.3	54.6%	6	4
	2 Camden Garner	Athens	(14)	30:22.08	9:46.5	46.7%	11	8
	3 Dallas Peel	Van	(15)	37:24.62	12:02.5	37.2%	29	12
	4 Ace Salazar	Ben Wheeler	(9)	43:51.34	14:06.9	37.3%	38	17
	5 Lex Coker	Canton	(15)	51:38.89	16:37.4	27.0%	49	19
	6 Mitch Foley	Canton	(6)	53:41.24	17:16.8	34.8%	55	21
	7 Matthew Foley	Canton	(11)	53:42.38	17:17.2	28.5%	58	23
M20-49	<u>1</u> <u>Landon Spears</u>	Canton	(29)	25:30.63	8:12.7	50.6%	7	5
	2 Ryan Gaar	Eustace	(33)	26:23.73	8:29.8	49.4%	8	6
	3 Chris Massey	Canton	(41)	34:04.83	10:58.2	40.4%	25	11
	4 Joshua Keith	Canton	(42)	39:28.12	12:42.2	35.1%	34	16
	5 Paul Richter	Canton	(45)	39:44.06	12:47.4	35.7%	33	15
	6 Brian Abbott	Canton	(43)	51:37.12	16:36.9	27.0%	48	18
	7 Tyke Salazar	Ben Wheeler	(44)	51:40.54	16:38.0	27.2%	51	20
	8 Michael Foley	Canton	(43)	53:41.20	17:16.8	26.0%	57	22
M50+	<u>1</u> <u>Josh Petree</u>	Ben Wheeler	(50)	26:42.19	8:35.7	55.2%	9	7
	2 Mike Roberson	Wills Point	(55)	30:26.68	9:48.0	50.5%	12	9
	3 Alan Dover	Canton	(65)	31:16.32	10:03.9	53.6%	16	10
	4 Charles Beasley	Canton	(64)	38:26.50	12:22.4	43.2%	31	13
	5 Donny Davis	Canton	(64)	38:26.92	12:22.5	43.2%	32	14
	6 Daniel Brantley	Canton	(51)	54:10.34	17:26.2	27.4%	60	24
	7 Randall Yarber	Canton	(56)	58:21.91	18:47.2	26.6%	66	25



5K FEMALE

		45 Runners --- Average Time of		44:57	Avg. Age Grade: 39.2%		Place in	
	Name	City	(Age)	Chip Time	Pace	Age Grade	OA	GD
OVERALL	1 <u>Macy Phillips</u>	Canton	(35)	23:52.43	7:41.1	62.6%	3	1
OA 2nd	1 <u>Kinsley Wallis</u>	Canton	(13)	24:18.23	7:49.4	65.7%	4	2
OA 3rd	1 <u>Jensen House</u>	Canton	(14)	28:52.02	9:17.5	54.4%	10	3
F<20	1 <u>Ashlynn Mac</u>	Canton	(14)	30:40.03	9:52.2	51.2%	13	4
	2 Neely Barnes	Canton	(14)	31:08.75	10:01.5	50.4%	15	6
	3 Ellie Watters	Canton	(12)	31:28.91	10:08.0	51.7%	17	7
	4 Emory Massey	Canton	(13)	31:48.78	10:14.4	50.2%	20	10
	5 Cobee Garner	Athens	(16)	37:34.46	12:05.6	40.7%	28	17
	6 Lucy Abbott	Canton	(8)	41:33.73	13:22.7	43.6%	36	20
	7 Kate Wallis	Canton	(17)	45:31.35	14:39.1	33.2%	40	23
	8 Mikela Smalling	Canton	(16)	45:31.87	14:39.3	33.6%	42	25
	9 Teely Salazar	Ben Wheeler	(15)	51:39.28	16:37.6	30.0%	50	31
	10 Bailey Sheppard	Van	(15)	52:18.68	16:50.2	29.6%	54	34
	11 Sophie Saucedo	Wills Point	(12)	1:11:07.10	22:53.4	22.9%	68	43
F20-29	1 <u>Joanna Robles</u>	Canton	(24)	37:15.73	11:59.6	39.7%	27	16
	2 Selena Rodriguez	Canton	(28)	41:33.71	13:22.6	35.6%	37	21
	3 Lana Bateman	Canton	(22)	51:50.79	16:41.3	28.5%	52	32
	4 Baylee Hardy	Canton	(20)	51:52.30	16:41.8	28.5%	53	33
	5 Kati Morris	Canton	(27)	58:24.58	18:48.0	25.3%	63	39
	6 Laci Morris	Canton	(21)	58:24.63	18:48.0	25.3%	61	37
F30-39	1 <u>Erynn Moore</u>	Canton	(35)	31:26.58	10:07.2	47.6%	18	8
	2 Tabbitha Dockery	Canton	(35)	31:59.52	10:17.8	46.7%	22	12
	3 Harley Peterson	Canton	(33)	40:16.33	12:57.7	36.9%	35	19
F40-49	1 <u>Ashley Deen</u>	Athens	(41)	31:32.29	10:09.1	48.9%	19	9
	2 Alicia Smith	Canton	(41)	32:02.92	10:18.9	48.2%	21	11
	3 Jessica Sheppard	Van	(45)	32:18.86	10:24.1	49.4%	23	13
	4 Jennifer Daugherty	Edgewood	(45)	37:51.19	12:11.0	42.2%	30	18
	5 Honey Cotton	Canton	(49)	46:20.03	14:54.8	36.1%	43	26
	6 Lana Abbott	Canton	(43)	50:49.59	16:21.6	30.9%	45	28
	7 Heather Salazar	Ben Wheeler	(43)	50:49.90	16:21.7	30.8%	44	27
	8 Laura Hazzard	Canton	(42)	50:53.07	16:22.7	30.6%	46	29
	9 Jennifer Foley	Canton	(42)	53:41.31	17:16.8	29.0%	56	35
	10 Sarah Brantley	Canton	(47)	54:09.56	17:25.9	30.1%	59	36
	11 Amy Morris	Canton	(46)	58:28.18	18:49.2	27.6%	64	40
F50+	1 <u>Rachel Snow</u>	Canton	(53)	30:29.84	9:49.0	57.6%	14	5
	2 Cindy Everett	Wills Point	(51)	32:50.88	10:34.4	52.2%	24	14
	3 Jacqueline Petree	Ben Wheeler	(52)	35:59.81	11:35.2	48.2%	26	15
	4 Renda Garner	Athens	(52)	44:19.66	14:16.1	39.1%	39	22
	5 Susan May	Canton	(63)	45:16.41	14:34.3	44.6%	41	24
	6 Carol Miracle	Wills point	(63)	50:35.75	16:17.1	39.9%	47	30
	7 Trina Yarber	Canton	(54)	58:23.12	18:47.5	30.5%	65	41
	8 Cindy Stout	Canton	(64)	58:25.18	18:48.2	35.1%	62	38
	9 Stephannie Saucedo	Wills Point	(51)	1:11:03.00	22:52.1	24.1%	67	42
	10 Patricia Milligan	Canton	(61)	1:12:46.00	23:25.3	26.9%	69	44
	11 Kathryn Foley	Canton	(62)	1:12:46.58	23:25.5	27.3%	70	45

Order of Finish

5K	Bib Name	GD	AgeGrp	AG	Start	1stH	2ndH	△	Net Chip Time	Pace	Clock Time	AgeGD
1	093 Daniel Zarate (M15)	1	M<20	0A	0.1				19:02.35	6:07.7	19:02.43	73.1%
2	010 John Brantley II (M17)	2	M<20	02	1.0				22:19.18	7:11.0	22:20.16	60.5%
3	065 Macy Phillips (F35)	1	F30-39	0A	2.5				23:52.43	7:41.1	23:54.92	62.6%
4	084 Kinsley Wallis (F13)	2	F<20	02	0.5				24:18.23	7:49.4	24:18.71	65.7%
5	074 Ovidio Saucedo (M50)	3	M50+	03	3.5				25:14.62	8:07.5	25:18.10	58.4%
6	003 Brady Abbott (M15)	4	M<20	1st	2.0				25:29.36	8:12.3	25:31.34	54.6%
7	081 Landon Spears (M29)	5	M20-49	1st	3.0				25:30.63	8:12.7	25:33.61	50.6%
8	124 Ryan Gaar (M33)	6	M20-49	2nd	8.0				26:23.73	8:29.8	26:31.72	49.4%
9	063 Josh Petree (M50)	7	M50+	1st	4.0				26:42.19	8:35.7	26:46.18	55.2%
10	045 Jensen House (F14)	3	F<20	03	3.0				28:52.02	9:17.5	28:55.00	54.4%
11	041 Camden Garner (M14)	8	M<20	2nd	3.0				30:22.08	9:46.5	30:25.07	46.7%
12	068 Mike Roberson (M55)	9	M50+	2nd	3.0				30:26.68	9:48.0	30:29.67	50.5%
13	050 Ashlynn Mac (F14)	4	F<20	1st	1.0				30:40.03	9:52.2	30:41.02	51.2%
14	080 Rachel Snow (F53)	5	F50+	1st	12.5				30:29.84	9:49.0	30:42.32	57.6%
15	092 Neely Barnes (F14)	6	F<20	2nd	0.1				31:08.75	10:01.5	31:08.83	50.4%
16	029 Alan Dover (M65)	10	M50+	3rd	10.0				31:16.32	10:03.9	31:26.31	53.6%
17	085 Ellie Watters (F12)	7	F<20	3rd	0.1				31:28.91	10:08.0	31:29.00	51.7%
18	055 Erynn Moore (F35)	8	F30-39	1st	8.0				31:26.58	10:07.2	31:34.56	47.6%
19	091 Ashley Deen (F41)	9	F40-49	1st	12.6				31:32.29	10:09.1	31:44.84	48.9%
20	052 Emory Massey (F13)	10	F<20	4th	0.1				31:48.78	10:14.4	31:48.87	50.2%
21	079 Alicia Smith (F41)	11	F40-49	2nd	2.0				32:02.92	10:18.9	32:04.90	48.2%
22	020 Tabitha Dockery (F35)	12	F30-39	2nd	13.2				31:59.52	10:17.8	32:12.69	46.7%
23	076 Jessica Sheppard (F45)	13	F40-49	3rd	15.3				32:18.86	10:24.1	32:34.12	49.4%
24	030 Cindy Everett (F51)	14	F50+	2nd	29.4				32:50.88	10:34.4	33:20.28	52.2%
25	051 Chris Massey (M41)	11	M20-49	3rd	8.0				34:04.83	10:58.2	34:12.81	40.4%
26	064 Jacqueline Petree (F52)	15	F50+	3rd	4.0				35:59.81	11:35.2	36:03.79	48.2%
27	069 Joanna Robles (F24)	16	F20-29	1st	14.1				37:15.73	11:59.6	37:29.80	39.7%
28	040 Cobee Garner (F16)	17	F<20	5th	3.0				37:34.46	12:05.6	37:37.45	40.7%
29	061 Dallas Peel (M15)	12	M<20	3rd	15.8				37:24.62	12:02.5	37:40.41	37.2%
30	016 Jennifer Daugherty (F45)	18	F40-49	4th	3.5				37:51.19	12:11.0	37:54.67	42.2%
31	006 Charles Beasley (M64)	13	M50+	4th	12.4				38:26.50	12:22.4	38:38.85	43.2%
32	018 Donny Davis (M64)	14	M50+	5th	12.4				38:26.92	12:22.5	38:39.32	43.2%
33	122 Paul Richter (M45)	15	M20-49	5th	12.4				39:44.06	12:47.4	39:56.49	35.7%
34	047 Joshua Keith (M42)	16	M20-49	4th	28.5				39:28.12	12:42.2	39:56.57	35.1%
35	062 Harley Peterson (F33)	19	F30-39	3rd	6.5				40:16.33	12:57.7	40:22.81	36.9%
36	004 Lucy Abbott (F8)	20	F<20	6th	2.2				41:33.73	13:22.7	41:35.91	43.6%
37	070 Selena Rodriguez (F28)	21	F20-29	2nd	13.8				41:33.71	13:22.6	41:47.50	35.6%
38	096 Ace Salazar (M9)	17	M<20	4th	2.0				43:51.34	14:06.9	43:53.33	37.3%
39	039 Renda Garner (F52)	22	F50+	4th	19.8				44:19.66	14:16.1	44:39.49	39.1%
40	083 Kate Wallis (F17)	23	F<20	7th	0.7				45:31.35	14:39.1	45:32.04	33.2%
41	090 Susan May (F63)	24	F50+	5th	15.8				45:16.41	14:34.3	45:32.16	44.6%
42	121 Mikela Smalling (F16)	25	F<20	8th	1.0				45:31.87	14:39.3	45:32.85	33.6%
43	013 Honey Cotton (F49)	26	F40-49	5th	20.4				46:20.03	14:54.8	46:40.41	36.1%
44	094 Heather Salazar (F43)	27	F40-49	7th	6.0				50:49.90	16:21.7	50:55.89	30.8%
45	002 Lana Abbott (F43)	28	F40-49	6th	9.0				50:49.59	16:21.6	50:58.58	30.9%
46	043 Laura Hazzard (F42)	29	F40-49	8th	6.0				50:53.07	16:22.7	50:59.05	30.6%

GD Place among Females

Age Grading is based on 100% for World Record for given Age/Gender.

47	054	Carol Miracle (F63)	30	F50+	6th	28.9	50:35.75	16:17.1	51:04.64	39.9%
48	001	Brian Abbott (M43)	18	M20-49	6th	7.0	51:37.12	16:36.9	51:44.11	27.0%
49	097	Lex Coker (M15)	19	M<20	5th	6.5	51:38.89	16:37.4	51:45.37	27.0%
50	095	Teely Salazar (F15)	31	F<20	9th	6.3	51:39.28	16:37.6	51:45.57	30.0%
51	123	Tyke Salazar (M44)	20	M20-49	7th	6.0	51:40.54	16:38.0	51:46.53	27.2%
52	005	Lana Bateman (F22)	32	F20-29	3rd	13.6	51:50.79	16:41.3	52:04.38	28.5%
53	042	Baylee Hardy (F20)	33	F20-29	4th	13.5	51:52.30	16:41.8	52:05.85	28.5%
54	078	Bailey Sheppard (F15)	34	F<20	10th	15.4	52:18.68	16:50.2	52:34.07	29.6%
55	037	Mitch Foley (M6)	21	M<20	6th	18.4	53:41.24	17:16.8	53:59.62	34.8%
56	034	Jennifer Foley (F42)	35	F40-49	9th	18.9	53:41.31	17:16.8	54:00.18	29.0%
57	033	Michael Foley (M43)	22	M20-49	8th	19.2	53:41.20	17:16.8	54:00.39	26.0%
58	035	Matthew Foley (M11)	23	M<20	7th	18.6	53:42.38	17:17.2	54:00.95	28.5%
59	098	Sarah Brantley (F47)	36	F40-49	10th	42.1	54:09.56	17:25.9	54:51.61	30.1%
60	099	Daniel Brantley (M51)	24	M50+	6th	41.5	54:10.34	17:26.2	54:51.84	27.4%
61	059	Laci Morris (F21)	37	F20-29	6th	10.0	58:24.63	18:48.0	58:34.62	25.3%
62	082	Cindy Stout (F64)	38	F50+	8th	10.0	58:25.18	18:48.2	58:35.16	35.1%
63	058	Kati Morris (F27)	39	F20-29	5th	11.0	58:24.58	18:48.0	58:35.56	25.3%
64	057	Amy Morris (F46)	40	F40-49	11th	8.0	58:28.18	18:49.2	58:36.17	27.6%
65	088	Trina Yarber (F54)	41	F50+	7th	14.6	58:23.12	18:47.5	58:37.75	30.5%
66	089	Randall Yarber (M56)	25	M50+	7th	16.7	58:21.91	18:47.2	58:38.57	26.6%
67	072	Stephannie Saucedo (F51)	42	F50+	9th	23.1	1:11:03.00	22:52.1	1:11:26.07	24.1%
68	073	Sophie Saucedo (F12)	43	F<20	11th	20.0	1:11:07.10	22:53.4	1:11:27.07	22.9%
69	053	Patricia Milligan (F61)	44	F50+	10th	20.4	1:12:46.00	23:25.3	1:13:06.43	26.9%
70	038	Kathryn Foley (F62)	45	F50+	11th	20.3	1:12:46.58	23:25.5	1:13:06.91	27.3%
Average Finish Time:							42:38	Average Age Grade:		40.19%